

The mission of the **Fundació Autònoma Solidària (FAS) is to contribute to the construction of a more supportive university with a greater commitment to the social situation, through voluntary participation by the university community as an instrument for the integration of groups at risk of exclusion.**

Once again this year we present the report on the activities the Fundació Autònoma Solidària carried out during the 2012-2013 academic year. With the obvious difficulties in adequately reflecting the hours of work and the enthusiasm of the people involved we believe that this report offers a quick and illustrative view of the impact we have had.

As well as focussing on the activity of the FAS itself, which has involved 320 students and reached 3,000 beneficiaries we would like to highlight three aspects of the past year.

The creation of the Participation Area of the UAB, which has incorporated the FAS and, possibly the most visible consequence of this new working framework which has been the change in the physical working spaces of the FAS shared by the organisations and programmes that make up this new area,, which took place at the end of the academic year. The new student help offices are situated in the centre of the Plaça Cívica in larger premises that are physically better communicated with the cultural and management offices and spaces of Participation on the Bellaterra campus. In addition to the new information campaign for students in the second and third years of their degree courses which we have put in place we hope to increase the number of people working with the FAS in the coming years.

We also want to highlight the new volunteer programmes with the FAS which have allowed us to address new areas and therefore provide students and the rest of the community to find new ways of being involved. These are the Environment Programme, designed and coordinated with great enthusiasm by the UAB Environment Office and the volunteer programme working with those affected by the negative aspects of being a mortgage holder during these times by working with the Mortgage Crisis Platform (PAH) with the essential support of the Department of Social and Cultural Anthropology at the UAB.

And finally we would like to comment on the fact that the actions, programmes and services during the last year have been possible despite the reduction in our economic resources and our team. This fact confirms for us the importance of being able to count on a motivated and enthusiastic group of individuals and the continuing support that they receive from students, teaching staff and administration and services staff from the UAB, as well as government departments and other funding sources. We would therefore like to express our gratitude to all the people and organisations who have offered us their support and commitment.

Sílvia Carrasco,

President of the FAS and Vice Rector of Students and Cooperation at the UAB

Jordi Prat,

Director of the FAS

ACTIVITIES REPORT FAS 2012-2013

Edition: Àrea de Comunicació de la Fundació Autònoma Solidària.

Traduction: Servei de Llengües UAB

Photographs: Fundació Autònoma Solidària.

Design and layout: Pi-art.scp

Legal Deposit: B-8.307-2014



<http://www.uab.cat/fas/>

0. CONTENTS



1. WHO ARE WE? 2

2. IMPACT 3

3. PIUNE, DISABILITY SERVICE 4

4. COOPERATION FOR DEVELOPMENT 7

5. SOCIAL PROGRAMMES 10

6. HEALTH PROGRAMME 14

7. VOLUNTEERING 16

8. TRAINING 19

9. NETWORKING 19

10. FINANCIAL INFORMATION 20

CONTACT

1. Who are we



Fundació Autònoma Solidària

The Fundació Autònoma Solidària is a non-profit organisation created in 1999, which works for the application of social policies, solidarity, cooperation for development and equality of opportunity at the Universitat Autònoma de Barcelona.

We want a university that offers students a **comprehensive education** so that people are trained not just to be good professionals but also to be good citizens. We therefore promote voluntary activities and services to the community as well as training activities aimed at encouraging analysis and reflection on situations of inequality.

We work with **groups at risk of exclusion, people with disabilities**, prison communities and educational centres for minors and people receiving care in social and health centres and hospitals.

Our activity is based on civil values, responsibility, equality and rights for all as well as actions against injustice and social inequality. The Fundació Autònoma Solidària has made a pledge to the UAB university community to channel its social commitment and it aims to do so in the most efficient, transparent and fairest way possible.



Team (2012-2013)

■ Technical team > 15

Director: **Jordi Prat**

Alba Álvarez, Karima El Arfaqui, Elsa Espinosa, Montserrat Fernández, Eva Maria León, Carla Marimon, Sara Martínez, Andrés Morodo, Laura Navarro, Marta Neila, Judit Oliver, Estel Peix, Clara Romaguera i Montserrat Zahonero.

■ Interns > 19

■ Extracurricular interns > 36

■ Volunteers > 262

■ Students doing community work > 1

Board (as of September 2013)

Sílvia Carrasco Pons (Vice Rector of Students and Cooperation), Chair.

Sònia Hernández Tejada (member of the Board of Trustees), member.

Antoni F. Peral López (Head of Management of Initiatives and New Developments), member.

Joan Botella Corral (Dean of the Faculty of Political Science and Sociology), member.

Montserrat Rifà Valls (Director of the Observatory for Equality), member.

Daniel Furlan (representative of the Board of Trustees), member.

M. Rosa Català (Legal Director of the Fundació UAB), Secretary to the Board.

2.

