

Aquest document presenta un resum de l'assistència i valoració de les activitats formatives dirigides als investigadors i investigadores en formació organitzades en el marc del Programa de Desenvolupament Professional d'Investigadors de la UAB durant el curs 2024/2025. Durant aquest curs acadèmic s'ha combinat la docència presencial amb la virtual.

Com a novetat, dintre del programa de formació, s'han ofert activitats en col·laboració amb l'Oficina Europea de Patents (curs bàsic i avançat sobre drets de propietat industrial i intel·lectual: *Create, Protect, Innovate: Bringing Ideas to Market*) i amb Coursera (*Superar el estrés rompiendo mitos i Sobrevive a tu doctorado con salud y éxito*). D'aquests darrers no disposem de dades de satisfacció o d'assistència donat que es tracta de cursos oberts també a altres col·lectius.

En el cas de disposar-ne, i en les següents pàgines, s'adjunten els resultats de les enquestes de satisfacció que es van aplicar al finalitzar l'activitat. Al final del document pot trobar-se també una comparativa de dades contrastades amb els dos cursos anteriors: 2022/23 i 2023/24.

Activitat	Data	Organitzador principal	Places	Nombre d'inscrits	Nombre d'assistents	Puntuació global (sobre 5)	Avaluació de la satisfacció
30 aniversari CERec	19/09/2024	CERec	-	-	10 (doctorands /es)	-	-
Redacció de la tesi en anglès (Ciències)	21/10 al 20/11/2024	Servei de Llengües	15	7	7	5	-
Presenting Research	22/10 al 21/11/2024	Servei de Llengües	15	15	10	4,63	Pàg. 6
Ethics in data-collection: challenges and solutions (roundtable)	24/10/2024	Projecte MIGRADEMO	88	88	40	-	-
Introducció al risc químic al laboratori	05/11/2024	Servei de Prevenció	Curs obert	-	55	4,25	Pàg. 10
Publicació de dades de recerca en obert	05/11/2024 (diverses dates)	Servei de Biblioteques	300	191	135	4,56	Pàg. 13
El pla de gestió de dades per a doctorands	08/11/2024 (diverses dates)	Servei de Biblioteques	300	217	134	4,57	Pàg. 16
Good research practices and research integrity at the UAB	06/11/2024	Escola de Doctorat	Curs obert	-	66	4,12	Pàg. 16



ASSISTÈNCIA I VALORACIÓ DE LES ACTIVITATS FORMATIVES

Curs 2024/2025

Activitat	Data	Organitzador principal	Places	Nombre d'inscrits	Nombre d'assistents	Puntuació global (sobre 5)	Avaluació de la satisfacció
Sessió de benvinguda	27/11/2024	Escola de Doctorat	80 + virtuals	141	122	4,21	Pàg.20
Idea Puzzle	02/12/2024	Escola de Doctorat	Curs obert	82	61	4,21	Pàg. 24
Elevator Pitch	4, 9, 11, 16 & 18/12/2024	Servei de Llengües	15	15	13	4,70	Pàg. 28
Scientific Illustration	10 & 12/12/2024	Mikel Graphic Science	25	25	18	4,52	Pàg. 32
Research Papers (Humanitats)	10/12/2024 al 23/01/2025	Servei de Llengües	15	15	12	4,75	Pàg. 36
Perspectiva de gènere en recerca	17 & 19/12/2024	Escola de Doctorat	20	20	16	4,50	Pàg. 40
Divulgació de la ciència	8/01 al 22/01/2025	Servei de Llengües	15	15	14	4,50	Pàg. 44
Curs de ciència oberta de les universitats catalanes	08/01 & 31/05/2025	CSUC + Escola de Doctorat	Curs obert	-	52	4,35	Pàg. 48
Cerca i gestió de la informació: Fonts d'informació (anglès)	20/01 al 30/06/2025	Servei de Biblioteques	Curs obert	-	45	4,65	Pàg. 51
Zotero	20/01/2025 al 30/06/2025	Servei de Biblioteques	Curs obert	-	118	4,64	Pàg. 53
Cerca i gestió de la informació: Fonts d'informació (cast.)	23/01/2025 (diverses dates)	Servei de Biblioteques	750	206	152	4,61	Pàg. 54
Com llegir un article científic utilitzant el sentit comú i la IA	28/01/2025	TPM Science	18	18	18	4,87	Pàg. 56
Treball en equip	3, 10, 17 & 24/02/2025	Grup Sural	20	20	13	4,30	Pàg. 60
Propietat intel·lectual de base tecnològica	04/02/2025	Servei de Valorització i Patents	Curs obert	-	18	4,11	Pàg. 64



ASSISTÈNCIA I VALORACIÓ DE LES ACTIVITATS FORMATIVES

Curs 2024/2025

Activitat	Data	Organitzador principal	Places	Nombre d'inscrits	Nombre d'assistents	Puntuació global (sobre 5)	Avaluació de la satisfacció
Introducció al codi de bones pràctiques en la recerca a la UAB	5, 6 & 7/02/2025	Escola de Doctorat	25	20	16	4,75	Pàg. 67
Research Yourself (castellà)	6/02 al & 27/02/2025	Escola de Doctorat	25	20	14	4,58	Pàg. 71
Web of Science i Scopus	11/02/2025 (diverses dates)	Servei de Biblioteques	300	150	123	4,69	Pàg. 75
Redacció de la tesi en anglès (Ciències)	17/02 al 19/03/2025	Servei de Llengües	15	9	8	4,50	-
Com defensar la teva tesi en anglès	17/02 al 19/03/2025	Servei de Llengües	15	13	3	-	-
Redacció de la tesi en anglès (Humanitats)	18/02 al 20/02/2025	Servei de Llengües	15	15	6	4,50	-
Innovar i transferir la teva recerca a la societat	17, 19, 24 i 26/02/2025	Parc de Recerca	Curs obert	45	22	4,25	Pàg. 77
Sessió de benvinguda – 2ª edició	26/02/2025	Escola de Doctorat	80 + virtuals	106	75	4,28	Pàg. 83
Propietat intel·lectual en l'elaboració de la tesi	04/03/2025 al 31/05/2025	Servei de Biblioteques	Curs obert	-	46	4,59	Pàg. 87
Pensament crític	3 & 5/03/2025	Escola de Doctorat	25	25	18	4,70	Pàg. 89
Comunica la teva recerca a les xarxes socials	11 & 13/03/2025	Escola de Doctorat	25	25	15	4,09	Pàg. 93
Estadística aplicada amb JMP	17, 25, 31/03 & 7/4/2025	Escola de Doctorat	25	25	21	4,56	Pàg. 97
Ciència ciutadana	24 & 26/03/2025	Hub de ciència ciutadana	20	12	11	4,17	Pàg. 101
Create, Protect, Innovate: Bringing Ideas tot Market (entry)	24/03/2025	Oficina Europea de Patents	Curs obert	50	15	-	-



ASSISTÈNCIA I VALORACIÓ DE LES ACTIVITATS FORMATIVES

Curs 2024/2025

Activitat	Data	Organitzador principal	Places	Nombre d'inscrits	Nombre d'assistents	Puntuació global (sobre 5)	Avaluació de la satisfacció
Create, Protect, Innovate: Bringing Ideas tot Market (advanced)	24/04/2025	Oficina Europea de Patents	Curs obert	30	6	-	-
Tercer Temps	27/03 al 22/05/2025	Escola de Doctorat	Curs obert	21	8	4,17	Pàg. 105
Valida la teva recerca	01/04 al 25/06/2026	Parc de Recerca	5	1	1	-	-
Publicar en accés obert i finançament a la UAB	2/04/2025 (diverses dates)	Servei de Biblioteques	300	133	73	4,57	Pàg. 109
Research Papers (Ciències)	23/04 al 28/05/2025	Servei de Llengües	15	15	11	4,25	Pàg. 111
Construeix, pas a pas, el teu perfil professional a LinkedIn	29/04/2025	Servei d'Ocupabilitat	100	52	23	4,60	Pàg. 115
Publicació de dades de recerca en obert	05/05/2025 (diverses dates)	Servei de Biblioteques	300	146	93	4,80	Pàg. 116
Leadership techniques	5, 6, 7 & 8/05/2025	Escola de Doctorat	25	22	19	4,43	Pàg. 118
El pla de gestió de dades per a doctorands	07/05/2025 (diverses dates)	Servei de Biblioteques	300	140	94	4,75	Pàg. 122
ChatGPT i altres eines d'IA	12/05/2025	Servei d'Ocupabilitat	100	79	56	4,17	Pàg. 123
Idea Puzzle – 2a edició	14/05/2025	Escola de Doctorat	Curs obert	55	36	4,35	Pàg. 124
Divulgació de la ciència	14 al 28/05/2025	Servei de Llengües	15	15	7	4,88	Pàg. 128
Com ampliar la xarxa de contactes per aconseguir feina	19/05/2025	Servei d'Ocupabilitat	100	24	16	4,17	Pàg. 132
Research Yourself (català)	19/05 al 16/06/2025	Escola de Doctorat	15	14	8	4,15	Pàg. 133
Perspectiva de gènere en recerca (castellà)	20 & 22/05/2025	Escola de Doctorat	20	20	13	4,57	Pàg. 137



ASSISTÈNCIA I VALORACIÓ DE LES ACTIVITATS FORMATIVES

Curs 2024/2025

Activitat	Data	Organitzador principal	Places	Nombre d'inscrits	Nombre d'assistents	Puntuació global (sobre 5)	Avaluació de la satisfacció
Presenting Research – 2 ^a edició	20/05 al 19/06/2025	Servei de Llengües	15	15	7	4,60	Pàg. 141
Conceptes estadístics en la recerca	26/05 al 16/06/2025	Servei d'Estadística	27	27	18	4,25	Pàg. 145
Comunica la teva recerca a les xarxes socials – 2a edició	27 & 29/05/2024	Escola de Doctorat	25	25	20	4,47	Pàg. 149
Impulsa la teva carrera investigadora	3 & 5/07/2025	Escola de Doctorat	15	15	8	5	Pàg. 153
I després del doctorat, què?	18/06/2025	Escola de Doctorat	60	38	32	4,21	Pàg. 157
Redacció de la tesi en anglès (Humanitats)	02/07 al 15/07/2025	Servei de Llengües	15	6	2	-	-
Redacció de la tesi en anglès (Ciències)	02/07 al 15/07/2025	Servei de Llengües	15	5	3	-	-



Activity details

Activity	Presenting Research (virtual)
Date	22/10 to 21/11/2024
Time	Tuesdays and Thursdays, 13:00 – 15:00
Language	English
Trainer	Servei de Llengües
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Oral presentations for specialised audiences ▪ Persuasive language ▪ Register and linguistic correctness

Responder’s details

Number of participants	10
Number of responders	4
Area of interest	<ul style="list-style-type: none"> ▪ Social and Juridical Sciences (n = 1) ▪ Engineering & Architecture (n = 1) ▪ Health Sciences (n = 1) ▪ Sciences (n = 1)
Status	First Stage Researcher with grant (n = 2) First Stage Researcher without grant (n = 2)

Participants Satisfaction/Opinion

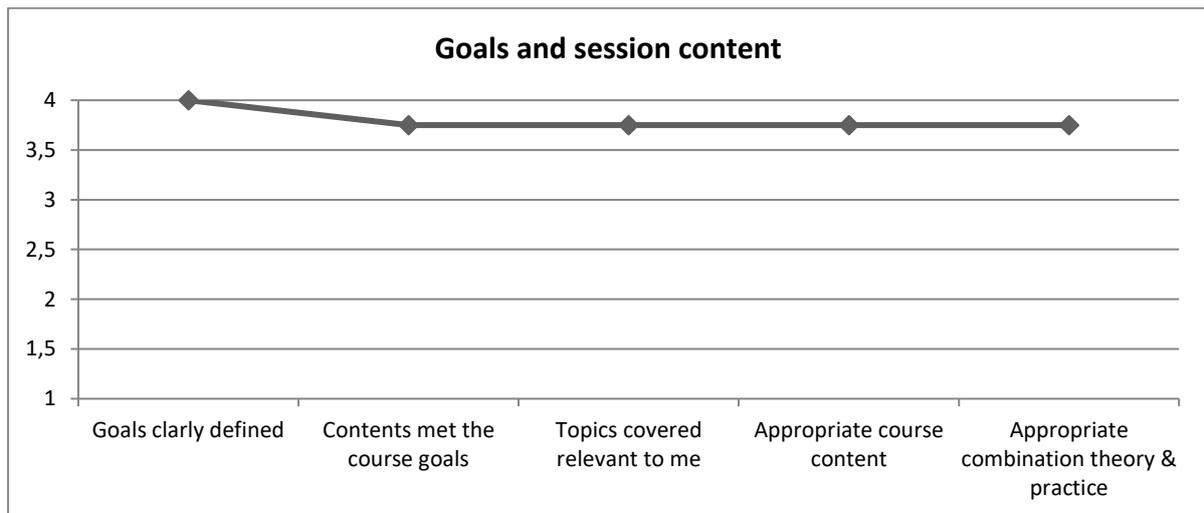
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer was knowledgeable about the training topics ▪ The resources and course materials were useful ▪ The goals of the course were clearly defined
The worst	<ul style="list-style-type: none"> ▪ The schedule ▪ The personal relevance of the topics covered ▪ The new skills acquired
Overall course rating	9,25 out of 10
Participants recommend the course to others	100%

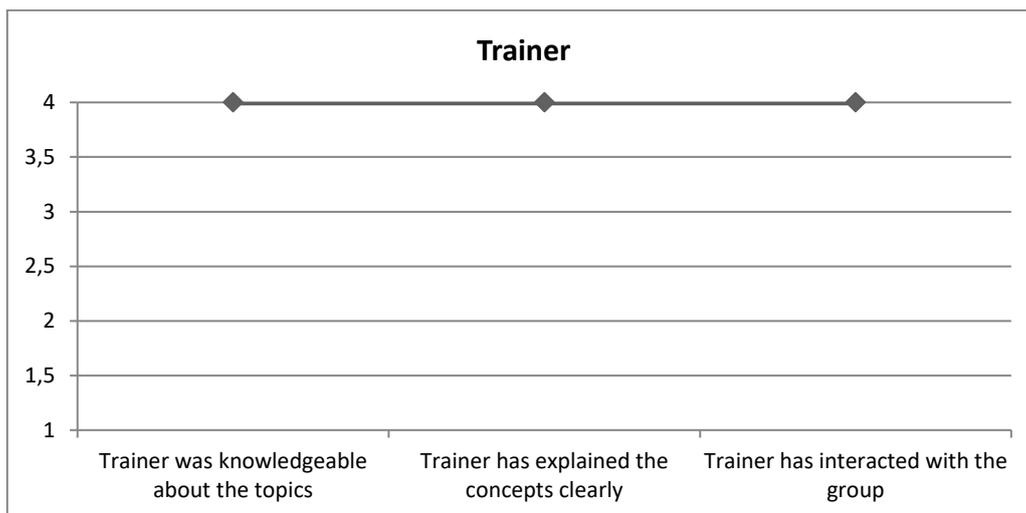
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	4,00 (,000)
The contents developed have met the course goals	3,75 (,000)
The topics covered were relevant to me	3,75 (,000)
The course content was appropriate and was presented in a structured manner	3,75 (,000)
There has been an appropriate combination between theory and practice	3,75 (,000)



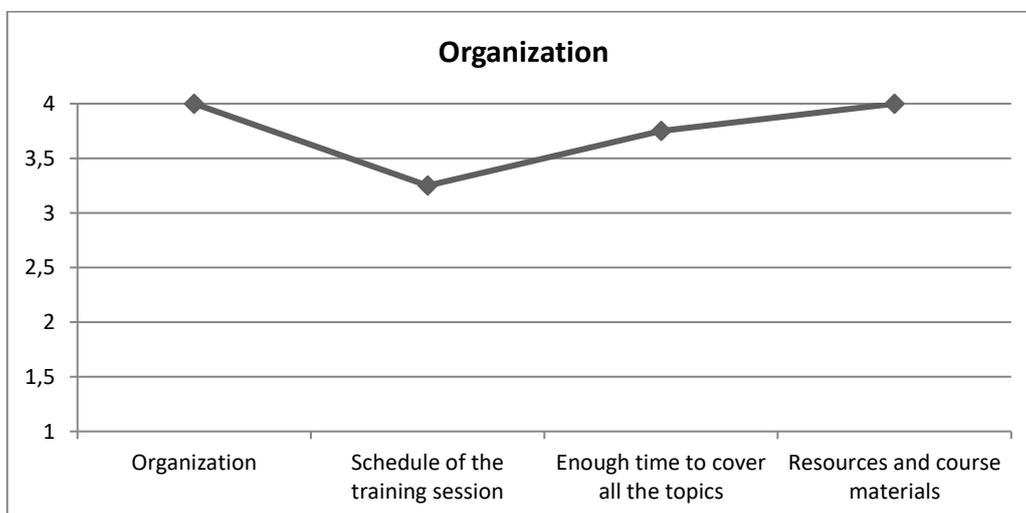
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	4,00 (,000)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



Related to Organization

	M (S)
The course was well organized: information, registration process, etc.	4,00 (,000)
The schedule of the training session/s has helped my attendance	3,25 (,000)
The schedule provided enough time to cover all the topics	3,75 (,000)
The resources and course materials were useful	4,00 (,000)

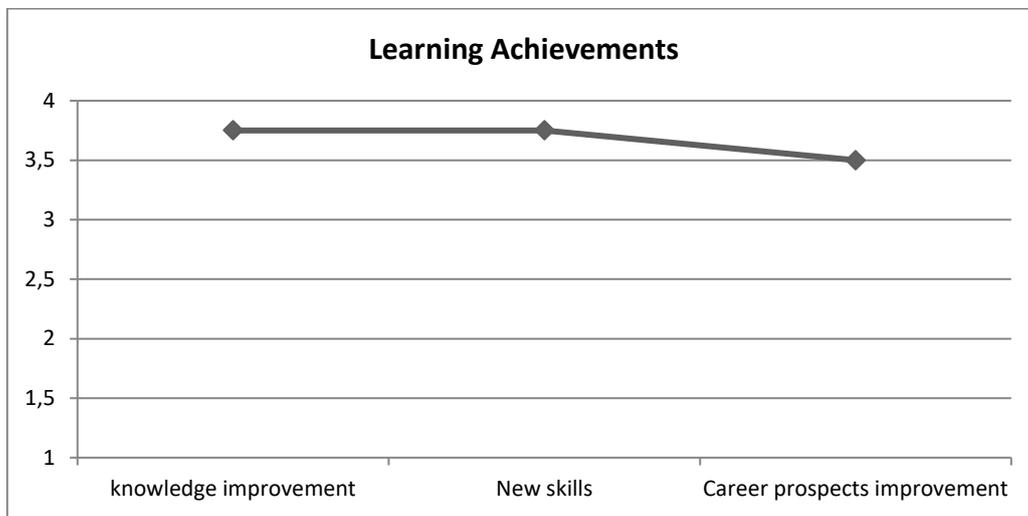


Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,75 (,000)

TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “PRESENTING RESEARCH” (22/10 to 21/11/2024)

The course has allowed me to acquire new skills	3,75 (,000)
The course has improved my career prospects	3,50 (,000)



Activity details

Activity	Chemical risks in the laboratory
Date	Course offered all the academic year-round
Time	Self-learning course
Language	Catalan, Spanish and English
Trainer	Servei de Prevenció UAB
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Identify the most common risks in a laboratory. ▪ Know the most common entry channels of chemical contaminants and biological agents. ▪ Know the most common protection systems in the laboratory. Fume hoods, biological safety booths, individual protection equipment. ▪ Learn tools for a qualitative risk assessment. ▪ Raise awareness about preventive culture.

Responder's details

Number of participants	55
Number of responders	55
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n= 5) ▪ Engineering and Architecture (n= 1) ▪ Social and Juridical Sciences (n= 15) ▪ Sciences (n= 31) ▪ Health Sciences (= 3)
Status	First Stage Researcher with grant (n =30) First Stage Researcher without grant (n=25)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

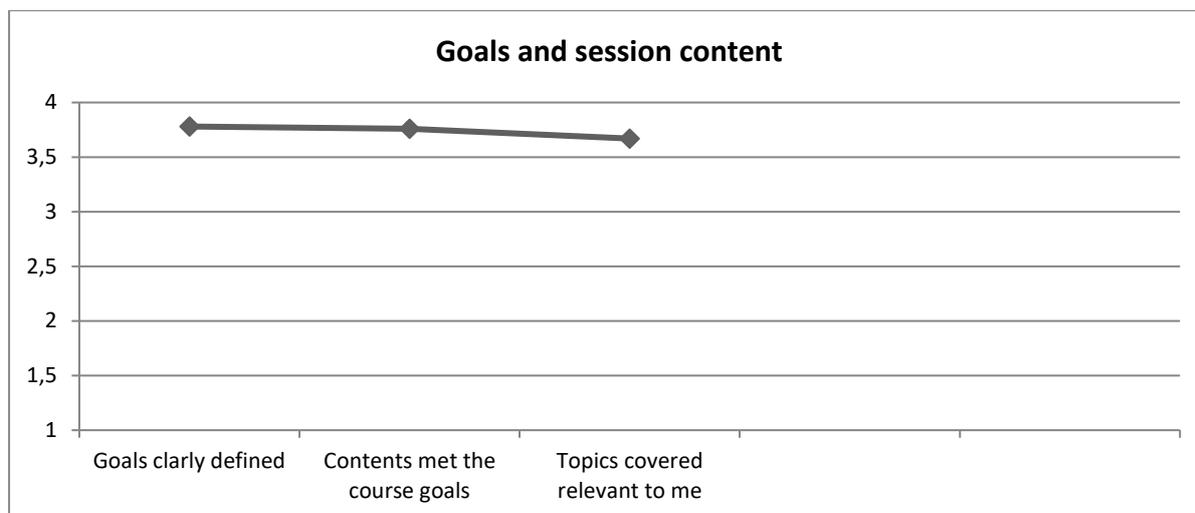
Overall reaction

The best	<ul style="list-style-type: none"> ▪ The goals were clearly defined ▪ The contents met the course goals
The worst	<ul style="list-style-type: none"> ▪ The improvement of career prospects ▪ The new skills acquired
Overall course rating	8,50 out of 10

Participants recommend the course to others	96,36%
---	--------

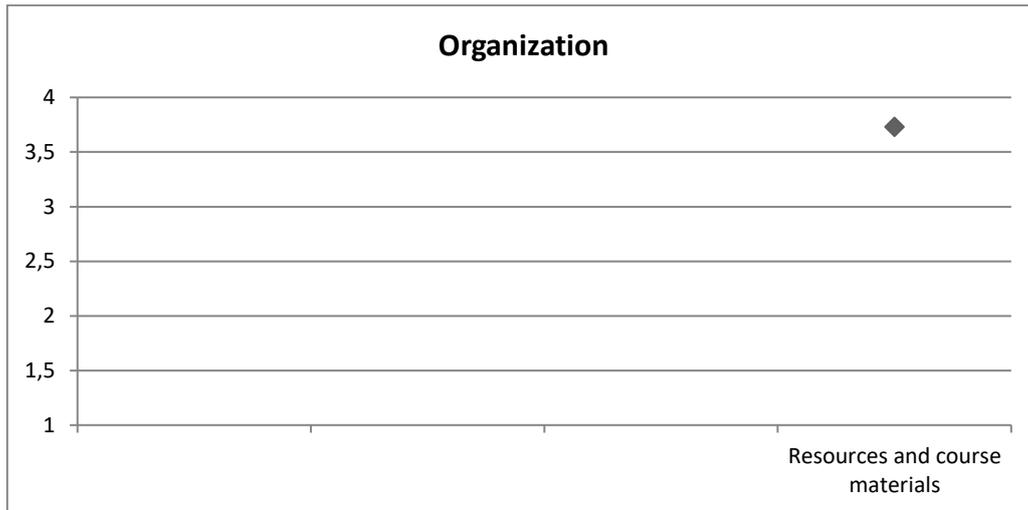
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,78 (,182)
The contents developed have met the course goals	3,76 (,364)
The topics covered were relevant to me	3,67 (,273)



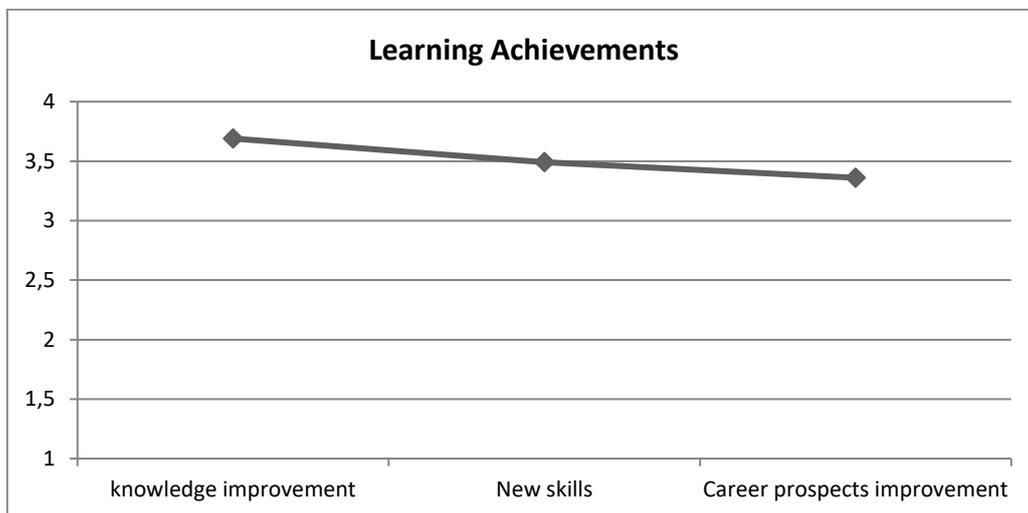
Related to Organization

	M (S)
The resources and course materials were useful	3,72 (,727)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,69 (091)
The course has allowed me to acquire new skills	3,49 (,091)
The course has improved my career prospects	3,36 (364)



Activity details

Activity	Open Access Publishing of Research Data (virtual)
Date	November 2024. 3 virtual sessions via Teams
Time	Depending on the session – morning or afternoon
Language	1 in Catalan, 1 in Spanish, 1 in English
Trainer	Several trainers – Servei de Biblioteques
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Research data ▪ Requirements ▪ FAIR principles ▪ CORA RDR ▪ Other research data repositories ▪ Good practices

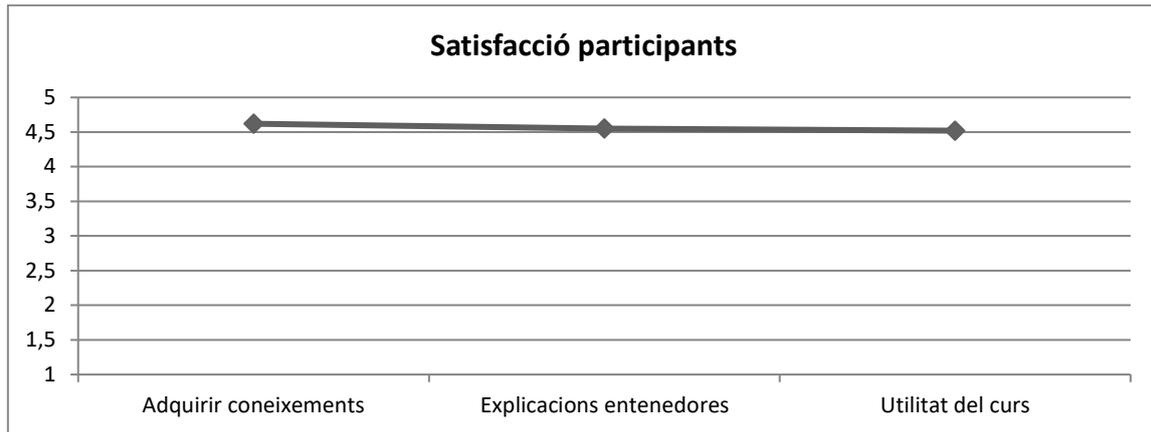
Responder’s details

Nombre d’assistents	135
Nombre de respostes	63
Status	First Stage Researchers

Participants Satisfaction/Opinion

Els assistents han donat resposta al qüestionari de satisfacció elaborat pel Servei de Biblioteques.

	M
Adquirir coneixements sobre el tema	4,62
Explicacions entenedores	4,55
Utilitat del curs	4,52



Escala de 5 punts: 1= Poc; 5 = Molt.

Activity details

Activity	Data Management Plan for PhD Students (virtual)
Date	November 2025. 3 virtual sessions via Teams
Time	Depending on the session – morning or afternoon
Language	1 in Catalan, 1 in Spanish, 1 in English
Trainer	Several trainers – Servei de Biblioteques
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Data Management Plan ▪ FAIR contents in DMP ▪ CORA.eiNA DMP

Responder’s details

Nombre d’assistents	134
Nombre de respostes	46
Status	First Stage Researchers

Participants Satisfaction/Opinion

Els assistents han donat resposta al qüestionari de satisfacció elaborat pel Servei de Biblioteques.

	M
Adquirir coneixements sobre el tema	4,67
Explicacions entenedores	4,41
Utilitat del curs	4,63



Escala de 5 punts: 1= Poc; 5 = Molt.

Activity details

Activity	Good research practices and research integrity at UAB
Date	Academic Year 24-25
Time	Self-learning course
Language	English
Trainer	José Luis Molina
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ The UAB Code of Good Practice in Research ▪ Ethics and research integrity ▪ Moral dilemmas when working in science

Responder's details

Number of participants	66
Number of responders	66
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n = 16) ▪ Engineering and Architecture (n = 1) ▪ Health Sciences (n = 23) ▪ Sciences (n = 10) ▪ Social and juridical sciences (n = 16)
Status	First Stage Researcher with grant (n =16) First Stage Researcher without grant (n=50)

Participants Satisfaction/Opinion

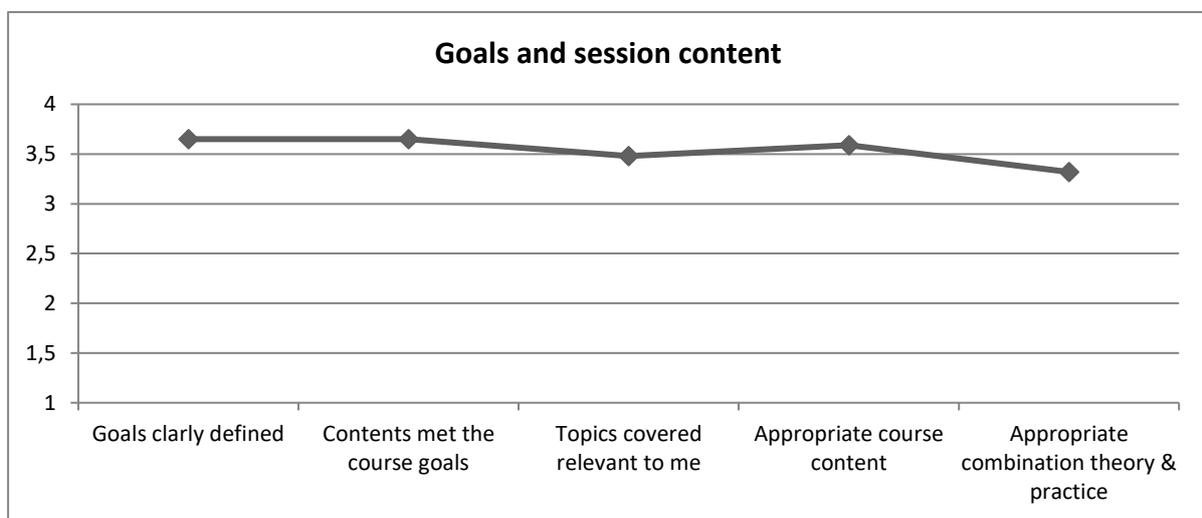
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

The best	<ul style="list-style-type: none"> ▪ The time to cover all the topics ▪ The scheduled helped attendance ▪ The course was well organized
The worst	<ul style="list-style-type: none"> ▪ The improvement of career prospects ▪ The combination between theory and practice ▪ The new skills acquired
Overall course rating	8,23 out of 10
Participants recommend the course to others	87,88%

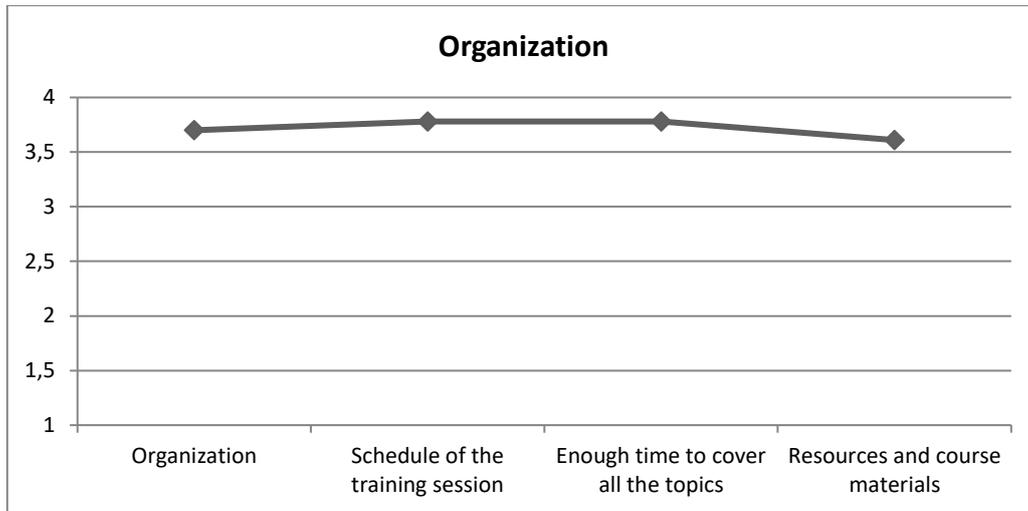
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,65 (,152)
The contents developed have met the course goals	3,65 (,152)
The topics covered were relevant to me	3,48 (,485)
The course content was appropriate and was presented in a structured manner	3,59 (,091)
There has been an appropriate combination between theory and practice	3,31 (,818)



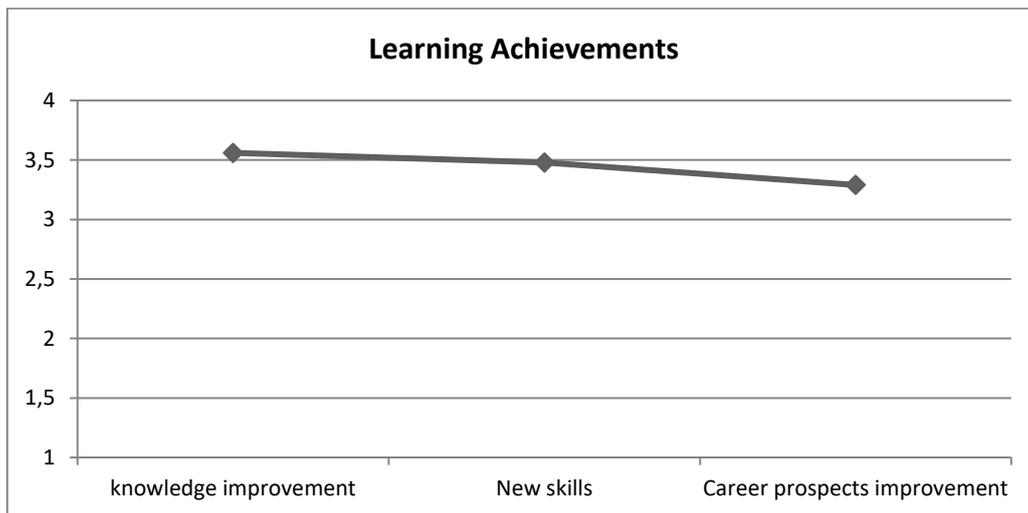
Related to Organization

	M (S)
The course was well organized: information, registration process, etc.	3,69 (,697)
The schedule of the training session/s has helped my attendance	3,78 (,788)
The schedule provided enough time to cover all the topics	3,78 (,788)
The resources and course materials were useful	3,60 (,606)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,56 (.061)
The course has allowed me to acquire new skills	3,48 (.485)
The course has improved my career prospects	3,28 (.788)



TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “GOOD RESEARCH PRACTICES AND RESEARCH INTEGRITY AT UAB” (Academic year 2024-2025)

The language of the course (English) made it difficult to follow the contents

Yes	No
15%	85%

Activity details

Activity	Welcome Session – November (hybrid)
Date	27/11/2024
Time	11.00 – 12:00
Language	Spanish
Trainer	Doctoral School
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ The UAB Code of Good Practice ▪ Academic regulation of PhD programmes ▪ The UAB Doctoral School webpage, introduction to the Sigma platform ▪ The Euraxess initiative ▪ Transferable skills training ▪ Open Science ▪ Research ethics ▪ The International Support Service ▪ PhD students representatives

Responder’s details

Number of participants	122
Number of responders	74
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n = 26) ▪ Engineering and Architecture (n = 2) ▪ Health Sciences (n=22) ▪ Sciences (n= 10) ▪ Social and Juridical Sciences (= 14)
Status	First Stage Researcher with grant (n =36) First Stage Researcher without grant (n=38)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

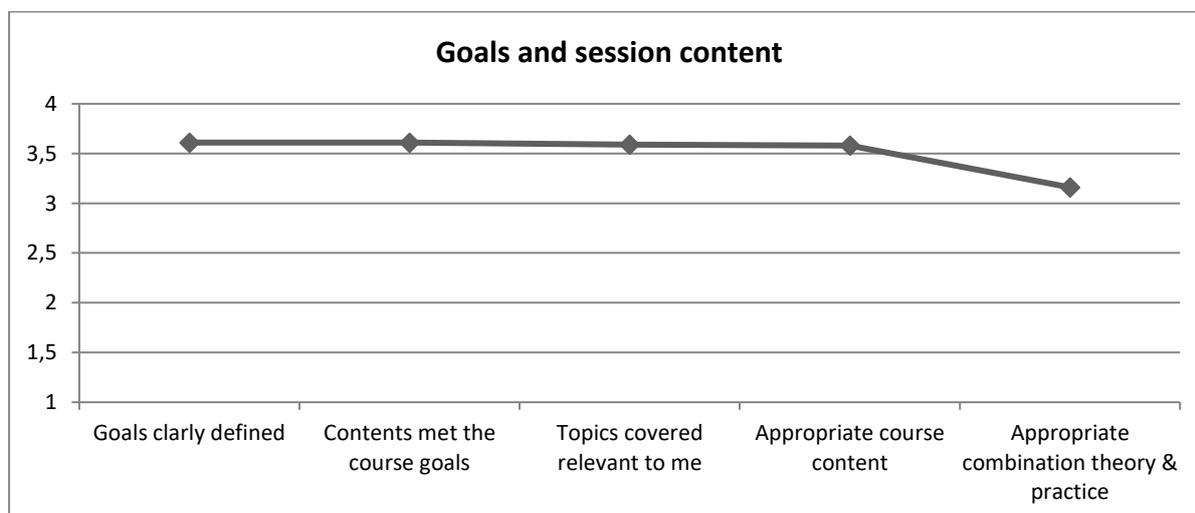
The best	<ul style="list-style-type: none"> ▪ The trainer was knowledgeable about the training topics ▪ The trainer explained the concepts clearly
-----------------	---

TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “WELCOME SESSION: THE DOCTORAL STUDIES AS A FORMATIVE PROCESS” (27/11/2024)

	<ul style="list-style-type: none"> ▪ The trainer interacted with the group ▪ The resources and materials were useful
The worst	<ul style="list-style-type: none"> ▪ The new skills acquired ▪ The combination between theory and practice ▪ The improvement of career prospects
Overall course rating	8,41 out of 10
Participants recommend the course to others	94,6%

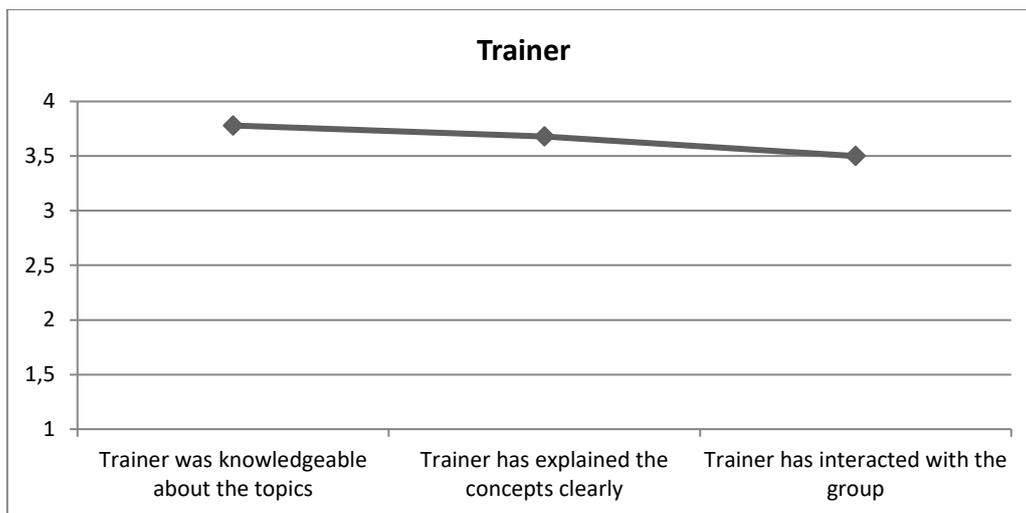
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,60 (.820)
The contents developed have met the course goals	3,60 (.820)
The topics covered were relevant to me	3,59 (.460)
The course content was appropriate and was presented in a structured manner	3,58 (.108)
There has been an appropriate combination between theory and practice	3,16 (.216)



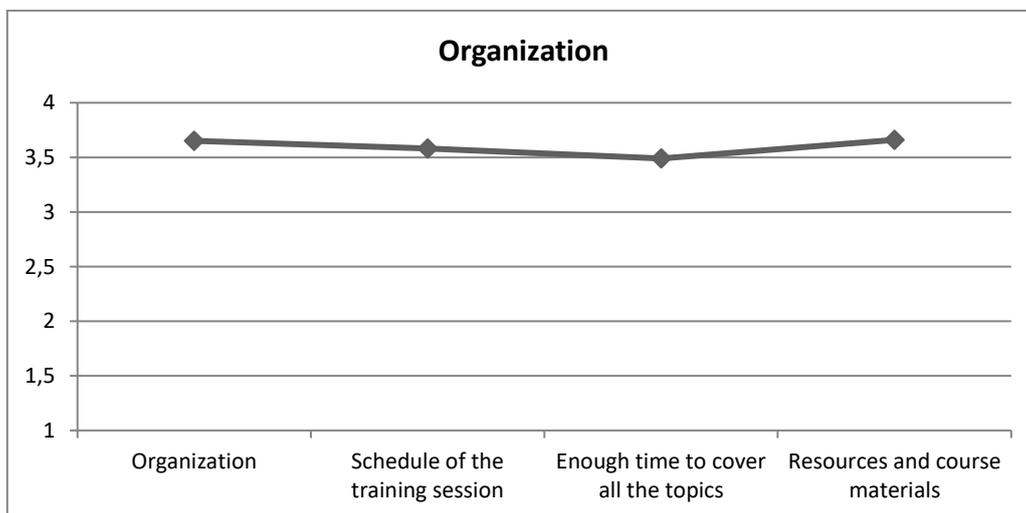
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	3,78 (.378)
The trainer has explained the concepts clearly and in an understandable way	3,67 (.568)
The trainer has interacted with the group, for example, answering our questions	3,50 (.000)



