

ACADEMIC YEAR 2021-2022

October 2021

RESENTING RESEARCH

Date: 13/10/2021 to the 17/11/2021, Mondays and Wednesdays from 14 to 16 h

Mode: virtual

Language: English

Trainer: Servei de Llengües

Addressed to: early stage researchers with an accredited B2.2 English level and who do not have English as a native or native-like language

The Doctoral school organises, together with the Languages Service, this course aimed at strengthening researchers' skills for presentations in English in working sessions, workshops, seminars and conferences. Participants will learn to control anxiety and nerves before a presentation, to choose and organize contents to make an interesting and persuasive oral presentation and to adapt their discourse to the public. They will also learn to develop and use a script and other support systems for the transmission of content (PowerPoint or Prezi), to express themselves naturally and to manage the questions of the audience. The course also focuses on aspects such as register and linguistic correctness.

More information and registrations via [Aula Moodle](#).

REDACTAR LA TESIS EN INGLÉS

Ciencias Sociales y Jurídicas, Artes y Humanidades

Fecha: del 18/10/2021 al 22/11/2021, lunes y miércoles de 13 a 15 h

Modalidad: virtual

Idioma: inglés

Formador: Servei de Llengües

Ciencias, Ciencias de la Salud e Ingenierías

Fecha: del 19/10/2021 al 18/11/2021, martes y jueves de 13 a 15 h

Idioma: inglés

Formador: Servei de Llengües

Dirigido a: personal investigador en formación que acredite un nivel B2.2 de inglés y que no tenga el inglés como idioma nativo

Se tratan cuestiones relacionadas con la redacción académico-científica, con las características de los lenguajes de especialidad y con las convenciones propias de los textos formales universitarios. El curso se concibe como un apoyo en el proceso de redacción de la tesis. Los participantes pueden aportar pequeños fragmentos del texto para resolver dificultades concretas de su proceso de escritura. Les sesiones de este curso se realizarán de manera virtual por videoconferencia.

[More information on this course on how to write the thesis in English.](#)

WRITING AN ABSTRACT AND OUTLINING A SCIENTIFIC PAPER

Date 1st group: 25/10/2021 from 10 to 12 h

Date 2nd group: 26/10/2021 from 15 to 17 h

Mode: virtual

Language: English

Trainer: Blanca Arias Badia,

Addressed to: early stage researchers

The Doctoral School organises this workshop that aims to provide answer answers to the following questions, among other: What kind of information should an abstract include? What is the clearest way to distribute information in an abstract? Why are keywords important? How can we avoid vagueness? Other aspects such as structure and style will be considered, as well as further practical matters, such as hints on how to meet today's editors' and reviewers' expectations.

This practical session will be based on real examples in different fields of study. Attendants are also invited to bring their own abstracts to the workshop so their proposals can be discussed together.

More information and registrations via [Aula Moodle](#).

November 2021

RESEARCH YOURSELF ®

Date: 4, 11, 18 and 25/11/2021, from 15 to 17 h

Mode: virtual

Language: English

Trainers: Elvira Reche and Albert Feliu, PhD in Health Psychology

Addressed to: early stage researchers

Is your doctorate causing you stress? Do you feel overwhelmed by pressure? Are you worried about your relationship with your supervisor and your team? Do you find it difficult to maintain a good work/life balance? According to recent studies, earning a doctorate, although gratifying, can also be a mentally challenging process. For that reason, the Doctoral School has organised this 4-session course that, by using coaching and mindfulness techniques, will give you tools to combat the anxiety, fears and frustrations that may arise during this training phase.

Session 1: Improve your emotional regulation and stress

Session 2: Basics for a good health in early stage researchers

Session 3: Improve communication with your team

Session 4: Manage your time till your thesis defense and prepare your life after the doctorate

The trainers are part of the UCAA (*Unitat de Coaching i Acompanyament Acadèmic*) a unit of the UAB Service of Psychology and

Logopedics: <https://sct.uab.cat/spl/node/219>

More information and registrations via [Aula Moodle](#).

RESPONSIBLE PHD: INTEGRATING RESPONSIBLE RESEARCH AND INNOVATION IN PHD RESEARCH

Date: 18 & 24/11/2021 from 10 to 13 h

Mode: virtual

Language: Spanish/Catalan. Materials: English

Trainers: Begoña Miñarro and Núria Claver

Addressed to: early stage researchers at the beginning of their PhD project.