Impact



Fundació Autònoma Solidària

Student participation

262 Volunteers.

320 Students participating in FAS programmes.

2.336 Students in training and different awareness raising activities organised by the volunteer groups.

Regional actions

7 Volunteer programmes or groups.

17 Activities for promoting healthy living on campus.

24 Cooperation for development projects.

Personal support services

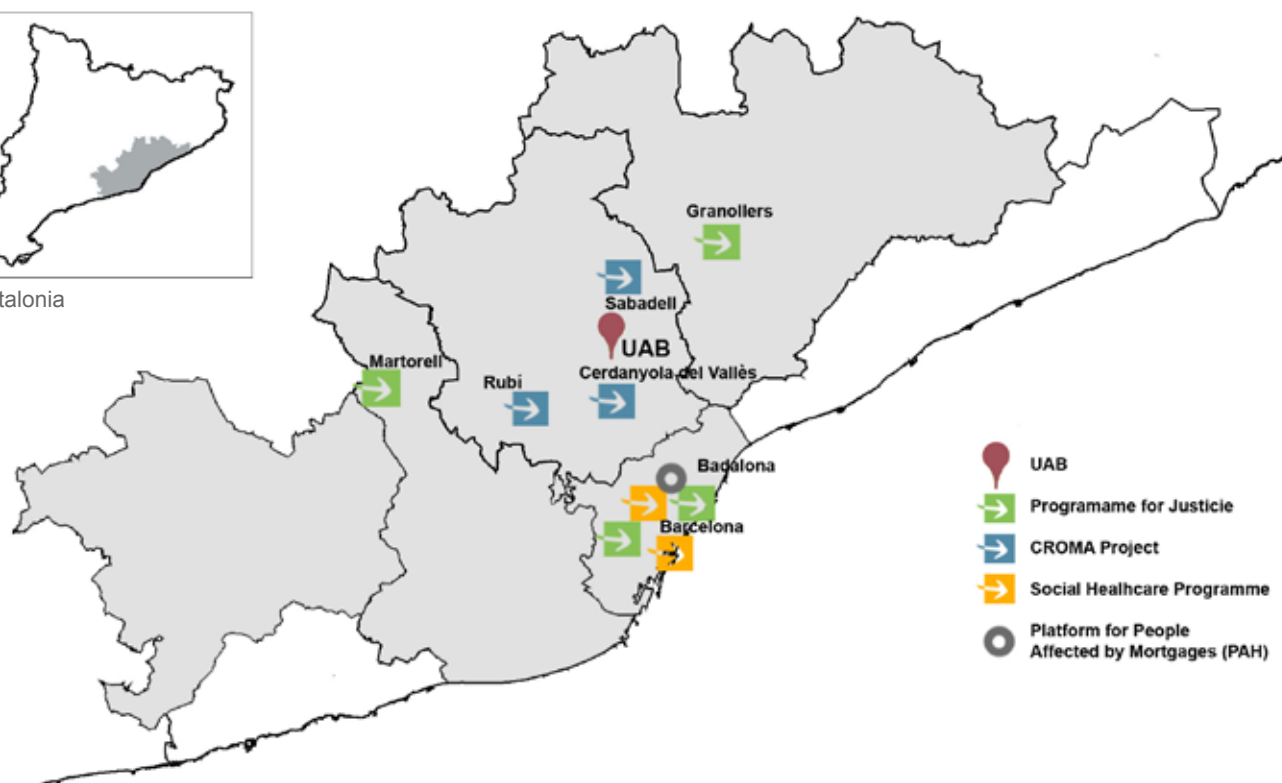
3.000 Beneficiaries and/or users of social programmes.

127 Disabled students supported.

Mapa d'actuació dels programes de voluntariat



Catalonia



3. PIUNE



Disability service

At PIUNE we work to guarantee that everyone, independent of the nature of their disability, can gain access to higher education courses **with the same opportunities** and enjoy a full and independent academic and social life at the university, like everyone else.

PIUNE assesses and offers support for the individual needs of students with a disability so that they can successfully continue their academic studies. We also work with other members of the university to improve access on the UAB campuses and make adapted ICT available to students.

Educational, pedagogical and technological assessment and monitoring

The Disability Service has established directives for attending to the specific educational needs of students with a disability.

- ▶ Elaboration and execution of **individual attention plans (IPA¹)** based on the requirements identified for the 127 students supported by PIUNE. Every plan includes guidance, recommendation and actions to facilitate students' access to courses in ac-

cordance with the principle of equal opportunities, and which will enable to enjoy an independent life at university.

- ▶ Individual tutorials with students with a disability. This academic year PIUNE has given 316 tutorials.
- ▶ Adaptation of assessment systems. This year we have made 579 adaptations, of which 74 have been the loan of adapted laptops during exams.
- ▶ Advice for students on new technology that makes access to information and communication easier and the availability of general technological resources to students.
- ▶ Management of a sign language interpreting service. The total hours dedicated to this service this year was 447.

Support for mobility and the removal of barriers

At PIUNE we are working, in coordination with the Department of Architecture at UAB, to guarantee that the buildings, installations and services of the UAB acces-

1. (PIA in Catalan)





sible to everyone so that no member of the university community has any impediment to moving around the campus as a result of their disability and so that they can do so as freely as possible. We also manage an adapted transport service and we accompany students with physical disabilities and reduced mobility.

In 2012-2013 we offered a total of **768 services for mobility**, **347 of which involved accompaniment by adapted transport** and the rest on foot.

Employment

We consider that facilitating entry in to the employment market should be the final objective of academic training for all students. We offer an **employment orientation** service (writing CVs, interview skills, etc), postgraduate orientation, contacts with organisations specialising in promoting entry into the employment market and work experience (either through internships or employment contract)..

Profile of students supported by PIUNE

IN 2012-2013 **127 disabled students**, studying in 13 faculties of the UAB, in the Servei de Lengües and the **Universitat a l'Abast** programme were supported. 38 were new students and 4 of them Erasmus students.

Type of disability	Nº of PIUNE users
Hearing	10
Physical	53
Visual	26
PDD (pervasive development disorder)	2
Mental disorder	17
Learning difficulties	19



Impulse Programme

The **Impulse Programme** aims to ensure that dependent disabled people can have access to a university education and, once they have graduated, have the same opportunities for employment according to their skills and qualifications. This programme received the support of the UAB Board of Trustees.

In the 4th call for applications for **Impulse Grants (2012-2013)** 9 grants were awarded to students for personal assistance during the academic day and/or for mobility purposes where as a result of their disability it is difficult to use public transport independently.

«I think that PIUNE is a very good service. I try to use it the minimum necessary because I want to be as much independent as possible. However, it's true that they are there when you need them and they are very helpful. They don't remove disability obstacles, but they make things easier, for example with transportation within the Campus.»