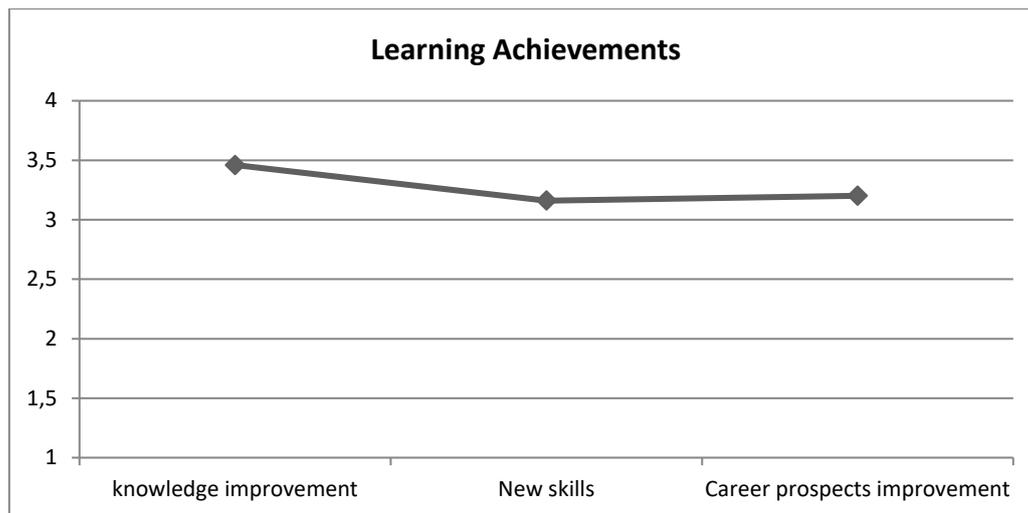
Related to Organization

	M (S)
The course was well organized: information, registration process, etc.	3,64 (,865)
The schedule of the training session/s has helped my attendance	3,58 (,108)
The schedule provided enough time to cover all the topics	3,48 (,649)
The resources and course materials were useful	3,66 (,216)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,45 (,946)
The course has allowed me to acquire new skills	3,16 (,216)
The course has improved my career prospects	3,20 (,270)



Activity details

Activity	How to design your PhD with the Idea Puzzle® software (virtual)
Date	02/12/2024
Time	11:00 – 12:30
Language	English
Trainer	Ricardo Morais (Idea Puzzle)
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Research as a system of 21 decisions ▪ Theoretical decisions of your research ▪ Methodological decisions of your research ▪ Empirical decisions of your research ▪ Rhetoric decisions of your research ▪ Authorial decisions of your research ▪ Application to participants' research with the Idea Puzzle® software

Responder's details

Number of participants	61
Number of responders	32
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n = 9) ▪ Engineering and architecture (n =1) ▪ Health Sciences (n= 9) ▪ Sciences (n= 4) ▪ Social and Juridical Sciences (n=9)
Status	First Stage Researcher with grant (n = 12) First Stage Researcher without grant (n= 20)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

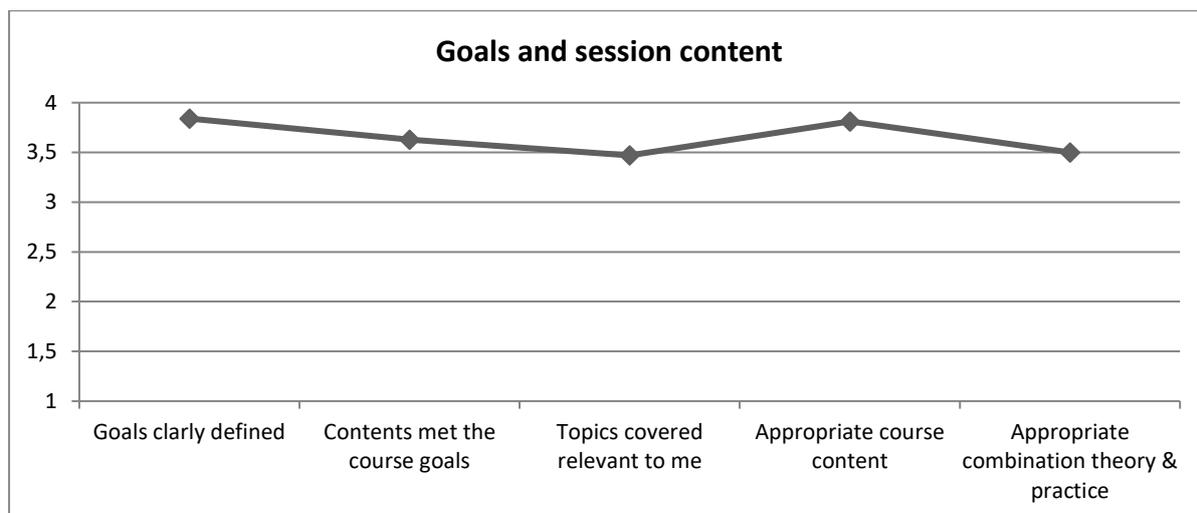
Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer was knowledgeable about the training topics ▪ The goals of the course were clearly defined
-----------------	---

	<ul style="list-style-type: none"> ▪ The content was appropriate and well presented
The worst	<ul style="list-style-type: none"> ▪ The improvement of career prospects ▪ The new skills acquired ▪ The personal relevance of the topics covered
Overall course rating	8,41 out of 10
Participants recommend the course to others	87,50%

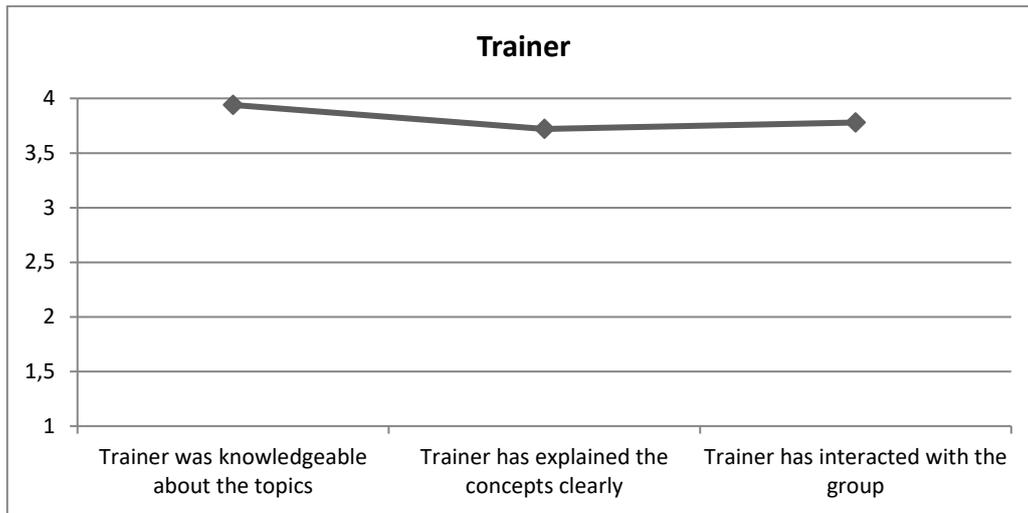
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,84 (,375)
The contents developed have met the course goals	3,62 (,500)
The topics covered were relevant to me	3,46 (,875)
The course content was appropriate and was presented in a structured manner	3,81 (,250)
There has been an appropriate combination between theory and practice	3,50 (,000)



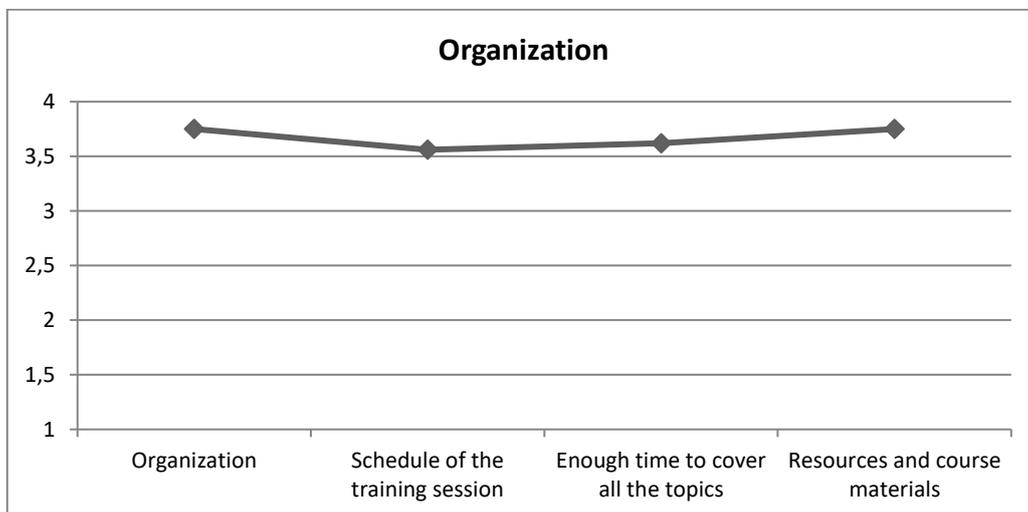
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	3,93 (,750)
The trainer has explained the concepts clearly and in an understandable way	3,71 (,875)
The trainer has interacted with the group, for example, answering our questions	3,78 (,125)



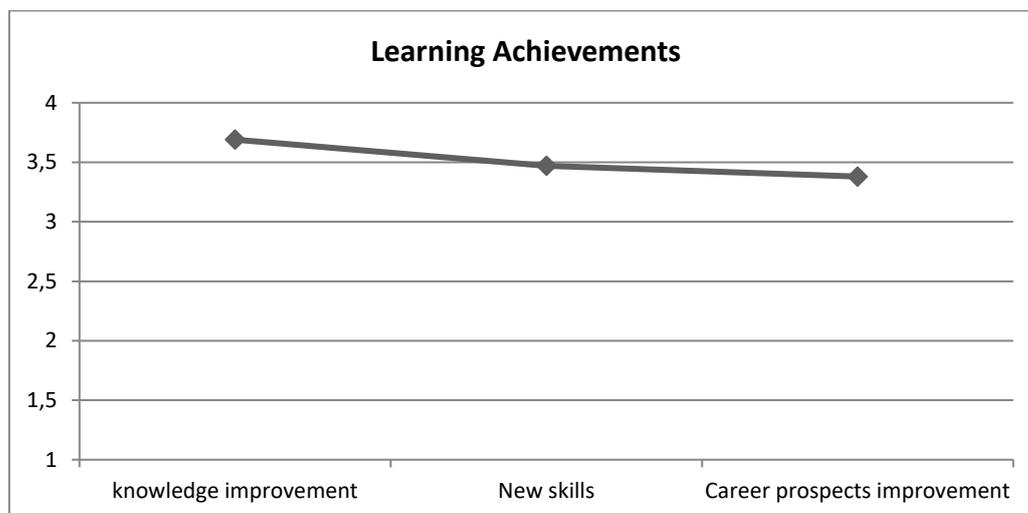
Related to Organization

	M (S)
The course was well organized: information, registration process, etc.	3,75 (,000)
The schedule of the training session/s has helped my attendance	3,56 (250)
The schedule provided enough time to cover all the topics	3,62 (,500)
The resources and course materials were useful	3,75 (,000)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,68 (,750)
The course has allowed me to acquire new skills	3,46 (,875)
The course has improved my career prospects	3,37 (,500)



Activity details

Activity	Elevator Pitch (on-site)
Date	4, 9, 11, 16 & 18/12/2024
Time	10:00 - 12:00
Language	English
Instructor	Servei de Llengües (Silvia Solà)
Addressed to	First stage researchers
Topics covered	<ul style="list-style-type: none"> ▪ Analysis of the communicative situation to adapt the intervention ▪ Control of aspects related to courtesy in the discourse ▪ Construction of a complete intervention around a central idea <ul style="list-style-type: none"> ▪ Preparation of a clear, precise, non-ambiguous discourse ▪ Creation of an interesting, easy, persuasive and stimulating discourse from the content to the structure ▪ Non-verbal communication

Responder’s details

Number of participants	10
Number of responders	10
Area of interest	<ul style="list-style-type: none"> ▪ Arts & Humanities (n = 3) ▪ Engineering & Architecture (n = 1) ▪ Health Sciences (n = 1) ▪ Sciences (n = 3) ▪ Social and Juridical Sciences (n = 3)
Status	First Stage Researcher with grant (n = 5) First Stage Researcher without grant (n=5)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

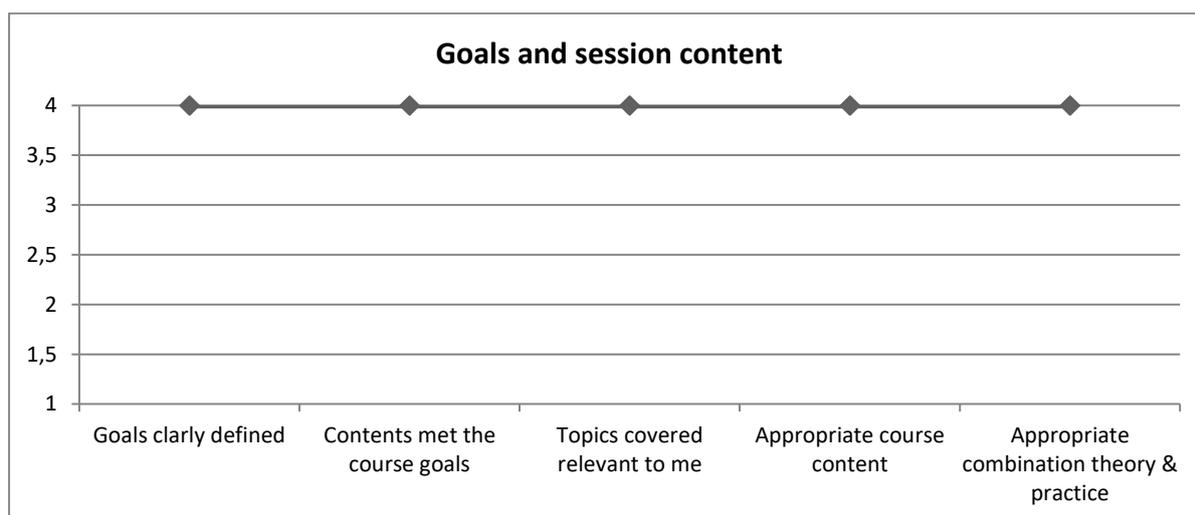
Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer was knowledgeable about the training topics ▪ The trainer interacted with the group
-----------------	--

	<ul style="list-style-type: none"> ▪ The contents were appropriate and well presented
The worst	<ul style="list-style-type: none"> ▪ The time to cover all the topics ▪ The schedule of the training sessions
Overall course rating	9,40 out of 10
Participants recommend the course to others	100%

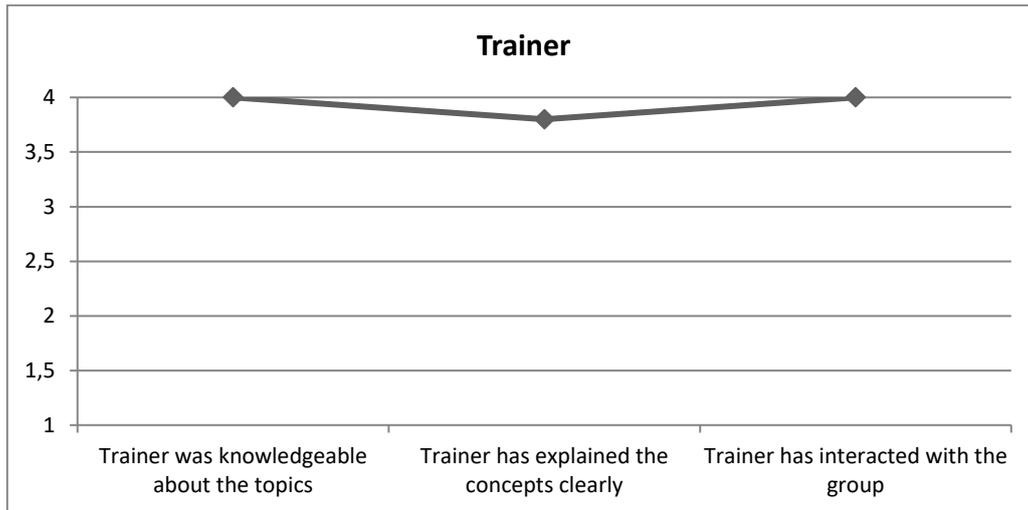
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	4,00 (,000)
The contents developed have met the course goals	4,00 (,000)
The topics covered were relevant to me	4,00 (,000)
The course content was appropriate and was presented in a structured manner	4,00 (,000)
There has been an appropriate combination between theory and practice	4,00 (,000)



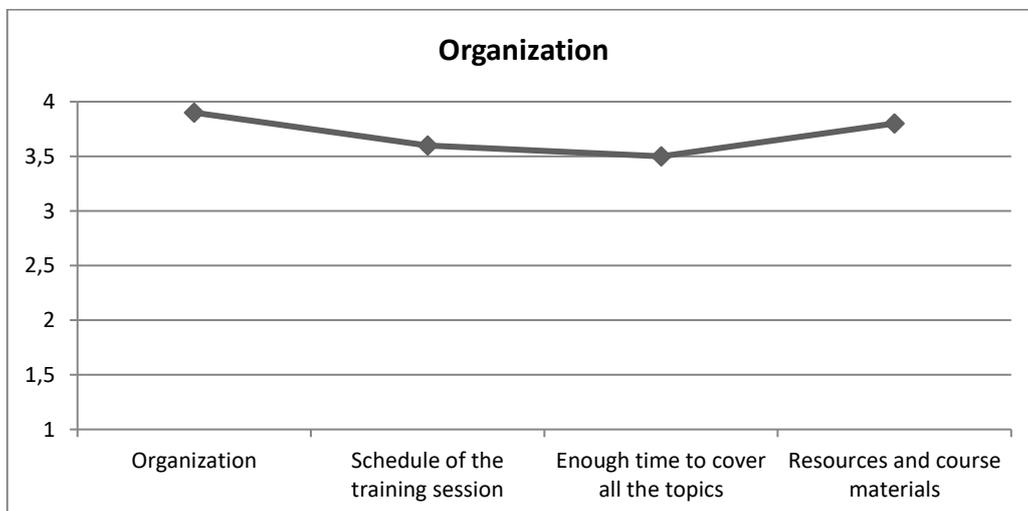
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,80 (,000)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



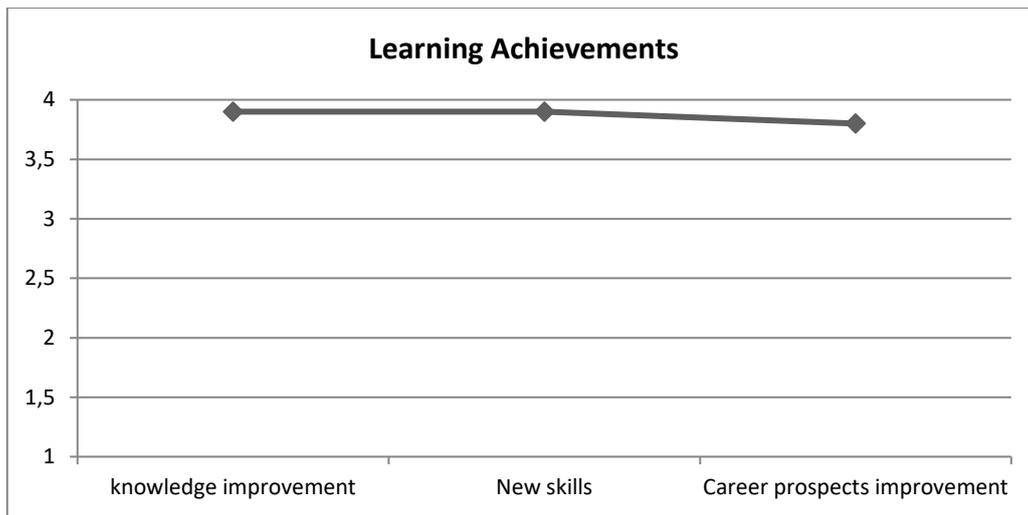
Related to Organization

	M (S)
The course was well organized: information, registration process, etc.	3,90 (,000)
The schedule of the training session/s has helped my attendance	3,60 (,000)
The schedule provided enough time to cover all the topics	3,50 (,000)
The resources and course materials were useful	3,80 (,000)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,90 (,000)
The course has allowed me to acquire new skills	3,90 (,000)
The course has improved my career prospects	3,80 (,000)



Activity details

Activity	Scientific Illustration (on-site)
Date	10 & 12/12/2024
Time	10.00 – 14:00
Language	Spanish
Trainer	Mikel Graphic Science
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Design applied to the creation of scientific posters: typography, color, layout, accessibility, user experience improvement ▪ Visualization of data: applied design or data viz, types of graphics, creation of impactful graphics in RawGraph, editing of graphics in Inkscape ▪ Creating illustrations, maps and icons for scientific figures in Inkscape ▪ Free websites and resources

Responder’s details

Number of participants	18
Number of responders	15
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n = 2) ▪ Health Sciences (n=3) ▪ Sciences (n= 8) ▪ Social and Juridical Sciences (= 2)
Status	First Stage Researcher with grant (n =36) First Stage Researcher without grant (n=38)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

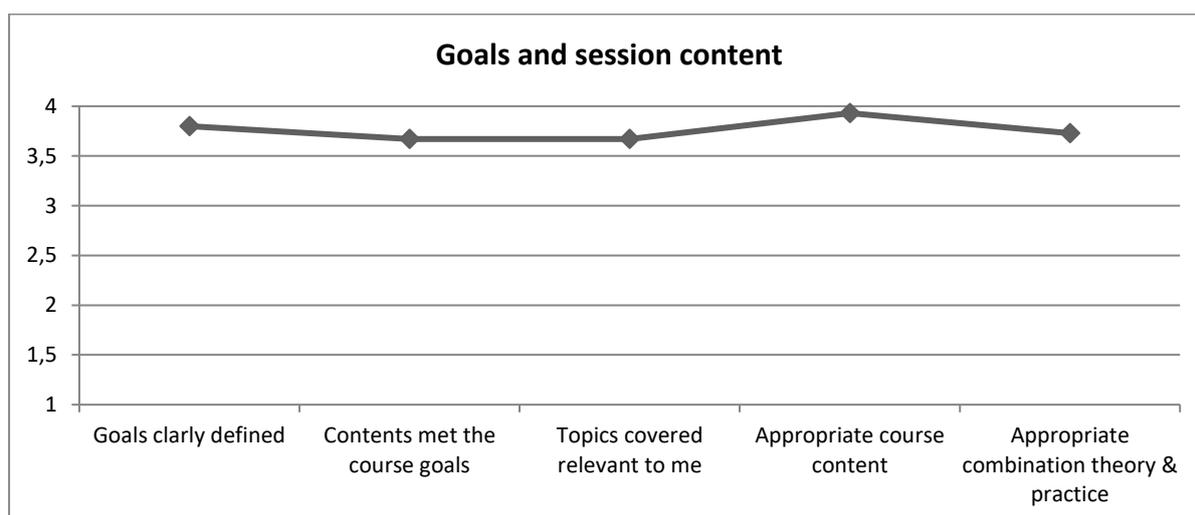
Overall reaction

The best	<ul style="list-style-type: none"> ▪ The content was appropriate and well presented ▪ The trainer was knowledgeable about the training topics ▪ The new skills acquired
The worst	<ul style="list-style-type: none"> ▪ The time to cover all the topics ▪ The improvement of career prospects

	<ul style="list-style-type: none"> ▪ The personal relevance of the topics covered
Overall course rating	9,03 out of 10
Participants recommend the course to others	100%

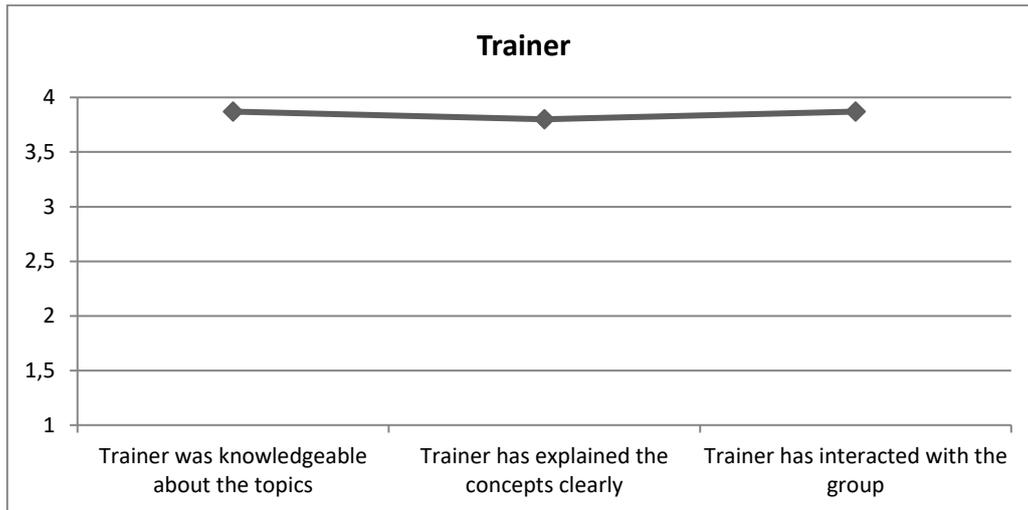
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,80 (,000)
The contents developed have met the course goals	3,66 (,667)
The topics covered were relevant to me	3,66 (,667)
The course content was appropriate and was presented in a structured manner	3,93 (,333)
There has been an appropriate combination between theory and practice	3,73 (,333)



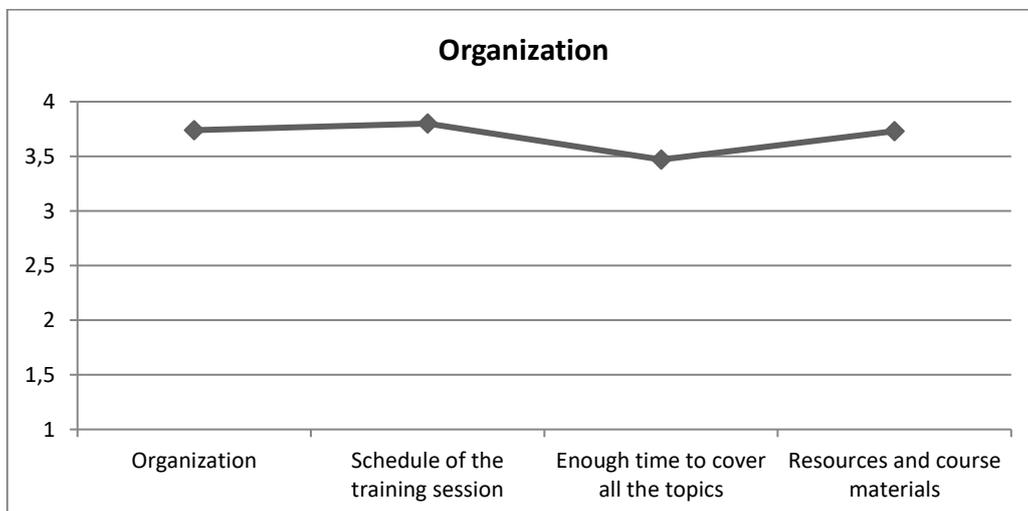
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	3,86 (,667)
The trainer has explained the concepts clearly and in an understandable way	3,80 (,000)
The trainer has interacted with the group, for example, answering our questions	3,86 (,667)



Related to Organization

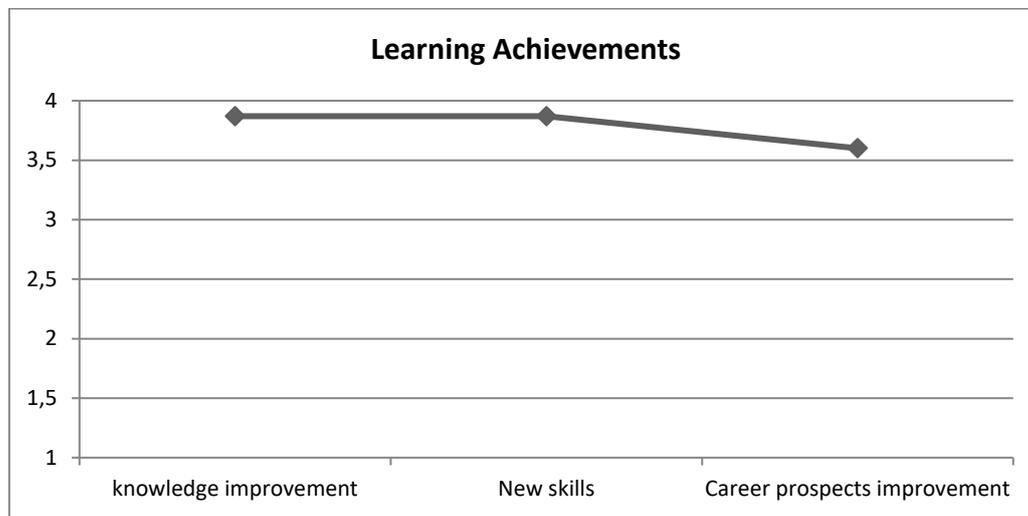
	M (S)
The course was well organized: information, registration process, etc.	3,73 (,333)
The schedule of the training session/s has helped my attendance	3,80 (,000)
The schedule provided enough time to cover all the topics	3,46 (,667)
The resources and course materials were useful	3,73 (,333)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,86 (,667)

The course has allowed me to acquire new skills	3,86 (,667)
The course has improved my career prospects	3,60 (,000)



Activity details

Activity	Research Papers – Humanities (virtual)
Date	10/12/2024 to 23/01/2025
Time	Tuesdays and Thursdays, 14:00 – 16:00
Language	English
Trainer	Servei de Llengües
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Structure of scientific papers ▪ Formal and discursive characteristics ▪ Vocabulary, grammar and syntax

Responder’s details

Number of participants	12
Number of responders	8
Area of interest	<ul style="list-style-type: none"> ▪ Arts & Humanities (n = 4) ▪ Social & Juridical Sciences (n = 4)
Status	First Stage Researcher with grant (n =2) First Stage Researcher without grant (n =6)

Participants Satisfaction/Opinion

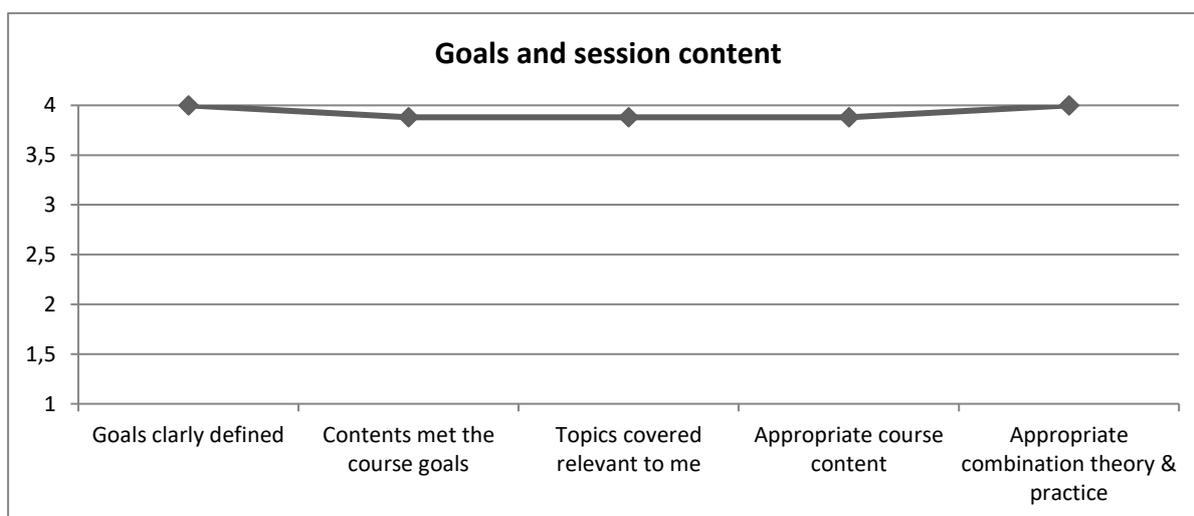
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer was knowledgeable about the training topics ▪ The goals of the course were clearly defined ▪ The new skills acquired
The worst	<ul style="list-style-type: none"> ▪ The schedule of the sessions ▪ The time to cover all the topics ▪ The improvement of career prospects
Overall course rating	9,5 out of 10
Participants recommend the course to others	87,5%

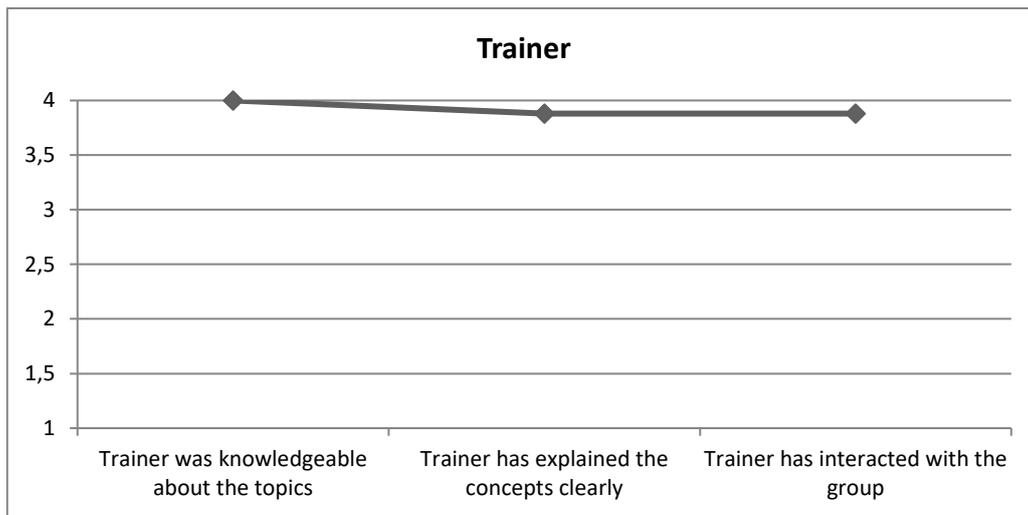
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	4,00 (,000)
The contents developed have met the course goals	3,87 (,500)
The topics covered were relevant to me	3,87 (,500)
The course content was appropriate and was presented in a structured manner	3,87 (,500)
There has been an appropriate combination between theory and practice	4,00 (,000)



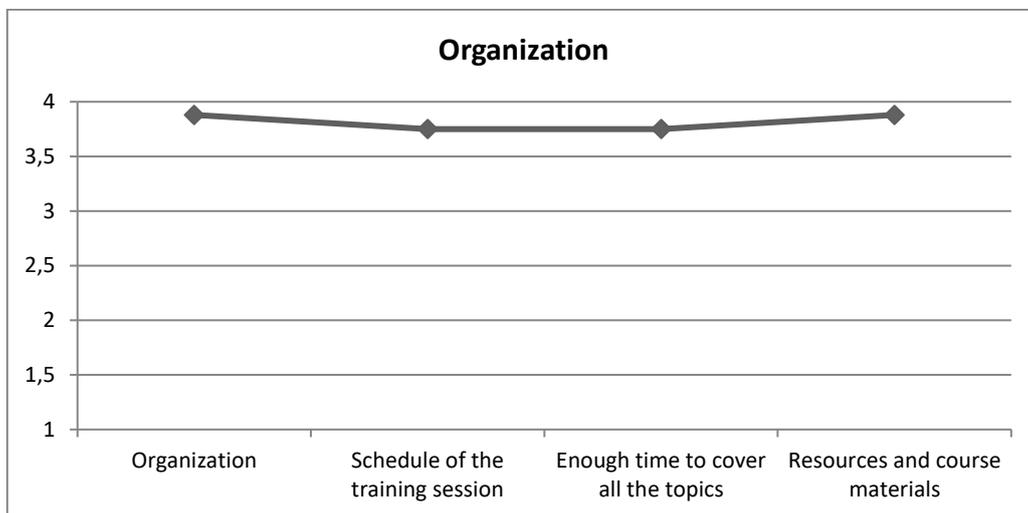
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,87 (,500)
The trainer has interacted with the group, for example, answering our questions	3,87 (,500)



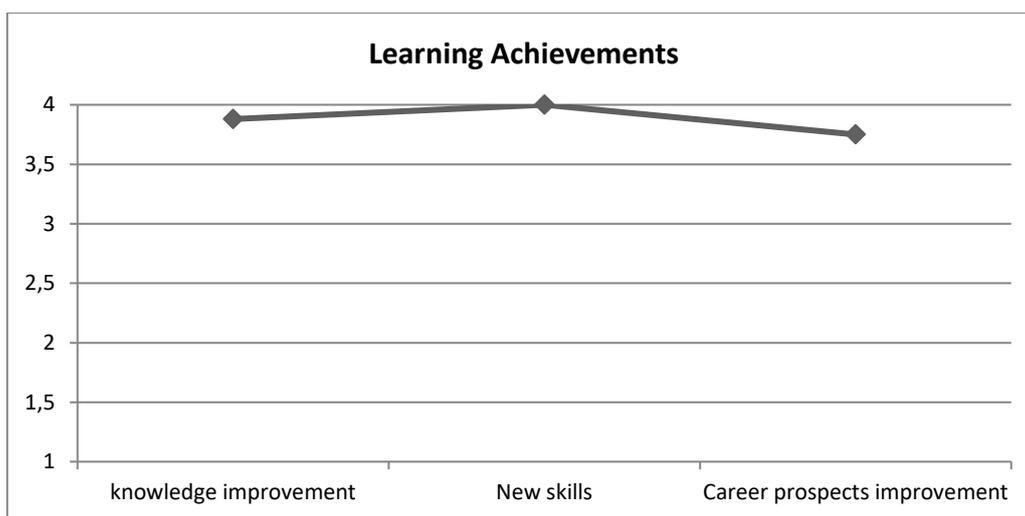
Related to Organization

	M (S)
The course was well organized: information, registration process, etc.	3,87 (.500)
The schedule of the training session/s has helped my attendance	3,75 (.000)
The schedule provided enough time to cover all the topics	3,75 (.000)
The resources and course materials were useful	3,87 (.500)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,87 (,500)
The course has allowed me to acquire new skills	4,00 (,000)
The course has improved my career prospects	3,75 (,000)



Activity details

Activity	Gender Perspective in Research (on-site)
Date	17 & 19/12/2024
Time	10:00-13:00
Language	Catalan (slides in Spanish)
Trainer	Enrico Mora
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Sex-gender dimension ▪ Gender in research ▪ Arising awareness ▪ Detecting gender biases and stereotypes

Responder’s details

Number of participants	16
Number of responders	14
Area of interest	<ul style="list-style-type: none"> ▪ Arts & Humanities (n= 6) ▪ Health Sciences (n = 2) ▪ Sciences (n = 1) ▪ Social and Juridical Sciences (n= 4)
Status	First Stage Researcher with grant (n =6) First Stage Researcher without grant (n=7)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

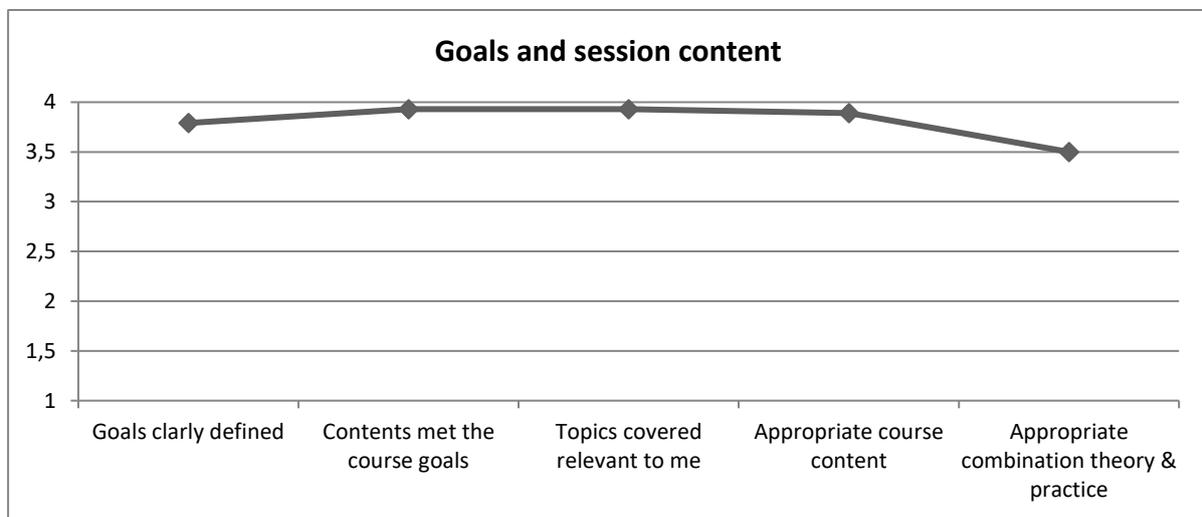
Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer was knowledgeable about the training topics ▪ The trainer explained the concepts clearly ▪ The personal relevance of the topics covered
The worst	<ul style="list-style-type: none"> ▪ The combination between theory and practice ▪ The resources and course materials ▪ The time to cover all the topics
Overall course rating	9 out of 10

Participants recommend the course to others	100%
--	------

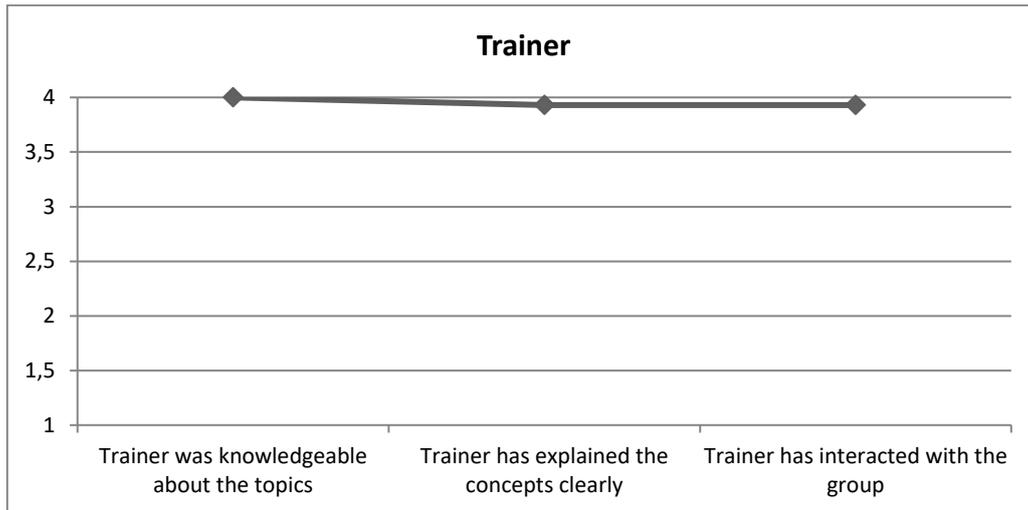
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,78 (,571)
The contents developed have met the course goals	3,92 (,857)
The topics covered were relevant to me	3,92 (,857)
The course content was appropriate and was presented in a structured manner	3,88 (,889)
There has been an appropriate combination between theory and practice	3,50 (,000)



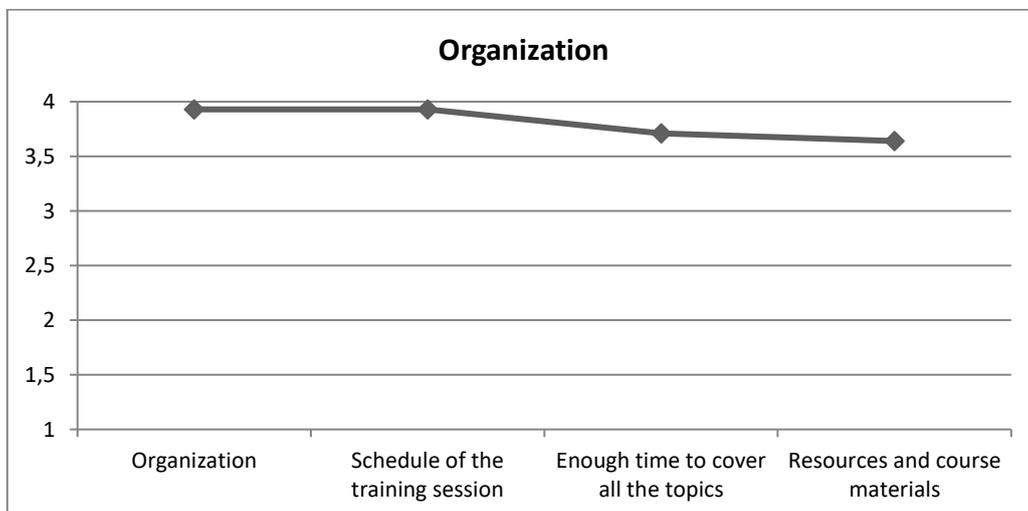
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,92 (,857)
The trainer has interacted with the group, for example, answering our questions	3,92 (,857)