This seminar will introduce PhD students to different concepts of Responsible Research and Innovation (RRI) and initiate deliberation on how to make a PhD research project more responsible. Students will read about and discuss several concepts of RRI in groups and then apply them to concrete case examples of R&I processes. Furthermore, participants will introduce their own PhD research projects or first project ideas and identify possibilities to make them more responsible by using various concepts of RRI.

Registrations via [Aula Moodle](#).

FROM IDEA TO PROTOTYPE: A SHORT DESIGN THINKING SESSION

Date: 25/11/2021 from 11 to 13 h

Mode: virtual

Language: English

Trainer: David Hernández (UAB Research Park)

Addressed to: early stage researchers

The Doctoral School organises, together with the UAB Research Park, this seminar to offer an approach to the process of transforming a simple idea into a real project by using the Design Thinking methodology.

Objectives:

- Give fundamental notions about the process of how to transform an idea in a real project
- Strengthen research within your projects by using Design Thinking
- Participate in processes of spontaneous creativity and co-creation
- Provide information about the UAB Open Labs and the facilities for prototyping

For more information and registrations visit the [Aula Moodle](#).

WELCOME SESSION. THE DOCTORAL STUDIES AS A FORMATIVE PROCESS. Academic year 2021-2022

Date: 29/11/2021, from 11 to 12 h.

Mode: virtual

Language: Spanish

Addressed to: early stage researchers

The Welcome Session of the UAB Doctoral School is specially addressed to first year PhD candidates but it is also open to other early stage researchers that may be interested in attending. This session will combine a live conference about open science with some videos available on Aula Moodle where some practical information will be given.

More information and registrations via [Aula Moodle](#).

December 2021

HOW TO DESIGN AND DEFEND YOUR PHD WITH THE IDEA PUZZLE® SOFTWARE

Date: 1/12/2020 from 11 to 12.30 h

Mode: virtual

Language: English

Trainer: Ricardo Morais (Idea Puzzle)

Addressed to: early stage researchers

The Doctoral School organises this seminar where the use and possibilities of the Idea Puzzle® software will be explained. This software is thought to design, diagnose, and defend research projects. It constitutes an investment in life-long research skills.

Contents:

1. Research as a system of 21 decisions
2. Theoretical decisions of your research
3. Methodological decisions of your research
4. Empirical decisions of your research
5. Rhetoric decisions of your research
6. Authorial decisions of your research
7. Application to participants' research with the Idea Puzzle® software

More information via [Aula Moodle](#).

DISSEMINATION OF SCIENCE

Date: 2/12/2021 to 21/12/2021, Tuesdays and Thursdays from 15 to 17 h

Mode: virtual

Language: English

Trainer: Servei de Llengües

Addressed to: early stage researchers with an accredited B2.2 level and who do not have English as a native or native-like language

The Doctoral School organises, together with the Languages Service, this course aimed at the production of texts for scientific dissemination, both oral and written, to learn how to use plain language to reach non-specialised audiences. Attendees will learn to adapt the content to the audience, the register and the pitch; to choose the appropriate words; to manage the redundancies and the words of transition; to control the negative and affirmative modalities of the speech in order to achieve maximum clarity; to properly manage the emergence of known and unknown information; to foster a good thematic progression; to determine the lengths of the sentences and the paragraphs to build them appropriately and to foster the comprehensibility and readability of the text, among other aspects.

Registrations via [Aula Moodle](#).

RESEARCH PAPERS

Health science, experimental science and engineering. Session shared with ICTA.

Date: 13/12/2021 to 26/01/2022, Mondays and Wednesdays from 10 to 12 h

Social Sciences and Humanities.

Date: 13/12/2021 to 26/01/2022, Mondays and Wednesdays from 14 a 16 h

Language: English

Mode: virtual

Trainer: Servei de Llengües

Addressed to: early stage researchers with an accredited B2.2 English level and who do not have English as a native or native-like language

Aim: To improve the writing of scientific papers in English

The Doctoral School organises, together with the Languages Service, this course on one of the most common sorts of discourse in scientific communication, the scientific paper. The participants develop and consolidate the necessary skills to write scientific papers in English. The course addresses aspects related to the standardized structure of papers (introduction, methodology, results, discussion, conclusions) and the formal and discursive characteristics that these parts must have. Questions related to English vocabulary and correct grammar and syntactic structures when writing papers are also addressed.

Registrations via [Aula Moodle](#).

ELEVATOR PITCH

Date: 16 & 21/12/2021 from 10 to 13 h

Language: English

Mode: virtual

Trainer: Servei de Llengües

Addressed to: early stage researchers with an accredited B2.2 English level and who do not have English as a native or native-like language

Aim: to prepare attendees to explain their projects in English and in a limited time.