Elsa Martínez,
student with visual disability

Tutorial Action Plan for university students with disabilities

During the 2012-2013 academic year, the FAS took part in the **Tutorial Action Plan for university students with disabilities (PAT)** programme, which takes into account the specific needs of this group of students in accordance with the requirements of the current syllabuses.

Changes in the higher education as a result of the EHEA (European Higher Education Area) mean that the entire process of teaching and learning has been redefined. In the new model the figure of tutor is a key factor in accompanying students through the learning process, promoting their independence and helping them to acquire professional competencies and offer an orientation for their entry into the labour market.

PIUNE took part in the project, coordinated by Anabel Galán (Vice Dean for Professionalisation in the Faculty of Translation and Interpreting) and Joaquin Gairín (Director of the EDO Group) together with a team made up of tutors and lecturers of students with disabilities. The project included the production of a **Recommendations Guide** for lecturers teaching disabled students. In fact, on 4 December to coincide with the International Day for People with Disabilities (on 3 December) a **University and Disability Workshop** was organised and consisted of a working session to include contributions for improvements by the representatives of different organisations in the sector of disability, lecturers who are members of different research groups working on topics related to disability, services in other universities and lecturers who have had students with disabilities.

Awareness-raising and training

Again this year, with the aim of getting a closer understanding of issues of disability at the UAB, PIUNE organised the course "**Involved with disability**", to which 18 people signed up. This course offers information about different kinds of disability and the resources available to people with those disabilities and it especially allows reflection on the stereotypes and stigmas that exist.

4.

Cooperation



Cooperation for Development

In the Area of Cooperation for Development we **promote action, research and training in the Area of Cooperation for Development** of the UAB university community. We believe that in order to guarantee equality and social and economic justice in the world it is essential to work along two lines. One the one hand we need to expose world inequalities and their causes and promote a culture of peace and human rights to contribute to generating **critical opinion for change in Northern countries**. On the other hand it is important to promote the development processes of poorer countries and, for the university, the main line of action in the area of cooperation centres on the **improvement of higher education systems in those countries**, strengthening the universities and research. The FAS is working on the definition, follow-up and evaluation of strategies for cooperation of the UAB.

Solidarity Fund

The UAB Solidarity Fund is the result of the desire of those who study and work at the UAB and the University itself to support initiatives by the university community in the area of cooperation for development and awareness-raising. The Solidarity Fund is allocated in two calls for applications for funding – one aimed at

the university staff and the other at the students of the UAB.

In 2012, related to the **0.7% Campaign**, teaching and research and administration and services staff made a contribution of €5,287.64 and 1,775 students who ticked the 0.7% box to donate €12 when they registered and contributed €21,300 to the campaign.

In the 30th call for contributions to the Fund for teaching and administrative staff 19 project funding applications were received and 9 were finally approved for a total of **€120,000 of funding**. These included 13 university cooperation for development programmes in Uganda, Mozambique, Nigeria, Gambia, the Philippines, Mexico, El Salvador, Nicaragua, Bolivia, Peru, Chile and Paraguay and 1 education for development initiative on the campus. This amount is significantly greater than last year given that the surplus from previous calls were included.

The Fund also covered **two calls for applications form postgraduate students (diploma, MA, PhD)** from the UAB to promote their participation in university cooperation for development projects in southern countries, preferably linked to one of the programmes, actions or research or cooperation lines of the UAB. With a total of €20,000 available, 11 projects were funded.



Also, as part of the **special call for applications 2012** funding was given for two initiatives: “5th Seminar on Creativity and Conflict” by the School for a Culture of Peace and “Journey to Armenia to prepare a Tempus collaboration project with Armenia and Georgia”.

Projects

During 2012-2013, the Area of Cooperation has accompanied the university cooperation projects to develop the following courses:

- Master in Food Security at the Eduardo Mondlane University in Mozambique. Participating were lecturers Maria Teresa Mora, Manuela Hernández and Reyes Pla from the Faculty of Veterinary Medicine.
- Support for Jacmel Council in the south-east of Haiti. The project is led by lecturer Teresa Tapada and coordinated by ACUP (Association of Catalan Public Universities).

Education for Development

- **“Introduction to cooperation for development” course.** Every year we offer this course twice and

it introduces approximately 59 to the world of cooperation for development through theory sessions and practical workshops given by people from NGOs for development. The course shows power relations on an international scale and the causes of North-South differences and also gives a local view of the current situation of crisis and social mobilisation. Different views are considered alongside different challenges for development and cooperation, with tools for action that can contribute to the transformation of situations of injustice on a local and global scale.

- **8th Cooperation Week at the UAB.** This year Cooperation Week saw the attendance of around five hundred participants, seventy of which were students who had signed up for academic credits. Under the title “Peace and Violence in Today’s World”, it analysed the causes and implications of violence – most often linked to the attitudes of transnational companies and the economic, energy and consumption models of northern countries, as well as experiences of passive resistance and peace-building that emerge from the people and civil society. During these events there are talks, round tables, workshops, film forums, exhibitions and theatre and the participants include Catalan and Latin American associations and organisations and an indigenous leader.



- **Informative talk on states of solidarity.** Different organisations and NGOs for Development explained what they did on their works camps, groups and other similar initiatives in southern countries to the 65 UAB students present.
- **Meeting with the Movement for those Affected by Dam-building in Brazil.** This was an exchange of information and experiences between UAB students and activists from the Movement.
- **Cooperation Bulletin.** This bulletin is aimed at anyone interested in university cooperation for development and awareness raising and educational activities for development on the UAB campus.