Related to Organization

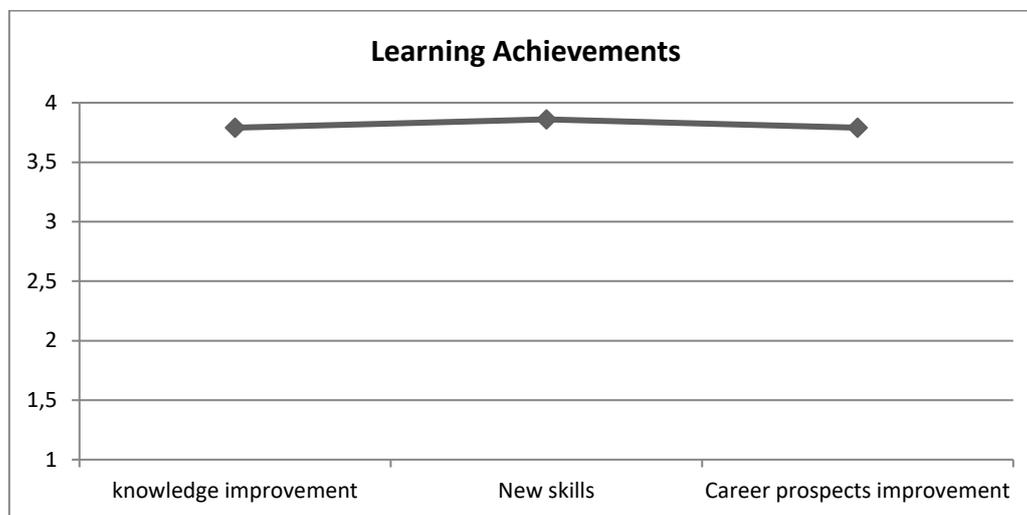
	M (S)
The course was well organized: information, registration process, etc.	3,92 (.857)
The schedule of the training session/s has helped my attendance	3,92 (.857)
The schedule provided enough time to cover all the topics	3,71 (.429)
The resources and course materials were useful	3,64 (.286)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,78 (.571)

The course has allowed me to acquire new skills	3,85(,714)
The course has improved my career prospects	3,78 (,571)



Activity details

Activity	Communicating Science (virtual)
Date	8 to 22/01/2025
Time	Mondays and Wednesdays, 10:00 – 12:00
Language	English
Trainer	Silvia Solà (Servei de Llengües)
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Oral presentations for specialised audiences ▪ Persuasive language ▪ Register and linguistic correctness

Responder’s details

Number of participants	14
Number of responders	13
Area of interest	<ul style="list-style-type: none"> ▪ Arts & Humanities (n= 3) ▪ Health Sciences (n= 4) ▪ Sciences (n = 2) ▪ Social and Juridical Sciences (= 4)
Status	First Stage Researcher with grant (n =6) First Stage Researcher without grant (n=7)

Participants Satisfaction/Opinion

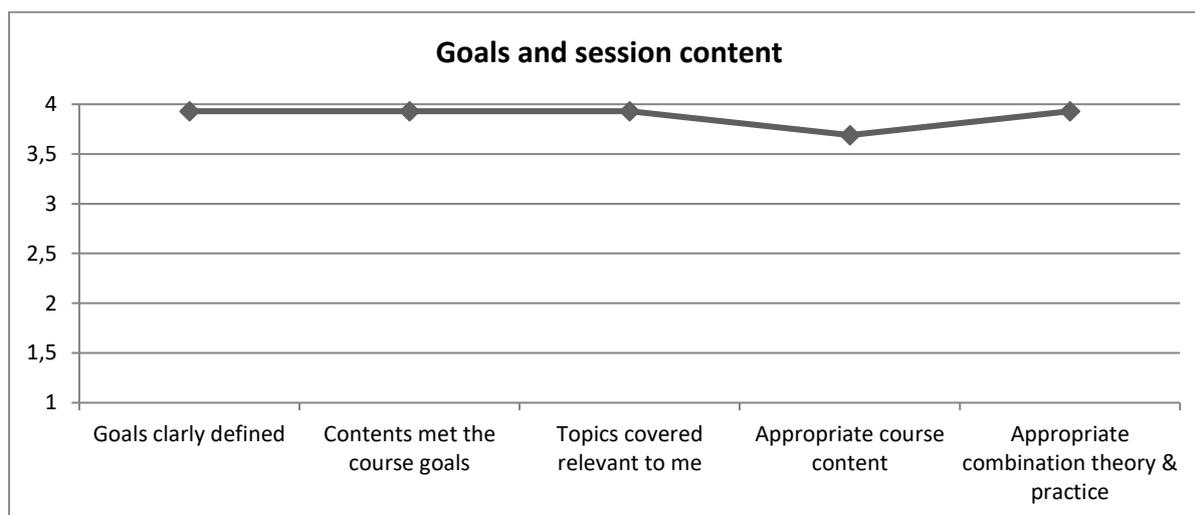
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer was knowledgeable about the training topics ▪ The trainer interacted with the group ▪ The trainer explained the concepts clearly
The worst	<ul style="list-style-type: none"> ▪ The time to cover all the topics ▪ The improvement of career prospects ▪ The new skills acquired
Overall course rating	9 out of 10
Participants recommend the course to others	100%

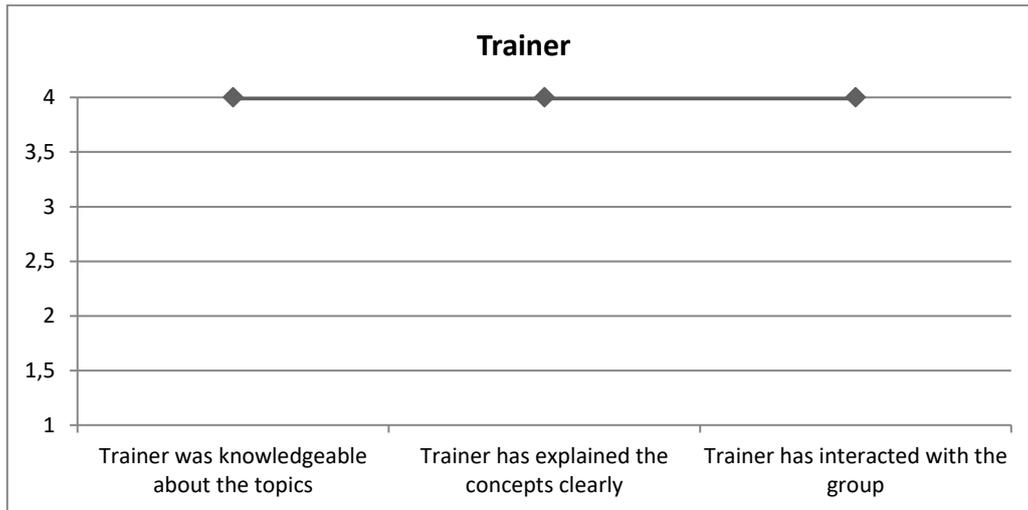
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,92(,301)
The contents developed have met the course goals	3,92(,301)
The topics covered were relevant to me	3,92(,301)
The course content was appropriate and was presented in a structured manner	3,69 (,231)
There has been an appropriate combination between theory and practice	3,92(,301)



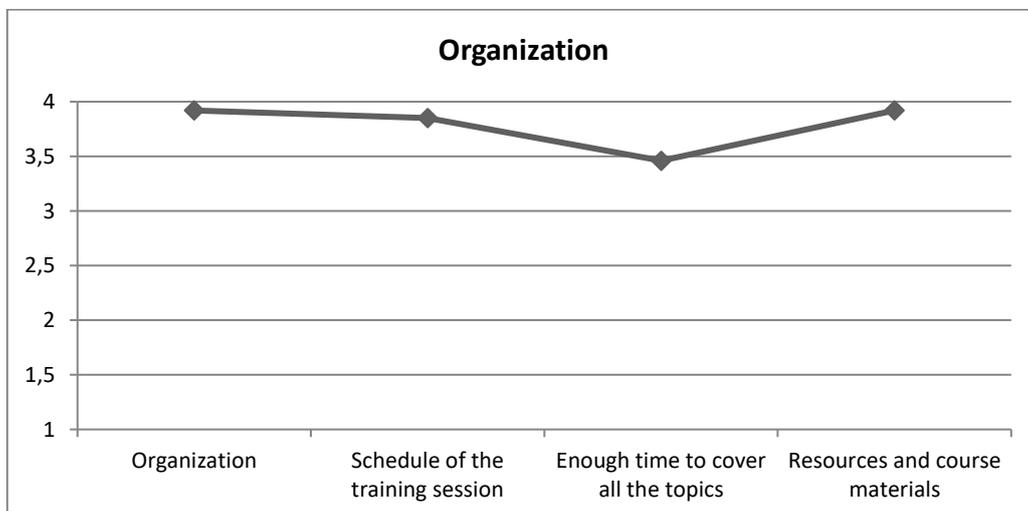
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	4,00 (,000)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



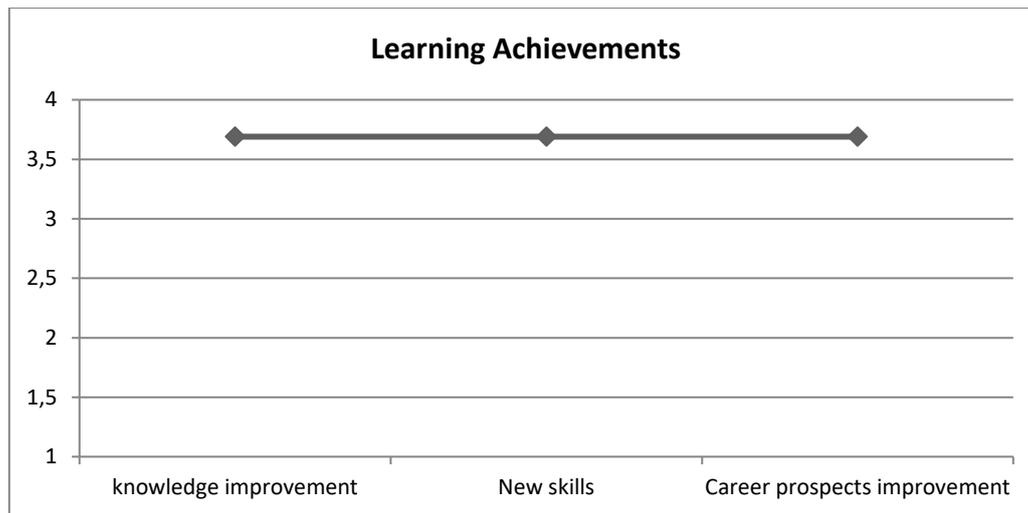
Related to Organization

	M (S)
The course was well organized: information, registration process, etc.	3,92(,301)
The schedule of the training session/s has helped my attendance	3,84 (,615)
The schedule provided enough time to cover all the topics	3,46 (,154)
The resources and course materials were useful	3,92 (,308)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,69 (,231)
The course has allowed me to acquire new skills	3,69 (,231)
The course has improved my career prospects	3,69 (,231)



TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “OPEN SCIENCE COURSE OF THE CATALAN UNIVERSITIES” (08/01/2025 to 31/05/2025)

Activity details

Activity	Open Science Course of the Catalan Universities
Date	08/01/2025 to 31/05/2025
Time	Self-learning course
Language	Catalan and English
Trainer	CSUC
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Introduction to open science ▪ Open knowledge management: data, publications and infrastructures ▪ Legal and ethical aspects of Research and education ▪ Citixen science and research assessment models

Responder's details

Number of participants	52
Number of responders	52
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n = 11) ▪ Engineering and Architecture (n = 2) ▪ Health Sciences (n = 19) ▪ Sciences (n = 7) ▪ Social and juridical sciences (n = 13)
Status	First Stage Researcher with grant (n =20) First Stage Researcher without grant (n=32)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

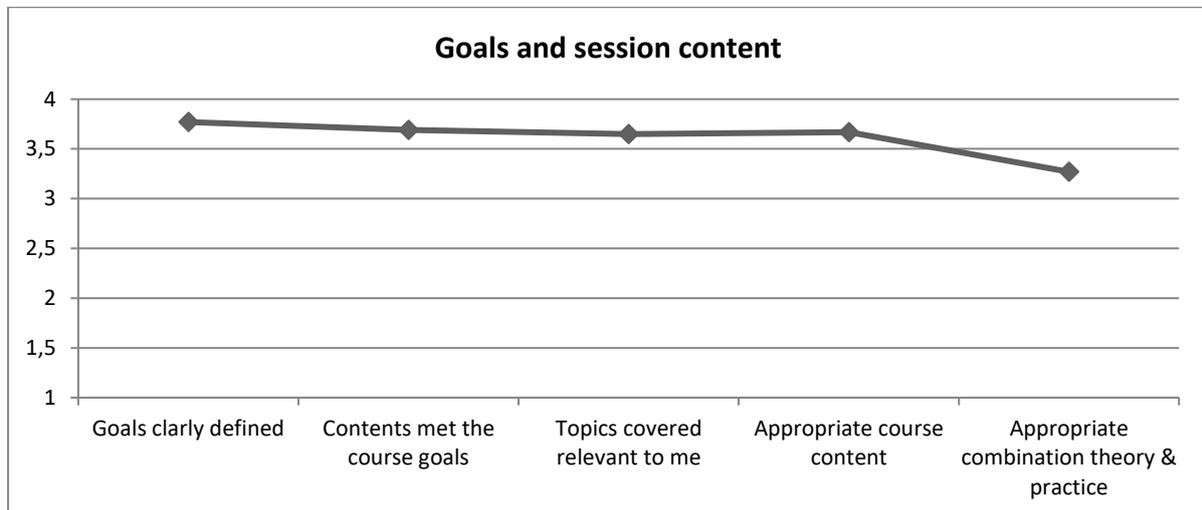
The best	<ul style="list-style-type: none"> ▪ The improvement of knowledge on the subject ▪ The scheduled helped attendance ▪ The goals were clearly defined
The worst	<ul style="list-style-type: none"> ▪ The combination between theory and practice ▪ The improvement of career prospects ▪ The personal relevance of the topics covered
Overall course rating	8,70 out of 10

TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “OPEN SCIENCE COURSE OF THE CATALAN UNIVERSITIES” (08/01/2025 to 31/05/2025)

Participants recommend the course to others	100%
--	------

Related to Goals and Session Content

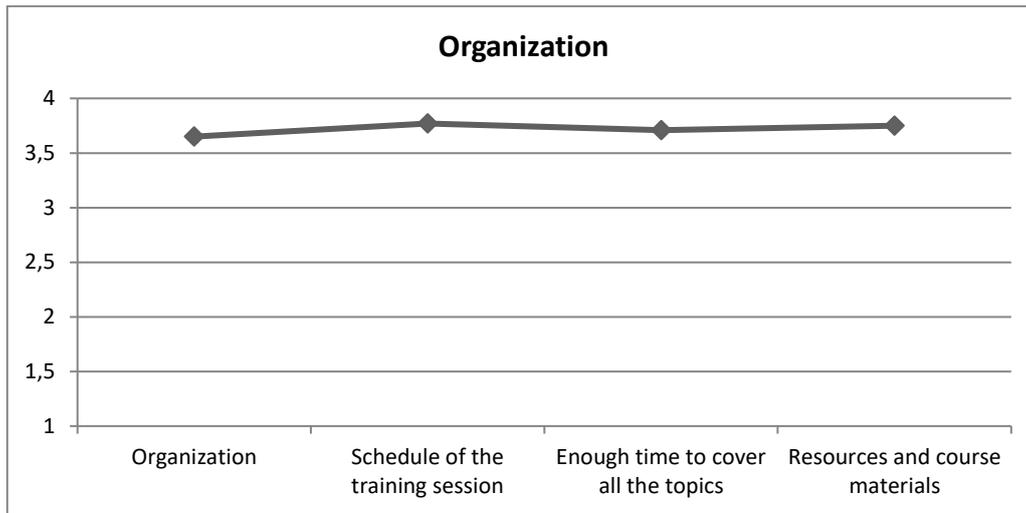
	M (S)
The goals of the training course were clearly defined	3,76 (,923)
The contents developed have met the course goals	3,69 (,231)
The topics covered were relevant to me	3,65 (,385)
The course content was appropriate and was presented in a structured manner	3,67 (,308)
There has been an appropriate combination between theory and practice	3,26 (,923)



Related to Organization

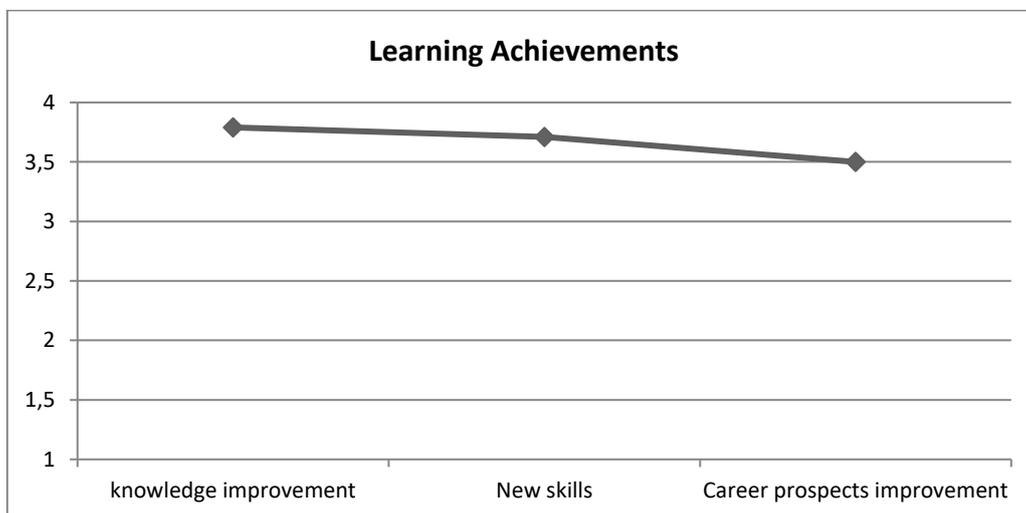
	M (S)
The course was well organized: information, registration process, etc.	3,65 (,385)
The schedule of the training session/s has helped my attendance	3,76 (,923)
The schedule provided enough time to cover all the topics	3,71 (,154)
The resources and course materials were useful	3,75 (,000)

TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “OPEN SCIENCE COURSE OF THE CATALAN UNIVERSITIES” (08/01/2025 to 31/05/2025)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,78 (.846)
The course has allowed me to acquire new skills	3,71 (.154)
The course has improved my career prospects	3,50 (.000)



Activity details

Activity	Information resources for PHD (self-learning course)
Date	January to June 2025
Time	Self-learning course
Language	English
Trainer	Servei de Biblioteques
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ The need for information ▪ Development of a search strategy ▪ Evaluation of results ▪ The UAB libraries' browser ▪ Internet Search ▪ Databases

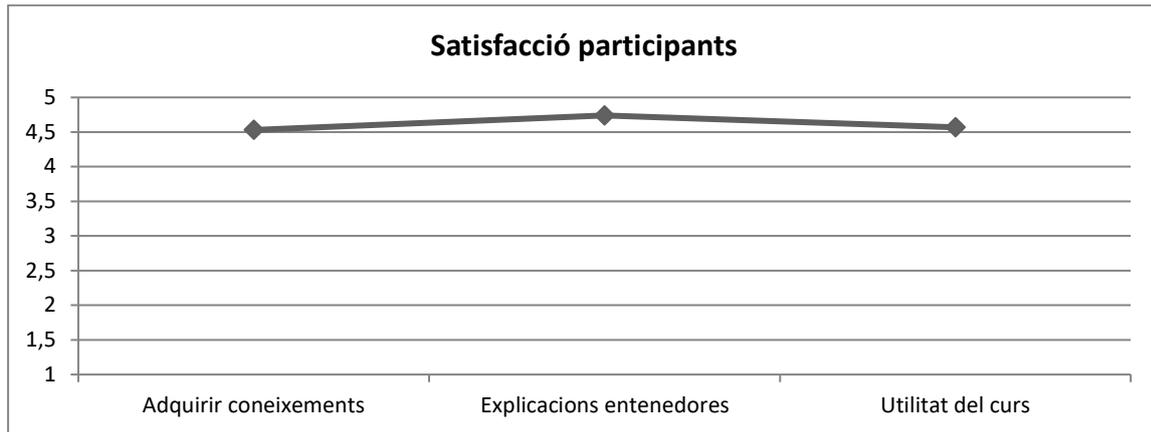
Responder's details

Number of participants	45
Number of responders	19
Status	First Stage Researchers

Participants Satisfaction/Opinion

The participants answered a questionnaire prepared by the Servei de Biblioteques.

	M
Adquirir coneixements sobre el tema	4,53
Explicacions entenedores	4,74
Utilitat del curs	4,68



Escala de 5 punts: 1= Poc; 5 = Molt.

Activity details

Activity	Zotero
Date	20/01/2024 to 30/06/2025
Time	Self-learning course
Language	Spanish, Catalan and English
Trainer	Servei de Biblioteques
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ What is Zotero ▪ Personal library ▪ Organising your personal library ▪ Listing and inserting bibliography ▪ Working in group

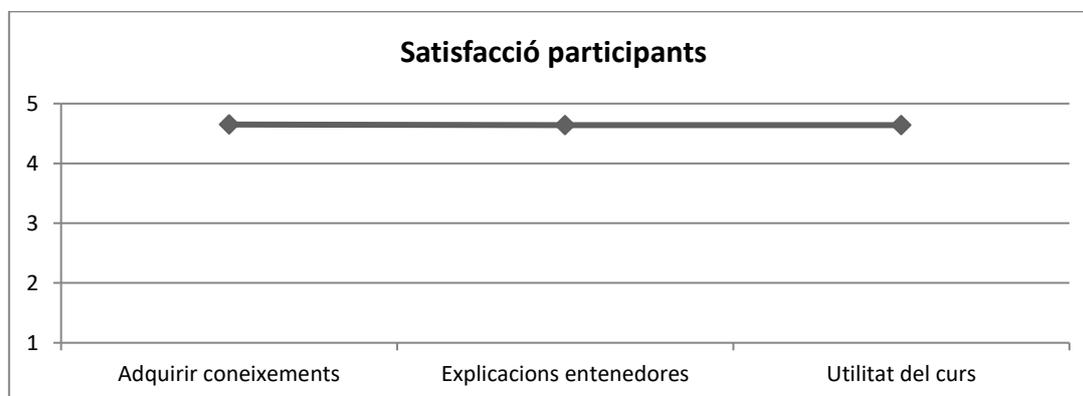
Responder's details

Number of participants	118
Number of responders	92
Status	First Stage Researchers

Participants Satisfaction/Opinion

The participants answered a satisfaction questionnaire prepared by the Servei de Biblioteques.

	M
Adquirir coneixements sobre l'eina	4,65
Explicacions entenedores	4,64
Utilitat del curs	4,64



Escala de 5 punts: 1= Poc; 5 = Molt

Activity details

Activity	Information resources for PHD (virtual)
Date	January 2025 (9 sessions)
Time	Depending on the session
Language	Spanish
Trainer	Several trainers – Servei de Biblioteques
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ The need for information ▪ Development of a search strategy ▪ Evaluation of results ▪ The UAB libraries' browser ▪ Internet Search ▪ Databases

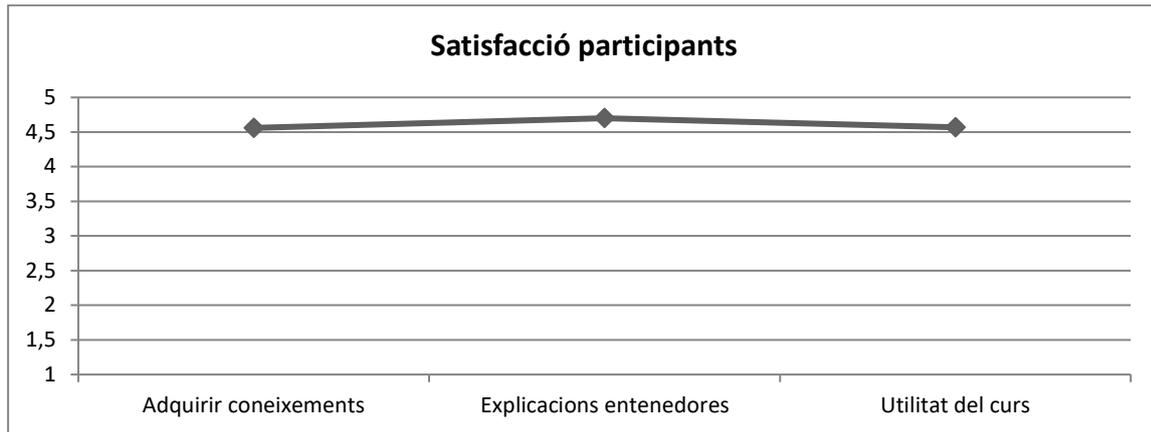
Responder's details

Number of participants	152
Number of responders	90
Status	First Stage Researchers

Participants Satisfaction/Opinion

The participants answered a questionnaire prepared by the Servei de Biblioteques.

	M
Adquirir coneixements sobre el tema	4,56
Explicacions entenedores	4,70
Utilitat del curs	4,57



Escala de 5 punts: 1= Poc; 5 = Molt.

Activity details

Activity	How to Read a Paper using Common Sense an AI (on-site)
Date	28/01/2025
Time	9:30 - 17:30
Language	English
Instructor	TPM Science
Addressed to	First stage researchers
Topics covered	<ul style="list-style-type: none"> ▪ Searching for literature ▪ Searching and AI ▪ Reference management software ▪ Reading scientific literature

Responder's details

Number of participants	18
Number of responders	16
Area of interest	<ul style="list-style-type: none"> ▪ Arts & Humanities (n = 3) ▪ Engineering & Architecture (n = 2) ▪ Health Sciences (n = 1) ▪ Sciences (n = 8) ▪ Social and Juridical Sciences (n = 2)
Status	First Stage Researcher with grant (n = 10) First Stage Researcher without grant (n=6)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

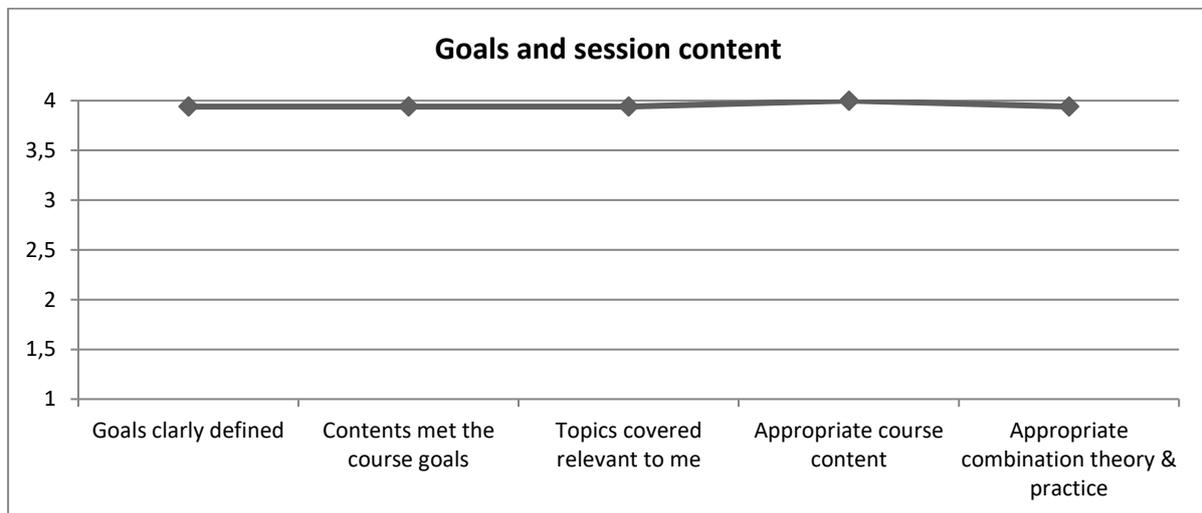
Overall reaction

The best	<ul style="list-style-type: none"> ▪ The course content was appropriate and well presented ▪ The trainer explained the concepts clearly ▪ The trainer interacted with the group
The worst	<ul style="list-style-type: none"> ▪ The organization ▪ The schedule to cover all the topics ▪ The resources and course materials

Overall course rating	9,73 out of 10
Participants recommend the course to others	100%

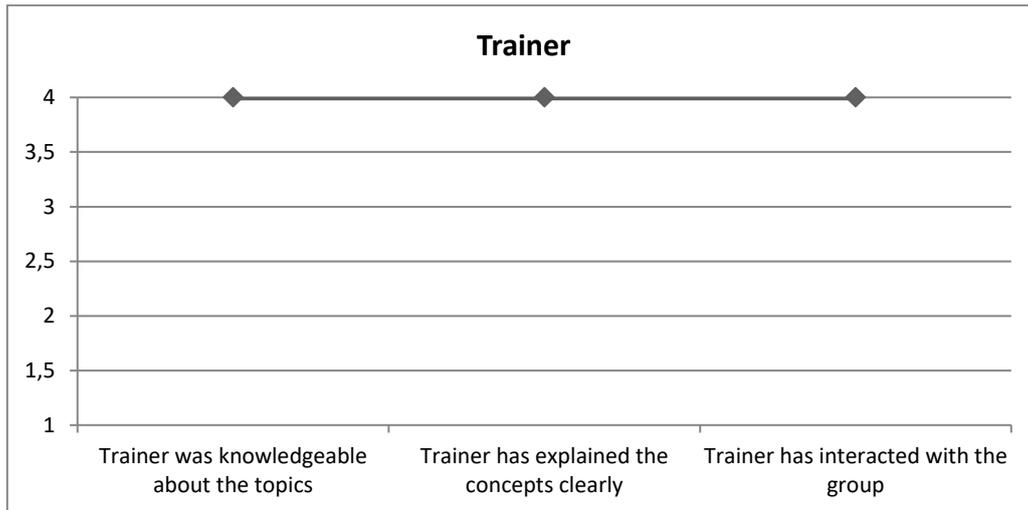
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,93 (,750)
The contents developed have met the course goals	3,93 (,750)
The topics covered were relevant to me	3,93 (,750)
The course content was appropriate and was presented in a structured manner	4,00 (,000)
There has been an appropriate combination between theory and practice	3,93 (,750)



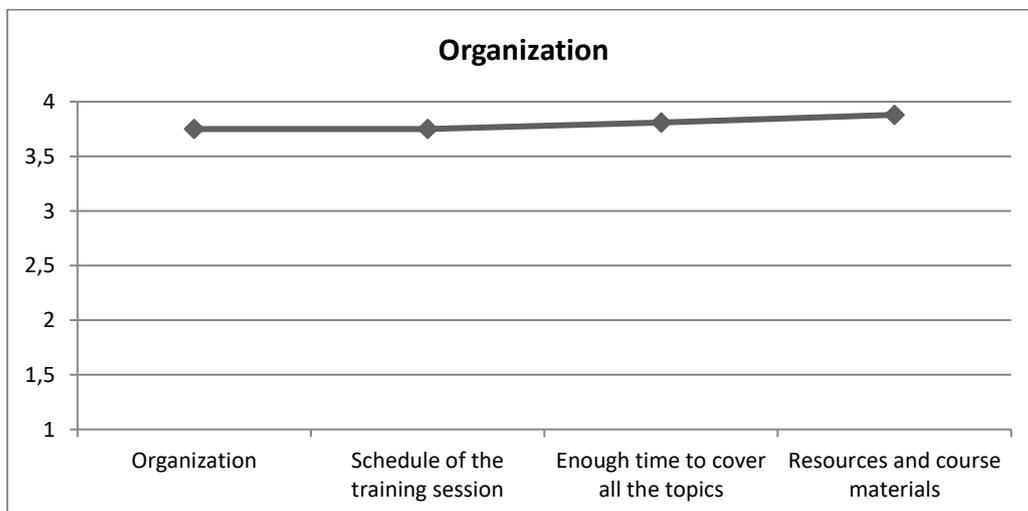
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	4,00 (,000)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



Related to Organization

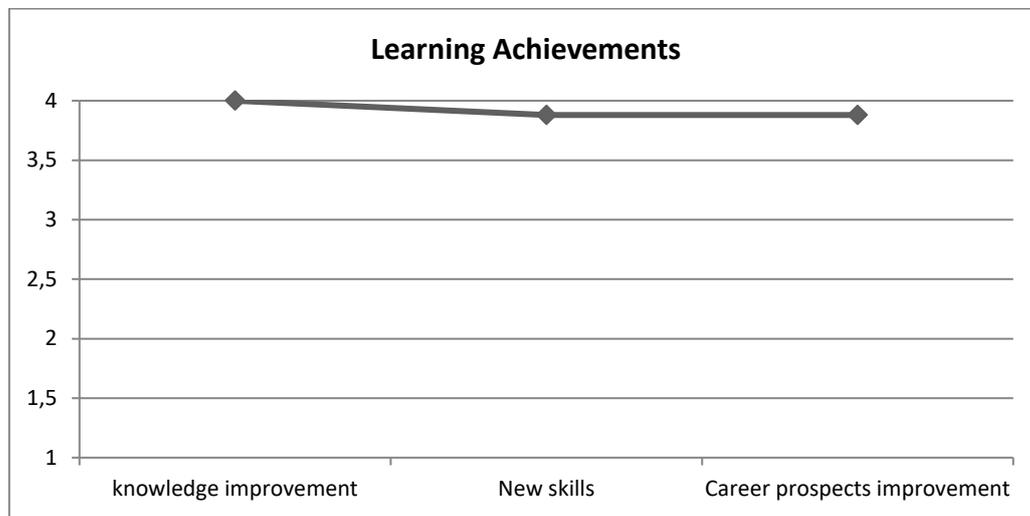
	M (S)
The course was well organized: information, registration process, etc.	3,75 (,000)
The schedule of the training session/s has helped my attendance	3,75 (,000)
The schedule provided enough time to cover all the topics	3,81 (,250)
The resources and course materials were useful	3,87 (,500)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	4,00 (,000)

The course has allowed me to acquire new skills	3,87 (,500)
The course has improved my career prospects	3,87 (,500)



Activity details

Activity	Teamwork (virtual)
Date	3, 10, 17 & 24/02/2025
Time	10 – 12
Language	Spanish
Trainer	Grup Sural
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> • Knowing ourselves to better understand others and to have more tools for teamwork • Discover the available resources to use them • Value the importance of all aspects that define a team • Our role inside a team • Discover the benefits of teamwork • Turn differences into added value

Responder’s details

Number of participants	13
Number of responders	10
Area of interest	<ul style="list-style-type: none"> ▪ Health Sciences (n= 2) ▪ Sciences (n= 3) ▪ Social and Juridical Sciences (n= 3) ▪ Arts and Humanitats (n= 2)
Status	First Stage Researcher with grant (n = 3) First Stage Researcher without grant (n=7)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

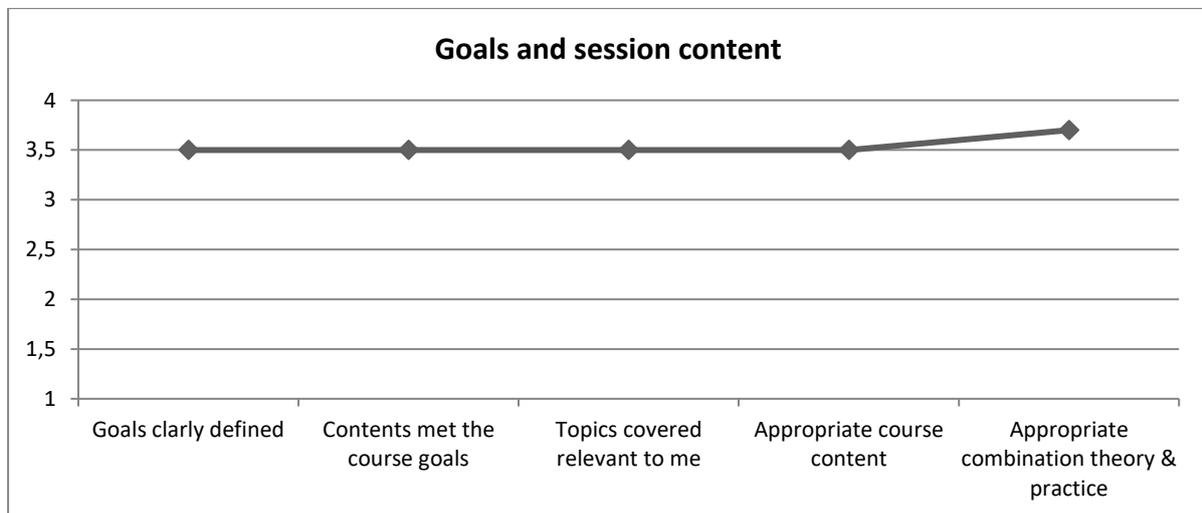
Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer interacted with the group ▪ The trainer was knowledgeable about the training topics ▪ The combination between theory and practice
The worst	<ul style="list-style-type: none"> ▪ The improvement of career prospects ▪ The time to cover all the topics ▪ The new skill acquired
Overall course rating	8,60 out of 10

Participants recommend the course to others	92,31%
--	--------

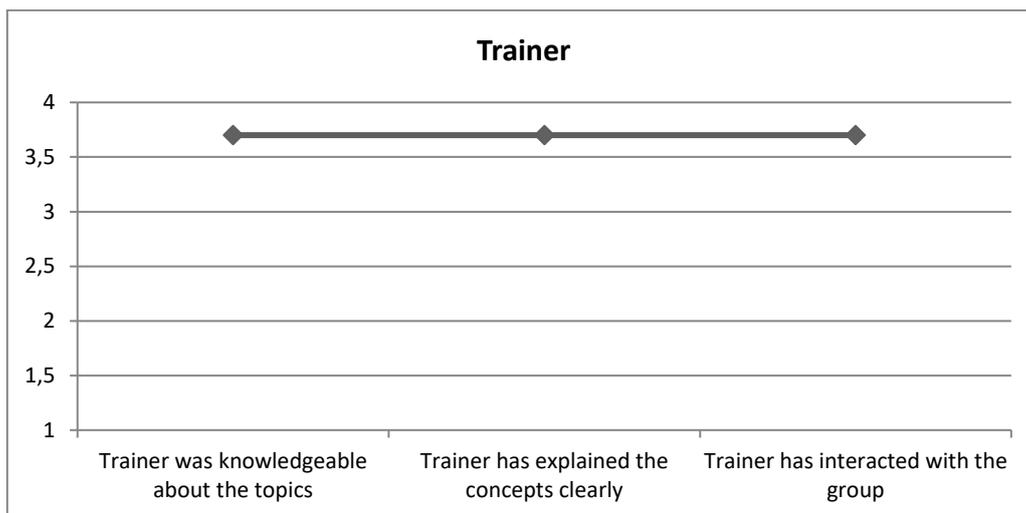
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,50 (,000)
The contents developed have met the course goals	3,50 (,000)
The topics covered were relevant to me	3,50 (,000)
The course content was appropriate and was presented in a structured manner	3,50 (,000)
There has been an appropriate combination between theory and practice	3,70 (,000)



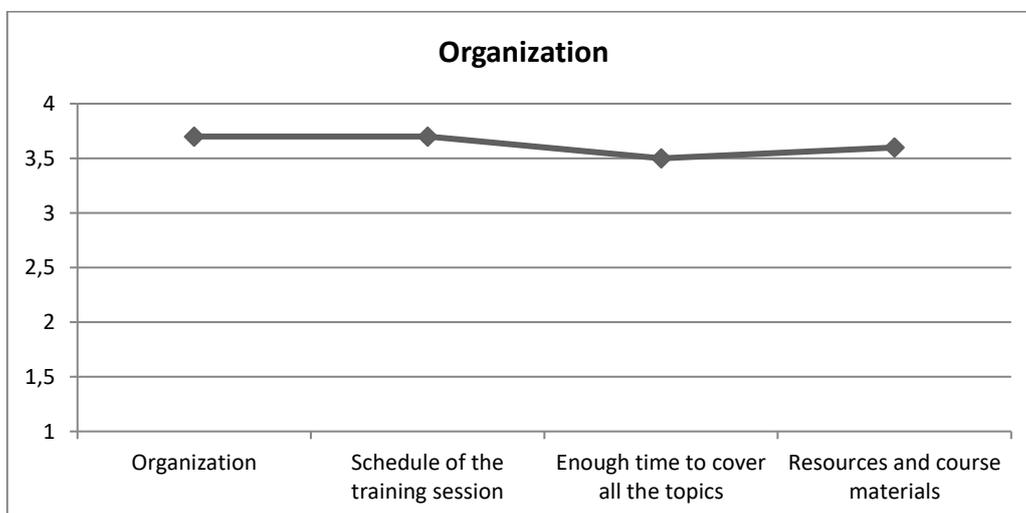
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	3,70 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,70 (,000)
The trainer has interacted with the group, for example, answering our questions	3,70 (,000)



Related to Organization

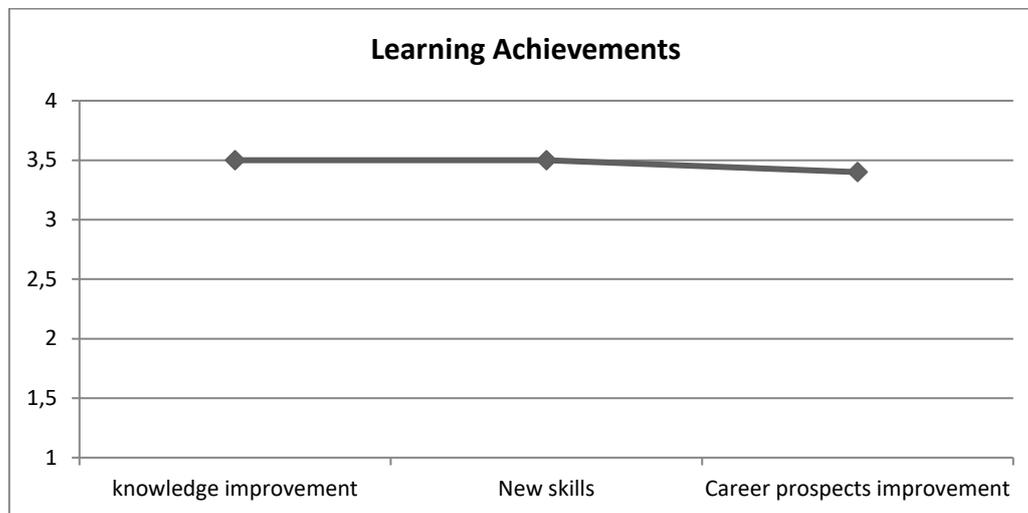
	M (S)
The course was well organized: information, registration process, etc.	3,70 (,000)
The schedule of the training session/s has helped my attendance	3,70 (,000)
The schedule provided enough time to cover all the topics	3,50 (,000)
The resources and course materials were useful	3,60 (,000)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,50 (,000)

The course has allowed me to acquire new skills	3,50 (,000)
The course has improved my career prospects	3,40 (,000)



Activity details

Activity	Technology-based intellectual property
Date	Course offered all the academic year-round
Time	Self-learning course
Language	Catalan
Trainer	Xavier Vallvé (Office of Patent Valuation UAB)
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Uses of Technology-based Intellectual Property (or how to become a smarter researcher). ▪ Patents: Requirements and exclusions, structure, prosecution, and infringement. ▪ Utility models. ▪ Know-how: when to keep information confidential and comparison with patents. ▪ Patent information: how to take advantage of research patented by others, and multiple uses of using patent databases.