The Doctoral School organises, together with the Language Service, this course to create an interesting, entertaining, persuasive and attractive speech from the point of view of substance and form. The course will address aspects such as the analysis of the expectations of the interlocutor or the audience, the ability to synthesize and the communication of complex content in a simple and informative language. All attendees will produce a short speech to be presented in front of their colleagues. Feedback on the strengths and weaknesses of the intervention will be given.

Registrations via [Aula Moodle](#).

January 2022

GOOD RESEARCH PRACTICE

Date group 1: 11, 12 & 14/01/2022, 10 to 12 h (Spanish)

Date group 2: 24, 25 & 27/01/2022, 10 a 12 h (English)

Mode: virtual

Language: Spanish

Trainer: Josep Santaló, Cell Biology Cathedric Professor

Addressed to: early stage researchers

The objective of this programme is to transmit to early career researchers their responsibilities as future scientists, including awareness of and ability to deal with issues concerning research integrity and research ethics in a wider sense while promoting responsible conduct of research. Early career researchers will have the opportunity to learn ethical principles, apply them to problems they will encounter during their professional activities as researchers and to discuss grey zones of scientific practice.

To pass the course, attendants are required to work on a study case proposed by the trainer. During the last session, participants will share their conclusions with the class.

Registrations [group 1](#).

Registrations [group 2](#).

INFORMATION RESOURCES FOR PHD

Date: several sessions

Mode: virtual / on-site (depending on the session)

Language: Catalan, Spanish and English

Trainer: Servei de Biblioteques

Addressed to: early-stage researchers. Specially recommended for 1st year PhD students

The Doctoral School organises, together with the Libraries Service, this course that offers an overview of the main resources of bibliographic information, both contracted and open access, informing about the search strategies, contents, alerts, possibilities for storage and export of results.

Contents

1. The need for information
2. Development of a search strategy
3. Evaluation of results
4. The UAB libraries' browser
5. Internet Search
6. Databases

No registration required. More information via [Aula Moodle](#).

GRAPHIC DESIGN

Date: 18 & 19/01/2022, 10 to 14 h

Mode: on-site

Room: IT room no. 6, Faculty of Communication Sciences

Language: Spanish

Trainer: José Luis Valero, department of Audiovisual Communication and Advertisement

Addressed to: early stage researchers

Contents

Day 1

- Aesthetics graphics and infographic content. Differences
- File and screen formats
- Creating an HTML5 blog

Day 2

- Creation of an interactive document
- Creation of an interactive column based on Excel data
- Data graphics in presentations

Registrations via [this form](#).

ALL YOU NEED TO KNOW TO BE A RESEARCHER IN EUROPE

Virtual self-learning course available all the academic year round.

Mode: virtual

Language: English

Addressed to: early stage researchers

The Doctoral School organises this online seminar to inform early stage researchers about their rights and duties as researchers, as well as to share with them the resources offered by the European Commission and the UAB to pursue a research career in Europe.

For more information visit [Aula Moodle](#).

February 2022

TECHNOLOGY-BASED INTELLECTUAL PROPERTY: A PRACTICAL APPROACH TO THE USE OF PATENTS, KNOW-HOW AND UTILITY MODELS

Virtual self-learning course available all the academic year round.

Mode: virtual

Language: Catalan

Trainer: Xavier Vallvé, Head of the Office of Patent Valuation UAB

Addressed to: early stage researchers, preferably from scientific and technological fields

The seminar "Technology-Based Intellectual Property" provides a theoretical overview of patents, know-how and utility models. Early stage researchers will watch several videos with basic information about how to protect their research and how to manage patents. The seminar is organized by the Office of Patents Valuation together with the Doctoral School and is part of the transferable skills training programme.

Topics

- Uses of Technology-based Intellectual Property (or how to become a smarter researcher).
- Patents: Requirements and exclusions, structure, prosecution, and infringement.
- Utility models.
- Know-how: when to keep information confidential and comparison with patents.
- Patent information: how to take advantage of research patented by others, and multiple uses of using patent databases.

Course and programme via [Aula Moodle](#).

WEB OF SCIENCE AND SCOPUS

Date: several sessions

Mode: virtual

Language: Spanish, Catalan and English

Trainer: Servei de Biblioteques

Addressed to: early-stage researchers

The Doctoral School organises, together with the Libraries Service, this course which offers an introduction to the main features of these two bibliographic and bibliometric resources of paramount importance for doctoral students. The course will explain search strategies, content, storage possibilities and export of the results, as well as the analysis of the quality of the journals and the scientific production of the authors.