“Choose ethical banking at the UAB”

El grup de voluntariat de cooperació per al desenvolupament, eThe volunteer group for cooperation for development which was made up of 16 regular students this year, brought the **ethical banking campaign** to the UAB to try to raise awareness among the university community about the impacts of conventional banking and to promote ethical banking as an alternative for change. There were talks, videos, film forums, performances and exhibitions that attracted two hundred students. This campaign is being run with the collaboration of Setem Catalunya.

— «Yes, I'm happy I have participated. I have learned many things and I hope my classmates too.»

— «I didn't expect anything and I have learned so much from this experience. I have learned to perform awareness-raising activities in front of many people, to lose my fears, and to continue thinking that things can be changed, even on a small scale.»

— «It's necessary to carry out activities at the Campus level, and it's a more democratic voluntary work than many others.»

— «I have learned a lot about ethical finances, and I have met very nice people.»

Cooperation Volunteer Group



5. Social Programmes



Socials programmes

The FAS aims to improve the situation of groups at risk of social exclusion through the values and participation of volunteers. The Foundation is working towards education and equality of opportunities for children and young people at risk of social exclusion and who are educationally disadvantaged, many of whom are also from recently arrived families. We want to contribute to the social reinsertion of those in prison centres and youth detention centres and we try to make the stay of children in hospital and the elderly in public health centres more pleasant.

Programme for Justice

The **Programme for Justice** at the FAS contributes to the **social integration and re-entry of people who have had restricted liberty** by means of volunteer activities which promote the active participation of young university students and enable them to develop a gradual approach to people in prison or similar institutions.

This is a project of the Department of Justice of the Generalitat de Catalunya, and is divided into two sub-programmes: Prisoner Integration Programme (PIP) which takes place at Brians Prison and the Barcelona Women's Prison as well as educational centres for youth justice at L'Alzina, Els Til·lers and Can Llupià. Volunteer activities began in the last centre this year.

The volunteers carry out academic activities (school and university work and languages) and social activities (chess, batuka, salsa, reading club, computing and relaxation, among other things).

Centres, activities, volunteers and beneficiaries

Centres	Activities	Volunteers	Direct beneficiaries
PIP			
Brians I	15	25	118
Women's Prison	6	9	62
Youth justice			
L'Alzina	7	18	120
Els Til·lers	2	2	10
Can Llupià	2	2	40
Total	32	56	350

Football tournament

In April the Programme for Justice organised a **football tournament in which students from the UAB took part**, most of them volunteers on the programme, and **young people from the L'Alzina Educational Centre for Youth Justice**. The activity was organised as a three-way competition with two teams from the educational centre and one team of FAS volunteers and educators from the centre. This is one of the occasional activities on the Programme for Justice and has been organised for the last two years with the aim of **promoting healthy behaviour in relation to sport** in an atmosphere of leisure and fun for the young people.





Community Work

Community work projects are services that people convicted of crimes can provide as an alternative to traditional terms. This measure has been accepted by the person and consists in providing and unpaid **activity of public use or social interest**. The FAS and the UAB have been collaborating for several years with the Department of Justice of the Generalitat to accept Community Workers on the university campus. In 2012-2013 a student of the UAB did Community Work for the FAS, supporting our activities.

Also this year the FAS has carried out an **evaluation of the Community Work at the UAB** as part of the work experience of a Criminology undergraduate. Since 2005, some 75 people have done community work on the campus and participated in different university services. As part of the project a series of interviews were carried out so that the services could evaluate their experience and to invite new services to take part.

CROMA Project

The socio-educational CROMA project is an accompaniment programme with the support of university volunteers for children and young people who, as a result of their social, cultural or personal circumstances are not achieving at school. These children and young people, many of whom are children of newly-arrived families, are at risk of social exclusion and require more individualised support. This programme aims to fight against educational underachievement and dropping out of school and **promote continuity and transition betwe-**

en the different educational stages of children and young people at an educational disadvantage.

Volunteers attend educational centres and offer **study workshops** to give support to **primary and secondary** school students so that they can carry out their educational tasks and develop social habits. The volunteers also acquire values of coexistence and solidarity from their experience.

One of the factors that makes the programme so successful is the adaptation of the workshops and methods to the teaching objectives that are being worked on in the schools at the time. Another success factor is the coordination and monitoring by the tutors. So the coordination between city councils, educational centres and the FAS is crucial to the development of CROMA.

In 2012-2013, CROMA attended **285 primary and secondary school children in seven primary schools and three secondary schools** in the municipal areas of Sabadell, Rubí and Cerdanyola del Vallès. They offered 28 study workshops in which **61 university students** took part.

«For me, spending time at CROMA has not been just another experience. It has been a lesson for life, People live from day to day, often complaining about work or money and we always want more than we have. Thanks to the work of the volunteers I've been able to get to know about the lives of people who really do need lots of things. And I'm not talking about cars or bigger houses, but families who can help them when they need it, friends to share their thoughts with and physical and emotional stability – a short term plan for the near future.»

CROMA volunteer

CROMA Activities 2012-2013

Municipality	Centres	Workshops	Direct beneficiaries
Cerdanyola del Vallès	Escola Fontetes	4	38
	Escola Xarau	3	33
	Escola Serraparera	1	11
	Escola Sant Martí	2	21
	Institut Banús	2	23
Sabadell	Escola Joan Maragall	4	40
	Escola Juan Ramón Jiménez	4	33
	Institut Joaquim Blume	2	17
Rubí	Institut Duc de Montblanc	3	35
	Institut L'Estatut	3	34
Total	10 centres	28 workshops	285 direct beneficiaries

A Day at the University

On 16 May, once again the UAB received a **visit by the children and young people from the CROMA programme workshop**. For many of them it was the first time they had seen a university and they took part in different activities and workshops that had been organised on the campus. They were able to see the farms in the Faculty of Veterinary Medicine, rehearse a song with the UAB Choir, take part in a video game workshop at the Engineering School, a human castles workshop with the Ganàpies group and a graffiti activity in the Education faculty. They were also able to simulate a TV debate on set in the Communications faculty and experiment with different materials in the Chemistry labs. Finally they took part in a treasure hunt in the University Village. All these activities were designed so that the children and young people could get to know a bit more about university life and the places on the campus, accompanied by their teachers and 95 students from the UAB participating in the CROMA project. At lunchtime primary and secondary school children from Sabadell, Rubí and Cerdanyola del Vallès came to share lunch. To end the day there was a closing session at the Faculty of Veterinary Medicine in which the work of the CROMA volunteers was recognised and awards were given to the winners of audiovisual projects that the children and young people had carried about CROMA. Finally, the UAB choir sang together with some of the children.