Responder's details

Number of participants	19
Number of responders	19
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n = 7) ▪ Health Sciences (n= 7) ▪ Sciences (n=1) ▪ Social and Juridical Sciences (n=4)
Status	First Stage Researcher with grant (n =6) First Stage Researcher without grant (n=13)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

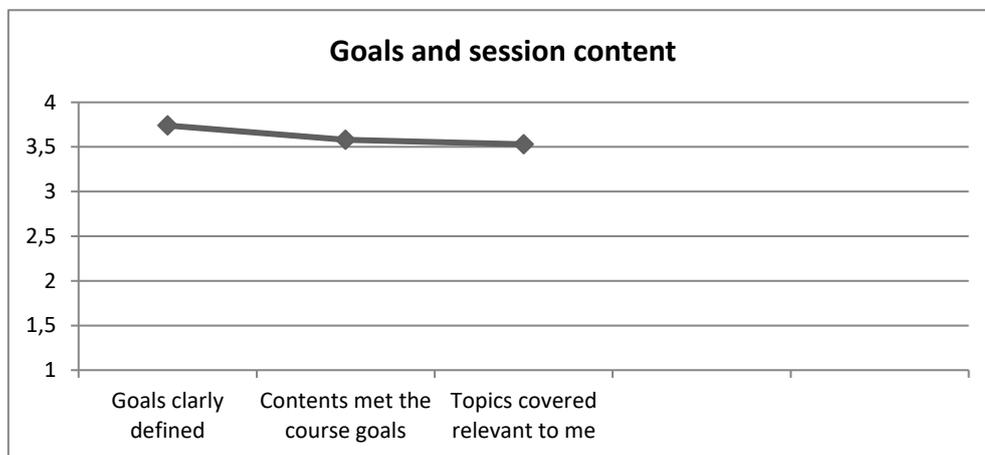
The best	<ul style="list-style-type: none"> ▪ The goals of the training course were clearly defined ▪ The contents developed have met the course goals ▪ The new skill acquired
The worst	<ul style="list-style-type: none"> ▪ The improvement of career prospects ▪ The improvement of knowledge on the subject

TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “TECHNOLOGY-BASED INTELLECTUAL PROPERTY” (Academic year 23-24)

	<ul style="list-style-type: none"> ▪ The resources and materials
Overall course rating	8,22 out of 10
Participants recommend the course to others	100%

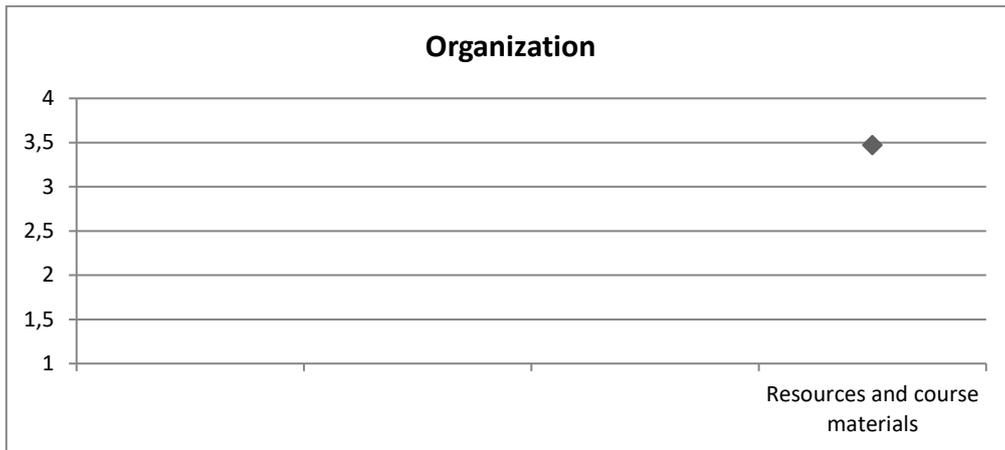
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,73 (.684)
The contents developed have met the course goals	3,57 (.895)
The topics covered were relevant to me	3,52 (.632)



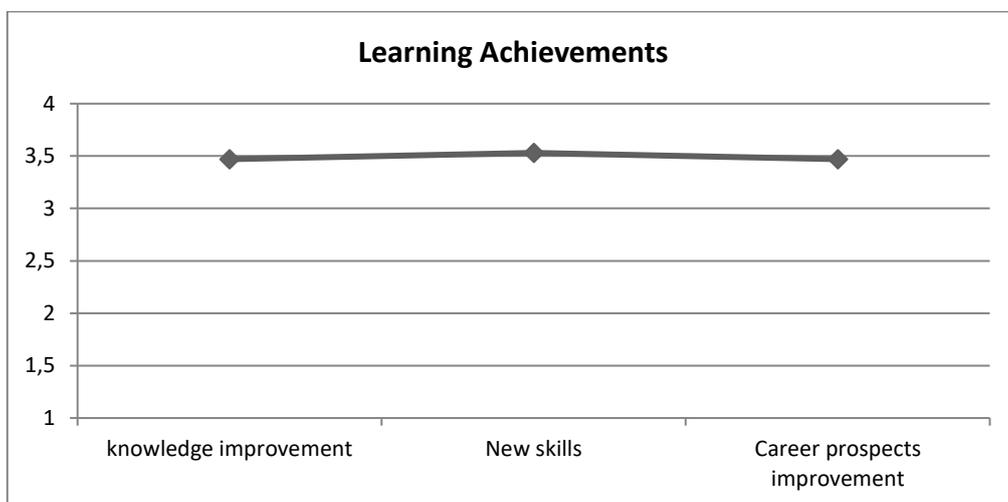
Related to Organization

	M (S)
The resources and course materials were useful	3,47 (.368)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,47 (,368)
The course has allowed me to acquire new skills	3,52 (,632)
The course has improved my career prospects	3,47 (,368)



Activity details

Activity	Introduction to the code of good practice in research at UAB (on-site)
Date	5, 6 & 7/02/2025
Time	5 & 6 from 10 to 12.30; 7 from 10 to 12
Language	Spanish
Trainer	Josep Santaló
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ The need for a scientist's deontological code ▪ The UAB Code of Good Research Practice ▪ Paradigmatic cases

Responder's details

Number of participants	16
Number of responders	15
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n = 3) ▪ Engineering and architecture (n = 1) ▪ Health Sciences (n = 5) ▪ Social and juridical sciences (n = 6)
Status	First Stage Researcher with grant (n =7) First Stage Researcher without grant (n=8)

Participants Satisfaction/Opinion

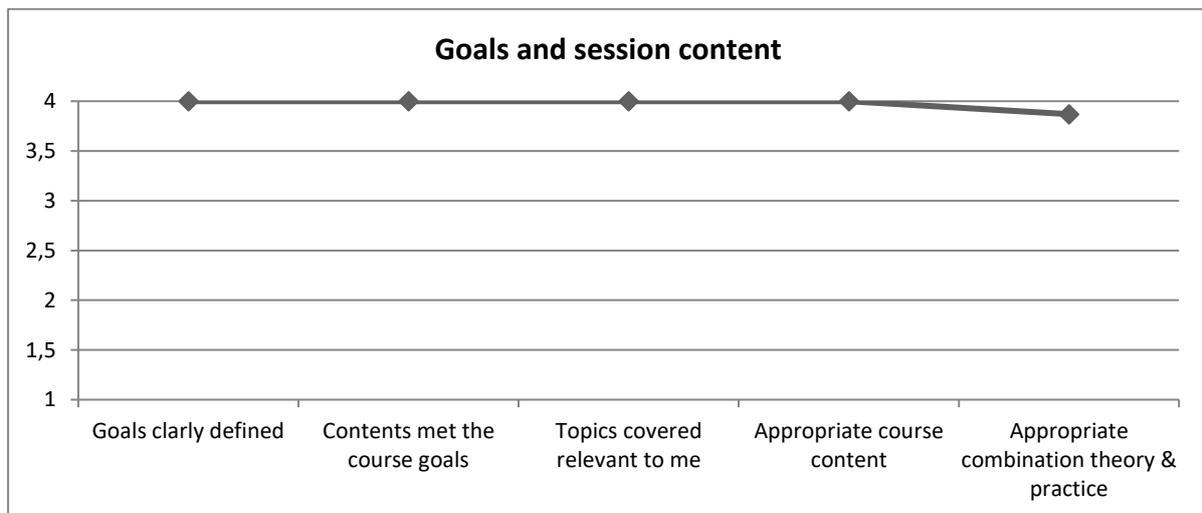
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

The best	<ul style="list-style-type: none"> ▪ The personal relevance of the topics covered ▪ The trainer interacted with the group ▪ The trainer explained the concepts clearly
The worst	<ul style="list-style-type: none"> ▪ The schedule ▪ The improvement of knowledge on the subject ▪ The improvement of career prospects
Overall course rating	9,5 out of 10
Participants recommend the course to others	100%

Related to Goals and Session Content

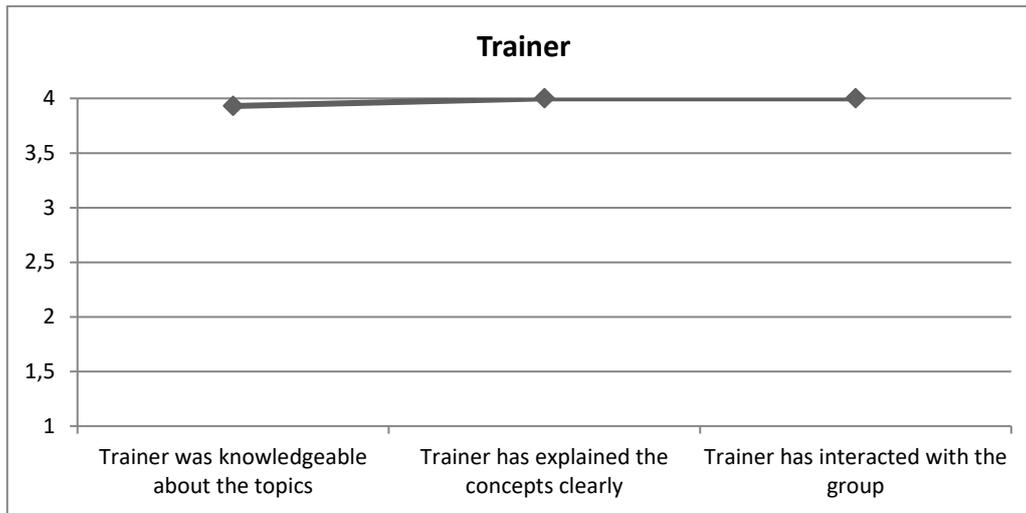
	M (S)
The goals of the training course were clearly defined	4,00 (,000)
The contents developed have met the course goals	4,00 (,000)
The topics covered were relevant to me	4,00 (,000)
The course content was appropriate and was presented in a structured manner	4,00 (,000)
There has been an appropriate combination between theory and practice	3,86 (,667)



Related to the Trainer

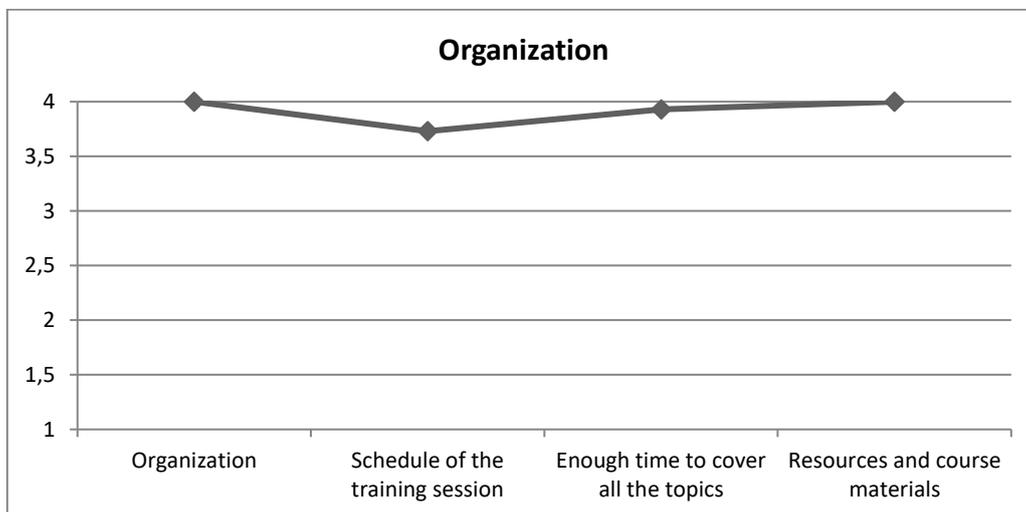
	M (S)
The trainer was knowledgeable about the training topics	3,93 (,333)
The trainer has explained the concepts clearly and in an understandable way	4,00 (,000)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)

TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “INTRODUCTION TO THE CODE OF GOOD PRACTICE IN RESEARCH AT UAB” (5, 6 & 7/02/2025)



Related to Organization

	M (S)
The course was well organized: information, registration process, etc.	4,00 (,000)
The schedule of the training session/s has helped my attendance	3,73 (,333)
The schedule provided enough time to cover all the topics	3,93 (,333)
The resources and course materials were useful	4,00 (,000)

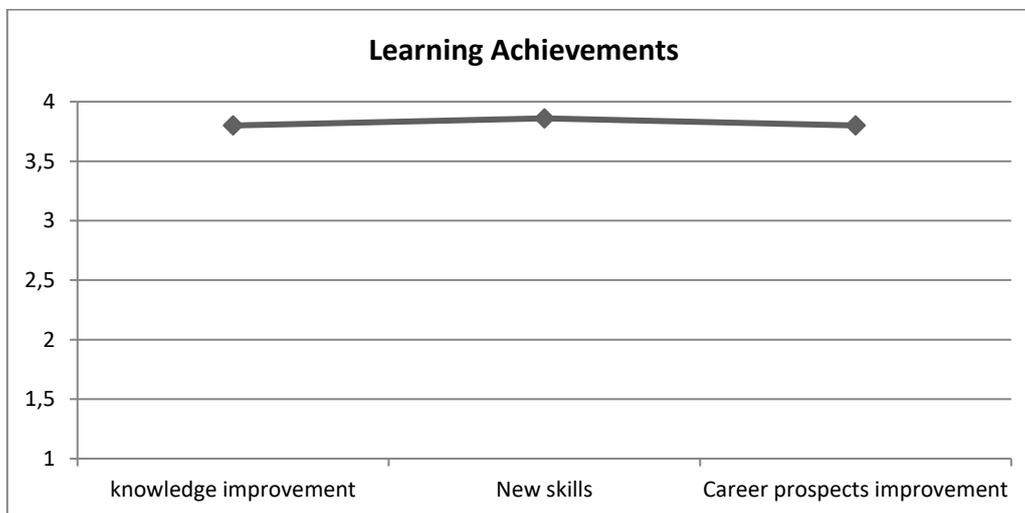


Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,80 (,000)

TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “INTRODUCTION TO THE CODE OF GOOD PRACTICE IN RESEARCH AT UAB” (5, 6 & 7/02/2025)

The course has allowed me to acquire new skills	3,86 (,667)
The course has improved my career prospects	3,80 (,000)



Activity details

Activity	Research Yourself (on-site)
Date	6, 7, 20 & 27/02/2025
Time	15:00 h to 17:00h
Language	Spanish
Trainers	Elvira Reche (PhD in Health Psychology)
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> • What is and what is not mindfulness. Is it useful for scientific personnel? • Do we have an emotional profile? What is emotional regulation? Can it be measured? • What are the main stressors of research staff? What are my time constraints during my PhD and why do I procrastinate... sometimes? • Is a conscious communication with my research group and/or thesis director possible?

Responder’s details

Number of participants	14
Number of responders	10
Gender	<ul style="list-style-type: none"> ▪ Female (n = 6) ▪ Male (n = 3) ▪ Prefer not to say (n = 1)
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n = 3) ▪ Sciences (n=4) ▪ Social and Juridical Sciences (n= 3)
Status	<p>First Stage Researcher with grant (n= 5)</p> <p>First Stage Researcher without grant (n= 5)</p>
Doctorate year	<ul style="list-style-type: none"> ▪ 1st (n = 6) ▪ 2nd (n = 2) ▪ 4th (n = 1) ▪ 5th (n = 1)

Participants Satisfaction/Opinion

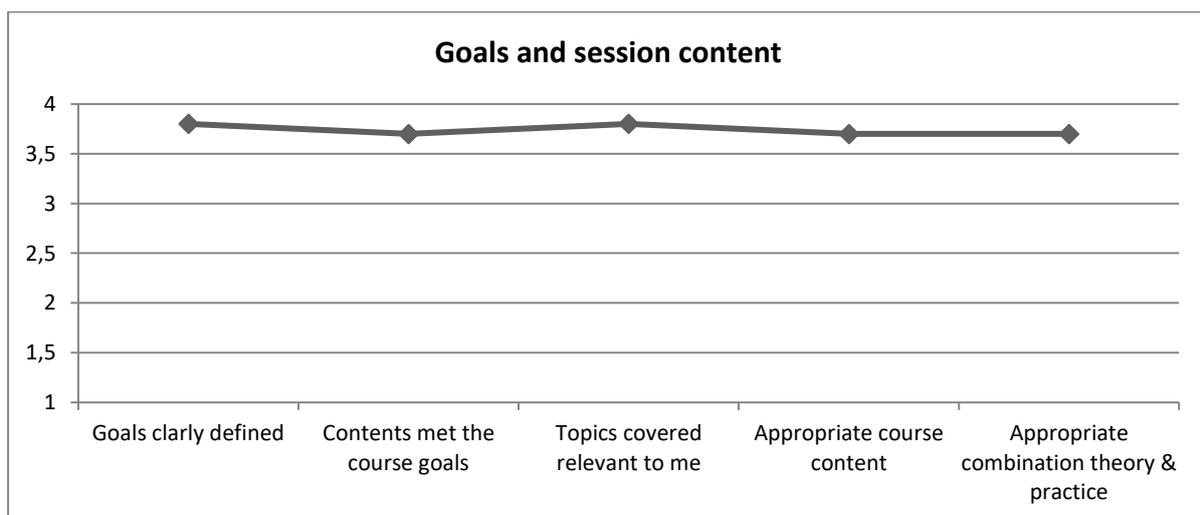
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer was knowledgeable about the training topics ▪ The trainer interacted with the group ▪ The course has given me tools in how to struggle with difficulties in my research activities
The worst	<ul style="list-style-type: none"> ▪ The develop of more effective communication skills ▪ The time to cover all the topics
Overall course rating	9.15 out of 10
Participants recommend the course to others	100%

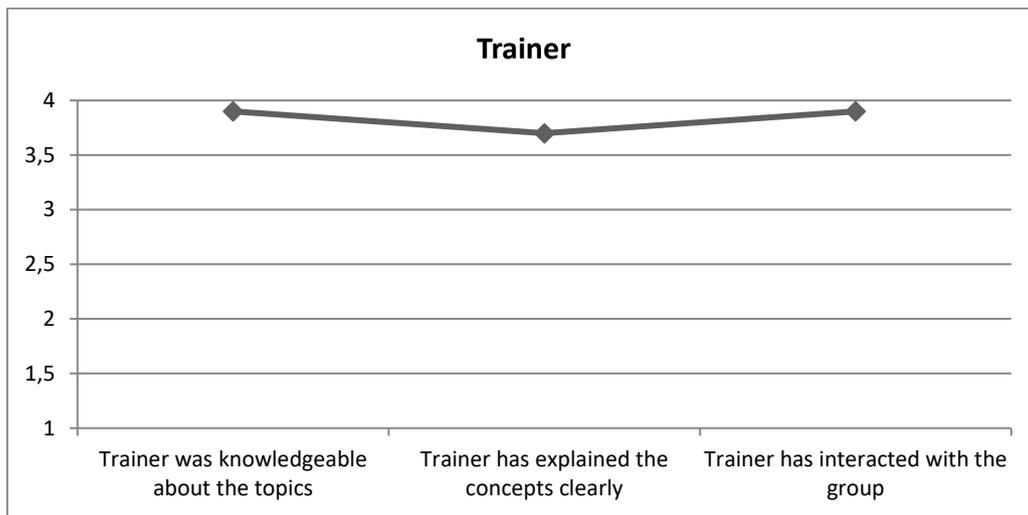
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,80 (,000)
The contents developed have met the course goals	3,70 (,000)
The topics covered were relevant to me	3,80 (,000)
The course content was appropriate and was presented in a structured manner	3,70 (,000)
There has been an appropriate combination between theory and practice	3,70 (,000)



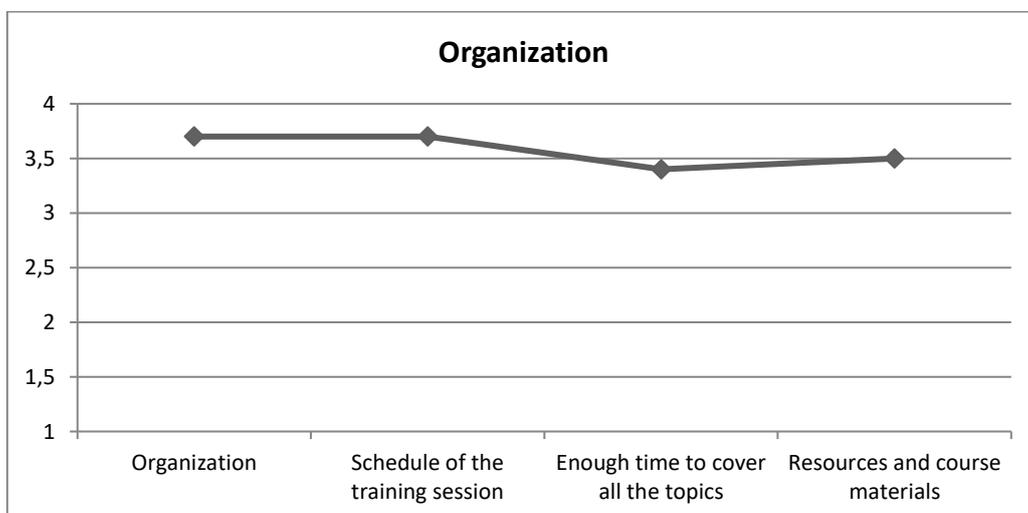
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	3,90 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,70 (,000)
The trainer has interacted with the group, for example, answering our questions	3,90 (,000)



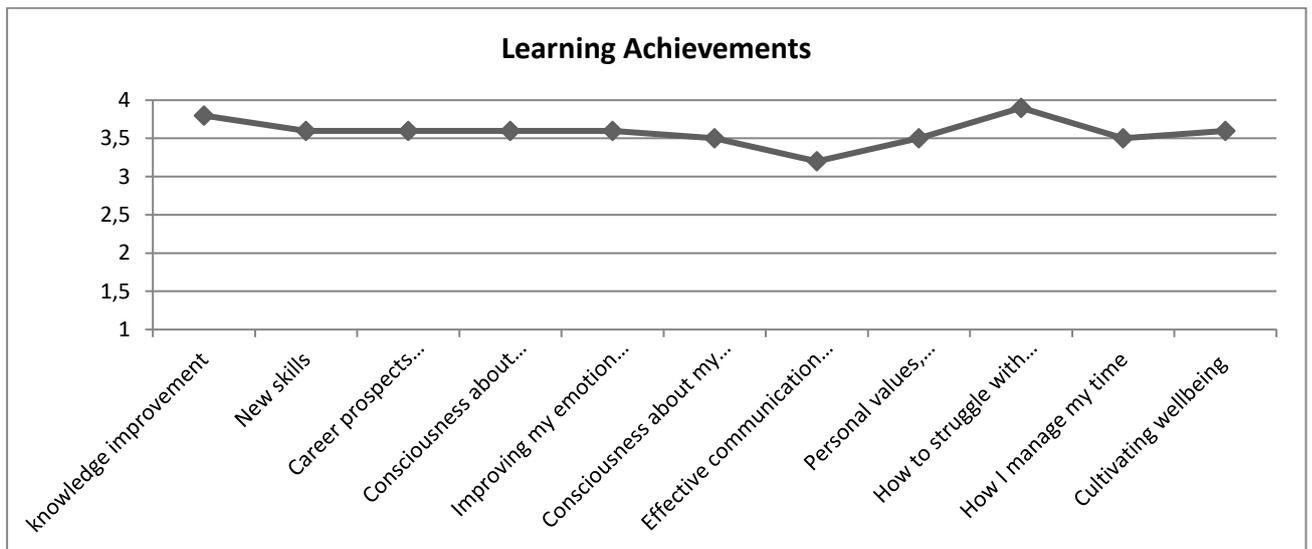
Related to Organization

	M (S)
The course was well organized: information, registration process, etc.	3,70 (,000)
The schedule of the training session/s has helped my attendance	3,70 (,000)
The schedule provided enough time to cover all the topics	3,40 (,000)
The resources and course materials were useful	3,50 (,000)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,80 (,000)
The course has allowed me to acquire new skills	3,60 (,000)
The course has improved my career prospects	3,60 (,000)
The course has increased consciousness about stress situations in my life	3,60 (,000)
The course has helped me in improving my emotion regulation skills	3,60 (,000)
The course has boosted consciousness about my own reactive patterns	3,50 (,000)
The course has helped me in developing more effective communication skills	3,20 (,000)
The course contributed to increase my awareness on my personal values, opportunities and goals and enhanced my connection to them	3,50 (,000)
The course has given me tools in how to struggle with difficulties in my research activities	3,90 (,000)
The course has increased my skills in how I manage my time	3,50 (,000)
The course has improved my skills in cultivating wellbeing during my PhD	3,60 (,000)



Activity details

Activity	Web of Science & Scopus (virtual)
Date	February 2025 (3 sessions)
Time	Depending on the session
Language	1 in Spanish, 1 in Catalan, 1 in English
Trainer	Several trainers – Servei de Biblioteques
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Designing search strategies ▪ Search in WOS ▪ Search in Scopus ▪ Main search indicators ▪ Analysis of authors' scientific production

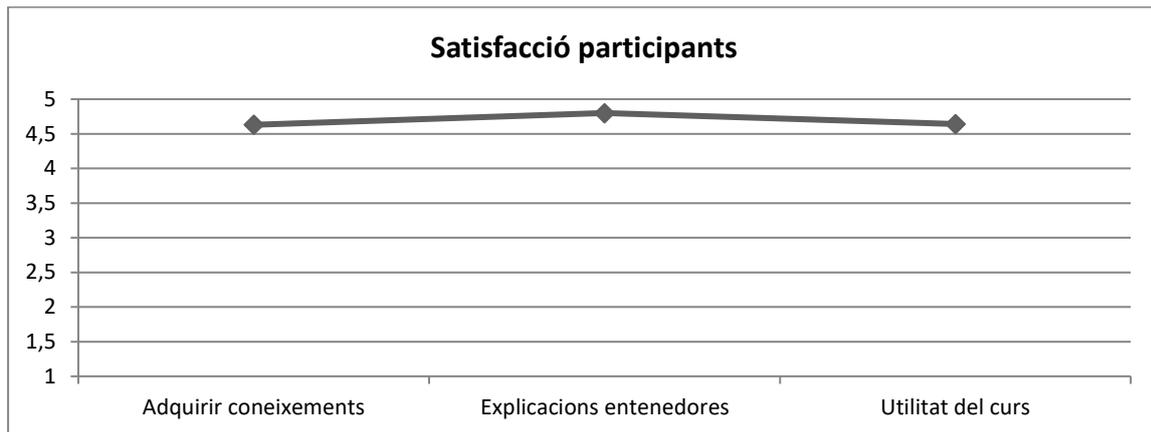
Responder's details

Number of participants	123
Number of responders	70
Status	First Stage Researchers

Participants Satisfaction/Opinion

The participants answered a questionnaire prepared by the Servei de Biblioteques.

	M
Adquirir coneixements sobre el tema	4,63
Explicacions entenedores	4,80
Utilitat del curs	4,64



Escala de 5 punts: 1= Poc; 5 = Molt.

Activity details

Activity	Innovate and transfer your research to society
Date	17, 19, 24 (on-site) & 24 February 2025 (virtual)
Time	15.00 – 17.30
Language	Catalan / Spanish
Trainers	Julia Palma, Javier de la Ossa, Sandra Ramos, David Hernández
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ How to identify a project with impact ▪ Lean Start up and customer discovery methodology ▪ Technological surveillance and protection of knowledge ▪ How to fund my research project depending on the phase ▪ Impact presentations to find collaborators, funding...

Responder's details

Number of participants	22
Number of responders	17
Area of interest	<ul style="list-style-type: none"> ▪ Arts & Humanities (n= 2) ▪ Engineering & Architecture (n= 1) ▪ Sciences (n= 2) ▪ Health Sciences (n= 7) ▪ Social & Juridical Sciences (n= 5)
Status	First Stage Researcher without grant (n =11) First Stage Researcher with grant (n =16)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

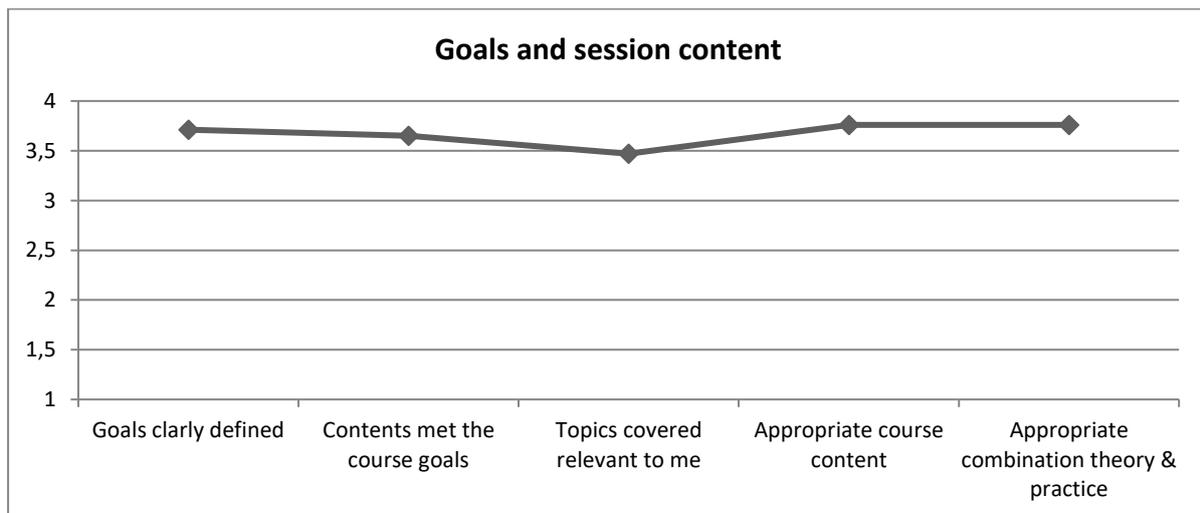
Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainers (lean methodology, high impact presentations and opportunities to identify a project with impact) ▪ The organization ▪ The new skills acquired
-----------------	---

The worst	<ul style="list-style-type: none"> ▪ The personal relevance of the topics covered ▪ The contents developed the course goals ▪ The improvement of career prospects
Overall course rating	8.5 out of 10
Participants recommend the course to others	82.35 %

Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,70 (,588)
The contents developed have met the course goals	3,64 (,706)
The topics covered were relevant to me	3,47 (,059)
The course content was appropriate and was presented in a structured manner	3,76 (,471)
There has been an appropriate combination between theory and practice	3,76 (,471)

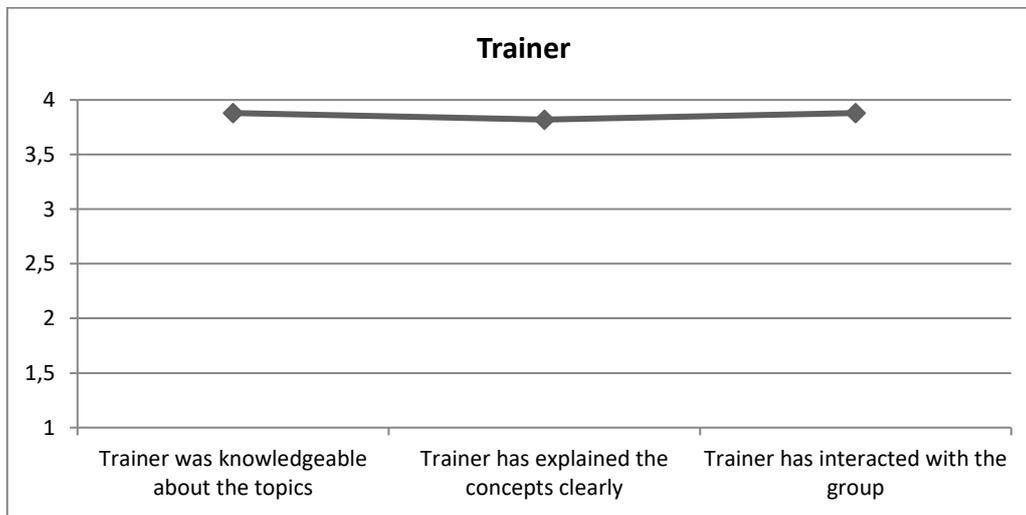


Related to the Trainer:

OPPORTUNITIES TO IDENTIFY A PROJECT WITH IMPACT

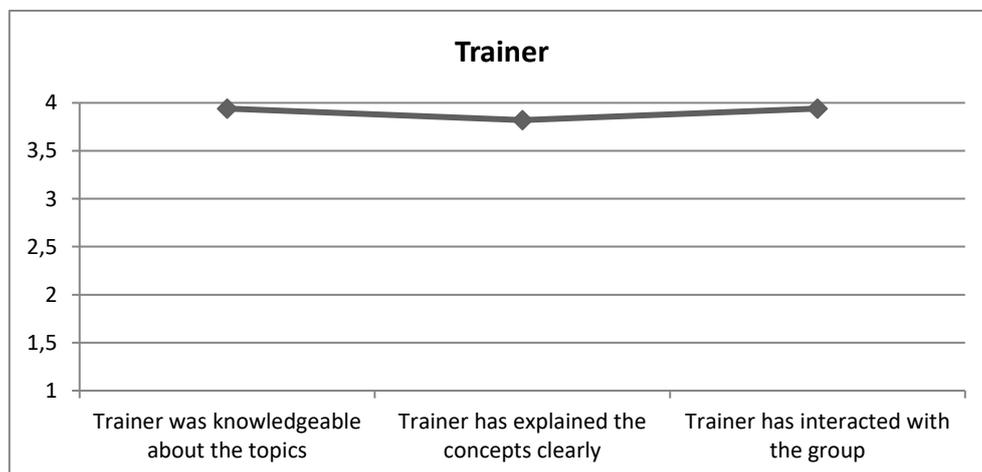
	M (S)
The trainer was knowledgeable about the training topics	3,88 (,235)
The trainer has explained the concepts clearly and in an understandable way	3,82 (,353)

The trainer has interacted with the group, for example, answering our questions	3,88 (,235)
---	-------------



LEAN METHODOLOGY: BUSINESS CANVAS MODEL AND CUSTOMER DISCOVERY

	M (S)
The trainer was knowledgeable about the training topics	3,94 (118)
The trainer has explained the concepts clearly and in an understandable way	3,82 (,353)
The trainer has interacted with the group, for example, answering our questions	3,94 (,118)

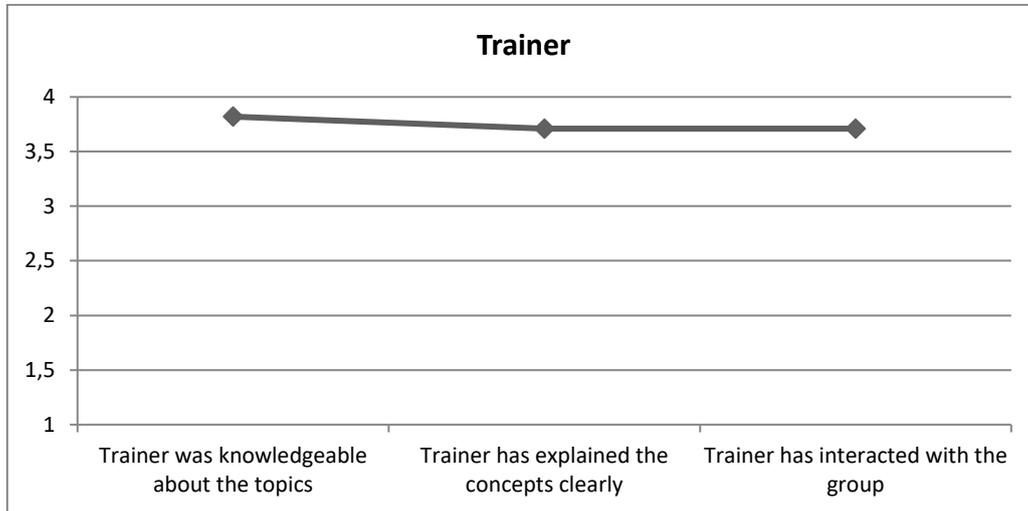


TECHNOLOGICAL SURVEILLANCE AND KNOWLEDGE PROTECTION

	M (S)
The trainer was knowledgeable about the training topics	3,82 (,353)

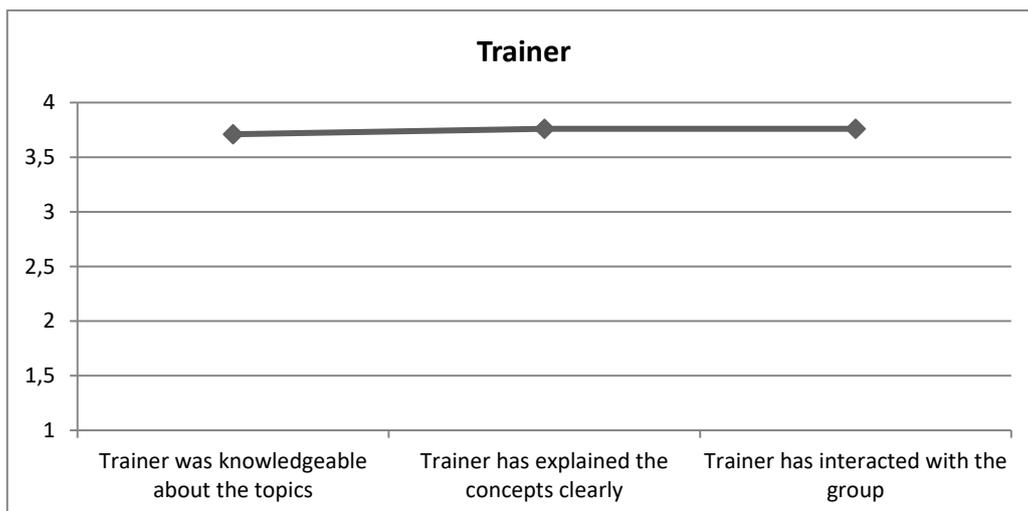
TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “INNOVATE AND TRANSFER YOUR RESEARCH TO SOCIETY (17, 19, 24 & 26/02/2025)

The trainer has explained the concepts clearly and in an understandable way	3,70 (,588)
The trainer has interacted with the group, for example, answering our questions	3,70 (,588)



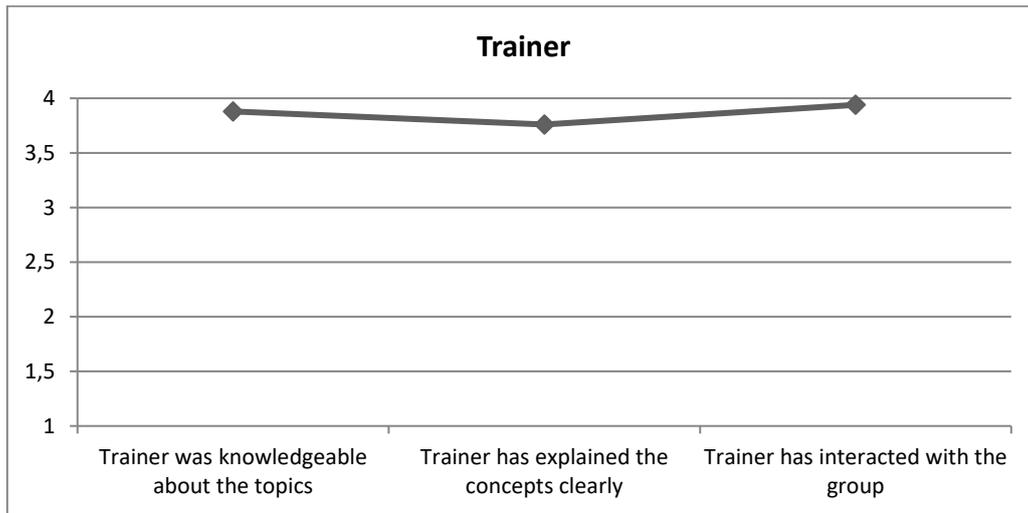
FUNDING OPTIONS

	M (S)
The trainer was knowledgeable about the training topics	3,70 (,588)
The trainer has explained the concepts clearly and in an understandable way	3,76 (,471)
The trainer has interacted with the group, for example, answering our questions	3,76 (,471)



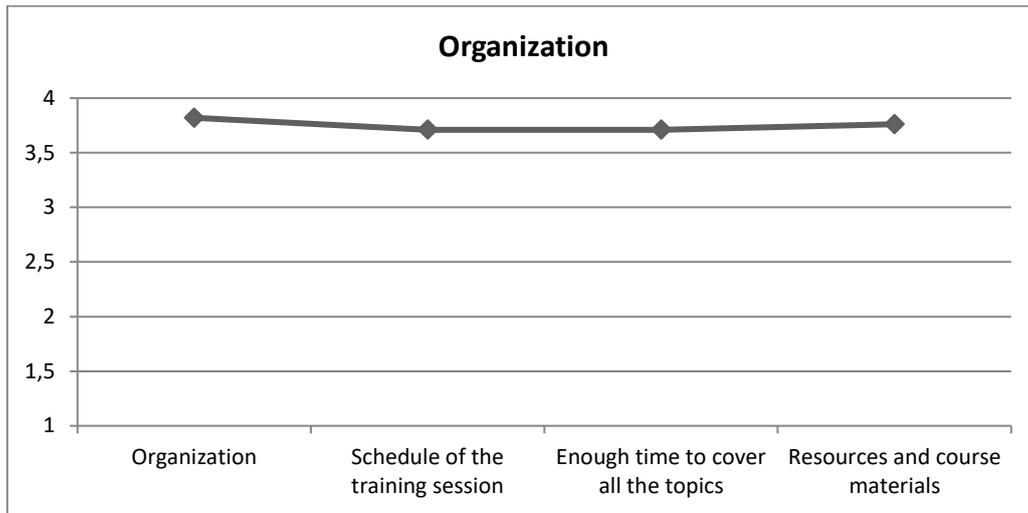
HIGH IMPACT PRESENTATIONS

	M (S)
The trainer was knowledgeable about the training topics	3,88 (.235)
The trainer has explained the concepts clearly and in an understandable way	3,76 (.471)
The trainer has interacted with the group, for example, answering our questions	3,94 (.118)