Contents

1. Designing search strategies
2. Web of Science – Database contents and search options
3. Scopus – Database contents and search options
4. Introduction to search quality assessment: bibliometric indices
5. Quality assessment of journals
6. Analysis of authors' scientific production

No registration required. More information via [Aula Moodle](#).

TEAMWORK

Date: 8, 15, 22 & 24/02/2022, 10.30 to 12.30

Mode: Virtual

Language: Spanish

Trainer: Grup Sural

Addressed to: early stage researchers

Objectives

- Knowing ourselves to better understand others and to have more tools for teamwork
- Discover the available resources to use them
- Value the importance of all aspects that define a team
- Our role inside a team
- Discover the benefits of teamwork
- Turn differences into added value

More information and registrations via [Aula Moodle](#).

PRESENTING RESEARCH

Date: 28/02/2022 to 30/03/2022, Mondays and Wednesdays from 13 to 15 h. Session shared with ICTA

Mode: virtual

Language: English

Trainer: Servei de Llengües

Addressed to: early stage researchers with an accredited B2.2 English level and who do not have English as a native or native-like language

The Doctoral school organises, together with the Languages Service, this course aimed at strengthening researchers' skills for presentations in English in working sessions, workshops, seminars, and conferences. Participants will learn to control anxiety and nerves before a presentation, to choose and organize contents to make an interesting and persuasive oral presentation and to adapt their discourse to the public. They will also learn to develop and use a script and other support systems for the transmission of content (PowerPoint or Prezi), to express themselves naturally and to manage the questions of the audience. The course also focuses on aspects such as register and linguistic correctness.

For more information and registrations visit the [Aula Moodle](#).

March 2022

RESEARCH YOURSELF ®

Date: 3, 10, 17 and 24/03/2022, from 15 to 17 h

Mode: on-site

Venue: sala Carles Perelló, Doctoral School

Language: Spanish

Trainers: Elvira Reche and Albert Feliu, PhD in Health Psychology

Addressed to: early stage researchers

Is your doctorate causing you stress? Do you feel overwhelmed by pressure? Are you worried about your relationship with your supervisor and your team? Do you find it difficult to maintain a good work/life balance? According to recent studies, earning a doctorate, although gratifying, can also be a mentally challenging process. For that reason, the Doctoral School has organised this 4-session course that, by using coaching and mindfulness techniques, will give you tools to combat the anxiety, fears and frustrations that may arise during this training phase.

Session 1: Improve your emotional regulation and stress

Session 2: Basics for a good health in early stage researchers

Session 3: Improve communication with your team

Session 4: Manage your time till your thesis defense and prepare your life after the doctorate

The trainers are part of the UCAA (*Unitat de Coaching i Acompanyament Acadèmic*) a unit of the UAB Service of Psychology and Logopedics: <https://sct.uab.cat/spl/node/219>.

More information and registrations via [Aula Moodle](#).

GENDER PERSPECTIVE IN RESEARCH

Date: 8 & 15/03/2022, from 10 to 12 h

Mode: on-site

Venue: room Carles Perelló, Doctoral School

Language: Spanish

Trainer: Enrico Mora, Department of Sociology

The Doctoral School organises the course "Gender Perspective in Research". The course will enable researchers to embed gender equality in their own research proposals, as well as training their ability to review research proposals from a sex-gender perspective.

For more information and registrations visit the [Aula Moodle](#).

WELCOME SESSION. THE DOCTORAL STUDIES AS A FORMATIVE PROCESS. Academic year 2021-2022. New edition

Date: 09/03/2022, from 11 to 12 h.

Mode: virtual

Language: Spanish

Addressed to: early stage researchers

The Welcome Session of the UAB Doctoral School is specially addressed to first year PhD candidates but it is also open to other early stage researchers that may be interested in attending. This session will combine a live conference about ethics in research with some videos available on Aula Moodle where some practical information will be given.

More information and registrations via [Aula Moodle](#).

INTELLECTUAL PROPERTY IN THE THESIS

Date: several sessions

Mode: virtual

Language: Catalan, Spanish and English

Trainer: Servei de Biblioteques

Addressed to: early-stage researchers. Specially recommended for 2nd year PhD students

The Doctoral School organises, together with the Libraries Service, this course that

has a two-fold aim: on the one hand, to provide an overview of different aspects that the PhD Candidates need to take into account in order not to violate third parties' rights when writing the thesis; and, on the other hand, to explain that they must publish their thesis dissertation in the institutional repository, as stated in the *Article 14 Assessment and public dissertation of the doctoral thesis of the Royal Decree 99/2011 of 28th January, which regulates official doctoral studies*. The course is addressed to early stage researchers. Industrial property will not be addressed at this course.