Recognition of CROMA in the Francesc Candel Awards

The CROMA programme was awarded the **9th Francesc Candel Award**, organised by the Lluís Crulla Foundation with the support of the Directorate General for Immigration of the Generalitat. These award recognise and disseminate good practice in the area of integration of Catalan citizens of immigrant origin. For FAS this distinction is recognition of the task that the university students have been carrying out over the years in primary and secondary schools.

Social Healthcare Programme

The Accompaniment Programme in the Social Healthcare area of the FAS is, in terms of both its objectives and planning of lines of development, a social support programme in that it attempts to **improve quality of life for people in hospital**, as well as their families by giving emotional support to promote their quick recovery. They aim to provide a more relaxed and entertaining area for patients experiencing long waits in hospitals so that their ailments take second place.

The volunteers, UAB students bring added value to the support that cannot be provided by other professionals as they altruistically offer company to people who are in complex and delicate life situations.

The programme also promotes intergenerational relations and increased proximity between **children and the elderly** and the university students. These contacts are extremely enriching for both parties since both groups learn as much from the experience as from the joviality of the other group.

During the year 12 activities took place in the **Hospital Universitari Vall d’Hebron** and **Hospital del Mar - Centre Fòrum**, involving 60 volunteers and benefiting 903 people.

«After this experience I value volunteer activities more than ever and I am aware of the importance of them for organisations that rely on volunteers. For the people at the Centre Forum the volunteers fill the hours with entertainment and activities and we are a different face for them. Some of them have told us how important for them a particular activity has been as they spend a lot of time there without doing anything. Most of them are very old or have some kind of dementia or disability that means they are in danger of being forgotten and they are there».

Volunteer Social Health Programme

Centres, activities, volunteers and beneficiaries			
Centres	Activities	Volunteers	Beneficiaries
Hospital Universitari Vall d’Hebron	Travelling games library, activities in the games and books room with the children, support for children in isolated units and paediatric intensive care. Special Christmas and Saint George’s Day activities and workshops.	60	790
Hospital del Mar - Centre Fòrum	Participation in the Welfare+ programme through workshops: Physical exercise (“In shape!”), storytelling (“Stories and memories”), handicrafts, unforgettable songs, bingo and casino (board games) and music. Individual company, FAS Accompany programme.	10	113
Total	12	70	903

«Now when I think of the hospital I don’t see a dark and depressing place; now I know that there is also life, children who want to play, lots of hope and the will to survive, workers fighting for a quality public health system and many volunteers from different organisations who want them to be able to live more calmly and happily».

Volunteer Social Health Programme



6. Health



Health programme

The FAS Health Programme promotes healthy lifestyles among UAB students. The areas of work are the problematic consumption of drugs and risky sexual behaviour that can lead to the transmission of viruses and illnesses, especially HIV. We promote responsible consumption and healthy sexual and emotional behaviour. We want to offer young university students all the information they need to take decisions about responsible living habits and so that they are aware of the information and advice that is available.

Advice and orientation service for health matters

The Health Programme offer an advice and orientation service on drugs and sexuality located in the FAS office in the Plaça Civica. This year we have attended 95 requests for advice, most of them related to contraceptive methods and drug consumption.

Fast-result HIV test service: this service in coordination with the NGO **Actua Vallès** offers a fast-result HIV test at the Solidarity Space. This year we attended **33 people** from the UAB university community who requested the test.

Sexuality and emotional health workshops: these workshops deal with contraceptive methods, sexually transmitted diseases and other aspects of sexual and emotional health. In 2012-2013 we offered **5 workshops which were attended by 19 students**.

El Xiringu: this is a travelling advice and information centre for promoting good health and the distribution of materials for prevention and is available to all students on the campus. It is operated by volunteers and work experience students on the Health Programme who have received previous training in health matters. This year **9 Xiringu sessions** were held at 17 different locations (faculties and school on the Bellaterra and Sabadell campuses) and almost **50 enquiries** were dealt with.

Awareness raising campaigns

WORLD ANTI-AIDS DAY

In order to make our commitment to the fight against AIDS more visible, the FAS signed the joint communication from the Department of Health of the Generalitat de Catalunya for the World Anti-AIDS Day. As such, the FAS committed itself to "promote and maintain respect and anti-discrimination against people living with HIV". This year's campaign went under the banner "**Together we will end AIDS**" and sought to place the emphasis on the importance of working together and facing the challenges related to this illness. On 29 November at the UAB there was a day of activities calling for students to reflect on the stereotypes and discrimination that people living with HIV continue to suffer.





INTERNATIONAL WOMEN'S DAY

This year the Observatory for Equality took for the activities on 8 March at the UAB. The FAS set up an information and participation stand with a call for **sexual and reproductive rights for women**. The volunteers on the Programme encouraged the participation of the student community in evaluating the degree of discrimination involved in different discourses and the most common myths in our society by placing them on a painted set of traffic lights. Students were also invited to show their faces in defence of sexual and reproductive rights of women in a photocall with mottoes such as “We give birth, we decide” and “No more cuts. Health is a right. For a dignified, healthy and enjoyable life”.