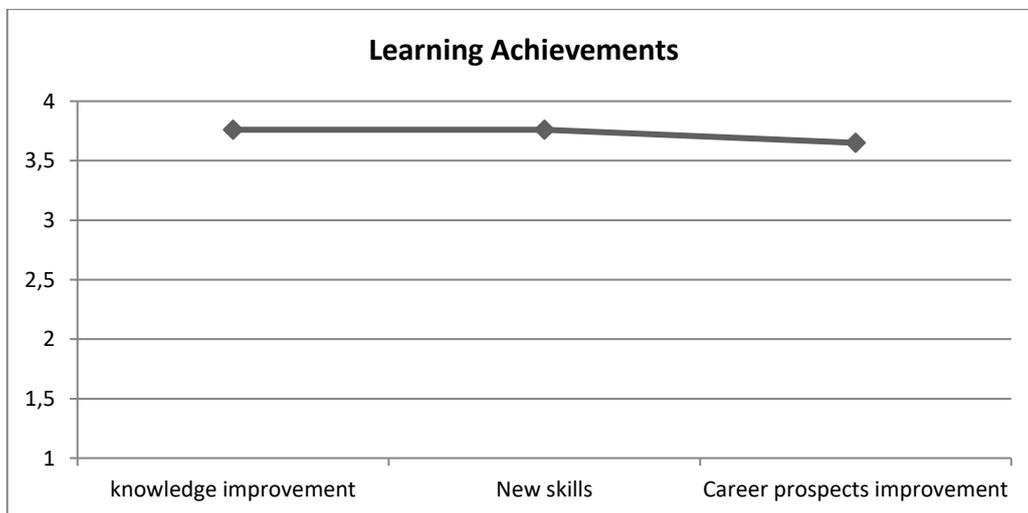
Related to Organization

	M (S)
The course was well organized: information, registration process, etc.	3,82 (.353)
The schedule of the training session/s has helped my attendance	3,70 (.588)
The schedule provided enough time to cover all the topics	3,70 (.588)
The resources and course materials were useful	3,76 (.471)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,76 (,471)
The course has allowed me to acquire new skills	3,76 (,471)
The course has improved my career prospects	3,64 (,706)



Activity details

Activity	Welcome Session – February (hybrid)
Date	26/02/2025
Time	11.00 – 12:00
Language	Spanish
Trainer	Doctoral School
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ The UAB Code of Good Practice ▪ Research ethics and IA ▪ Academic regulation of PhD programmes ▪ The UAB Doctoral School webpage, introduction to the Sigma platform ▪ The Euraxess initiative ▪ Transferable skills training ▪ Open Science ▪ The International Support Service

Responder’s details

Number of participants	75
Number of responders	43
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n = 11) ▪ Engineering and Architecture (n = 2) ▪ Health Sciences (n=13) ▪ Sciences (n= 11) ▪ Social and Juridical Sciences (= 6)
Status	First Stage Researcher with grant (n =13) First Stage Researcher without grant (n=30)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

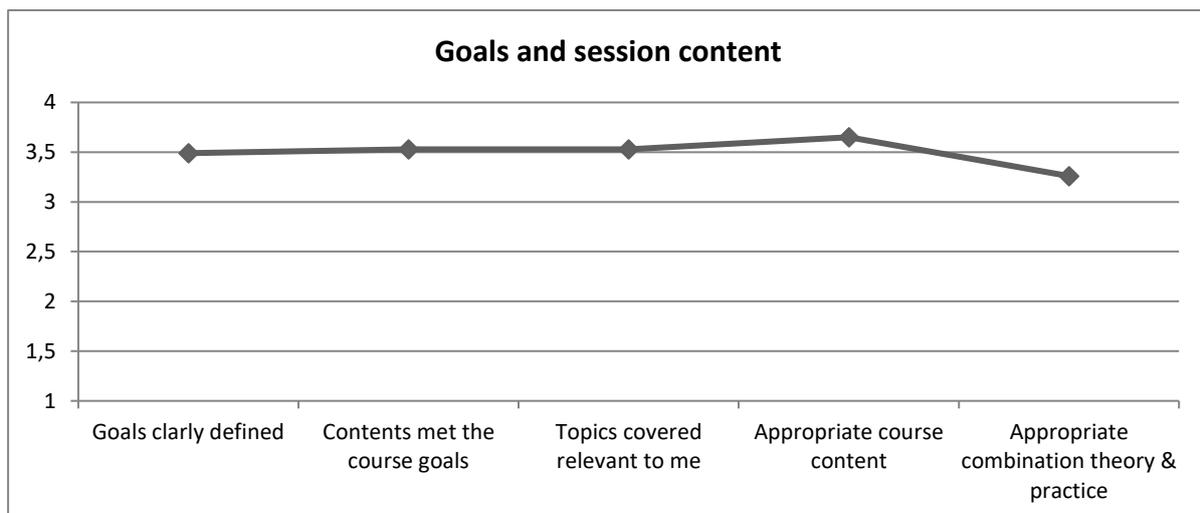
The best	<ul style="list-style-type: none"> ▪ The trainer was knowledgeable about the training topics ▪ The trainer explained the concepts clearly
-----------------	---

TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “WELCOME SESSION: THE DOCTORAL STUDIES AS A FORMATIVE PROCESS” (26/02/2025)

	<ul style="list-style-type: none"> ▪ The trainer interacted with the group
The worst	<ul style="list-style-type: none"> ▪ The new skills acquired ▪ The improvement of career prospects ▪ The time to cover all the topics
Overall course rating	8,56 out of 10
Participants recommend the course to others	93 %

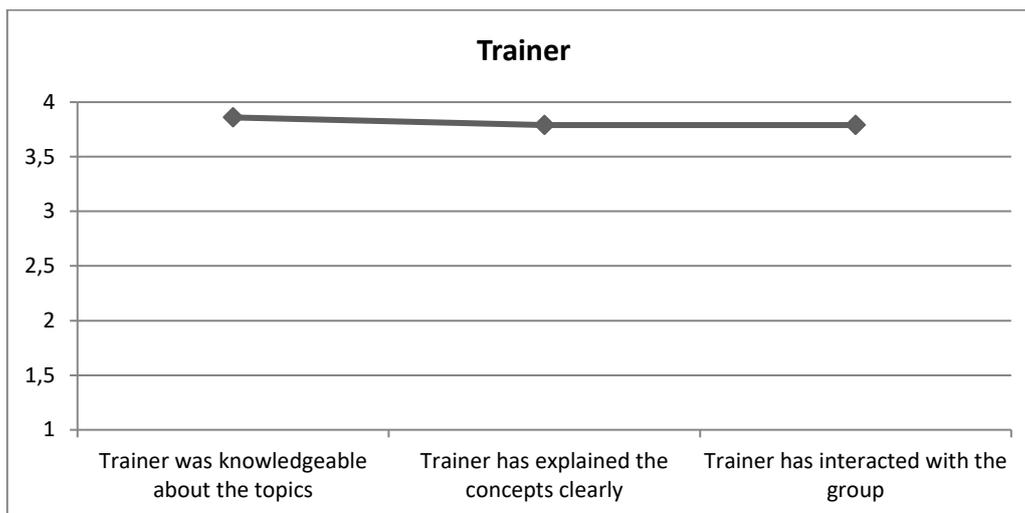
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,48 (,837)
The contents developed have met the course goals	3,53 (,488)
The topics covered were relevant to me	3,53 (,488)
The course content was appropriate and was presented in a structured manner	3,65 (,116)
There has been an appropriate combination between theory and practice	3,25 (,581)



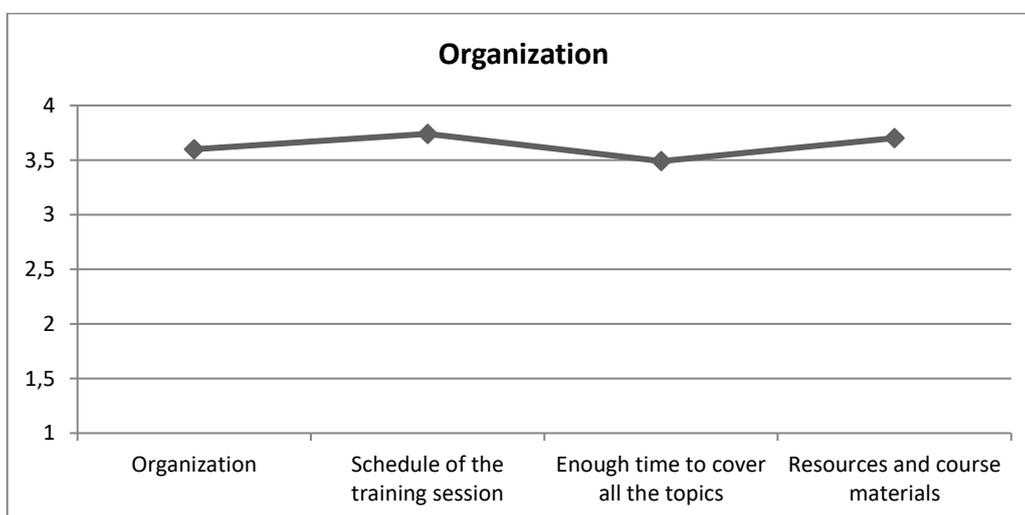
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	3,86 (,047)
The trainer has explained the concepts clearly and in an understandable way	3,79 (,070)
The trainer has interacted with the group, for example, answering our questions	3,79 (,070)



Related to Organization

	M (S)
The course was well organized: information, registration process, etc.	3,60 (,465)
The schedule of the training session/s has helped my attendance	3,74 (,419)
The schedule provided enough time to cover all the topics	3,48 (,837)
The resources and course materials were useful	3,69 (,767)

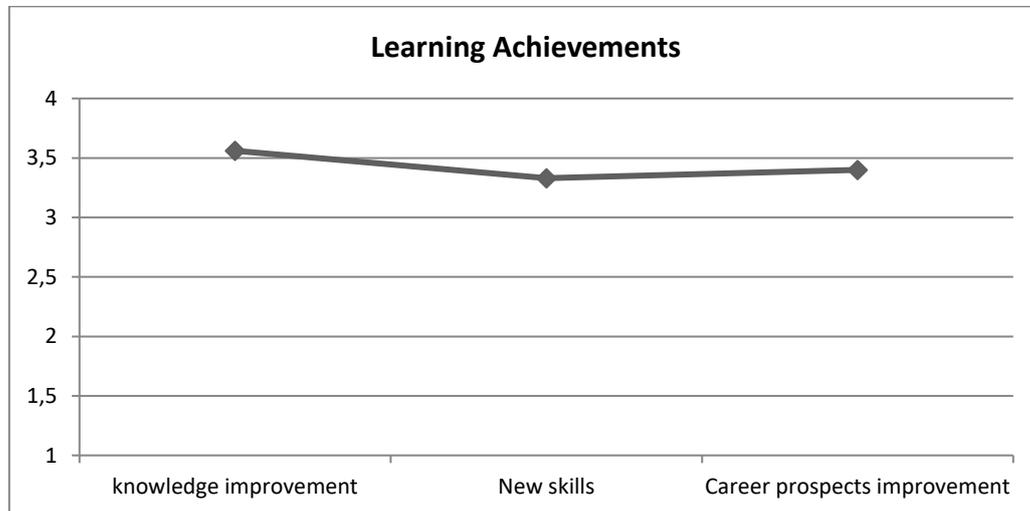


Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,55 (,814)

TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “WELCOME SESSION: THE DOCTORAL STUDIES AS A FORMATIVE PROCESS” (26/02/2025)

The course has allowed me to acquire new skills	3,32 (,558)
The course has improved my career prospects	3,39 (,535)



Activity details

Activity	Intellectual property in the thesis (virtual)
Date	March 2025 (self-learning course)
Time	Depending on the session
Language	1 Catalan, 1 Spanish and 1 English
Trainer	Several trainers - Servei de Biblioteques
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Defining "authorship" ▪ Attribution of rights. Copyright and exploitation and patrimonial rights ▪ Transfer of rights. Creative Commons Licenses ▪ Public domain materials ▪ Respect third parties' rights ▪ Thesis dissertation in TDX and DDD ▪ Interesting resources

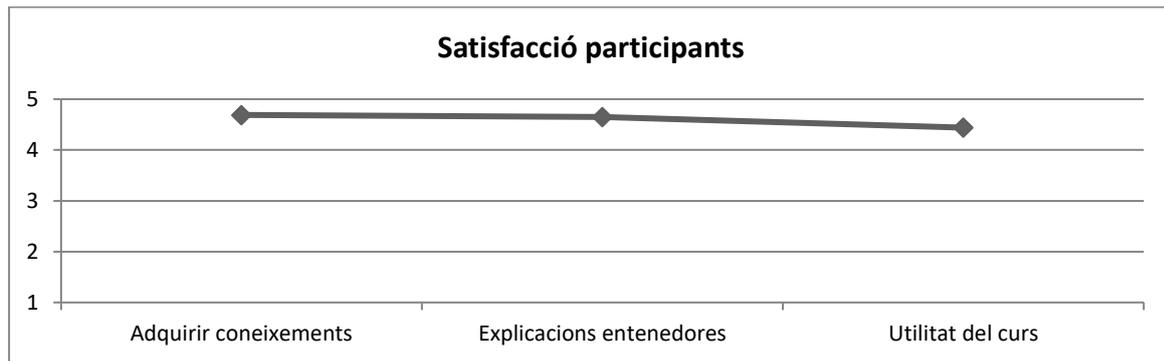
Responder's details

Number of participants	46
Number of responders	34
Status	First Stage Researchers

Participants Satisfaction/Opinion (Presencial courses)

Els assistents han donat resposta al qüestionari de satisfacció elaborat pel Servei de Biblioteques.

	M
Adquirir coneixements sobre el tema	4,69
Explicacions entenedores	4,65
Utilitat del curs	4,44



Escala de 5 punts: 1= Poc; 5 = Molt

Activity details

Activity	Critical thinking (on-site)
Date	3 & 5/03/2025
Time	9:00 – 13:00
Language	Spanish
Trainer	Carme Ruíz (Department of Applied Pedagogy)
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Methodologies and resources for critical thinking ▪ Critical thinking in research ▪ How to evaluate your critical thinking competence

Responder’s details

Number of participants	18
Number of responders	15
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n = 2) ▪ Engineering (n = 1) ▪ Sciences (n= 2) ▪ Health sciences (n= 3) ▪ Social and Juridical Sciences (= 7)
Status	First Stage Researcher with grant (n =3) First Stage Researcher without grant (n=12)

Participants Satisfaction/Opinion

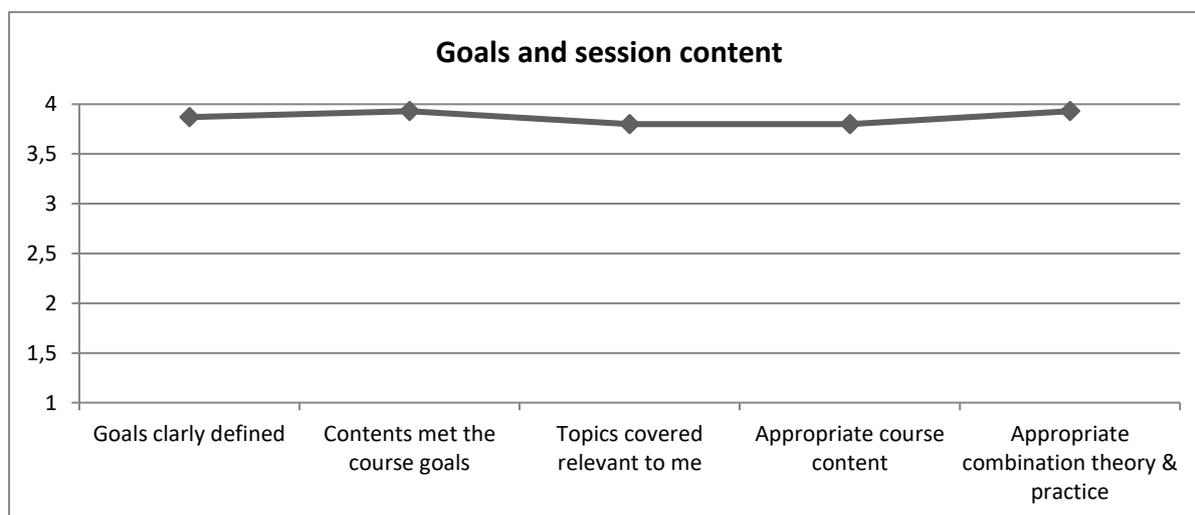
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer was knowledgeable about the training topics ▪ The trainer interacted with the group
The worst	<ul style="list-style-type: none"> ▪ The schedule ▪ The improvement of career prospects
Overall course rating	9,4 out of 10
Participants recommend the course to others	100%

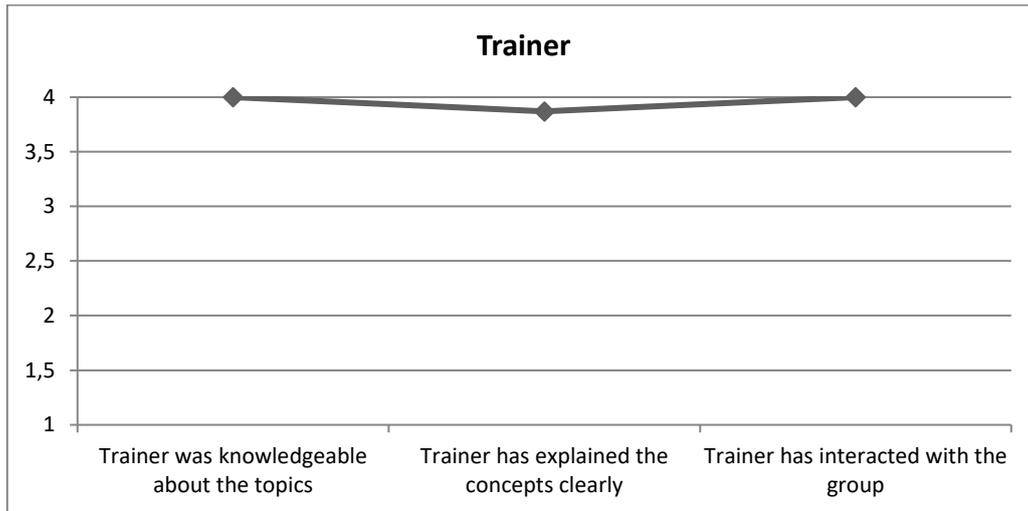
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,86 (,667)
The contents developed have met the course goals	3,93 (,333)
The topics covered were relevant to me	3,80 (,000)
The course content was appropriate and was presented in a structured manner	3,80 (,000)
There has been an appropriate combination between theory and practice	3,93 (,333)



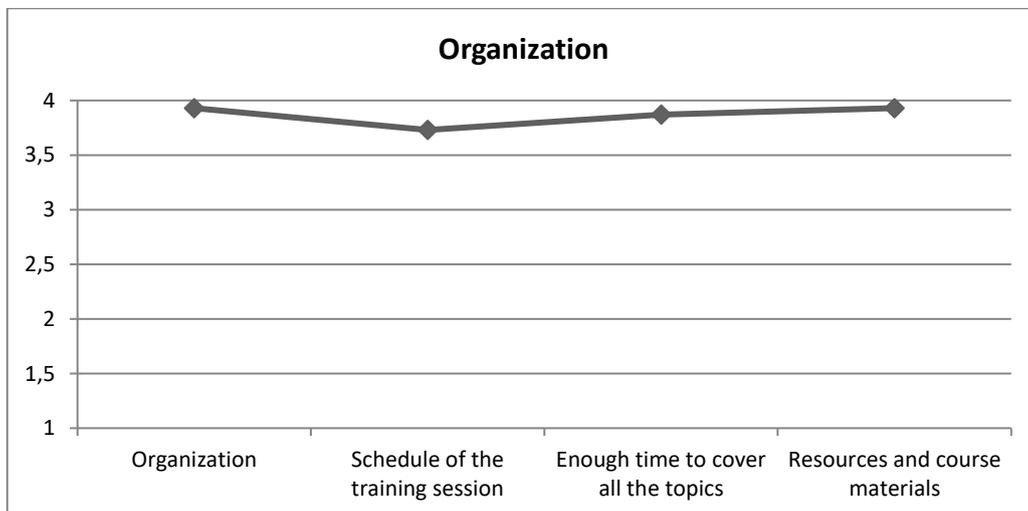
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,86 (,667)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



Related to Organization

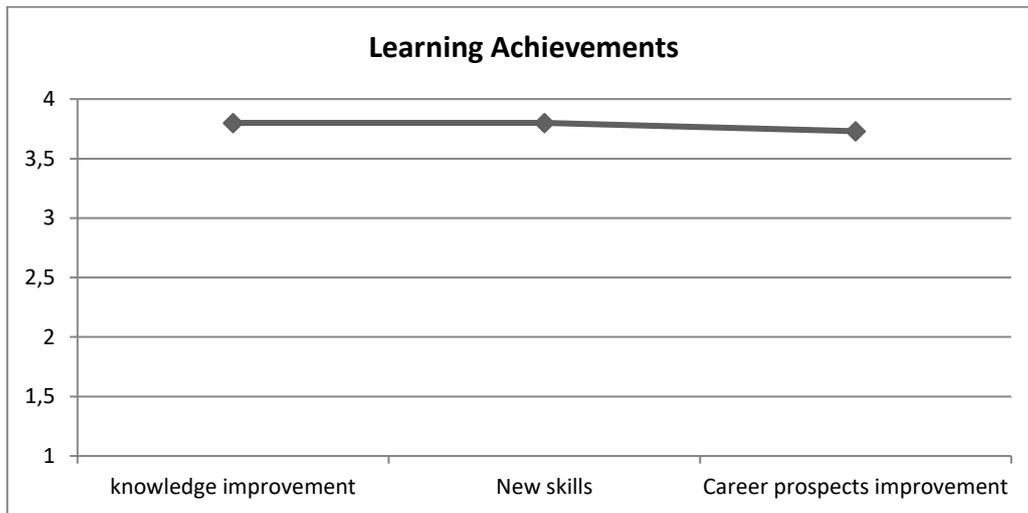
	M (S)
The course was well organized: information, registration process, etc.	3,93 (.333)
The schedule of the training session/s has helped my attendance	3,73 (.333)
The schedule provided enough time to cover all the topics	3,86 (.667)
The resources and course materials were useful	3,93 (.333)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,80 (.000)
The course has allowed me to acquire new skills	3,80 (.000)

The course has improved my career prospects	3,73 (,333)
---	-------------



Activity details

Activity	How to communicate your research on social media (virtual)
Date	11 & 13/03/2024
Time	10:00 – 12:00
Language	Spanish
Trainer	Doctoral School
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Combination of social media and science ▪ Social media and early stage researchers ▪ How to bring research at UAB and society closer by using social media ▪ How to prepare a strategy for #ComunicaCiencia ▪ Main 2.0 dissemination tools

Responder’s details

Number of participants	15
Number of responders	14
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n =8) ▪ Health Sciences (n =4) ▪ Sciences (n=1) ▪ Social and Juridical Sciences (=1)
Status	First Stage Researcher with grant (n =3) First Stage Researcher without grant (n=11)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

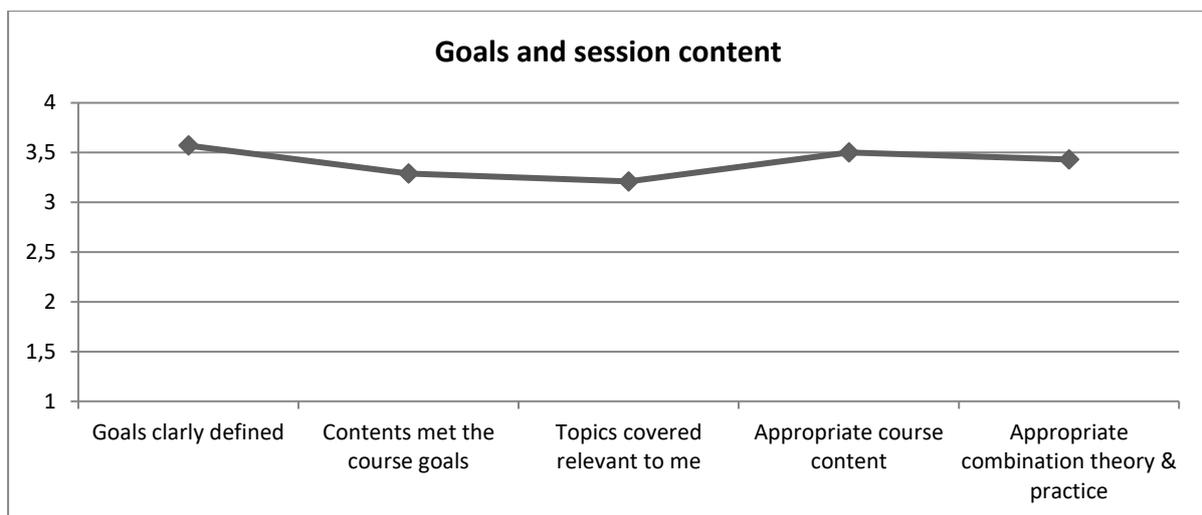
Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer was knowledgeable about the training topics ▪ The concepts were explained clearly and in an understandable way ▪ The trainer interacted with the group
The worst	<ul style="list-style-type: none"> ▪ The improvement of career prospects ▪ The new skills acquired

	<ul style="list-style-type: none"> ▪ The improvement of knowledge on the subject
Overall course rating	8.18 out of 10
Participants recommend the course to others	85.71%

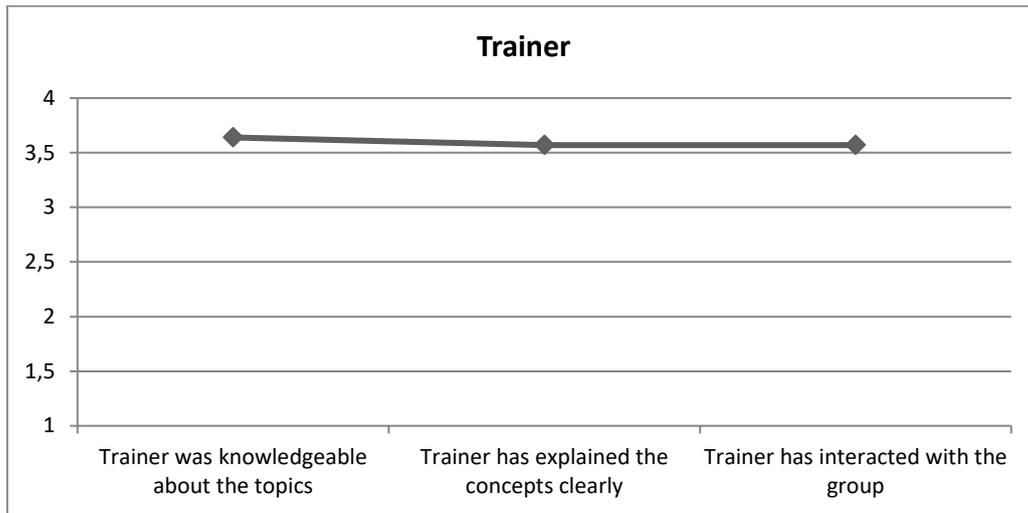
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,51 (,143)
The contents developed have met the course goals	3,28 (,571)
The topics covered were relevant to me	3,21 (,427)
The course content was appropriate and was presented in a structured manner	3,50 (,000)
There has been an appropriate combination between theory and practice	3,42 (,857)



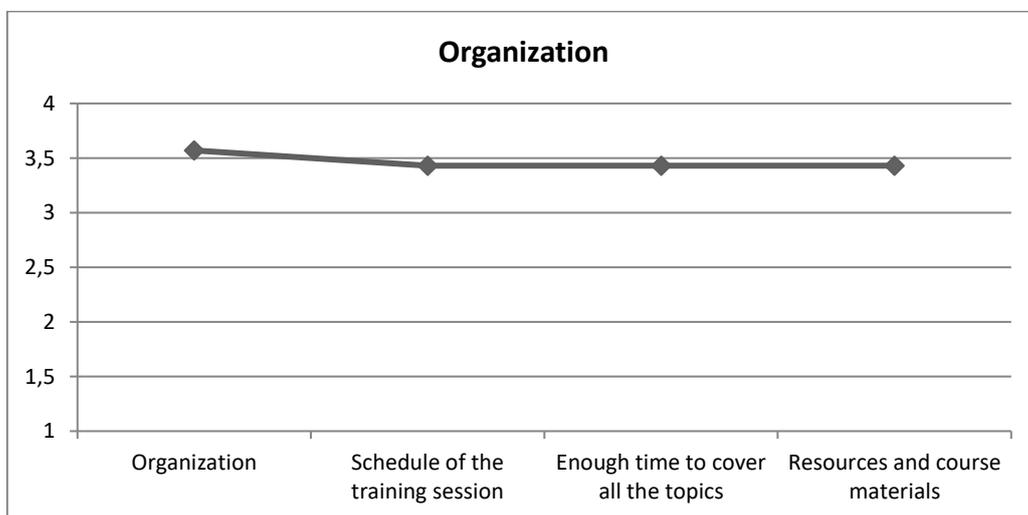
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	3,64 (,286)
The trainer has explained the concepts clearly and in an understandable way	3,57 (,143)
The trainer has interacted with the group, for example, answering our questions	3,57 (,143)



Related to Organization

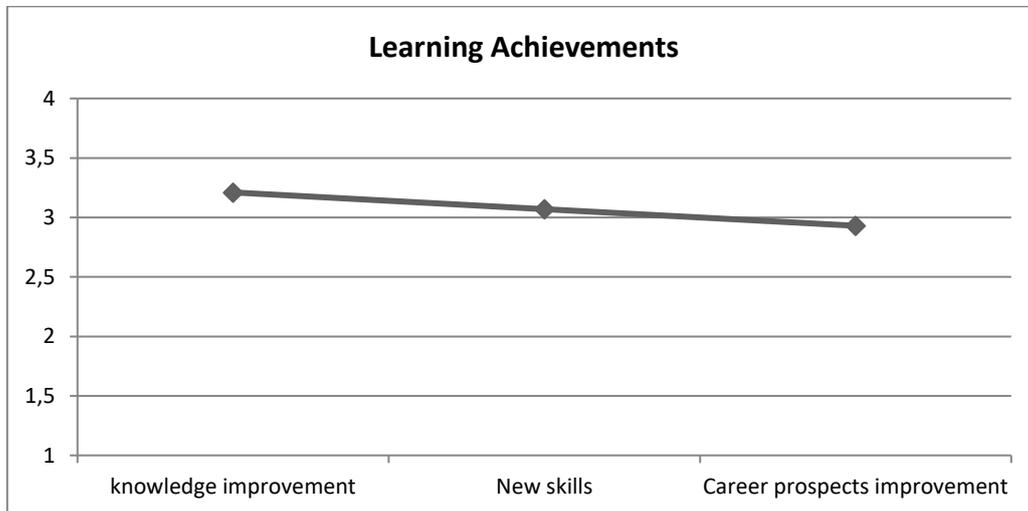
	M (S)
The course was well organized: information, registration process, etc.	3,57 (,143)
The schedule of the training session/s has helped my attendance	3,42 (,857)
The schedule provided enough time to cover all the topics	3,42 (,857)
The resources and course materials were useful	3,42 (,857)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,21 (,429)

The course has allowed me to acquire new skills	3,07 (,143)
The course has improved my career prospects	2,92 (,857)



Activity details

Activity	Applied statistics with JMP (on-site)
Date	17, 25, 31/03 & 7/04/2025
Time	09:00 – 13:00
Language	English
Trainer	Josep Rialp & Teresa Obis
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Variables and measurement scales ▪ JMP ▪ Descriptive statistics ▪ Inference, sampling distribution, confidence interval ▪ Analysis of two variables ▪ Multiple regression

Responder’s details

Number of participants	21
Number of responders	18
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n = 6) ▪ Health Sciences (n= 5) ▪ Sciences (n= 1) ▪ Social and Juridical Sciences (n= 6)
Status	First Stage Researcher with grant (n = 4) First Stage Researcher without grant (n= 14)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

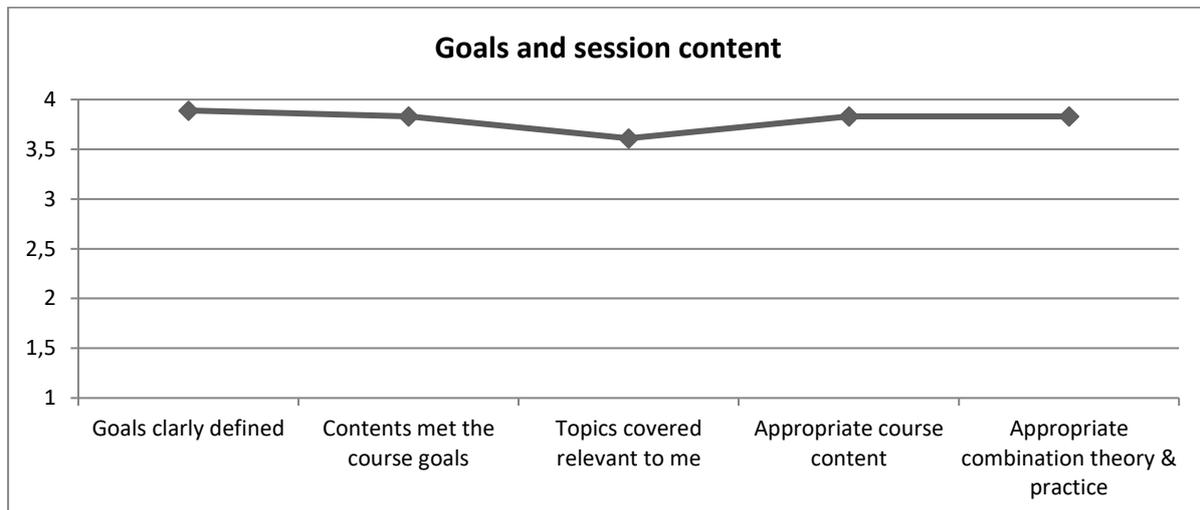
Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer was knowledgeable about the training topics ▪ The trainer interacted with the group ▪ The goals of the course were clearly defined
The worst	<ul style="list-style-type: none"> ▪ The resources and course materials ▪ improvement of career prospects ▪ The new skills acquired

Overall course rating	9,11 out of 10
Participants recommend the course to others	100%

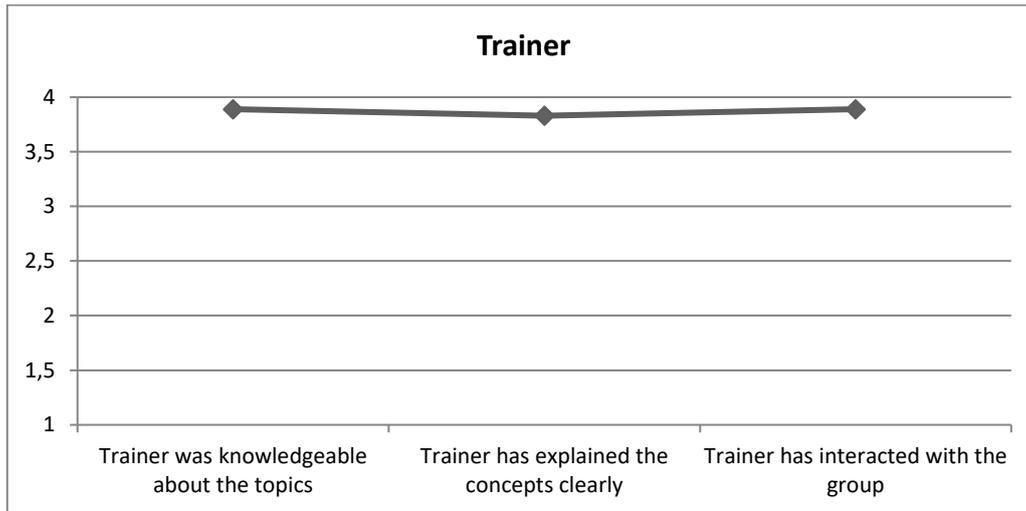
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,88 (,889)
The contents developed have met the course goals	3,83 (,333)
The topics covered were relevant to me	3,61 (,111)
The course content was appropriate and was presented in a structured manner	3,83 (,333)
There has been an appropriate combination between theory and practice	3,83 (,333)



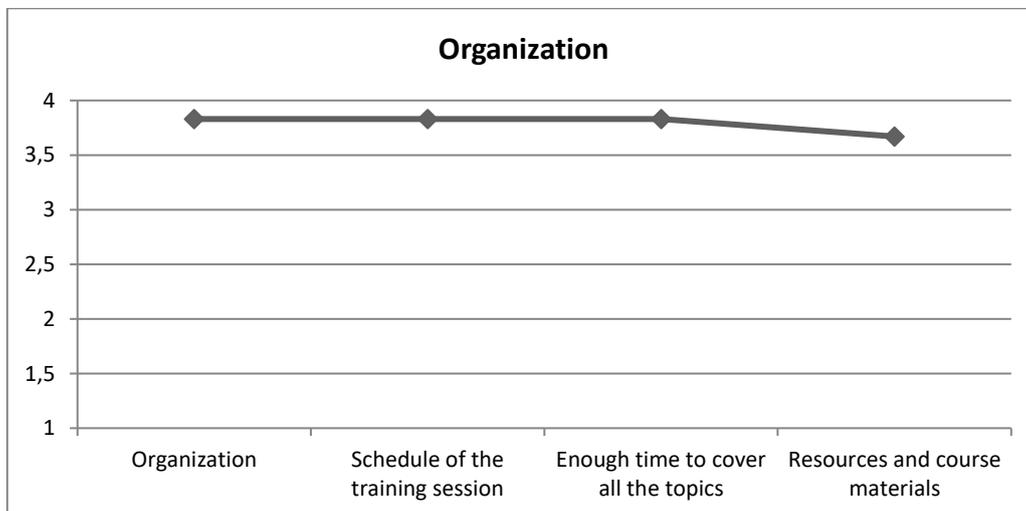
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	3,88 (,889)
The trainer has explained the concepts clearly and in an understandable way	3,83 (,333)
The trainer has interacted with the group, for example, answering our questions	3,88 (,889)



Related to Organization

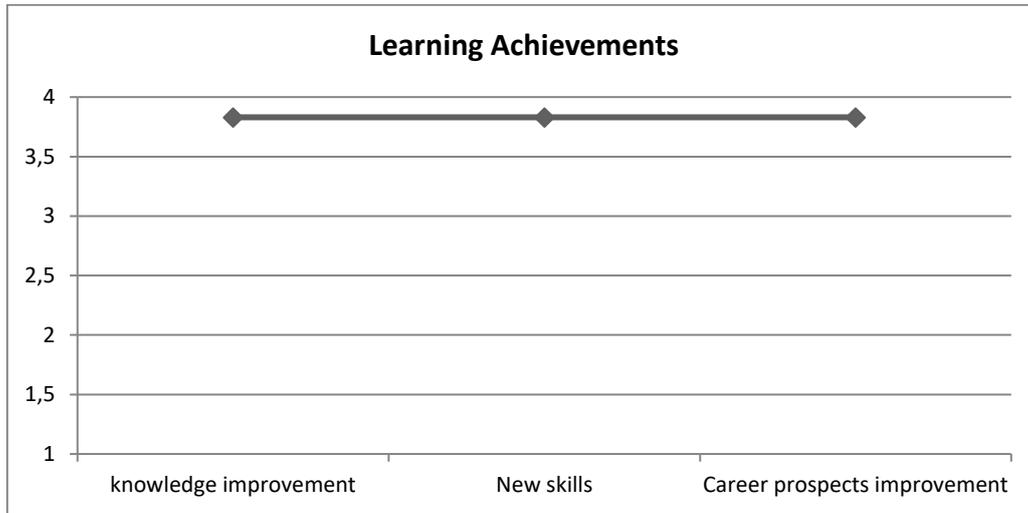
	M (S)
The course was well organized: information, registration process, etc.	3,83 (.333)
The schedule of the training session/s has helped my attendance	3,83 (.333)
The schedule provided enough time to cover all the topics	3,83 (.333)
The resources and course materials were useful	3,66 (.667)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,83 (.333)
The course has allowed me to acquire new skills	3,83 (.333)

The course has improved my career prospects	3,83 (,333)
---	-------------



Activity details

Activity	Citizen Science (on-site)
Date	24 & 26/03/2025
Time	10:00 – 12:00
Language	Catalan / Spanish
Trainer	Sofía Mojica
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Origins of Citizen Science ▪ Trends and critiques ▪ Citizen Science at UAB ▪ Design of a Citizen Science project

Responder's details

Number of participants	11
Number of responders	9
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n = 1) ▪ Engineering and Architecture (n = 1) ▪ Health Sciences (n= 3) ▪ Sciences (n= 2) ▪ Social and Juridical Sciences (n= 2)
Status	First Stage Researcher with grant (n = 6) First Stage Researcher without grant (n= 3)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

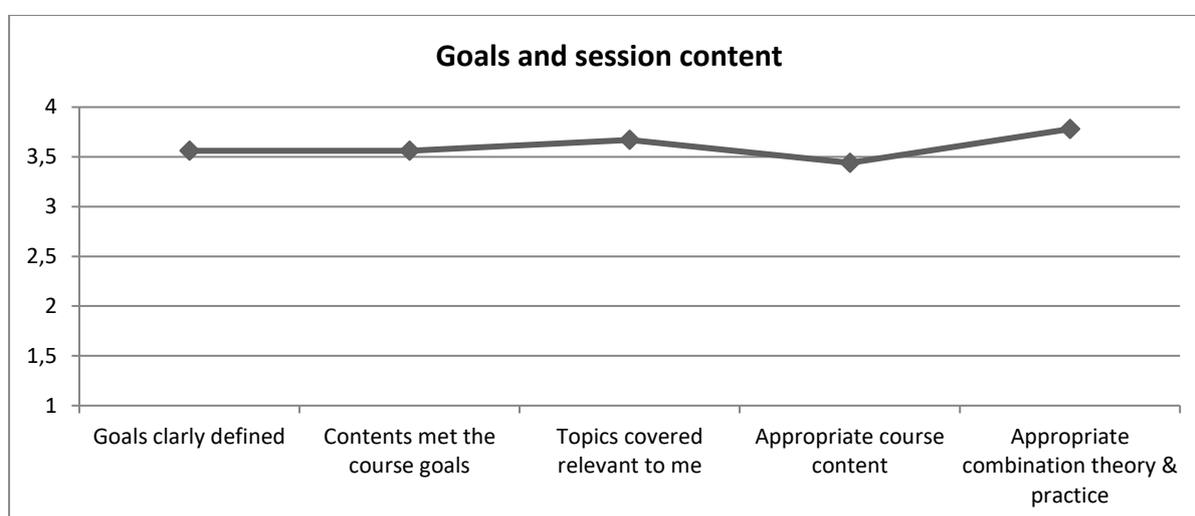
The best	<ul style="list-style-type: none"> ▪ The trainer interacted with the group ▪ The course was well organized ▪ The trainer explained the concepts clearly
The worst	<ul style="list-style-type: none"> ▪ The improvement of career prospects ▪ The new skills acquired ▪ The improvement of knowledge on the subject
Overall course rating	8,33 out of 10

TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE "CITIZEN SCIENCE" (24 & 26/03/2025)

Participants recommend the course to others	100%
--	------

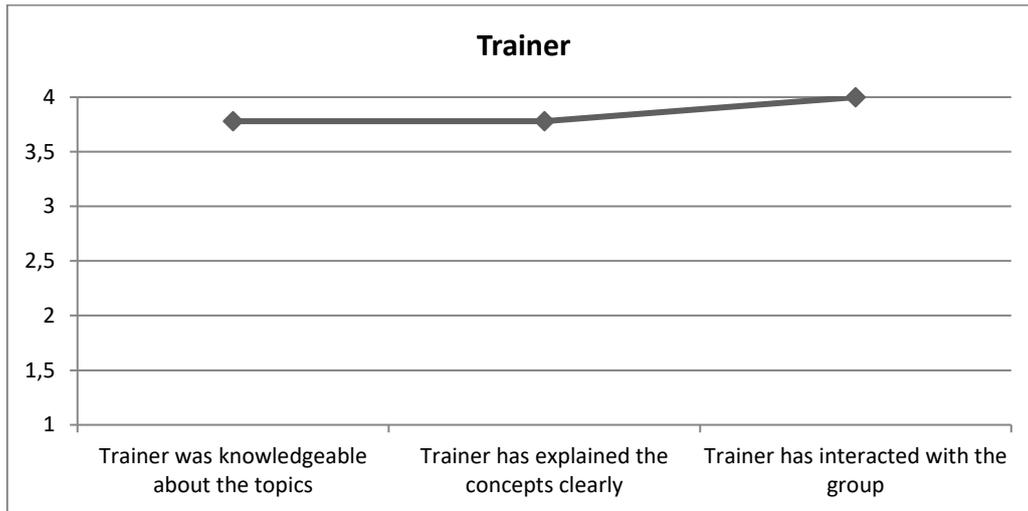
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,55 (,556)
The contents developed have met the course goals	3,55 (,556)
The topics covered were relevant to me	3,66 (,667)
The course content was appropriate and was presented in a structured manner	3,44 (,444)
There has been an appropriate combination between theory and practice	3,77 (,778)