Contents

- Defining “author”
- Attribution of rights. Copyright and exploitation and patrimonial rights
- Transfer of rights. Creative Commons Licenses
- Public domain materials
- Respect third parties' rights
- Thesis dissertation in TDX and DDD
- Interesting resources

Registrations and timetables via [Aula Moodle](#).

HOW TO COMMUNICATE YOUR RESEARCH ON SOCIAL MEDIA

Date: 22 & 24/03/22, from 10 to 12 h

Mode: Virtual

Language: Spanish

Trainer: Lydia Gil (socialmediaeninvestigacion.com)

Addressed to: early stage researchers

The emergence of digital platforms and social networks in the last years has modified the media ecosystem and has redefined the way of communicating and behaving in private and public spheres. The academia is not an exception. Nowadays, social media is a basic tool for research and scientific production and has a key role in networking with other researchers.

Aims

- To get an overview of the combination of social media and science
- To motivate early stage researchers to use social media
- To bring research at UAB and society closer by using social media
- To prepare a strategy for #ComunicaCiencia
- To discover the main 2.0 dissemination tools

More information and registrations via [Aula Moodle](#).

DEFENDING YOUR THESIS IN ENGLISH

Date: 28/03/2022 to 09/05/2022, Mondays and Wednesdays, 15 to 17 h

Mode: virtual

Language: English

Trainer: Servei de Llengües

Addressed to: early stage researchers with an accredited B2.2 level and who do not have English as a native or native-like language

Course to prepare doctoral candidates to present the milestones of their thesis.

For further information visit the [Servei de Llengües website](#).

SAFETY IN THE LABORATORY

Virtual self-learning course available all the academic year round.

Mode: virtual

Language: Catalan and English

Trainer: UAB Risk Prevention Service

Addressed to: course specially recommended to early stage researchers working in a lab

The Doctoral School organises, together with the Risk Prevention Service, this course that aims at informing and raising awareness about the most common risk factors for human health and safety in the laboratories by training in risk detection and protection systems.

Aims

- To identify the most common risks in a laboratory.
- To know the most common entry channels of chemical contaminants and biological agents.
- To know the most common protection systems in the laboratory. Fume hoods, biological safety booths, individual protection equipment.
- To learn tools for a qualitative risk assessment.
- To raise awareness about preventive culture.

More information via [Aula Moodle](#).

LEADERSHIP TECHNIQUES

Date: 30, 31/03, 5 & 6/04/2022, 10 to 12 h

Mode: virtual

Language: English

Trainer: Arantza Danés, Department of Advertising, Public Relations and Audiovisual Communication

Addressed to: early stage researchers

As the world becomes a more uncertain environment, the requirement for leadership skills at any level is at a premium. This course will benefit those who desire to grow on their self-awareness and learn about inspirational leadership to maximize their impact and contribution at work and their own life.

More information about the programme and registrations via [Aula Moodle](#).

April 2022

JOB HUNTING MODE ON!

Date: 1/04/2022, 10 to 12 h

Mode: virtual

Language: Spanish

Trainer: Barcelona Activa (in collaboration with the Servei d'Ocupabilitat)

Addressed to: early stage researchers

Looking for a job is a job in itself! And it is often difficult to maintain the motivation and energy for job hunting. In our daily lives we plan many things, but do we plan how we take care of ourselves to do the tasks by optimising our energy? In this activity, you will identify the way you plan and what tools can help you to take care of your energy to cope with all your tasks. Our brain is a resource we need to manage so that it works with us and not on autopilot. Optimize our energy!

For more information on this course visit the [Aula Moodle](#).

CRITICAL THINKING

Date: 4, 7 & 8/04/2022 from 10 to 11.30 h

Mode: virtual

Language: Spanish

Trainer: Carme Ruiz, Department of Applied Pedagogy

Addressed to: early stage researchers

This course aims to:

- Provide knowledge, methodologies and resources that favour critical thinking within research.
- Reflect on the role of this competence in the context of research.
- Know self-assessment tools of this critical thinking skill.

More information and registrations via [Aula Moodle](#).

OPEN ACCESS PUBLISHING

Date: several sessions

Mode: virtual

Language: Catalan, Spanish and English

Trainer: Servei de Biblioteques

Addressed to: early-stage researchers. Specially recommended for 2nd and 3rd year PhD students

The Doctoral School organises, together with the Libraries Service, this course that aims to show the range of possibilities that researchers have to maximize the visibility of their research after its publication in open access. It is addressed to early stage researchers interested in knowing the different options and the benefits of open access publishing.