4TH UAB HEALTH WEEK

Volunteers on the programme joined the activities of the 4th UAB Health Week which was held from 15 to 19 April and included a range of activities among which was the setting up of a xiringu information and assessment stand offering **co-oximetry tests** (tests to check loss in oxygen capacity in haemoglobin).

There was also the **treasure hunt “Què fas de festa?”** where participants had to take different tests to reflect on attitudes and decision taken by young people in relation to the consumption of alcohol and other drugs, sexuality and road safety. Within the Catalan Health Agency Project, LaClara.info, a **drugs flash interview**

site was also set up to promote the dissemination of preventative messages with relation to drugs and to reduce risks among young people. Students answered questions about their drug consumption habits in front of the camera. In the Faculty of Arts there was also an exhibition during the week entitled **“Drugs and... what? A critical look at the drugs business”**.

Training and awareness raising

“SEXUALITY AND AFFECTION: AN INTEGRATED APPROACH” COURSE

This is the third year of the course attended by 70 people. It deals with different topics related to affection and healthy sexuality with the framework of health and as a tool for the prevention of STDs.

“DRUGS: REFLECTIONS, VIEWS AND EFFECTS OF SUBSTANCES”

This training course offers a specific, practical and reflective view of the consumption of drugs and looks at each substance specifically, taking into account their neurological and psychological effects. This is the second year of the course which has been attended by a total of 58 students from the UAB.

7. Volunteering



University volunteering

The FAS, as part of the Participation Area of the UAB, **encourages the participation of students as volunteers at the university**. In order to offer students an **integrated education**, the UAB offers the unique opportunity to take part in volunteer programmes and an experience based on the values of cooperation, solidarity, participative democracy, coexistence, justice and active citizenship.

The FAS Volunteering Area is responsible for promoting the volunteer activity on the UAB campus, suggesting volunteer programmes and actions to the entire university community, but especially the students. The Volunteering Area also supports **promotional campaigns and activities and the dissemination of the values of volunteering**. It uses social networks and the e-bulletin Notícies Fresques for communicating content and social initiatives, volunteering and the promotion of health and cooperation for development.

The FAS takes on volunteers and offer the necessary **training** for them to carry out their volunteer activities. Training FAS volunteers is seen as a duty to the groups with which it works, which have the right to the best possible quality of assistance and also a right of

the volunteers who have to be able to carry out their tasks to a high level of quality and independence.

Nostrum 2012

Nostrum is a training meeting organised each year by the FAS and this year it took place on 1 December at the Barceloneta Civic Centre. Over fifty volunteers took part in the meeting which aimed at introducing the different volunteer programmes that the FAS works with, **encourage closeness among** all the people who form part of the Foundation and offer specific training in their area of interest. At the beginning of the morning the Vice Rector for Students and Cooperation at the UAB, Sílvia Carrasco, welcomed the participants and highlighted the value of volunteering in personal development, especially within universities. In the afternoon session there were **specific workshops for each programme**. Finally, Andreia Moreira, a member of the Catalonia National Youth Council (CNJC) closed the meeting.



Annual Party 2012

On 8 November 2012, the UAB celebrated its annual party. Over a hundred students took part in the activities organised by the FAS throughout the day, which were aimed at giving greater **visibility to volunteering**, to the values associated with volunteering and the importance of the third sector in general. The Foundation was present in two of the main spaces in the party: in the Rambla del Nord there was a Xiringu point for information and promotion of healthy living, specifically concerning sexuality and drug consumption, and an Energy Control stand; in the Plaça Cívica FAS volunteers were present on another stand giving information about the different university volunteer programmes and also giving information and collecting signatures for the Platform for People Affected by Mortgages (PAH). There were several games led by volunteers such as the paper chase “Què fas de festa?”, role games, the competition “You’re worth it!”, and interactive procession, among other things. Environment volunteers and the Environment Office of the Autònoma (OMA) worked to achieve a **more sustainable party** by raising awareness about the use of reusable glasses.

In parallel, there was an informative talk about **international volunteering** aimed at UAB students interested in the European Volunteer Service (EVS) and the UN Volunteer Programme, or people wanting to take part in a cooperation project.



Start-up volunteer projects

VOLUNTEERS IN THE PLATFORM FOR PEOPLE AFFECTED BY MORTGAGES (PAH)

Given the recent growing situation of **evictions** in Catalonia, at the beginning of the year the Barcelona PAH contacted the Department of Social and Cultural Anthropology at the UAB to study possible lines of collaboration between the students and the Platform. During the year, six Anthropology students were responsible for the first interviews with people who had contacted the PAH to explain their situations and ask for support, and the students made up files for each case. Having people dedicated almost entirely to that task has meant that PAH has collected more information, of better quality about the different situations of people evicted in Barcelona.

«I like the work of the PAH; it's not a palliative task, but offers instruments to people to be better informed, to be able to negotiate and to help each other».

Anna Martínez, FAS volunteer at the PAH



ENVIRONMENT VOLUNTEER GROUP

This year training was offered for the first time to a group of 22 volunteers organising awareness raising activities on the UAB campus for **more sustainable, healthier and more ecological way of living**. The group offered a workshop of recycled clothes and a lunch against food wastage as well as celebrating Water Day and Earth Day. Also, throughout the year, 33 students coordinated by 7 volunteers from the environment group hung **nesting boxes** on the campus and are monitoring their development.

Projects

XARXANET PORTAL

The Xarxanet Portal (www.xarxanet.org), set up by the Generalitat de Catalunya, with the aim of becoming the door to the world of voluntary associations and individuals, civic behaviour and solidarity. Xarxanet is the result of networking with different organisations that are looking for a better world. The FAS has been a participant for 10 years as a promotional organisation and this has offered an opportunity to take part in the **promotion of university volunteering** and the values of participation and social change. This academic year 2012-2013 the FAS published more than 140 entries (news, reports, agenda activities etc.)