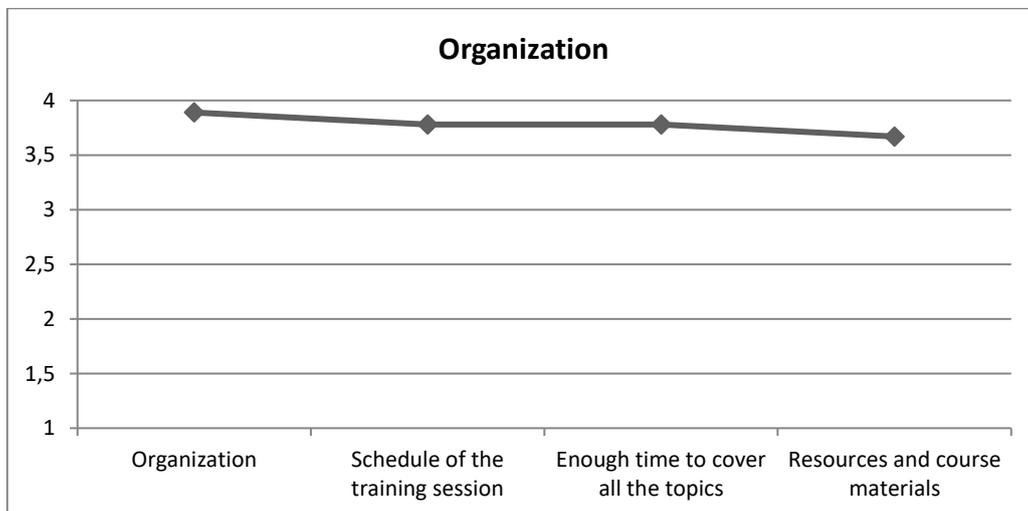
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	3,77 (,778)
The trainer has explained the concepts clearly and in an understandable way	3,77 (,778)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



Related to Organization

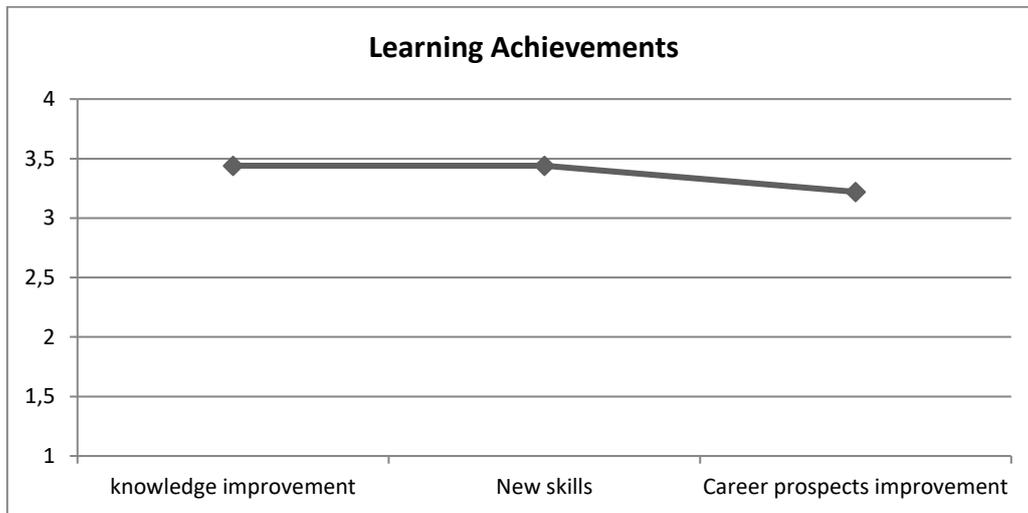
	M (S)
The course was well organized: information, registration process, etc.	3,88 (,889)
The schedule of the training session/s has helped my attendance	3,77 (,778)
The schedule provided enough time to cover all the topics	3,77 (,778)
The resources and course materials were useful	3,66 (,667)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,44 (,444)
The course has allowed me to acquire new skills	3,44 (,444)

The course has improved my career prospects	3,22 (,222)
---	-------------



Activity details

Activity	The Third Half
Date	March – May 2025
Time	15.30 – 18.30
Language	Catalan, Spanish, English
Trainer	The Third Half Team (Psychology PhD students)
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> • Motivation • Positive emotions • Socio-emotional wellbeing • Connection between equals • Gamified activities

Responder’s details

Number of participants	8
Number of responders	6
Area of interest	<ul style="list-style-type: none"> ▪ Health Sciences (n= 1) ▪ Sciences (n= 2) ▪ Social and Juridical Sciences (n= 2) ▪ Arts and Humanities (n= 1)
Status	First Stage Researcher with grant (n = 3) First Stage Researcher without grant (n= 4)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

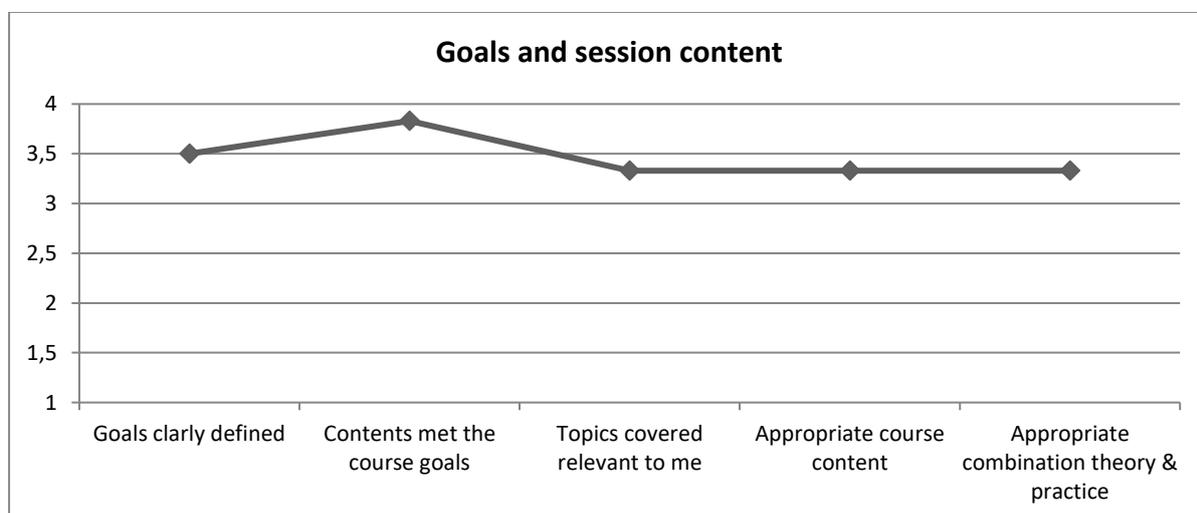
Overall reaction

The best	<ul style="list-style-type: none"> ▪ The contents met the course goals ▪ The trainers were knowledgeable about the training topics ▪ The course was well organized
The worst	<ul style="list-style-type: none"> ▪ The improvement of career prospects ▪ The utility of the resources and course materials ▪ The new skills acquired
Overall course rating	8,33 out of 10

Participants recommend the course to others	83,33%
---	--------

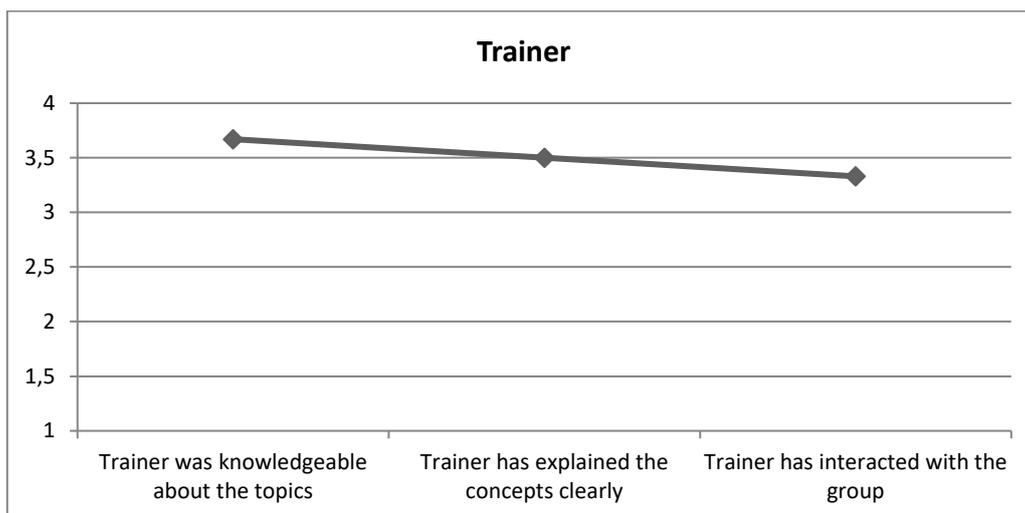
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,50 (,000)
The contents developed have met the course goals	3,83 (,333)
The topics covered were relevant to me	3,33 (,333)
The course content was appropriate and was presented in a structured manner	3,33 (,333)
There has been an appropriate combination between theory and practice	3,33 (,333)



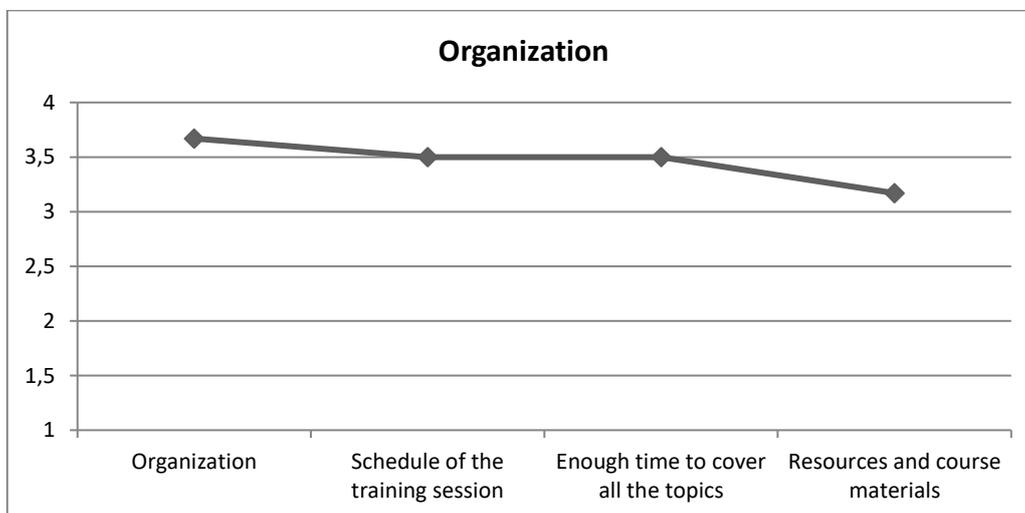
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	3,66 (,667)
The trainer has explained the concepts clearly and in an understandable way	3,50 (,000)
The trainer has interacted with the group, for example, answering our questions	3,33 (,333)



Related to Organization

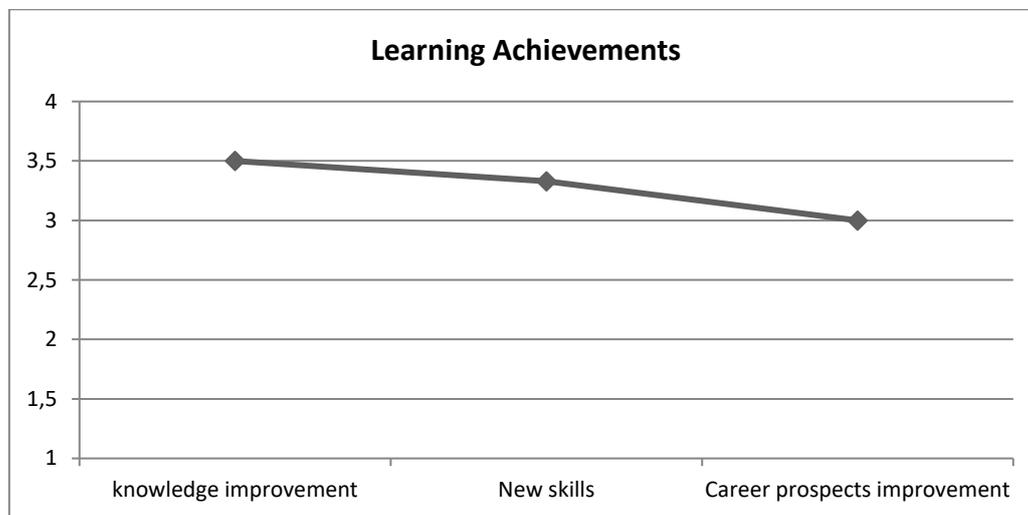
	M (S)
The course was well organized: information, registration process, etc.	3,66 (.667)
The schedule of the training session/s has helped my attendance	3,50 (.000)
The schedule provided enough time to cover all the topics	3,50 (.000)
The resources and course materials were useful	3,16 (.667)



Related to Learning Achievements

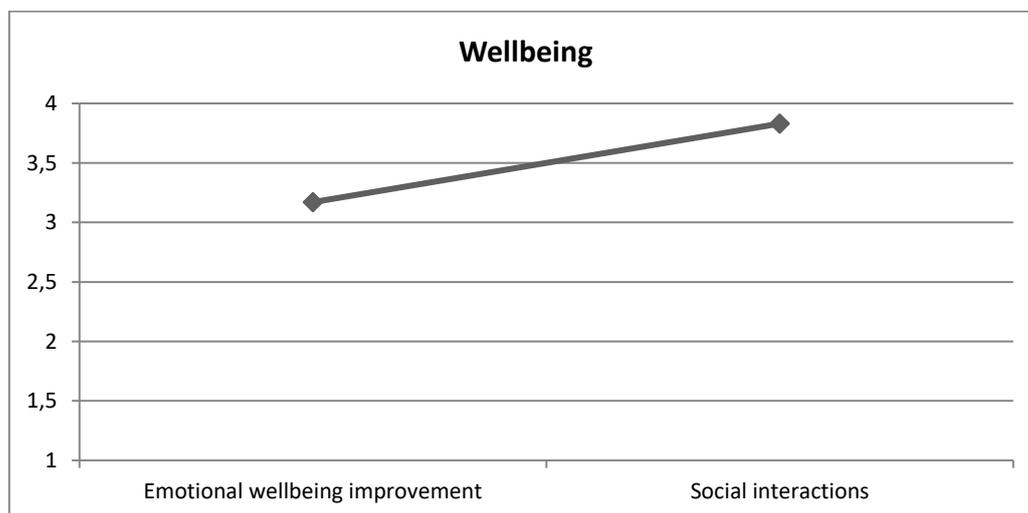
	M (S)
The course has improved my knowledge on the subject	3,50 (.000)

The course has allowed me to acquire new skills	3,33 (,333)
The course has improved my career prospects	3,00 (,000)



Related to Wellbeing

	M (S)
The course has helped me to improve my emotional wellbeing	3,16 (,667)
The course has helped me to meet new people and has improved my social interactions at university	3,83 (,333)



Activity details

Activity	Open access publishing and data management plan (virtual)
Date	April 2025. 3 virtual sessions via Teams
Time	Depending on the session – morning or afternoon
Language	1 in Catalan, 1 in Spanish, 1 in English
Trainer	Several trainers – Servei de Biblioteques
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Open access ▪ Open access publishing ▪ Funding for open access publishing ▪ Doctoral theses ▪ Good practices and recommendations

Responder's details

Nombre d'assistents	75
Nombre de respostes	67
Status	First Stage Researchers

Participants Satisfaction/Opinion

Els assistents han donat resposta al qüestionari de satisfacció elaborat pel Servei de Biblioteques.

	M
Adquirir coneixements sobre el tema	4,60
Explicacions entenedores	4,51
Utilitat del curs	4,60



Escala de 5 punts: 1= Poc; 5 = Molt.

Activity details

Activity	Research Papers – Sciences (virtual)
Date	23/04/2025 to 26/05/2025
Time	Mondays and Wednesdays, 13:00 – 15:00
Language	English
Trainer	Silvia Solá (Servei de Llengües)
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Structure of scientific papers ▪ Formal and discursive characteristics ▪ Vocabulary, grammar and syntax

Responder’s details

Number of participants	11
Number of responders	8
Area of interest	<ul style="list-style-type: none"> ▪ Sciences (n = 4) ▪ Health Sciences (n = 4)
Status	First Stage Researcher with grant (n =4) First Stage Researcher without grant (n =4)

Participants Satisfaction/Opinion

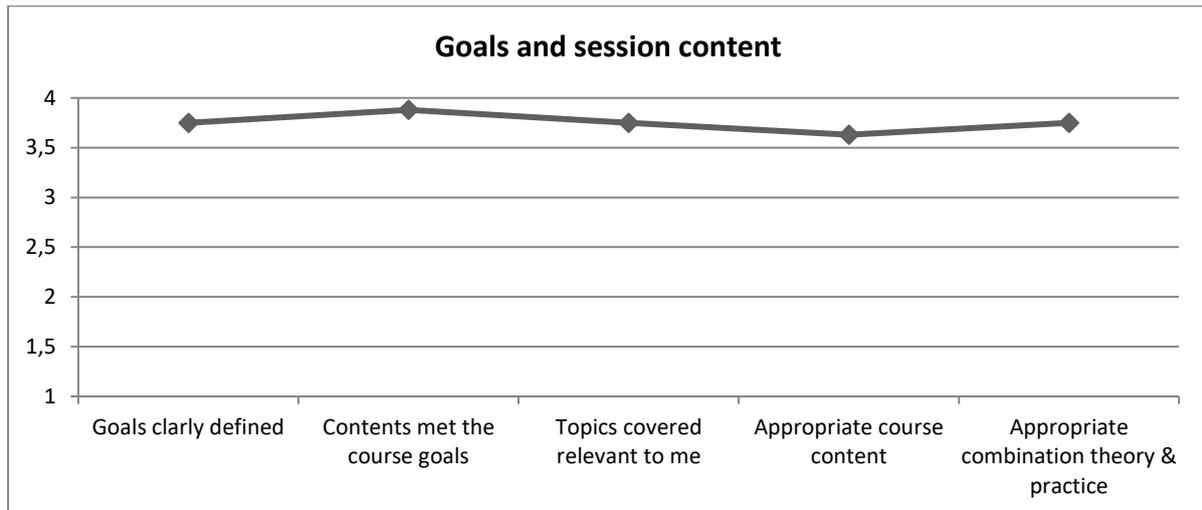
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer interacted with the group ▪ The contents met the course goals ▪ The trainer was knowledgeable about the training topics
The worst	<ul style="list-style-type: none"> ▪ The schedule of the sessions ▪ The organization ▪ The new skills acquired
Overall course rating	8,5 out of 10
Participants recommend the course to others	100%

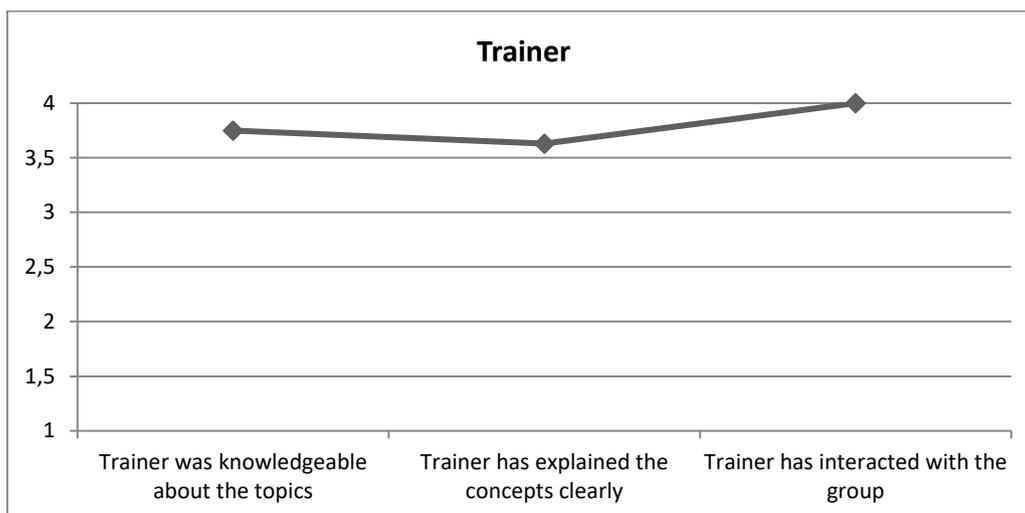
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,75 (,000)
The contents developed have met the course goals	3,87 (,500)
The topics covered were relevant to me	3,75 (,000)
The course content was appropriate and was presented in a structured manner	3,62 (,500)
There has been an appropriate combination between theory and practice	3,75 (,000)



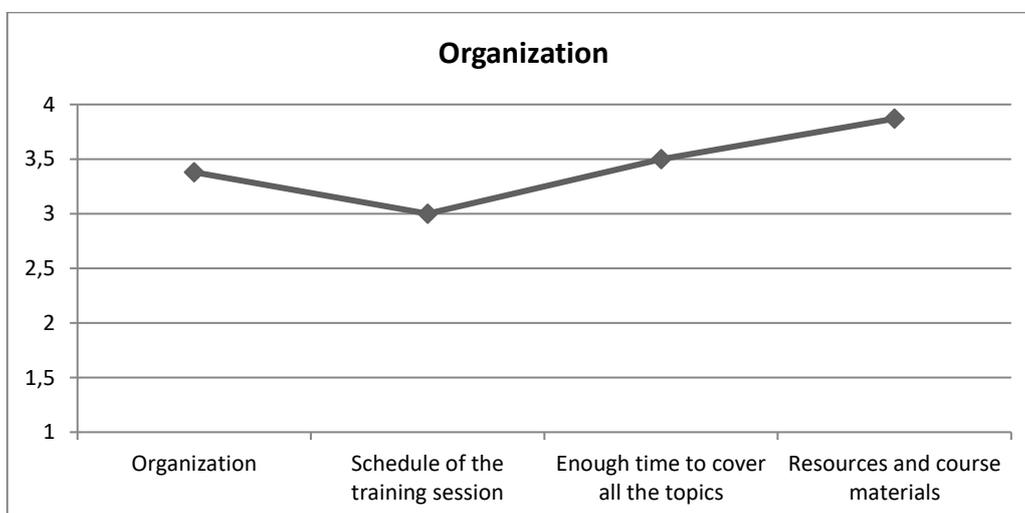
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	3,75 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,62 (,500)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



Related to Organization

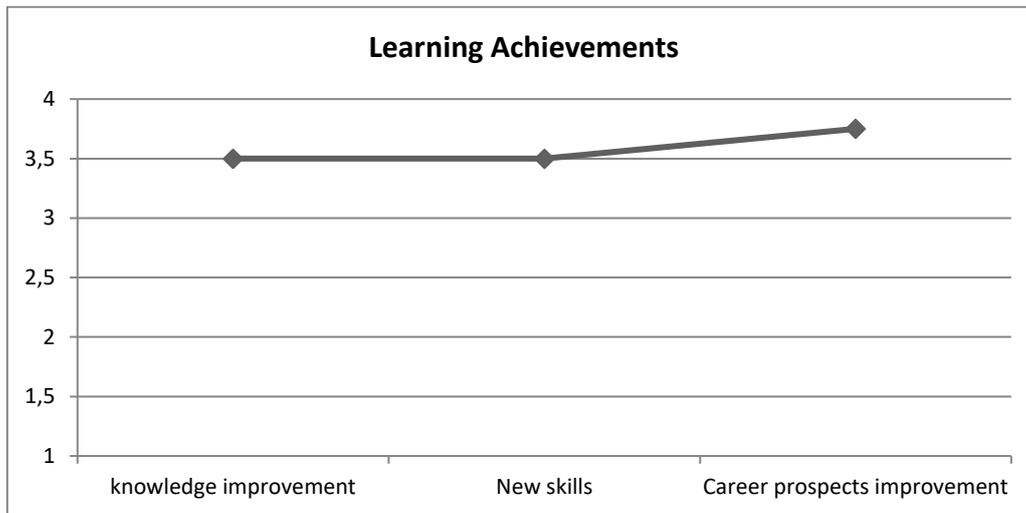
	M (S)
The course was well organized: information, registration process, etc.	3,37 (,500)
The schedule of the training session/s has helped my attendance	3,00 (,000)
The schedule provided enough time to cover all the topics	3,50 (,000)
The resources and course materials were useful	3,87 (,500)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,50 (,000)
The course has allowed me to acquire new skills	3,50 (,000)

The course has improved my career prospects	3,75 (,000)
---	-------------



Activity details

Activity	How to build your LinkedIn professional profile, step by step (virtual)
Date	29/04/2025
Time	10 – 12
Language	Spanish
Trainer	Barcelona Activa
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Expanding your network of contacts ▪ Managing your network ▪ Using your network for job searching

Responder's details

Number of participants	23
Number of responders	5
Status	First stage researchers

Participants Satisfaction/Opinion

Overall course rating	9,20 out of 10
------------------------------	----------------

The participants answered a satisfaction questionnaire prepared by Barcelona Activa.

	M (S)
Expectatives	8,80
Útil per adquirir noves competències	8,80
Útil per millorar el nivell de coneixement	9,40
Durada	8,80
Continguts	9
Aplicació pràctica	8,80
Formador/a	9,40
Plataforma	9,40
Recomanació de l'activitat	9,60

Activity details

Activity	Open access publishing of research data (virtual)
Date	Mayl 2025. 3 virtual sessions via Teams
Time	Depending on the session – morning or afternoon
Language	1 in Catalan, 1 in Spanish, 1 in English
Trainer	Several trainers – Servei de Biblioteques
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Research data ▪ Requirements ▪ FAIR principles ▪ CORA RDR ▪ Other research data repositories ▪ Good practices

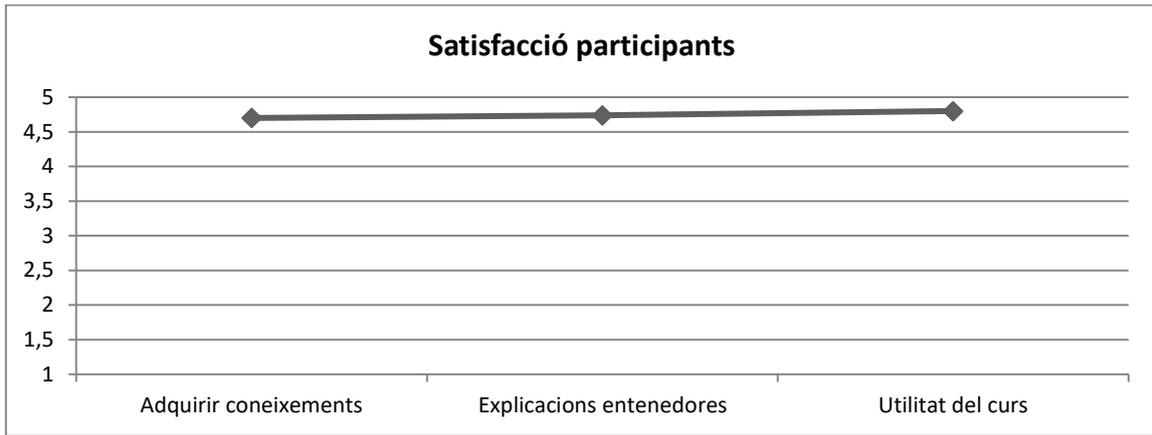
Responder’s details

Nombre d’assistents	93
Nombre de respostes	66
Status	First Stage Researchers

Participants Satisfaction/Opinion

Els assistents han donat resposta al qüestionari de satisfacció elaborat pel Servei de Biblioteques.

	M
Adquirir coneixements sobre el tema	4,70
Explicacions entenedores	4,74
Utilitat del curs	4,80



Escala de 5 punts: 1= Poc; 5 = Molt.

Activity details

Activity	Leadership Techniques
Date	5, 6, 7 & 8/05/2025
Time	15 - 17
Language	English
Trainer	Arantza Danés
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Introduction to Leadership and self-awareness. ▪ Leadership in the organization. Leadership styles. Sources of power ▪ Motivation at the workplace. Herzberg factors. Values and Communication ▪ Communication toxins and antidotes. Conflict Management

Responder's details

Number of participants	19
Number of responders	11
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n = 2) ▪ Engineering & Architecture (n = 1) ▪ Sciences (n=1) ▪ Health sciences (n=7)
Status	First Stage Researcher with grant (n=6) First Stage Researcher without grant (n=5)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

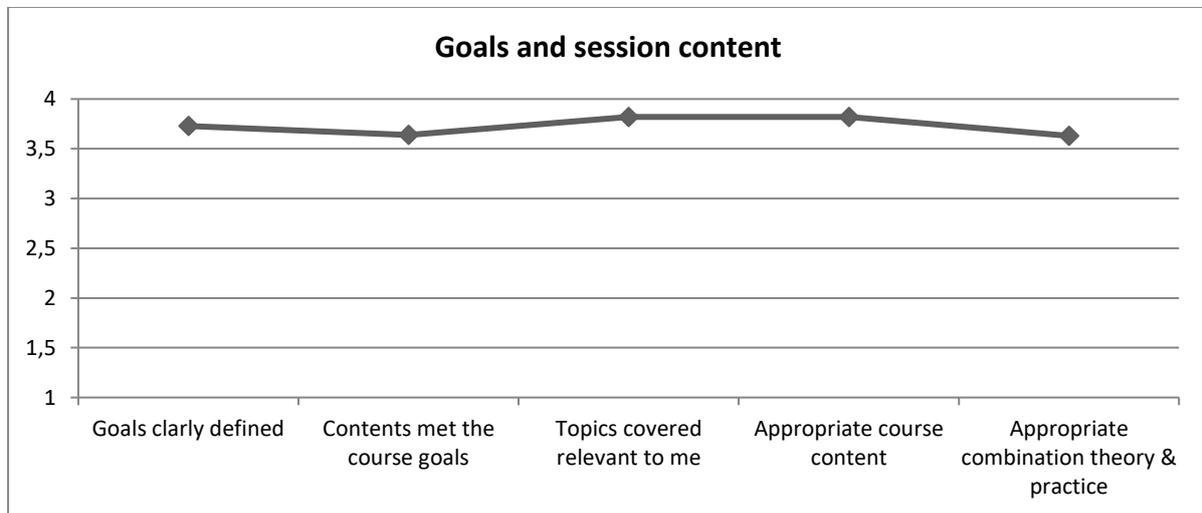
Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer interacted with the group ▪ The trainer was knowledgeable about the training topics ▪ The trainer explained the concepts clearly
The worst	<ul style="list-style-type: none"> ▪ The improvement of career prospects ▪ The resources and course materials ▪ The new skills acquired
Overall course rating	8,86 out of 10

Participants recommend the course to others	100%
---	------

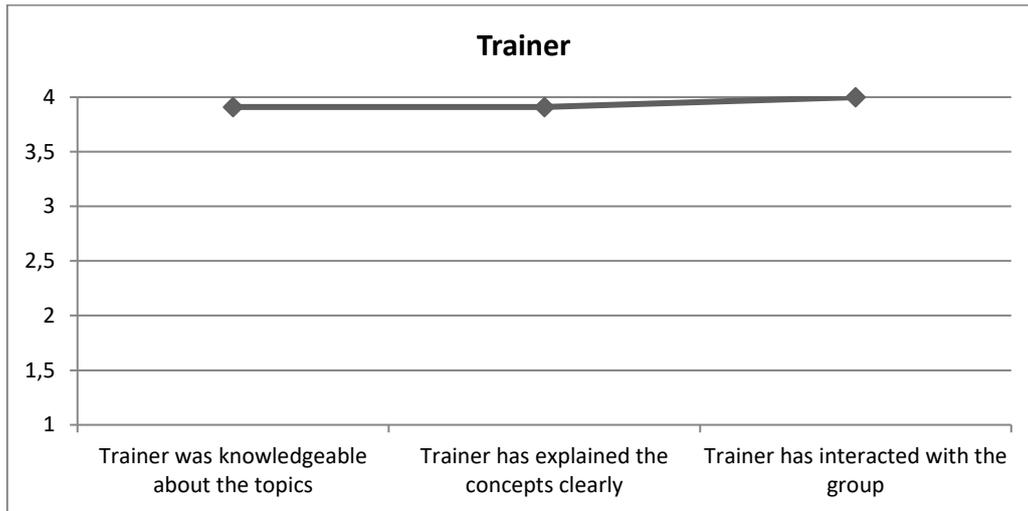
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,72 (,727)
The contents developed have met the course goals	3,63 (,636)
The topics covered were relevant to me	3,81 (,818)
The course content was appropriate and was presented in a structured manner	3,81 (,818)
There has been an appropriate combination between theory and practice	3,63 (,636)



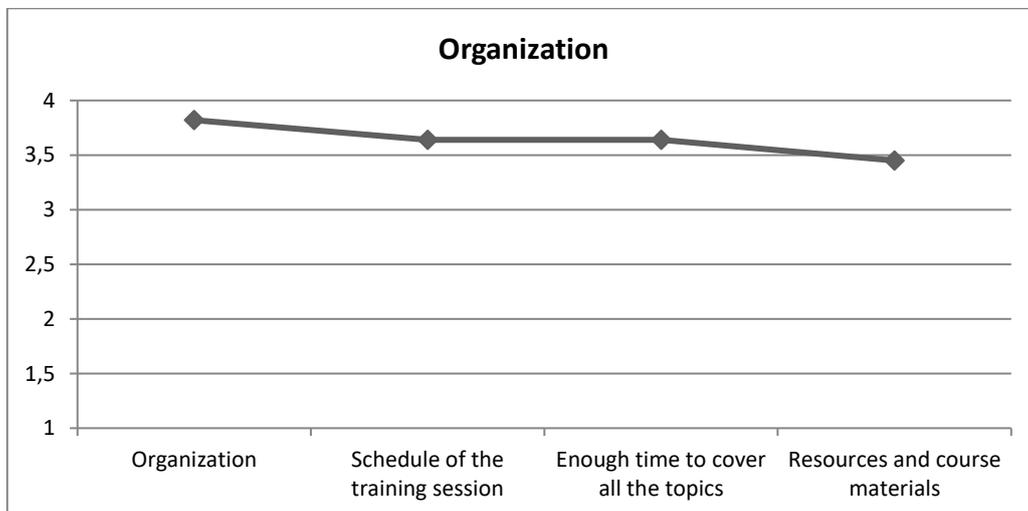
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	3,90 (,909)
The trainer has explained the concepts clearly and in an understandable way	3,90 (,909)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



Related to Organization

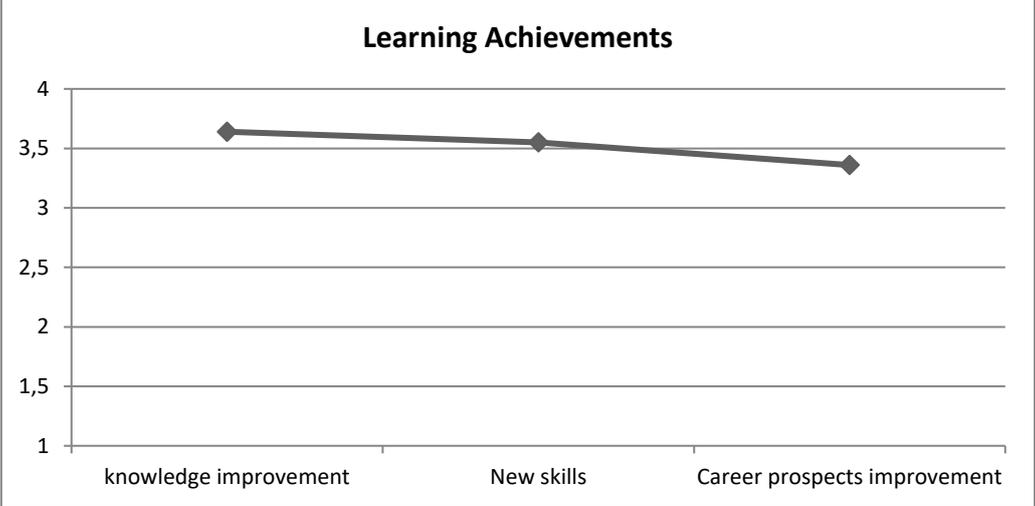
	M (S)
The course was well organized: information, registration process, etc.	3,81 (,818)
The schedule of the training session/s has helped my attendance	3,63 (,636)
The schedule provided enough time to cover all the topics	3,63 (,636)
The resources and course materials were useful	3,45 (,455)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,63 (,636)
The course has allowed me to acquire new skills	3,54 (,545)

The course has improved my career prospects	3,36 (,364)
---	-------------



Activity details

Activity	Data Management Plan for PhD Students (virtual)
Date	May 2025. 3 virtual sessions via Teams
Time	Depending on the session – morning or afternoon
Language	1 in Catalan, 1 in Spanish, 1 in English
Trainer	Several trainers – Servei de Biblioteques
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Data Management Plan ▪ FAIR contents in DMP ▪ CORA.eiNA DMP

Responder’s details

Nombre d’assistents	140
Nombre de respostes	94
Status	First Stage Researchers

Participants Satisfaction/Opinion

Els assistents han donat resposta al qüestionari de satisfacció elaborat pel Servei de Biblioteques.

	M
Adquirir coneixements sobre el tema	4,74
Explicacions entenedores	4,80
Utilitat del curs	4,73



Escala de 5 punts: 1= Poc; 5 = Molt.

Activity details

Activity	ChatGPT and other AI tools: the new allies in your job search (virtual)
Date	12/05/2025
Time	10 – 12
Language	Catalan
Trainer	Barcelona Activa
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ AI tools ▪ Optimizing and speeding up the search for job opportunities ▪ Strategies for selection processes

Responder's details

Number of participants	56
Number of responders	9
Status	First stage researchers

Participants Satisfaction/Opinion

Overall course rating	8,33 out of 10
------------------------------	----------------

The participants answered a satisfaction questionnaire prepared by Barcelona Activa.