Contents

- Open access
- Open access publishing
- Open Access at UAB: the Digital Repository of Documents
- Research data. Introduction.
- Good practices and recommendations

Registrations and timetables via [Aula Moodle](#).

FROM IDEA TO PROTOTYPE: A SHORT DESIGN THINKING SESSION

Date: 19/04/2022 from 10 to 13 h

Mode: on-site

Venue: Design Lab (Engineering School)

Language: English

Trainer: David Hernández (UAB Research Park)

Addressed to: early stage researchers

The Doctoral School organises, together with the UAB Research Park, this seminar to offer an approach to the process of transforming a simple idea into a real project by using the Design Thinking methodology.

Objectives:

- Give fundamental notions about the process of how to transform an idea in a real project
- Strengthen research within your projects by using Design Thinking
- Participate in processes of spontaneous creativity and co-creation
- Provide information about the UAB Open Labs and the facilities for prototyping

For more information and registrations visit the [Aula Moodle](#).

RESEARCH PAPERS

(Health sciences, experimental sciences and engineering)

Date: 19/04 to 19/05/2022, Tuesdays and Thursdays, from 10 to 12 h

Mode: virtual

Language: English

Trainer: Servei de Llengües

Addressed to: early stage researchers with an accredited B2.2 level and who do not have English as a native or native-like language

Aim: Improve the writing of scientific papers in English

The Doctoral School organises, together with the Languages Service, this course on one of the most common sorts of discourse in scientific communication, the scientific paper. The participants develop and consolidate the necessary skills to write scientific papers in English. The course addresses aspects related to the standardized structure of papers (introduction, methodology, results, discussion, conclusions) and the formal and discursive characteristics that these parts must have. Questions related to English vocabulary and correct grammar and syntactic structures when writing papers are also addressed.

Registrations via [Aula Moodle](#).

PRESENTING RESEARCH

Date: 20/04 to 23/05/2022, Mondays and Wednesdays from 13 to 15 h

Mode: virtual

Language: English

Trainer: Servei de Llengües

Addressed to: early stage researchers with an accredited B2.2 level and who do not have English as a native or native-like language

The Doctoral school organises, together with the Languages Service, this course aimed at strengthening researchers' skills for presentations in English in working sessions, workshops, seminars and conferences. Participants will learn to control anxiety and nerves before a presentation, to choose and organize contents to make an interesting and persuasive oral presentation and to adapt their discourse to the public. They will also learn to develop and use a script and other support systems for the transmission of content (PowerPoint or Prezi), to express themselves naturally and to manage the questions of the audience. The course also focuses on aspects such as register and linguistic correctness.

For more information on this course visit the [Aula Moodle](#).

HOW TO VALIDATE YOUR RESEARCH

Date:

Theoretical sessions (Phase 1): 25 and 26/4/2022

Mentoring (Phase 2): June 2022

Prototyping (Phase 3): 1/07 to 15/07/2022

Demo Day: 15/07/2022

Mode: virtual

Language: Catalan / Spanish

Trainer: UAB Research Park

Addressed to: phase 1 is open to early stage researchers no matter their follow-up. Only five projects will be selected to participate in the following phases. Those projects must have a Technology Readiness Level 1-3.

The UAB Research Park organises, together with the Doctoral School, this online training programme to validate the research so that it reaches the market. The programme offers different tools and methodologies to apply research results and gain entrepreneurial and innovation skills. It will also show researchers the key aspects of the technology transfer ecosystem.

Aims

- To help researchers to validate their technology through creativity and lean start-up methodologies.
- To optimize the impact of technology to find the best application using design thinking.
- To accelerate the process to market – to find partners and funding.
- To connect with the ecosystem

More information at the [programme's webpage](#). (Information in Spanish)

HOME OFFICE

Date: 28/04/22, 10 to 12 h

Mode: virtual

Language: Spanish

Trainer: Barcelona Activa (in collaboration with the Servei d'Ocupabilitat)

Addressed to: early stage researchers

Home office is here to stay, and we might not be ready yet. Many doubts can arise, especially about how to organize ourselves so as not to blur personal and professional tasks. In this activity, we will reflect on how to work on communication and on the feeling of belonging to the work group and the importance of keeping agile communication channels to solve work issues. The aim is to focus on the emotional part to find the best personal and professional formula.

For more information on this course visit the [Aula Moodle](#).