YOUTH IN ACTION PROGRAMME

FAS participated in the European Volunteer Service (EVS) of the Youth in Action Programme of the European Commission as a sending and receiving organisation. As a receiving organisation, this year it has received **three young German volunteers** who have joined the Volunteering Area and taken part in several social programmes and the PIUNE disability support service. The Fas also gave information and orientation to **26 UAB students** and sent one student to the **Aisling Project Ltd in Dublin (Ireland)**.

UNITED NATIONS UNIVERSITY VOLUNTEER PROGRAMME

This year two UAB students were selected to take part in the **United Nations University Volunteer Programme** to work in international organisation in impoverished countries for a period of six months. A total of 19 Spanish universities take part in this programme which has the support of the AECID. At the UAB, the FAS is responsible for managing the programme and selecting the students from the applications it receives, this year a total of 27. The two students selected spent their volunteer period in Guatemala on the United Nations Programme for Development and the World Health Organisation.

University Volunteers at the FAS

Number of volunteers per programme

<i>Programme</i>	<i>Volunteers</i>
Cooperation	16
CROMA	55
Environment	47
Justice	47
PAH (Mortgage victims)	6
Health	8
Social healthcare	70

Profile

<i>Women</i>	<i>Men</i>
213	49

Faculties with most volunteers

<i>Faculty</i>	<i>Percentage of total number of volunteers</i>
Psychology	22,3 %
Philosophy and Arts	15,7 %
Law	11,8 %
Education	11,4 %
Others	30,1 %
No specification	8,7 %
Total	100 %



8. Training

→ Activities recognized for academic credits

The training offered by the FAS gives tools and skills for reflection and construction of a fairer society together with more equal opportunities for everyone. This training is recognised by the UAB in the academic credit system.



<i>Courses</i>	<i>Years running</i>	<i>No. registered</i>	<i>Credits</i>
Introduction to Cooperation for Development	2	59	2
Sexuality and affection: an integrated view	3	70	2
Drugs: reflections, views and effects of substances	2	58	2
“Get integrated with disability” course	1	18	2
8th Cooperation Week at the UAB	1	68	1
Total	9	273	—

9. Networking

→ Networking

In 2012-13 the FAS has worked in networks with:

International Projection and Cooperation Committee (CICUE) which belongs to the CRUE (Conference of Spanish University Rectors); Commission for University Cooperation for Development of ACUP (Catalan Public Universities Association); Commission for International Solidarity and Cooperation of the Vives Universities Network; Disability Committee of the Cerdanyola del Vallès Council; UNIDISCAT Committee of

the Interuniversity Council of Catalonia; 1st December Committee; National Youth Council of Catalonia; Catalan Foundations Coordinating Body; (Catalan Organisations for Social Action); Catalan Federation for Social Volunteering; Universia Foundation; Social Participation Table; Association and volunteer network Xarxanet.org; network of Services for Disabled People at University (SAPDU) of the University Student Affairs Network (RUNAE); Aids Network and Local World.

10. Financial In- formation

Financial Information

The Fundació Autònoma Solidària has managed the economic resources that different agents have entrusted to it to give support to our lines of work in the 2012 financial year. To ensure transparency and well-managed resources the Fundació Autònoma Solidària submitted its accounts for an external audit carried out by Blázquez, Planas i Associats SL.

We are grateful to all our funders for their contributions which have made the Foundation's activities possible. We would also like to mention the individual donations (members of the university staff) and the students who made a contribution when they registered for their courses through the UAB Solidarity Fund.

Funding organisations

Barcelona City Council; Cerdanyola del Vallès City Council; Barcelona County Council; Generalitat de Catalunya [Department of Social Welfare and Families (General Directorate for Civil and Community Action, General Directorate for Youth, Catalan Institute for Assistance and Social Services, ICASS); Department of Justice; Department of Health; UNIDISCAT]; Intervida Foundation; "la Caixa" Foundation; Tv3 Marathon Foundation; Lluís Carulla Foundation; Barnola-Vallribera Sant Josep Privaten Foundation; Universitat Autònoma de Barcelona Foundation (FUAB); Spanish government [Ministry of Health, Social Policy and Equality (General Directorate for Social Policy, Families and Childhood - General Sub-directorate of NGO and Volunteering, Youth Institute)]; Ministry of Finance and Public Administration; Obra Social "la Caixa"; Universitat Autònoma de Barcelona (UAB) [Libraries Service].

Economic summary 2012 by funding type

INCOME DE 2012

Universitat Autònoma de Barcelona	498.557,79
Programme for Cooperation for Development	155.563,79
Fundació Autònoma Solidària	213.394,00
PIUNE, Disability Service	116.525,00
Immigration and University Programme	13.075,00
Subsidies	245.031,32
Generalitat de Catalunya	131.957,20
Central government	46.706,22
Local governments	9.670,00
Private organisations and others	56.697,90
Capital subsidies	19.679,79
FAS income	63.337,31
Donations	86.659,49
Other income	476,15
TOTAL	913.741,85