	M (S)
Expectatives	7,78
Útil per adquirir noves competències	7,44
Útil per millorar el nivell de coneixement	7,56
Durada	8,33
Continguts	7,56
Aplicació pràctica	7,11
Formador/a	8,89
Plataforma	8,33
Recomanació de l'activitat	8,11

Activity details

Activity	How to design your PhD with the Idea Puzzle® software (virtual)
Date	14/05/2025
Time	11:00 – 12:30
Language	English
Trainer	Ricardo Morais (Idea Puzzle)
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Research as a system of 21 decisions ▪ Theoretical decisions of your research ▪ Methodological decisions of your research ▪ Empirical decisions of your research ▪ Rhetoric decisions of your research ▪ Authorial decisions of your research ▪ Application to participants' research with the Idea Puzzle® software

Responder's details

Number of participants	36
Number of responders	26
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n = 8) ▪ Engineering and architecture (n=2) ▪ Health Sciences (n= 6) ▪ Sciences (n= 4) ▪ Social and Juridical Sciences (n=6)
Status	First Stage Researcher with grant (n = 9) First Stage Researcher without grant (n= 17)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

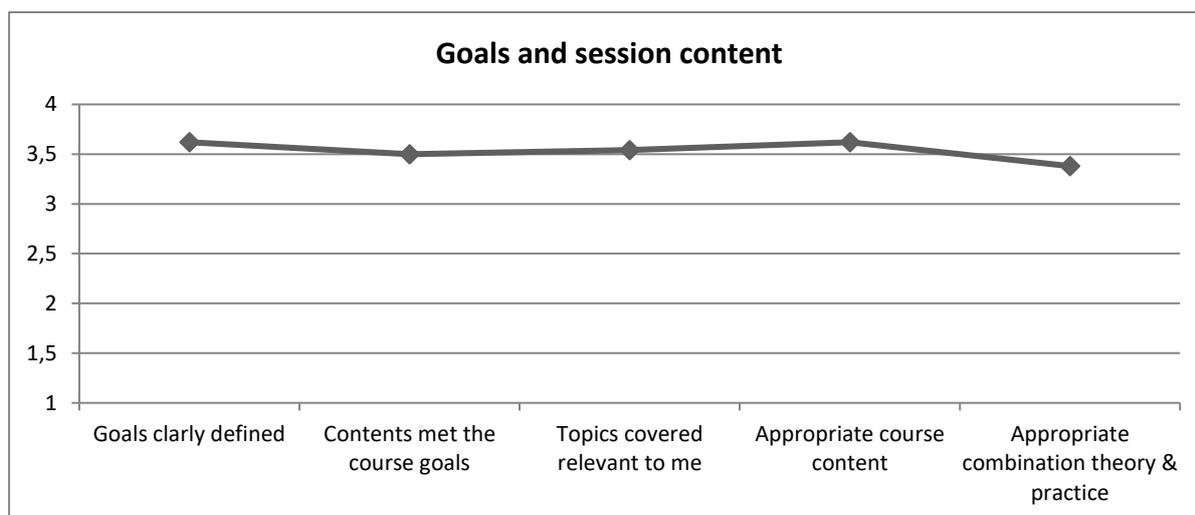
The best	<ul style="list-style-type: none"> ▪ The trainer was knowledgeable about the training topics ▪ The schedule
-----------------	---

TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “HOW TO DESIGN YOUR PHD WITH THE IDEA PUZZLE® SOFTWARE” (14/05/2025)

	<ul style="list-style-type: none"> ▪ The trainer explained the concepts clearly
The worst	<ul style="list-style-type: none"> ▪ The trainer interacted with the group ▪ The resources and materials ▪ The combination between theory and practice
Overall course rating	8,69 out of 10
Participants recommend the course to others	96,15%

Related to Goals and Session Content

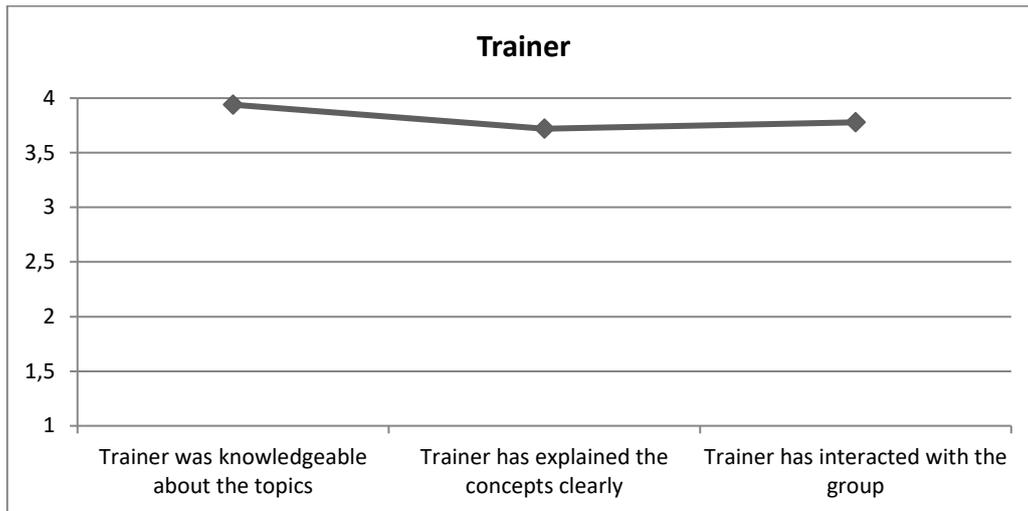
	M (S)
The goals of the training course were clearly defined	3,61 (,539)
The contents developed have met the course goals	3,50 (,000)
The topics covered were relevant to me	3,53 (,846)
The course content was appropriate and was presented in a structured manner	3,61 (,539)
There has been an appropriate combination between theory and practice	3,38 (,462)



Related to the Trainer

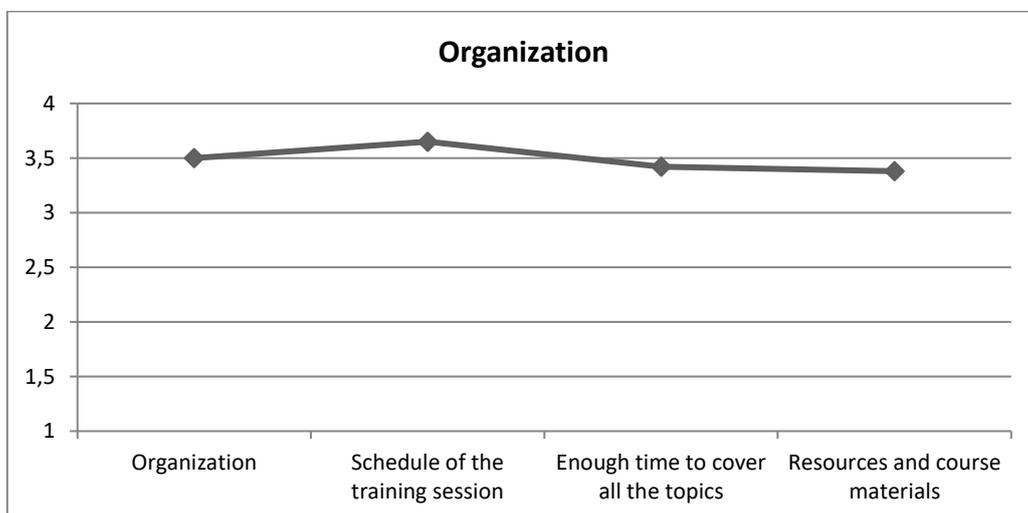
	M (S)
The trainer was knowledgeable about the training topics	3,76 (,923)
The trainer has explained the concepts clearly and in an understandable way	3,57 (,692)
The trainer has interacted with the group, for example, answering our questions	3,34 (,615)

TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “HOW TO DESIGN YOUR PHD WITH THE IDEA PUZZLE® SOFTWARE” (14/05/2025)



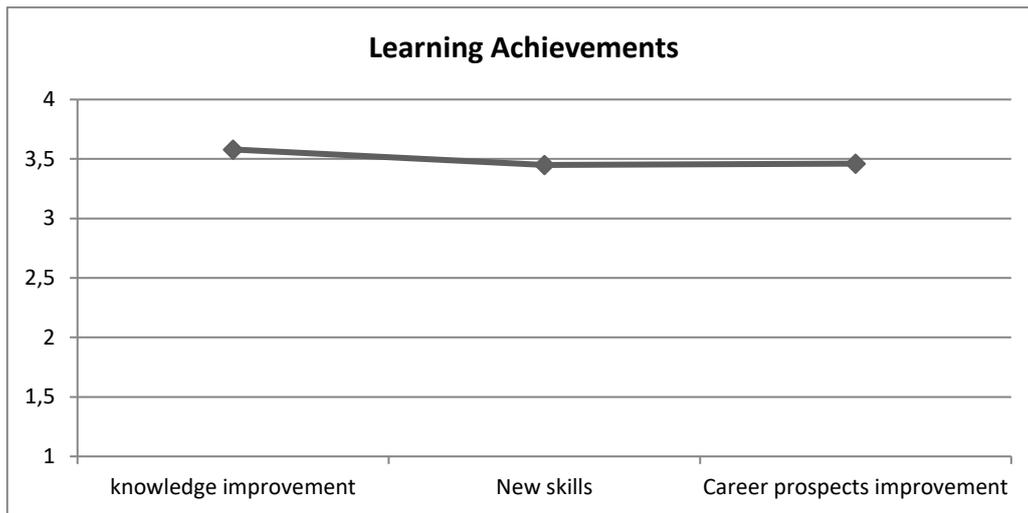
Related to Organization

	M (S)
The course was well organized: information, registration process, etc.	3,50 (,000)
The schedule of the training session/s has helped my attendance	3,65 (385)
The schedule provided enough time to cover all the topics	3,42 (,308)
The resources and course materials were useful	3,38 (,462)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,57 (,692)
The course has allowed me to acquire new skills	3,50 (,000)
The course has improved my career prospects	3,46 (,154)



Activity details

Activity	Communicating Science (virtual)
Date	14 to 28/05/2025
Time	Mondays and Wednesdays, 10:00 – 12:00
Language	English
Trainer	Silvia Solà (Servei de Llengües)
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Oral presentations for specialised audiences ▪ Persuasive language ▪ Register and linguistic correctness

Responder’s details

Number of participants	7
Number of responders	4
Area of interest	<ul style="list-style-type: none"> ▪ Arts & Humanities (n= 1) ▪ Sciences (n = 2) ▪ Social and Juridical Sciences (= 1)
Status	First Stage Researcher with grant (n =2) First Stage Researcher without grant (n=2)

Participants Satisfaction/Opinion

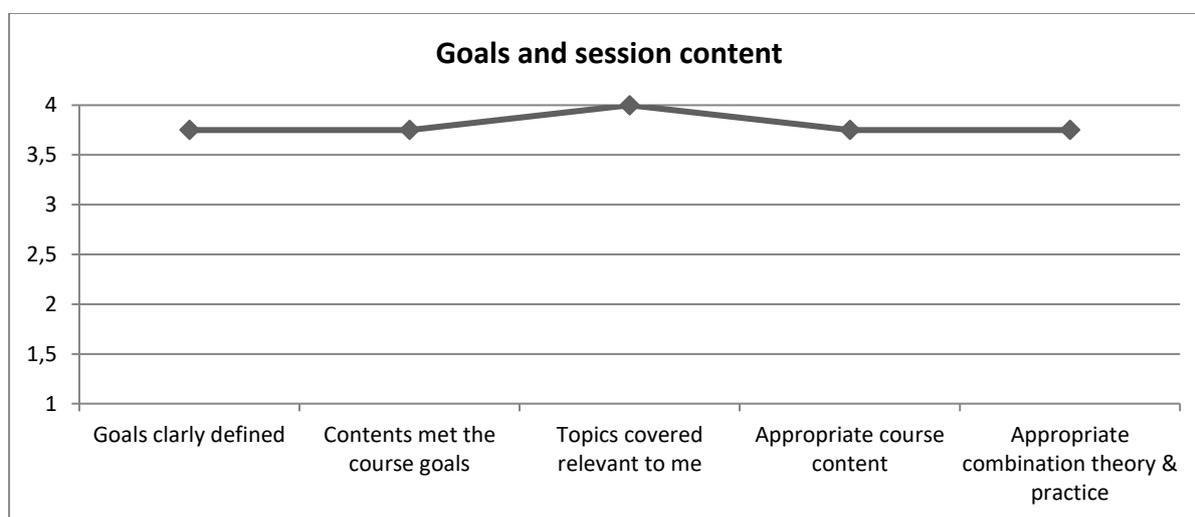
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer was knowledgeable about the training topics ▪ The trainer interacted with the group ▪ The trainer explained the concepts clearly
The worst	<ul style="list-style-type: none"> ▪ The time to cover all the topics ▪ The improvement of career prospects ▪ The new skills acquired
Overall course rating	9.75 out of 10
Participants recommend the course to others	100%

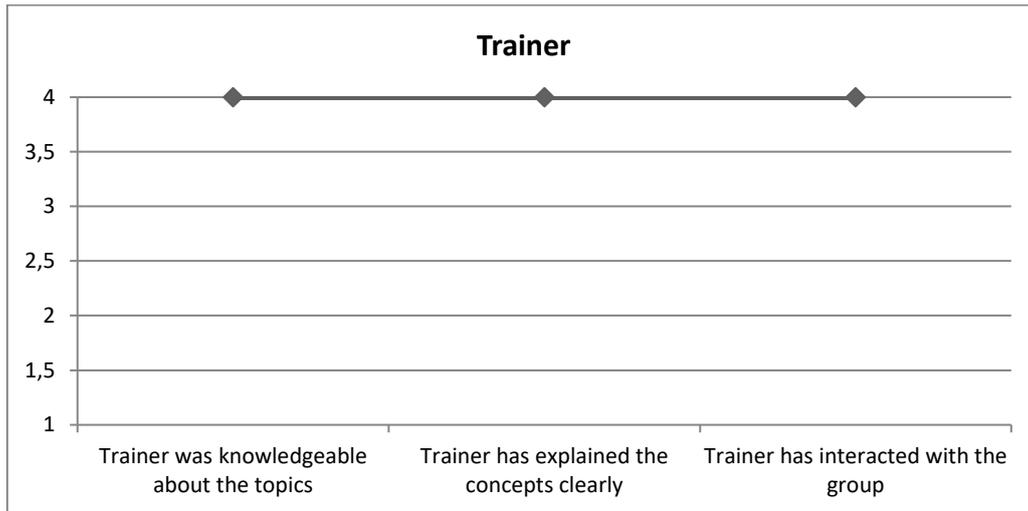
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,75 (,000)
The contents developed have met the course goals	3,75 (,000)
The topics covered were relevant to me	4,00 (,000)
The course content was appropriate and was presented in a structured manner	3,75 (,000)
There has been an appropriate combination between theory and practice	3,75 (,000)



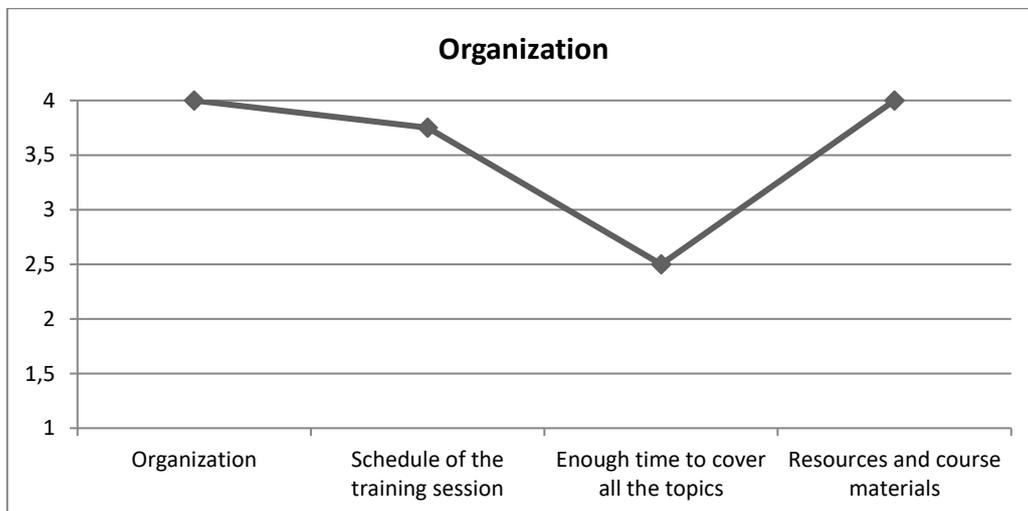
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	4,00 (,000)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



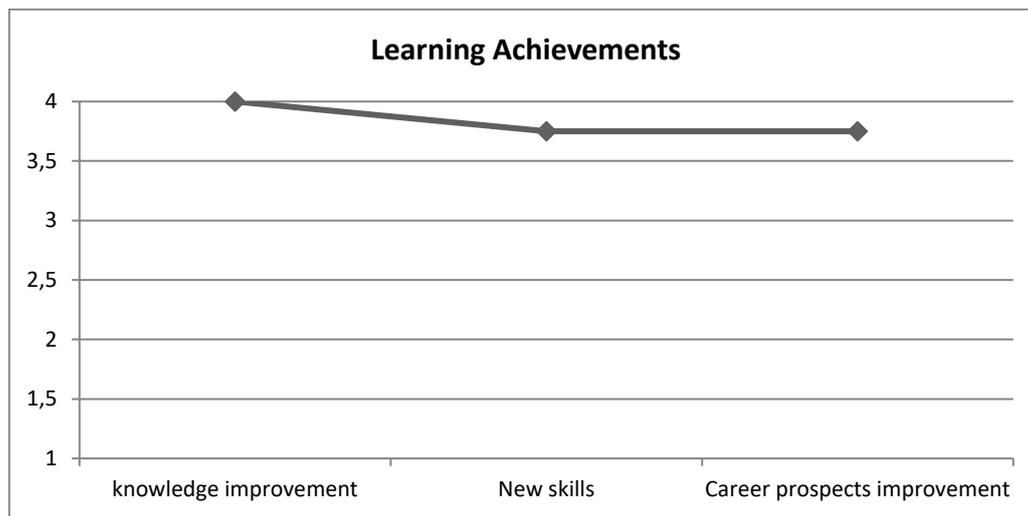
Related to Organization

	M (S)
The course was well organized: information, registration process, etc.	4,00 (,000)
The schedule of the training session/s has helped my attendance	3,75 (,000)
The schedule provided enough time to cover all the topics	2,50 (,000)
The resources and course materials were useful	4,00 (,000)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	4,00 (.000)
The course has allowed me to acquire new skills	3,75 (.000)
The course has improved my career prospects	3,75 (.000)



Activity details

Activity	How to expand your network of contacts to get a job (virtual)
Date	19/05/2025
Time	10 – 12
Language	Catalan
Trainer	Barcelona Activa
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Expanding your network of contacts ▪ Managing your network ▪ Using your network for job searching

Responder's details

Number of participants	16
Number of responders	6
Status	First stage researchers

Participants Satisfaction/Opinion

Overall course rating	8,33 out of 10
------------------------------	----------------

The participants answered a satisfaction questionnaire prepared by Barcelona Activa.

	M (S)
Expectatives	8,17
Útil per adquirir noves competències	7,67
Útil per millorar el nivell de coneixement	8
Durada	8
Continguts	8
Aplicació pràctica	7,33
Formador/a	8,67
Plataforma	8,67
Recomanació de l'activitat	8

Activity details

Activity	Research Yourself (on-site)
Date	19, 26/05, 2 & 16/06/2025
Time	15:00 h to 17:00h
Language	Catalan
Trainers	Elvira Reche (PhD in Health Psychology)
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> • What is and what is not mindfulness. Is it useful for scientific personnel? • Do we have an emotional profile? What is emotional regulation? Can it be measured? • What are the main stressors of research staff? What are my time constraints during my PhD and why do I procrastinate...sometimes? • Is a conscious communication with my research group and/or thesis director possible?

Responder's details

Number of participants	8
Number of responders	5
Gender	<ul style="list-style-type: none"> ▪ Female (n = 2) ▪ Male (n = 2) ▪ Others (n = 1)
Area of interest	<ul style="list-style-type: none"> ▪ Social and Juridical Sciences (n= 1) ▪ Health Sciences (n = 3) ▪ Sciences (n= 1)
Status	First Stage Researcher with grant (n= 3) First Stage Researcher without grant (n= 2)
Doctorate year	<ul style="list-style-type: none"> ▪ 1st (n = 3) ▪ 2nd (n = 2)

Participants Satisfaction/Opinion

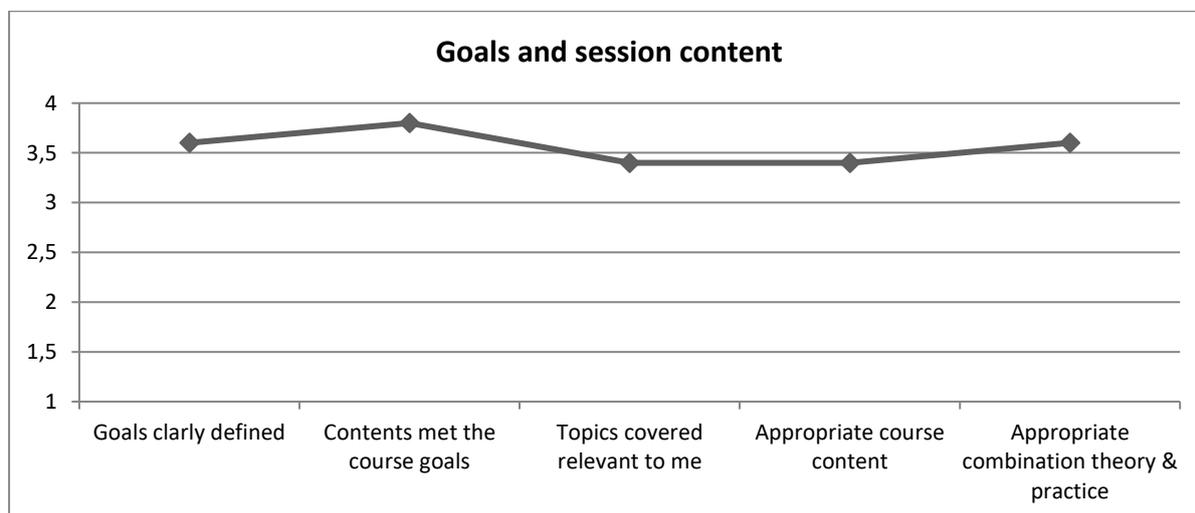
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer interacted with the group ▪ The trainer was knowledgeable about the training topics ▪ The trainer explained the concepts clearly
The worst	<ul style="list-style-type: none"> ▪ The course helped me in developing more effective communication skills ▪ The course increased my skills in how to manage my time ▪ The contributed to increase my awareness on my personal values
Overall course rating	8,30 out of 10
Participants recommend the course to others	100%

Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,60 (,000)
The contents developed have met the course goals	3,80 (,000)
The topics covered were relevant to me	3,40 (,000)
The course content was appropriate and was presented in a structured manner	3,40 (,000)
There has been an appropriate combination between theory and practice	3,60 (,000)

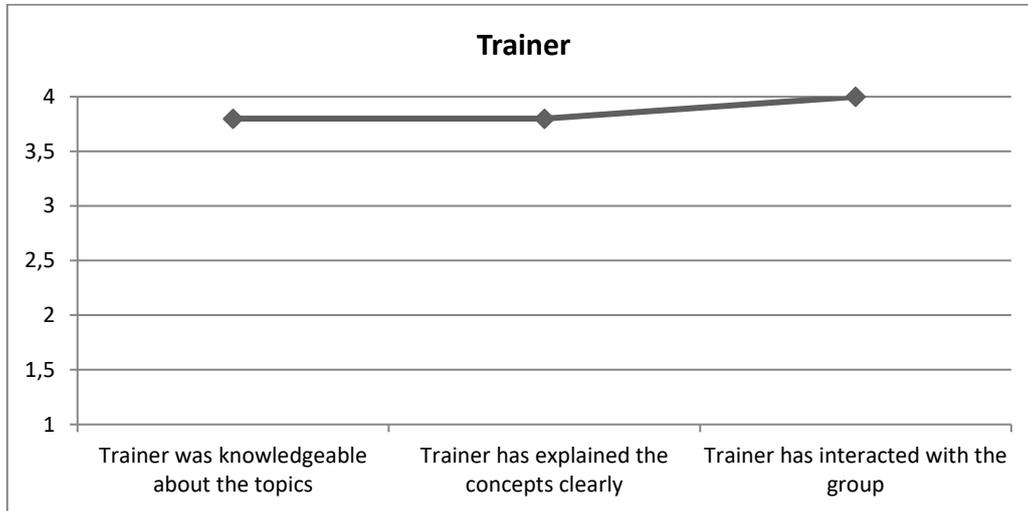


Related to the Trainer

	M (S)

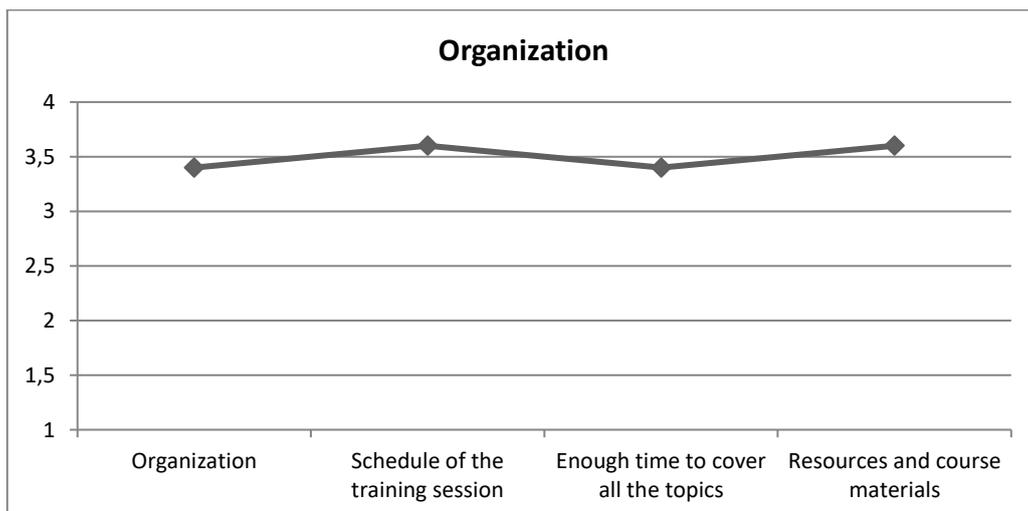
TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “RESEARCH YOURSELF” (19, 26/05, 2 & 16/06/2025)

The trainer was knowledgeable about the training topics	3,80 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,80 (,000)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



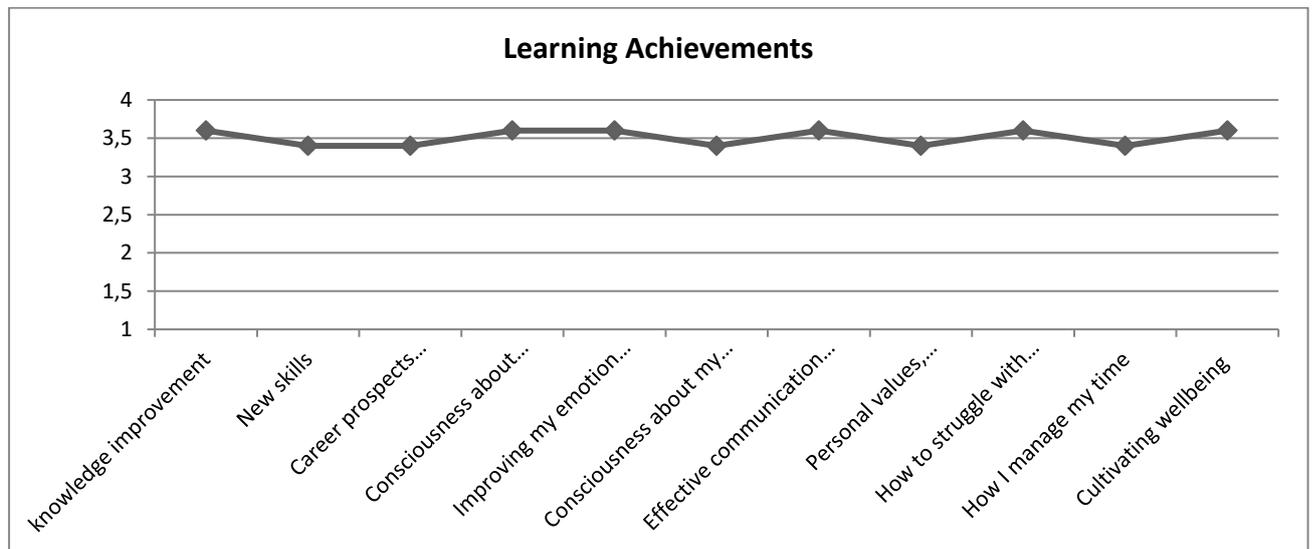
Related to Organization

	M (S)
The course was well organized: information, registration process, etc.	3,40 (,000)
The schedule of the training session/s has helped my attendance	3,60 (,000)
The schedule provided enough time to cover all the topics	3,40 (,000)
The resources and course materials were useful	3,60 (,000)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,60 (,000)
The course has allowed me to acquire new skills	3,20 (,000)
The course has improved my career prospects	3,20 (,000)
The course has increased consciousness about stress situations in my life	3,40 (,000)
The course has helped me in improving my emotion regulation skills	3,40 (,000)
The course has boosted consciousness about my own reactive patterns	3,60 (,000)
The course has helped me in developing more effective communication skills	2,80 (,000)
The course contributed to increase my awareness on my personal values, opportunities and goals and enhanced my connection to them	3,00 (,000)
The course has given me tools in how to struggle with difficulties in my research activities	3,40 (,000)
The course has increased my skills in how I manage my time	3,00 (,000)
The course has improved my skills in cultivating wellbeing during my PhD	3,60 (,000)



Activity details

Activity	Gender Perspective in Research (on-site)
Date	20 & 22/05/2025
Time	10:00-13:00
Language	Spanish
Trainer	Enrico Mora
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Sex-gender dimension ▪ Gender in research ▪ Arising awareness ▪ Detecting gender biases and stereotypes

Responder's details

Number of participants	13
Number of responders	11
Area of interest	<ul style="list-style-type: none"> ▪ Arts & Humanities (n = 3) ▪ Health Sciences (n = 4) ▪ Sciences (n = 1) ▪ Social and Juridical Sciences (n = 3)
Status	First Stage Researcher with grant (n = 4) First Stage Researcher without grant (n = 7)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

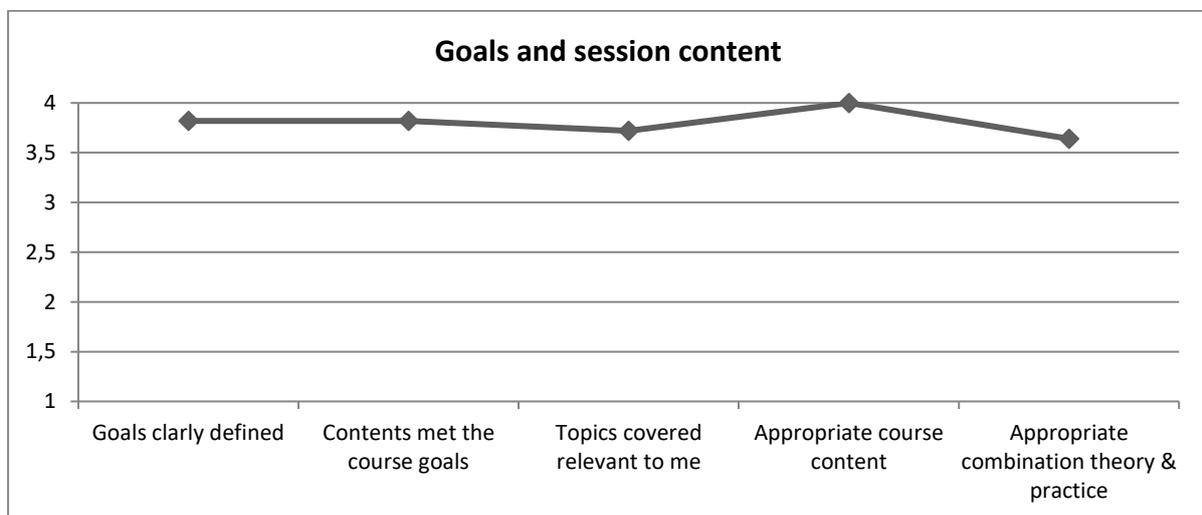
Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer interacted with the group ▪ The course contents were appropriate and well structured ▪ The trainer explained the concepts clearly
The worst	<ul style="list-style-type: none"> ▪ The time to cover all the topics ▪ The improvement of career prospects ▪ The schedule
Overall course rating	9,14 out of 10

Participants recommend the course to others	100%
---	------

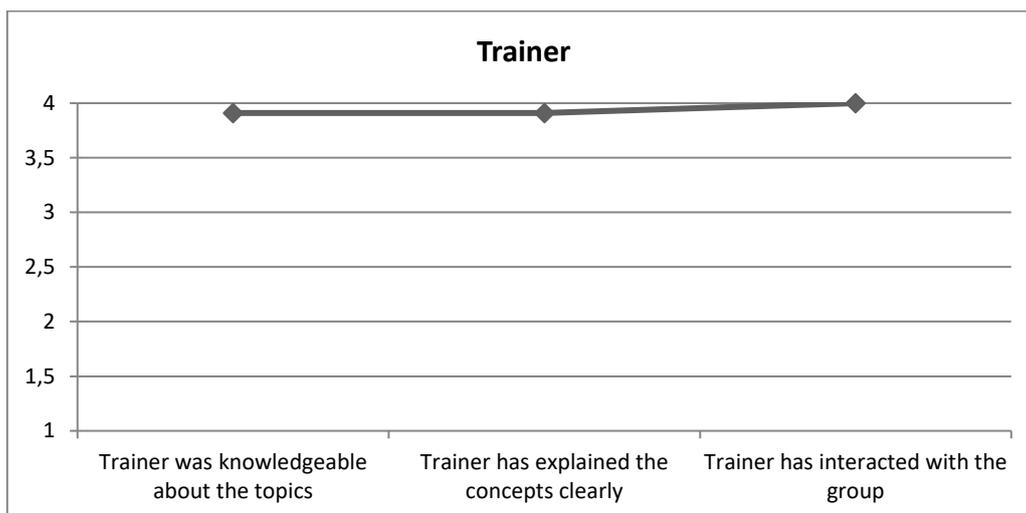
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,81 (,818)
The contents developed have met the course goals	3,81 (,818)
The topics covered were relevant to me	3,72 (,727)
The course content was appropriate and was presented in a structured manner	4,00 (,000)
There has been an appropriate combination between theory and practice	3,63 (,636)



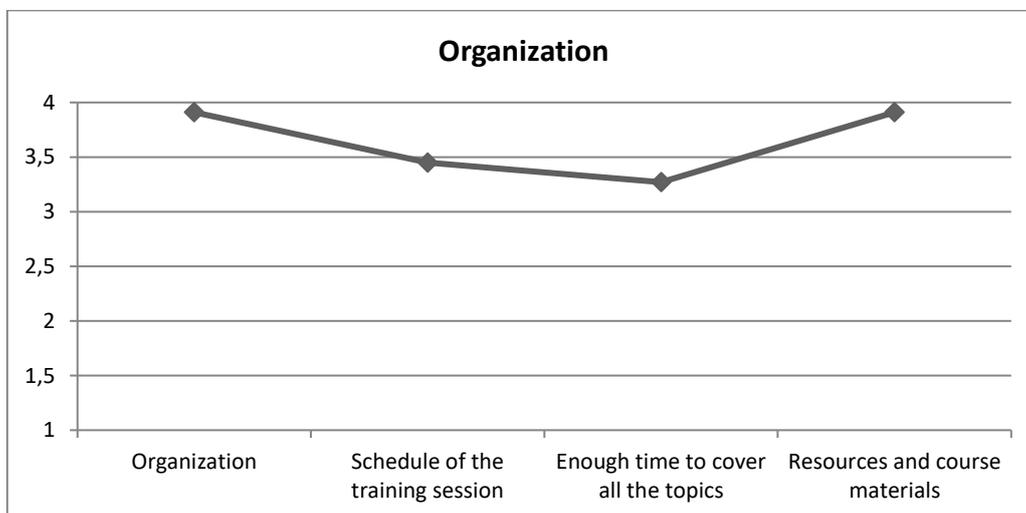
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	3,90 (,909)
The trainer has explained the concepts clearly and in an understandable way	3,90 (,909)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



Related to Organization

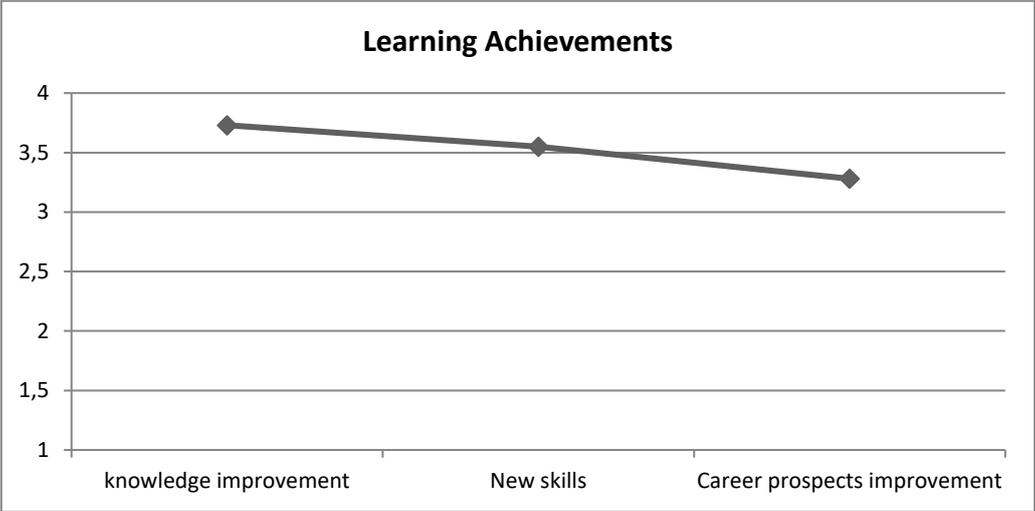
	M (S)
The course was well organized: information, registration process, etc.	3,90 (,909)
The schedule of the training session/s has helped my attendance	3,45 (,455)
The schedule provided enough time to cover all the topics	3,27 (,273)
The resources and course materials were useful	3,90 (,909)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,72 (,727)
The course has allowed me to acquire new skills	3,54 (,545)

The course has improved my career prospects	3,27 (,273)
---	-------------



Activity details

Activity	Presenting Research (virtual)
Date	20/05 to 19/06/2025
Time	Tuesdays and Thursdays, 17:00 – 19:00
Language	English
Trainer	Jose Ygoa (Servei de Llengües)
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Oral presentations for specialised audiences ▪ Persuasive language ▪ Register and linguistic correctness

Responder’s details

Number of participants	7
Number of responders	5
Area of interest	<ul style="list-style-type: none"> ▪ Arts & Humanities (n = 2) ▪ Social and Juridical Sciences (n = 1) ▪ Health Sciences (n = 2)
Status	First Stage Researcher with grant (n =2) First Stage Researcher without grant (n=3)

Participants Satisfaction/Opinion

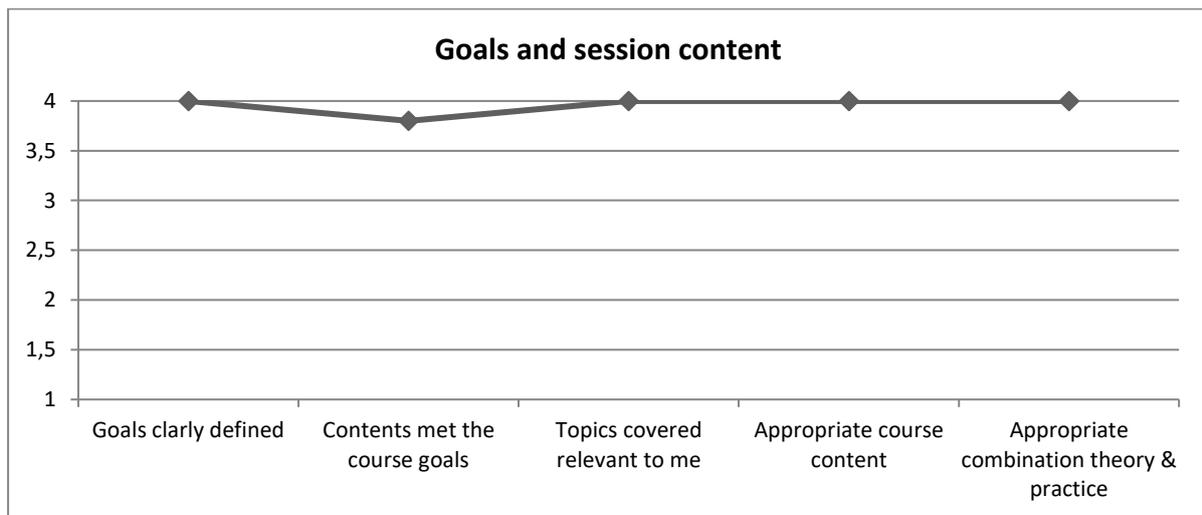
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer was knowledgeable about the training topics, explained the concepts clearly and interacted with the group ▪ The personal relevance of the topics covered ▪ The new skills acquired ▪ The improvement of career prospects
The worst	<ul style="list-style-type: none"> ▪ The goals met ▪ The contents ▪ The schedule
Overall course rating	9,20 out of 10
Participants recommend the course to others	100%

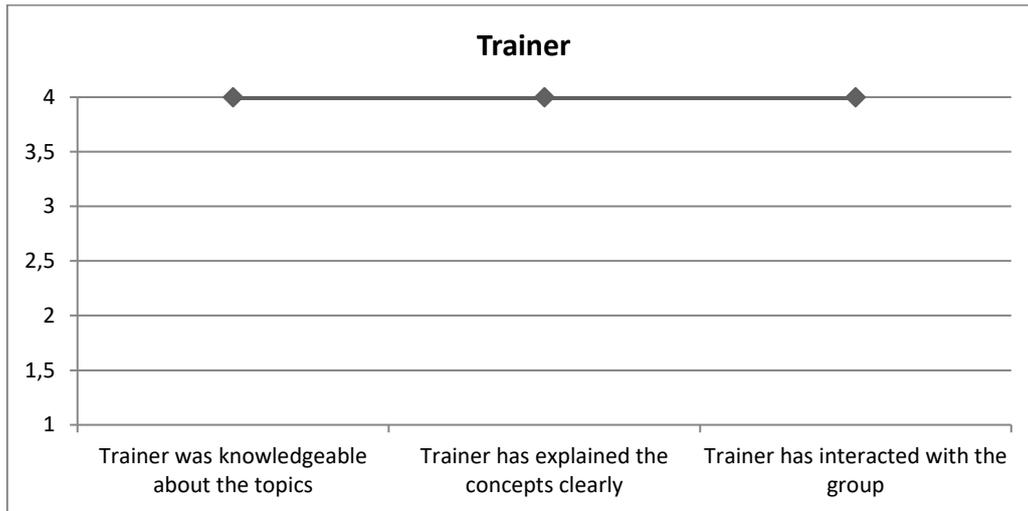
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	4,00 (,000)
The contents developed have met the course goals	3,80 (,000)
The topics covered were relevant to me	4,00 (,000)
The course content was appropriate and was presented in a structured manner	4,00 (,000)
There has been an appropriate combination between theory and practice	4,00 (,000)



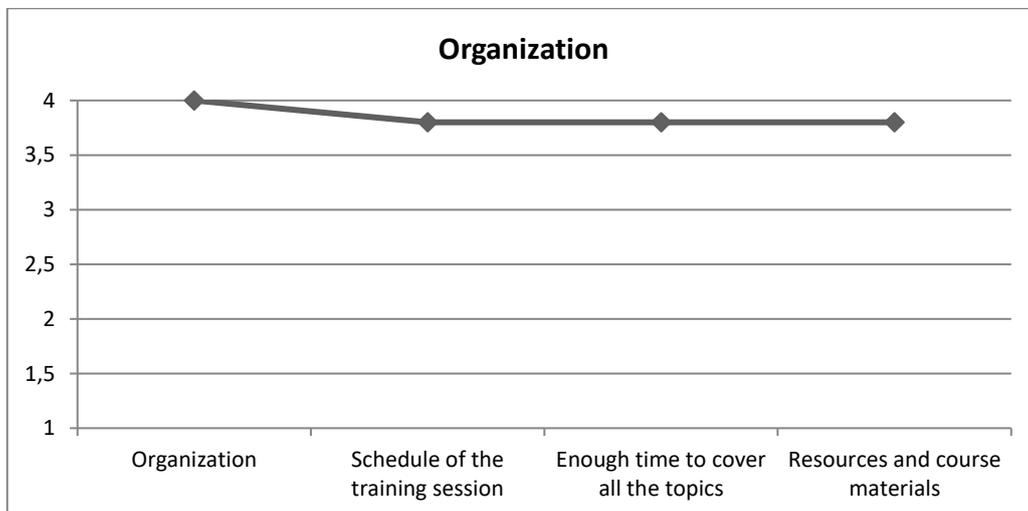
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	4,00 (,000)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



Related to Organization

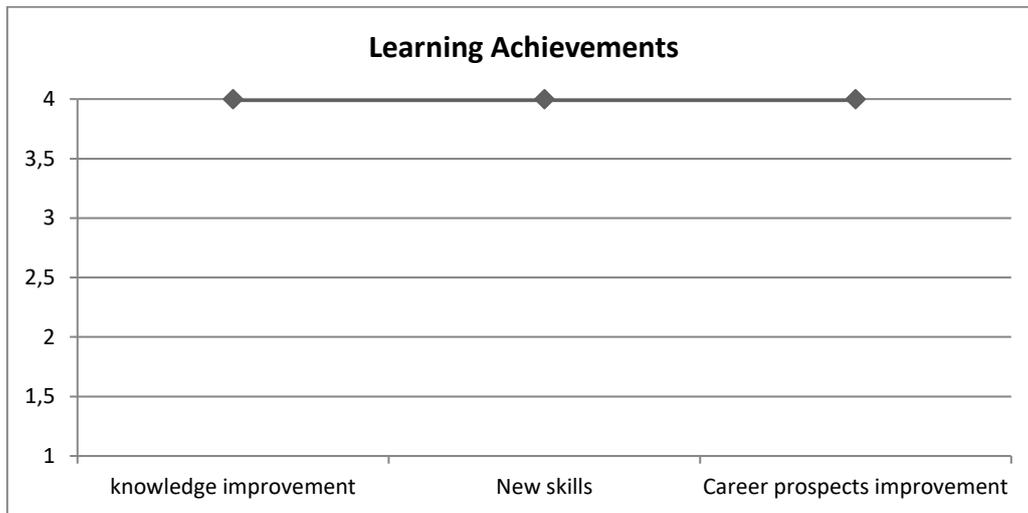
	M (S)
The course was well organized: information, registration process, etc.	4,00 (,000)
The schedule of the training session/s has helped my attendance	3,80 (,000)
The schedule provided enough time to cover all the topics	3,80 (,000)
The resources and course materials were useful	3,80 (,000)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	4,00 (,000)
The course has allowed me to acquire new skills	4,00 (,000)

The course has improved my career prospects	4,00 (,000)
---	-------------



Activity details

Activity	Statistical Concepts in Research (virtual)
Date	26/05 to 16/06/2025
Time	Teams sessions 10:30 – 12:00
Language	Spanish
Trainer	UAB Service of Applied Statistics
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Introduction and general concepts ▪ Design of descriptive studies ▪ Design of comparative studies

Responder’s details

Number of participants	18
Number of responders	14
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n = 3) ▪ Engineering and Architecture (n = 1) ▪ Sciences (n= 5) ▪ Health sciences (n= 3) ▪ Social and Juridical Sciences (= 2)
Status	First Stage Researcher with grant (n =9) First Stage Researcher without grant (n=5)

Participants Satisfaction/Opinion

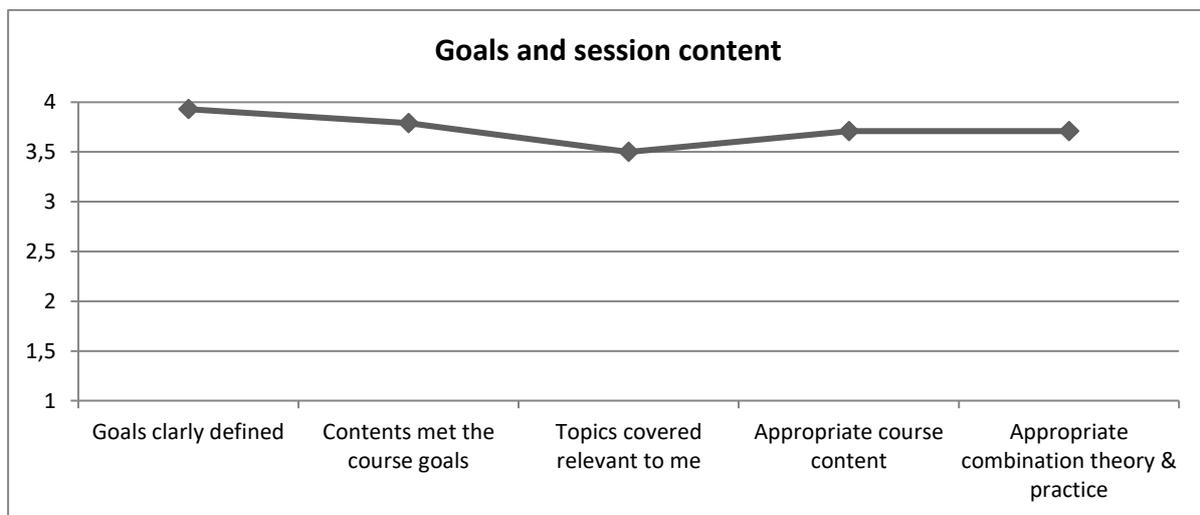
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