May 2022

OPEN ACCESS PUBLISHING FOR RESEARCH DATA

Date: several sessions

Mode: virtual

Language: Catalan, Spanish and English

Trainer: Servei de Biblioteques

Addressed to: early-stage researchers. Specially recommended for 2nd and 3rd year PhD students

The Doctoral School organises, together with the Libraries Service, this course that aims to offer a general overview on the publication of open access research data. Firstly, attendees will be given an explanation about research data, the benefits of publishing them open access and the legal framework in national and international calls. The repositories to publish those data will also be explained, such as the UAB Digital Repository (DDD), and some advice will be given on the process to prepare data to be published.

The course is mainly addressed to early stage researchers preparing their theses, articles or any other research documents containing data that need to be stored and that could be checked by other researchers.

Contents

- Research data
- Requirements
- FAIR principles
- Data Management Plan
- The UAB Digital Repository (DDD)
- Other research data repositories
- Good practices

Registrations and timetables via [Aula Moodle](#).

RESEARCH YOURSELF ®

Date: 5, 10, 26/05 and 2/06/2022, from 15 to 17 h

Mode: on-site

Venue: room 1+2, Doctoral School

Language: Catalan

Trainer: Elvira Reche, PhD in Health Psychology

Addressed to: early stage researchers

Is your doctorate causing you stress? Do you feel overwhelmed by pressure? Are you worried about your relationship with your supervisor and your team? Do you find it difficult to maintain a good work/life balance? According to recent studies, earning a doctorate, although gratifying, can also be a mentally challenging process. For that reason, the Doctoral School has organised this 4-session course that, by using coaching and mindfulness techniques, will give you tools to combat the anxiety, fears and frustrations that may arise during this training phase.

- Session 1:** Improve your emotional regulation and stress
Session 2: Basics for a good health in early stage researchers
Session 3: Improve communication with your team
Session 4: Manage your time till your thesis defense and prepare your life after the doctorate

The trainer is part of the UCAA (*Unitat de Coaching i Acompanyament Acadèmic*) a unit of the UAB Service of Psychology and Logopedics: <https://sct.uab.cat/spl/node/219>.

More information and registrations via [Aula Moodle](#).

HOW TO COMMUNICATE YOUR RESEARCH ON SOCIAL MEDIA **CANCELLED**

Date: 10 & 12/05/22, from 10 to 12 h

Mode: Virtual

Language: Spanish

Trainer: Lydia Gil (socialmediaeninvestigacion.com)

Addressed to: early stage researchers

The emergence of digital platforms and social networks in the last years has modified the media ecosystem and has redefined the way of communicating and behaving in private and public spheres. The academia is not an exception. Nowadays, social media is a basic tool for research and scientific production and has a key role in networking with other researchers.

Aims

- To get an overview of the combination of social media and science
- To motivate early stage researchers to use social media
- To bring research at UAB and society closer by using social media
- To prepare a strategy for #ComunicaCiencia
- To discover the main 2.0 dissemination tools

More information and registrations via [Aula Moodle](#).

RESPONSIBLE PHD: INTEGRATING RESPONSIBLE RESEARCH AND INNOVATION IN PHD RESEARCH

Date: 16 & 18/05/2022 from 10 to 13 h

Mode: on-site

Venue: room 3, Doctoral School

Language: Spanish/Catalan. Materials: English

Trainers: Begoña Miñarro and Núria Claver

Addressed to: early stage researchers at the beginning of their PhD project.

This seminar will introduce PhD students to different concepts of Responsible

Research and Innovation (RRI) and initiate deliberation on how to make a PhD research project more responsible. Students will read about and discuss several concepts of RRI in groups and then apply them to concrete case examples of R&I processes. Furthermore, participants will introduce their own PhD research projects or first project ideas and identify possibilities to make them more responsible by using various concepts of RRI.

Registrations via [Aula Moodle](#).

HOW TO EXPAND YOUR NETWORK OF CONTACTS TO GET A JOB

Date: 17/05/2022, 10 to 12 h

Mode: virtual

Language: Spanish

Trainer: Barcelona Activa (in collaboration with the Servei d'ocupabilitat)

Addressed to: early stage researchers

A network of contacts is the main job search channel. In this activity you will learn how to expand your network of contacts by NETWORKING. This competence will help you to meet people in your field and to manage your network of contacts in a useful way. You will identify the options to expand it so you can take advantage of the word of mouth in your job search.

For more information on this course visit the [Aula Moodle](#).