EXPENDITURE 2012

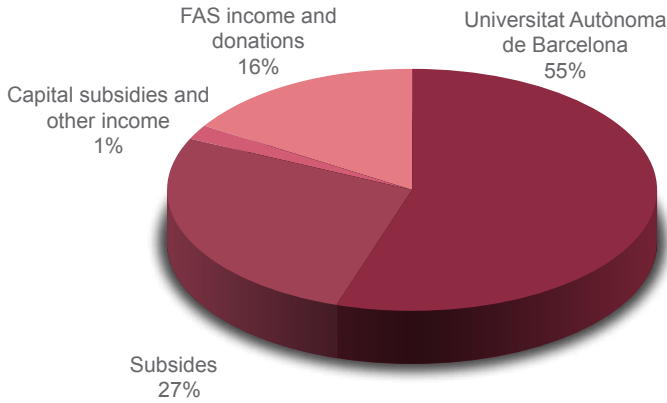
Grants	219.940,10
Operating expenditure	214.074,56
Staff expenditure	524.647,24
TOTAL	958.661,90

BALANCE 2012

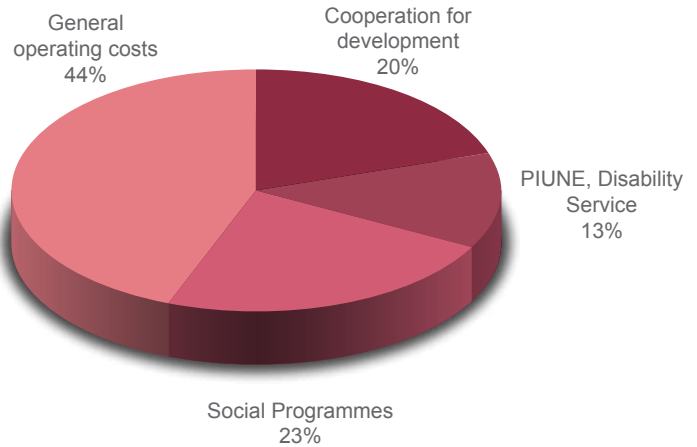
Expenditure by areas

Cooperation for development	189.075,08
PIUNE, Disability Service	124.051,18
Social programmes	219.442,53
General operating	426.093,11
TOTAL	958.661,90

■ Distribution of income by funding type



■ Expenditure by areas



Tendències

Joves implicats en la realitat social

IMPACTE SOCIAL

Lavora en el sector, però no s'identifica amb el treball. És un dels motius pels quals molts joves de les universitats catalanes opten per a l'auto-ocupació, amb un model de treball que és més flexible i que respon a les seves necessitats. El model català de voluntariat pivota sobre una jurisdicció d'entitats amb molta participació.

El voluntariat com a model de treball està canviant. Els joves de les universitats catalanes opten per a l'auto-ocupació, amb un model de treball que és més flexible i que respon a les seves necessitats. El model català de voluntariat pivota sobre una jurisdicció d'entitats amb molta participació.

El model català de voluntariat pivota sobre una jurisdicció d'entitats amb molta participació.

El voluntariat augmenta a tot el país, però a Catalunya és més intensiu. El voluntariat augmenta a tot el país, però a Catalunya és més intensiu. El voluntariat augmenta a tot el país, però a Catalunya és més intensiu.

Augmenta el nombre d'universitaris que combaten les conseqüències de la crisi de manera altruista

VOLUNTARIS a l'alça

Joves en contextos educatius. Un dels motius pels quals molts joves de les universitats catalanes opten per a l'auto-ocupació, amb un model de treball que és més flexible i que respon a les seves necessitats. El model català de voluntariat pivota sobre una jurisdicció d'entitats amb molta participació.

El voluntariat augmenta a tot el país, però a Catalunya és més intensiu. El voluntariat augmenta a tot el país, però a Catalunya és més intensiu. El voluntariat augmenta a tot el país, però a Catalunya és més intensiu.



Mireia Sureda, estudiant de 2n de Psicologia, 21 anys



Anna Sureda, estudiant de 2n de Psicologia, 21 anys

Anna Sureda, estudiant de 2n de Psicologia, 21 anys

"He après molt, a la presó"

La meua experiència més valuosa és la que he viscut a la presó. He après molt, a la presó. He après molt, a la presó. He après molt, a la presó. He après molt, a la presó. He après molt, a la presó.

He après molt, a la presó. He après molt, a la presó. He après molt, a la presó. He après molt, a la presó. He après molt, a la presó.

"És dur guanyar-se aquests nens"

Als nens els costa molt de guanyar-se aquests nens. És dur guanyar-se aquests nens. És dur guanyar-se aquests nens. És dur guanyar-se aquests nens. És dur guanyar-se aquests nens.

La Nitria va una tarda i la setmana a una classe de recollir de Bé de primària

La Nitria va una tarda i la setmana a una classe de recollir de Bé de primària. La Nitria va una tarda i la setmana a una classe de recollir de Bé de primària. La Nitria va una tarda i la setmana a una classe de recollir de Bé de primària.

Anna Sureda, estudiant de 2n de Psicologia, 21 anys

"Aquí es troben solucions"

Aquí es troben solucions. Aquí es troben solucions. Aquí es troben solucions. Aquí es troben solucions. Aquí es troben solucions.

Aquí es troben solucions. Aquí es troben solucions. Aquí es troben solucions. Aquí es troben solucions. Aquí es troben solucions.

Voluntariat a la par

Voluntariat a la par. Voluntariat a la par. Voluntariat a la par. Voluntariat a la par. Voluntariat a la par.

Abornes de diferents centres s'han intercanviat cartes sense coïncidir-se

Abornes de diferents centres s'han intercanviat cartes sense coïncidir-se. Abornes de diferents centres s'han intercanviat cartes sense coïncidir-se. Abornes de diferents centres s'han intercanviat cartes sense coïncidir-se.



Anna Sureda, estudiant de 2n de Psicologia, 21 anys

"Aquí es troben solucions"

Aquí es troben solucions. Aquí es troben solucions. Aquí es troben solucions. Aquí es troben solucions. Aquí es troben solucions.

Voluntariat a la par

Voluntariat a la par. Voluntariat a la par. Voluntariat a la par. Voluntariat a la par. Voluntariat a la par.