The best	<ul style="list-style-type: none"> ▪ The trainer was knowledgeable about the training topics ▪ The trainer interacted with the group ▪ The course was well organized
The worst	<ul style="list-style-type: none"> ▪ The improvement of career prospects ▪ The new skills acquired ▪ The time to cover all the topics
Overall course rating	8,50 out of 10
Participants recommend the course to others	100%

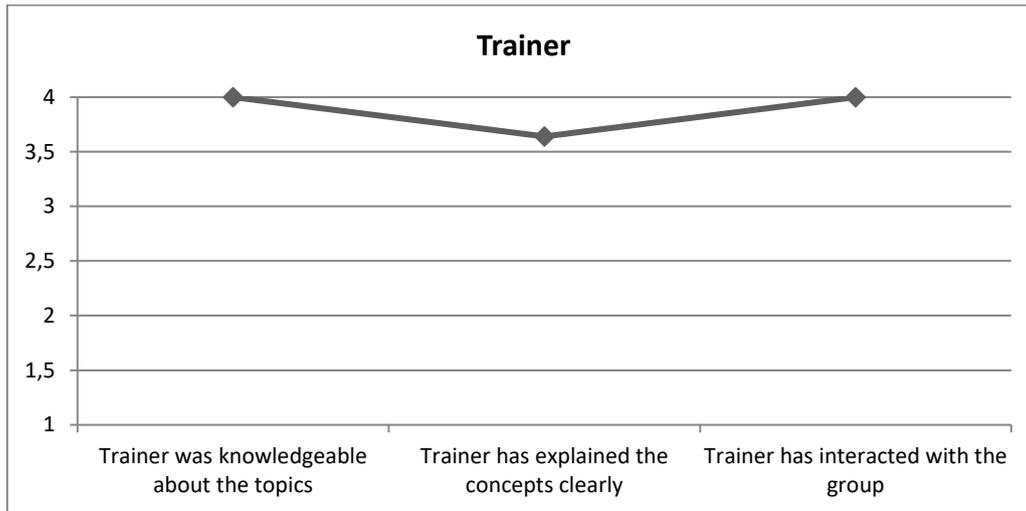
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,92 (,857)
The contents developed have met the course goals	3,78 (,571)
The topics covered were relevant to me	3,50 (,000)
The course content was appropriate and was presented in a structured manner	3,71 (,429)
There has been an appropriate combination between theory and practice	3,71 (,429)



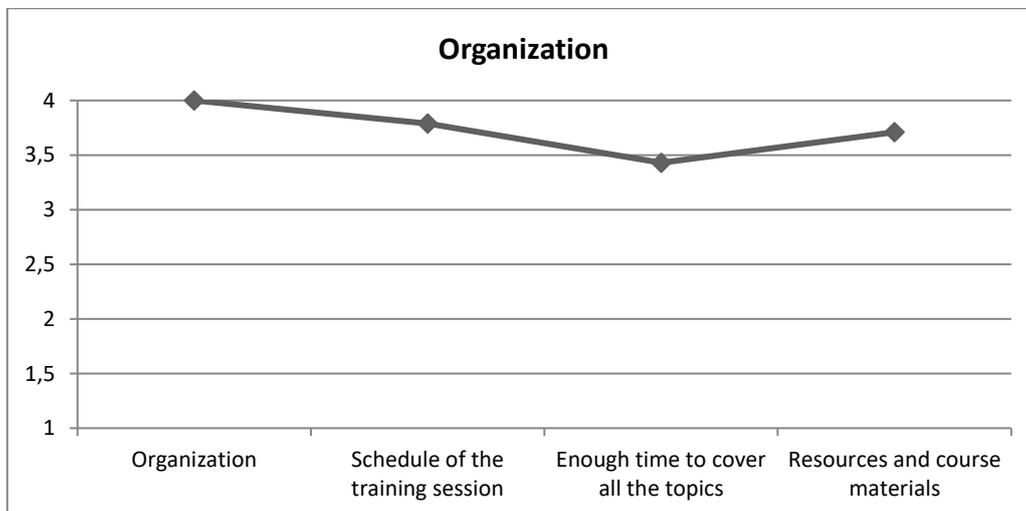
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,64 (,286)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



Related to Organization

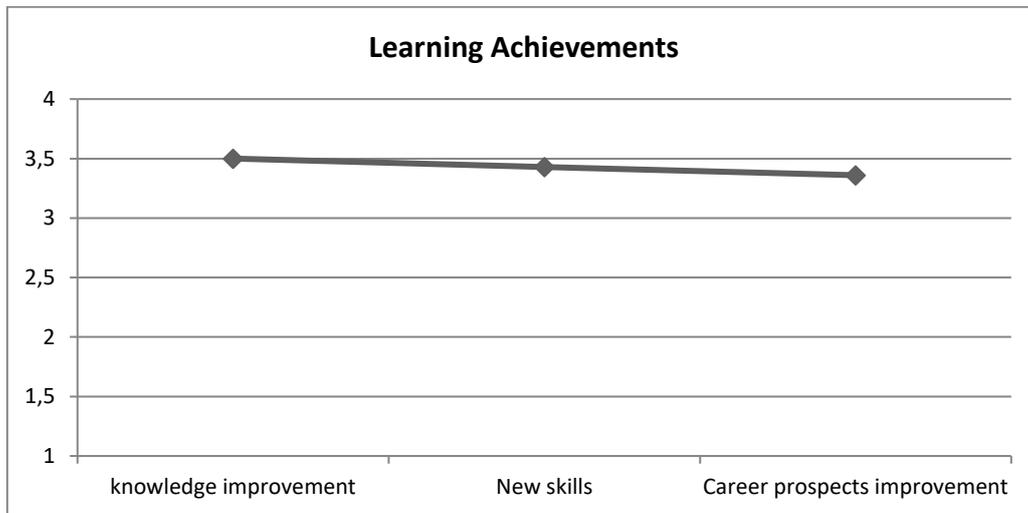
	M (S)
The course was well organized: information, registration process, etc.	4,00 (,000)
The schedule of the training session/s has helped my attendance	3,78 (,571)
The schedule provided enough time to cover all the topics	3,42 (,857)
The resources and course materials were useful	3,71 (,429)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,50 (,000)
The course has allowed me to acquire new skills	3,42 (,857)

The course has improved my career prospects	3,35 (,714)
---	-------------



Activity details

Activity	How to communicate your research on social media (virtual)
Date	27 & 29/05/2025
Time	10:00 – 12:00
Language	Spanish
Trainer	Doctoral School
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Combination of social media and science ▪ Social media and early stage researchers ▪ How to bring research at UAB and society closer by using social media ▪ How to prepare a strategy for #ComunicaCiencia ▪ Main 2.0 dissemination tools

Responder’s details

Number of participants	20
Number of responders	16
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n =4) ▪ Health Sciences (n =4) ▪ Sciences (n=3) ▪ Social and Juridical Sciences (=5)
Status	First Stage Researcher with grant (n =5) First Stage Researcher without grant (n=11)

Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

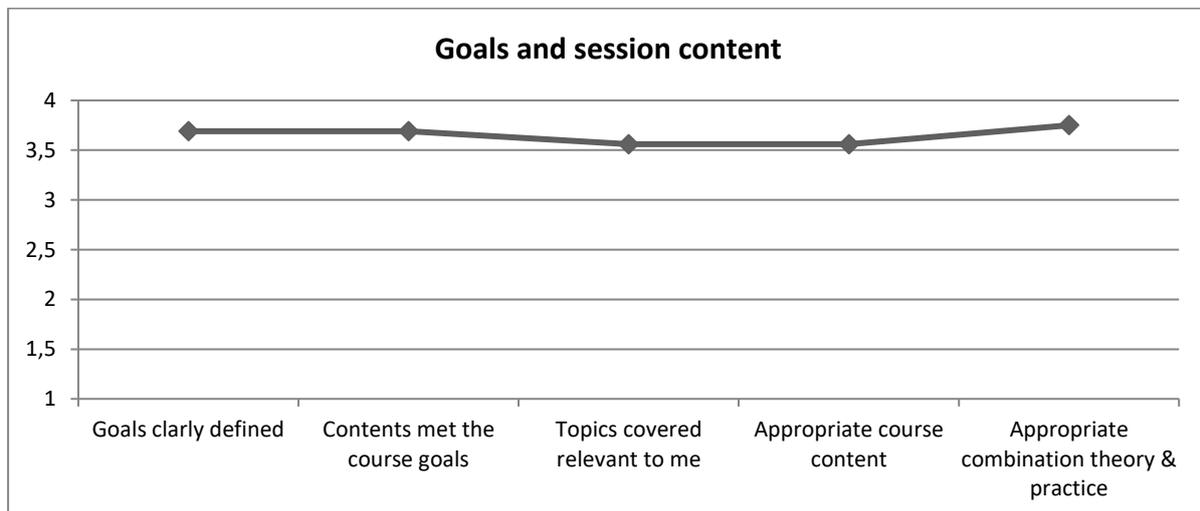
The best	<ul style="list-style-type: none"> ▪ The trainer interacted with the group ▪ The trainer was knowledgeable about the training topics ▪ The course was well organized
The worst	<ul style="list-style-type: none"> ▪ Personal relevance of the topics covered ▪ The structure and course content ▪ The improvement of career prospects

TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “HOW TO COMMUNICATE YOUR RESEARCH ON SOCIAL MEDIA” (27 & 29/05/2025)

Overall course rating	8.94 out of 10
Participants recommend the course to others	100%

Related to Goals and Session Content

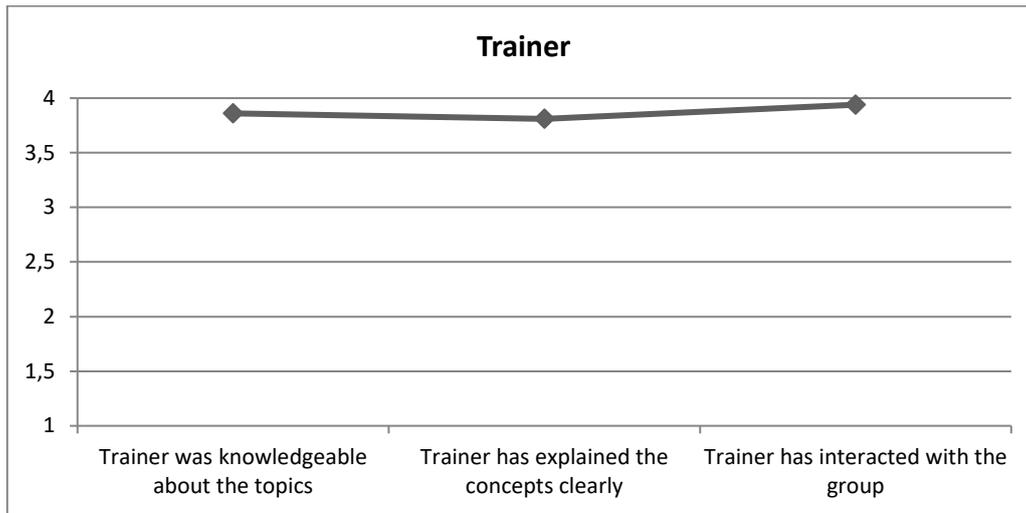
	M (S)
The goals of the training course were clearly defined	3,68 (,750)
The contents developed have met the course goals	3,68 (,750)
The topics covered were relevant to me	3,56 (,250)
The course content was appropriate and was presented in a structured manner	3,56 (,250)
There has been an appropriate combination between theory and practice	3,75 (,000)



Related to the Trainer

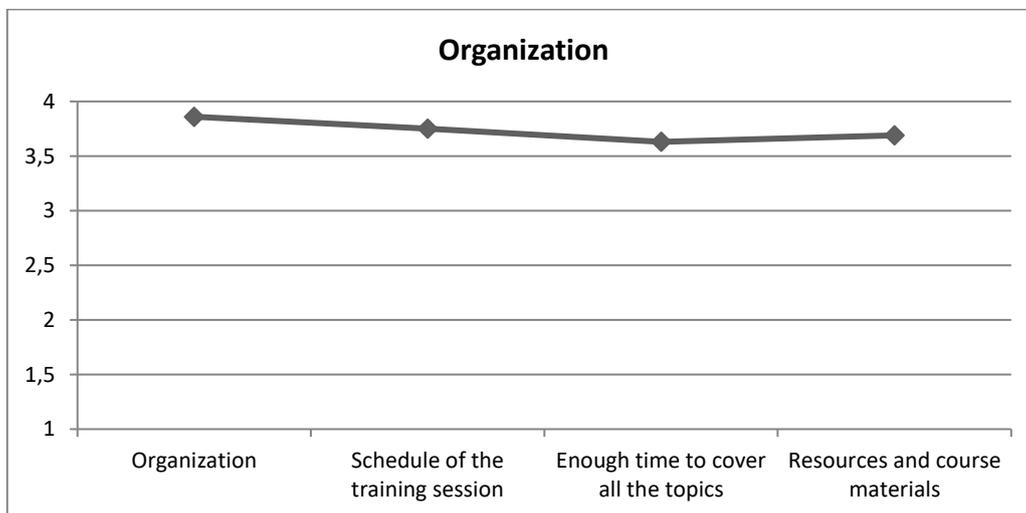
	M (S)
The trainer was knowledgeable about the training topics	3,87 (,500)
The trainer has explained the concepts clearly and in an understandable way	3,81 (,250)
The trainer has interacted with the group, for example, answering our questions	3,93 (,750)

TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “HOW TO COMMUNICATE YOUR RESEARCH ON SOCIAL MEDIA” (27 & 29/05/2025)



Related to Organization

	M (S)
The course was well organized: information, registration process, etc.	3,87 (,500)
The schedule of the training session/s has helped my attendance	3,75 (,000)
The schedule provided enough time to cover all the topics	3,62 (,500)
The resources and course materials were useful	3,68 (,750)

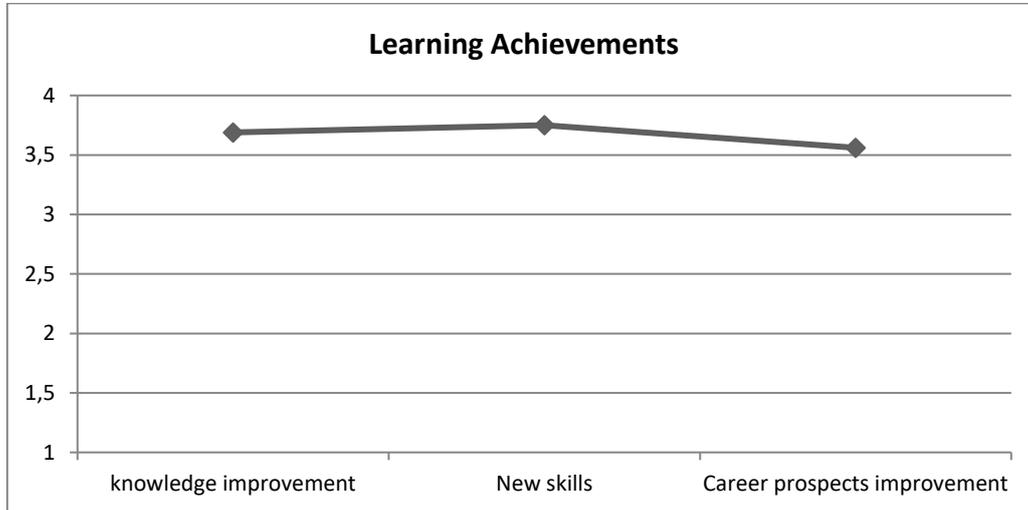


Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	3,68 (,750)

TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “HOW TO COMMUNICATE YOUR RESEARCH ON SOCIAL MEDIA” (27 & 29/05/2025)

The course has allowed me to acquire new skills	3,75 (,000)
The course has improved my career prospects	3,56 (,250)



Activity details

Activity	Boosting your Research Career (on-site)
Date	3 & 5/06/2025
Time	10:00-13:00
Language	Spanish (Materials in English)
Trainer	Teresa Rosas
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Coneix-te a tu mateix ▪ Opcions després del doctorat ▪ Elaboració del CV ▪ Superar amb èxit una entrevista

Responder's details

Number of participants	8
Number of responders	6
Area of interest	<ul style="list-style-type: none"> ▪ Arts & Humanities (n= 1) ▪ Health Sciences (n = 1) ▪ Sciences (n = 1) ▪ Social and Juridical Sciences (n= 3)
Status	First Stage Researcher with grant (n =3) First Stage Researcher without grant (n=3)

Participants Satisfaction/Opinion

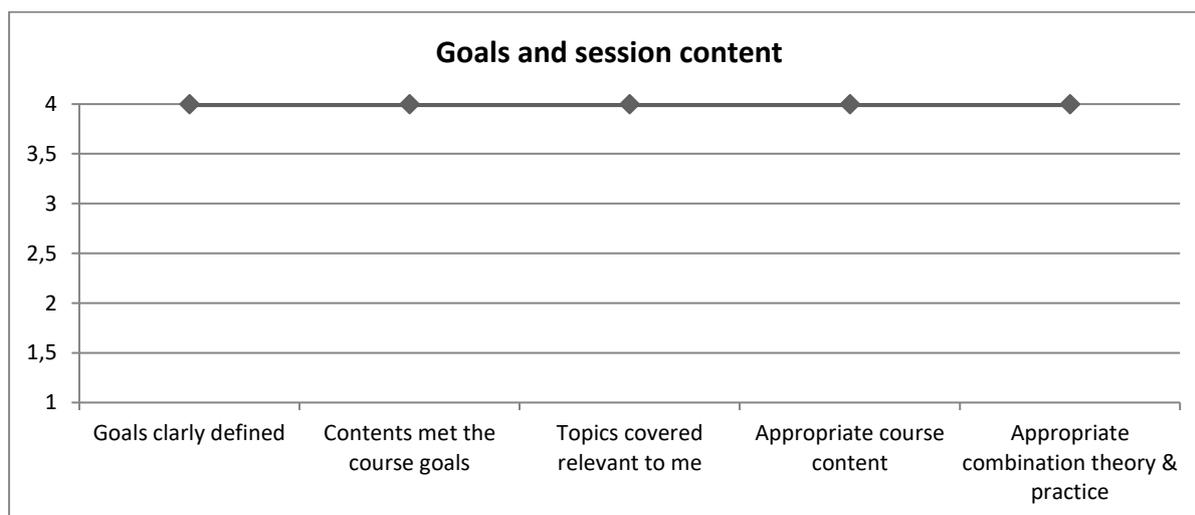
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

The best	<ul style="list-style-type: none"> ▪ The goals and content ▪ The trainer ▪ The resources ▪ The new skills acquired ▪ The improvement of career prospects
The worst	<ul style="list-style-type: none"> ▪ The time to cover all the topics
Overall course rating	10 out of 10
Participants recommend the course to others	100%

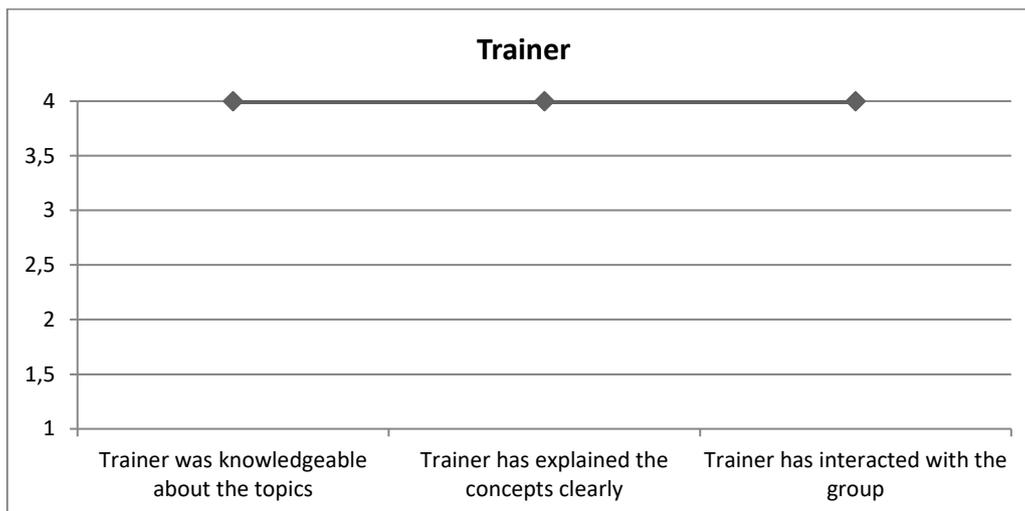
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	4,00 (,000)
The contents developed have met the course goals	4,00 (,000)
The topics covered were relevant to me	4,00 (,000)
The course content was appropriate and was presented in a structured manner	4,00 (,000)
There has been an appropriate combination between theory and practice	4,00 (,000)



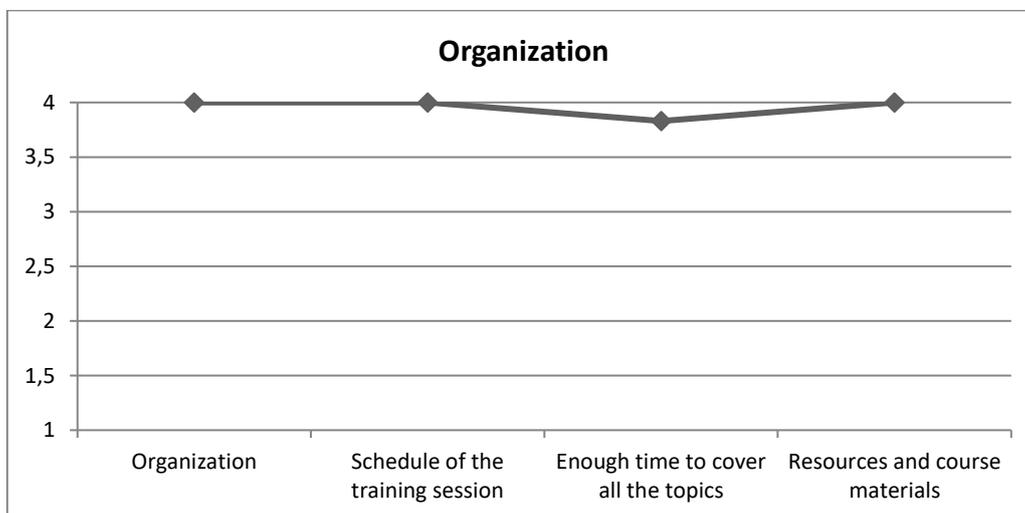
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	4,00 (,000)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



Related to Organization

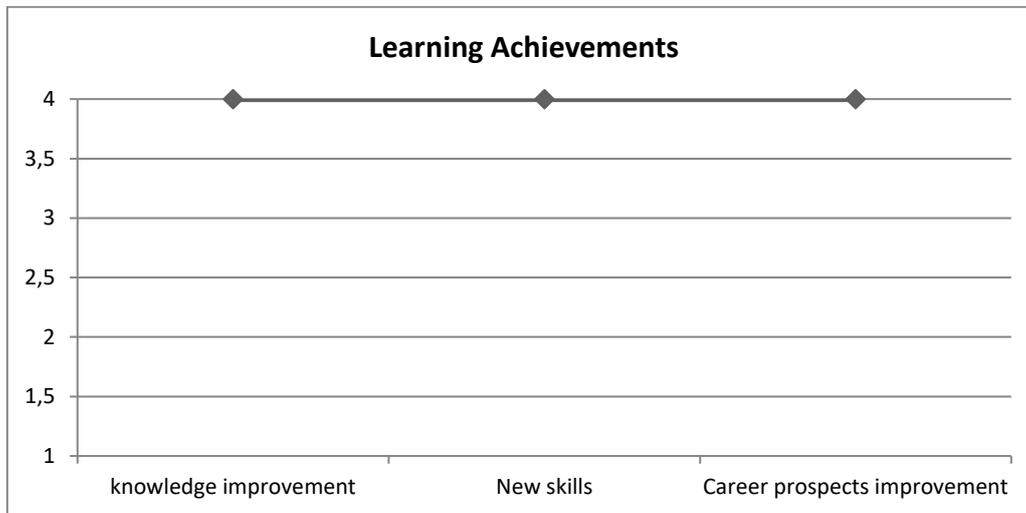
	M (S)
The course was well organized: information, registration process, etc.	4,00 (,000)
The schedule of the training session/s has helped my attendance	4,00 (,000)
The schedule provided enough time to cover all the topics	3,83 (,000)
The resources and course materials were useful	4,00 (,000)



Related to Learning Achievements

	M (S)
The course has improved my knowledge on the subject	4,00 (,000)
The course has allowed me to acquire new skills	4,00 (,000)

The course has improved my career prospects	4,00 (,000)
---	-------------



Activity details

Activity	What can I do after my PhD?
Date	18th June 2025
Time	15:00 - 17:30
Language	Catalan
Instructor	Doctoral School
Addressed to	First Stage Researchers
Topics covered	<ul style="list-style-type: none"> ▪ Cases of success (research grants) ▪ Career opportunities within and outside the academia

Responder's details

Number of participants	32 doctoral students
Number of responders	22
Area of interest	<ul style="list-style-type: none"> ▪ Arts and Humanities (n = 7) ▪ Social and Juridical Sciences (n = 4) ▪ Sciences (n = 5) ▪ Health Sciences (n = 6)
Status	First Stage Researcher with grant (n = 11) First Stage Researcher without grant (n = 11)

Participants Satisfaction/Opinion

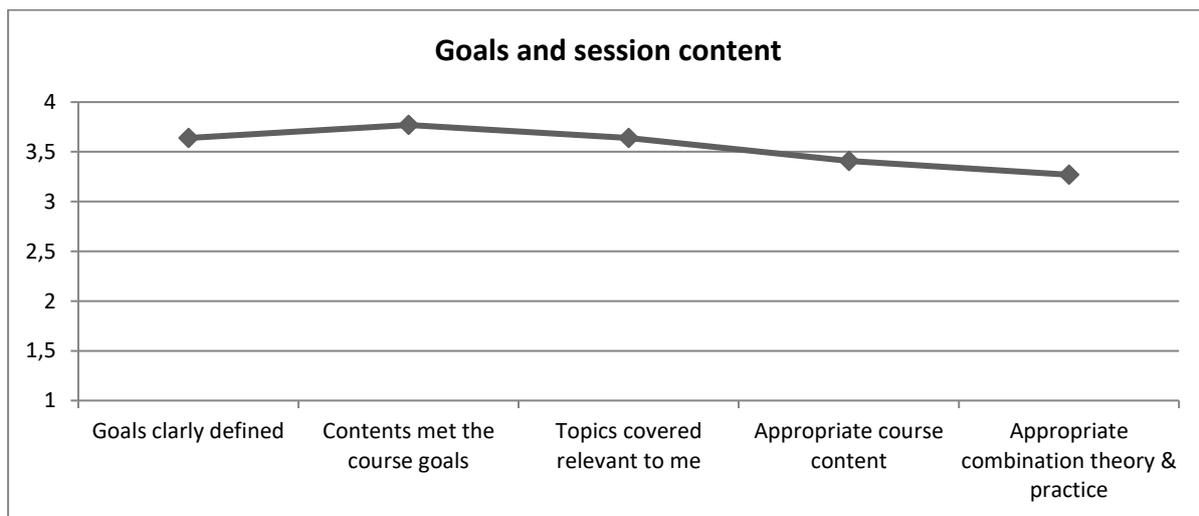
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

Overall reaction

The best	<ul style="list-style-type: none"> ▪ The contents met the course goals ▪ The trainer interacted with the group ▪ The trainer was knowledgeable about the training topics
The worst	<ul style="list-style-type: none"> ▪ The improvement of the career prospects ▪ The combination between theory and practice ▪ The content was appropriate and structured
Overall course rating	8,41 out of 10
Participants recommend the course to others	95,45%

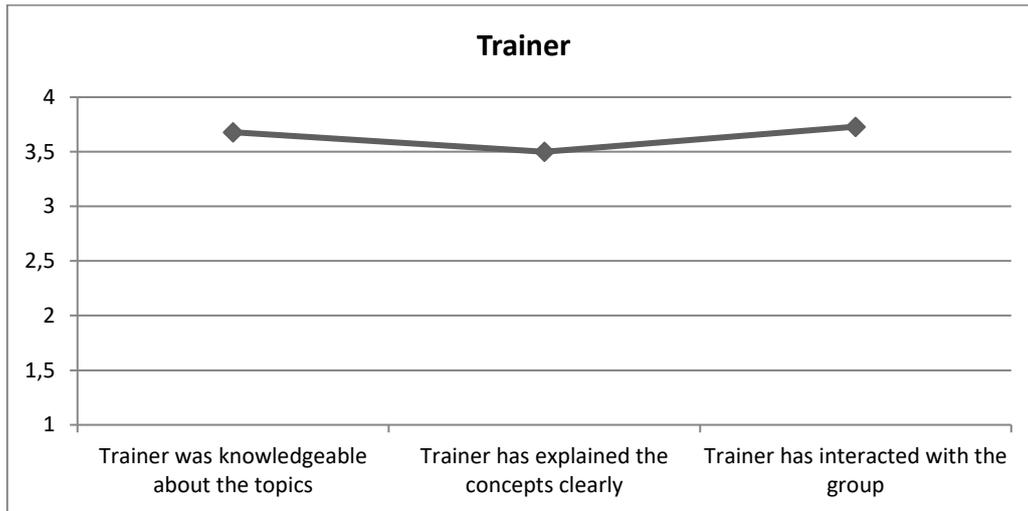
Related to Goals and Session Content

	M (S)
The goals of the training course were clearly defined	3,63 (,636)
The contents developed have met the course goals	3,77 (,273)
The topics covered were relevant to me	3,63 (,636)
The course content was appropriate and was presented in a structured manner	3,40 (,909)
There has been an appropriate combination between theory and practice	3,27 (,273)



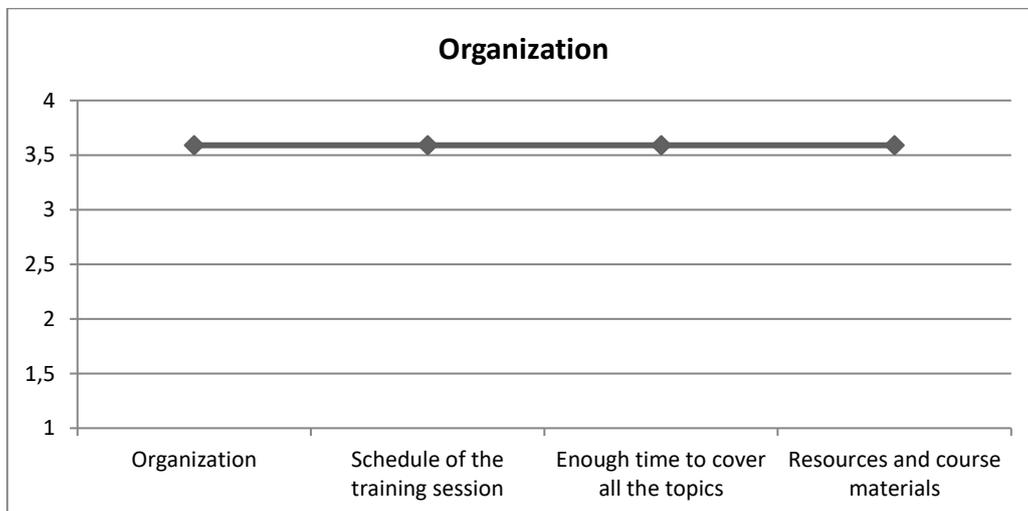
Related to the Trainer

	M (S)
The trainer was knowledgeable about the training topics	3,68 (,182)
The trainer has explained the concepts clearly and in an understandable way	3,50 (,000)
The trainer has interacted with the group, for example, answering our questions	3,72 (,727)



Related to Organization

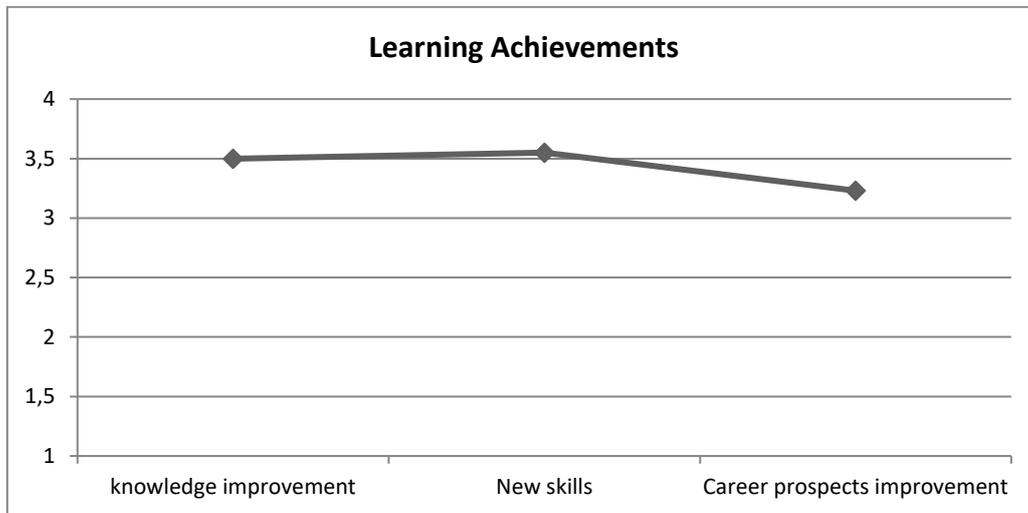
	M (S)
The course was well organized: information, registration process, etc.	3,59 (.091)
The schedule of the training session/s has helped my attendance	3,59 (.091)
The schedule provided enough time to cover all the topics	3,59 (.091)
The resources and course materials were useful	3,59 (.091)

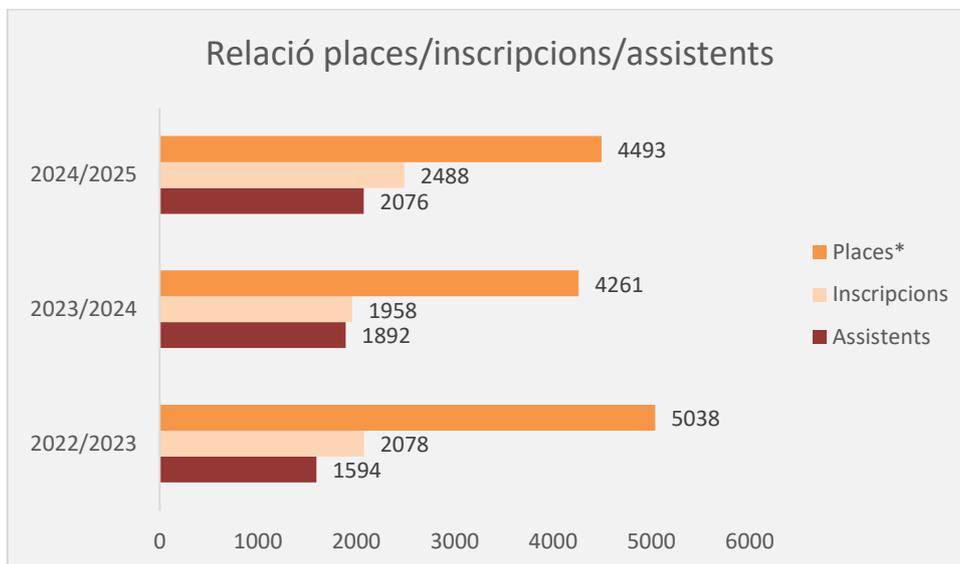
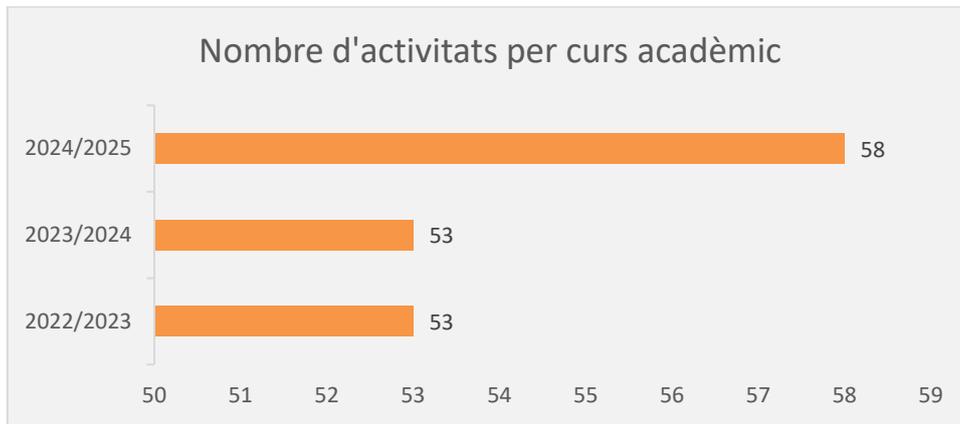


Related to Learning Achievements

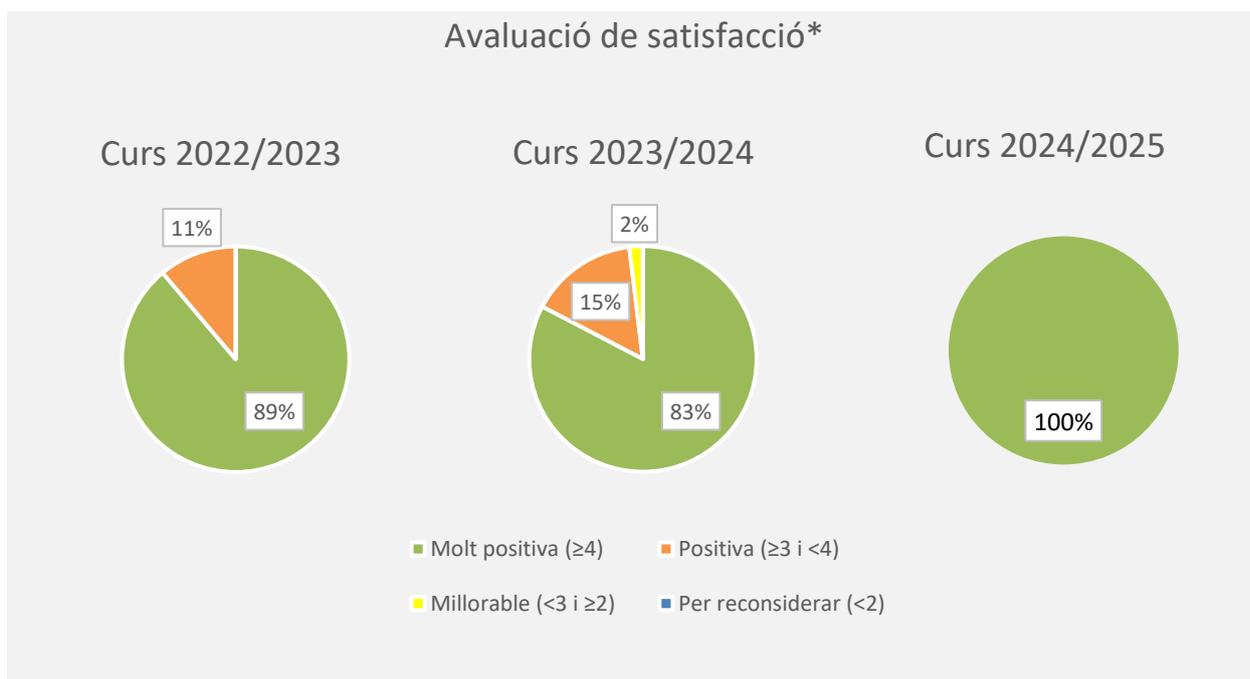
	M (S)
The course has improved my knowledge on the subject	3,50 (.000)
The course has allowed me to acquire new skills	3,54 (.545)

The course has improved my career prospects	3,22 (,727)
---	-------------

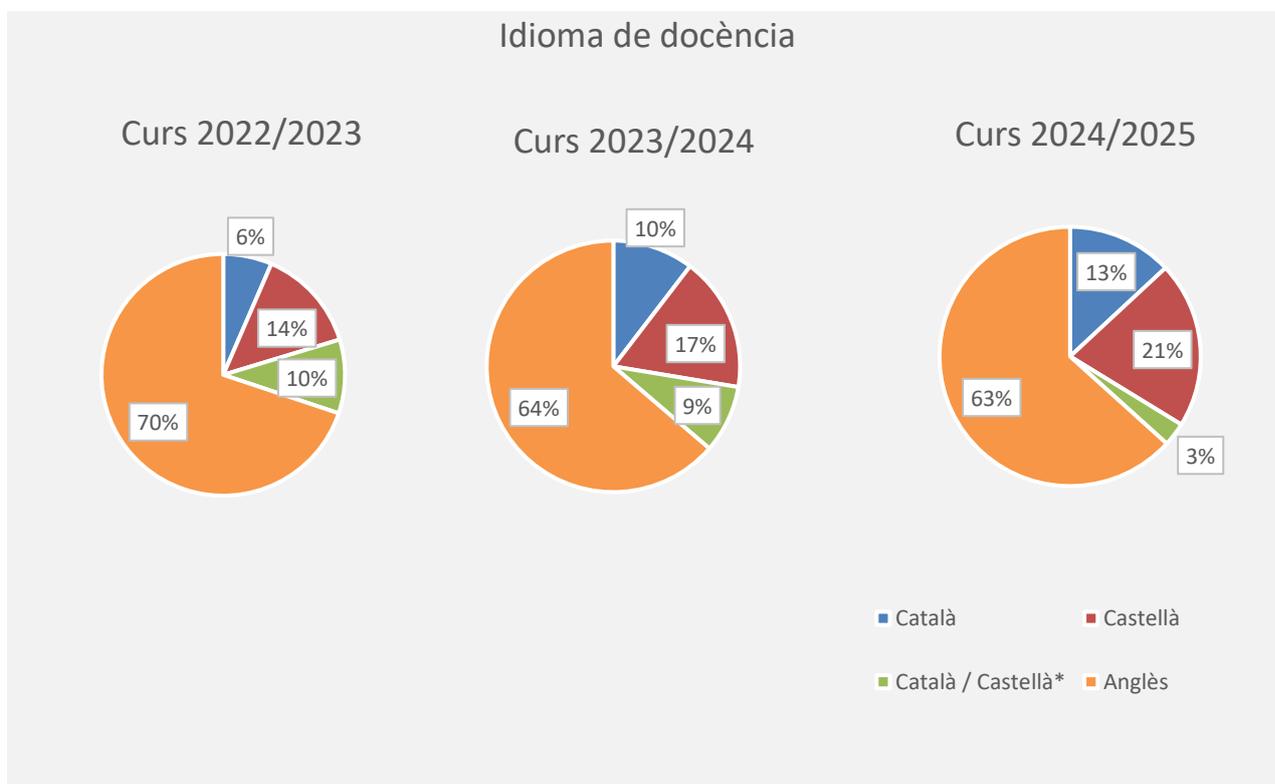




* Per als cursos d'autoaprenentatge o amb aforament il·limitat, s'ha igualat el nombre de places al total d'inscripcions.



*Del total d'activitats amb valoració.



*Activitats sense un idioma definit d'inici. S'adapten a l'idioma de les persones assistents o fins i tot s'intercalen.