GENDER PERSPECTIVE IN RESEARCH

Date: 17 & 24/05/2022, from 12 to 14 h

Mode: on-site

Venue: room 1+2, Doctoral School

Language: Catalan (slides in Spanish)

Trainer: Enrico Mora, Department of Sociology

The Doctoral School organises the course "Gender Perspective in Research". The course will enable researchers to embed gender equality in their own research proposals, as well as training their ability to review research proposals from a sex-gender perspective.

For more information and registrations visit the [Aula Moodle](#).

HOW TO DESIGN AND DEFEND YOUR PHD WITH THE IDEA PUZZLE® SOFTWARE

Date: 20/05/2022 from 11 to 12.30 h

Mode: virtual

Language: English

Trainer: Ricardo Morais (Idea Puzzle)

Addressed to: early stage researchers

The Doctoral School organises this seminar where the use and possibilities of the Idea Puzzle® software will be explained. This software is thought to design, diagnose and defend research projects. It constitutes an investment in life-long research skills.

Contents:

1. Research as a system of 21 decisions
2. Theoretical decisions of your research
3. Methodological decisions of your research
4. Empirical decisions of your research
5. Rhetoric decisions of your research
6. Authorial decisions of your research
7. Application to participants' research with the Idea Puzzle® software

More information via [Aula Moodle](#).

MAKE IT EASY! AGILE METHODOLOGY

Date: .30/05/22, from 10 to 12 h

Mode: virtual

Language: Spanish

Trainer: Barcelona Activa

Addressed to: early stage researchers

In a changing world, a new working methodology focused on transparency, agility, self-organization of work and collaboration within liquid teams is quickly rising to encourage creativity and self-responsibility. This methodology allows to adapt decisions to the new needs of the market in an agile and motivating way.

For more information on this course visit the [Aula Moodle](#).

June 2022

ZOTERO

Self-learning virtual course.

Language: Catalan, Spanish and English

Trainer: Servei de Biblioteques

Addressed to: early stage researchers

The course is structured in five modules. The aim of this course is to offer a broad vision of the reference manager Zotero, that allows storing, organising and sharing information. Estimated dedication time is 4.5 hours.

Contents

- What is Zotero?
- Personal library
- Organising your personal library
- Gathering and inserting references in a text
- Teamwork

More information and registrations via [Aula Moodle](#).

RESEARCH DESIGN WITH IDEA PUZZLE®

Date: 2 & 3/06/2022, 11 to 13 h

Mode: virtual

Language: English

Trainer: Ricardo Morais (Idea Puzzle)

Addressed to: early stage researchers

The Doctoral School organises this seminar to help PhD students coherently align a research proposal, article or thesis in the light of philosophy of science. The course adopts a hands-on approach to the design and diagnosis of an empirical research project with the Idea Puzzle software. In particular, the course will cover the following topics:

- Relation between epistemology, methodology, ontology, and axiology
- Coherence between theory, method, data, rhetoric, and authorship;
- Empirical research as a system of 21 dilemmatic decisions.

More information via [Aula Moodle](#).

DISSEMINATION OF SCIENCE

Date: from the 15 to the 29/06, Mondays and Wednesdays from 17 to 19 h

Mode: virtual

Language: English

Trainer: Servei de Llengües

Addressed to: early stage researchers with an accredited B2.2 level and who do not have English as a native or native-like language

The Doctoral School organises, together with the Languages Service, this course aimed at the production of texts for scientific dissemination, both oral and written, to learn how to use plain language to reach non-specialised audiences. Attendees will learn to adapt the content to the audience, the register and the pitch; to choose the appropriate words; to manage the redundancies and the words of transition; to control the negative and affirmative modalities of the speech in order to achieve maximum clarity; to properly manage the emergence of known and unknown information; to foster a good thematic progression; to determine the lengths of

the sentences and the paragraphs to build them appropriately and to foster the comprehensibility and readability of the text, among other aspects.

Registrations via Aula Moodle.

July 2022

WRITING A THESIS IN ENGLISH

Law, Social Sciences, Arts and Humanities

Date: 04/07/2022 to 15/07/2022, Monday to Friday from 9.30 to 11.30 h

Mode: virtual

Language: English

Trainer: Servei de Llengües

Sciences, Health Sciences and Engineering

Date: 04/07/2022 to 15/07/2022, Monday to Friday from 12 a 14 h

Mode: virtual

Language: English

Trainer: Servei de Llengües

Issues related to academic-scientific writing, specialized languages and the conventions of formal university texts are addressed. The course is thought as a support in the writing process of the thesis. Participants can share small fragments of their text, so specific doubts can be solved.

The classes for this course will be online via videoconference.

[More information on this Write the thesis in English course.](#)