Information for Online Learning Agreement

Receiving Institution Information

- **Country**: Greece
- **Name:** PANEPISTIMIO THESSALIAS
- **Faculty/Department:** Physical Education and Sport Science
- **Address:** Volos
- **Erasmus Code:** G VOLOS01
- **Receiving Responsible Person**

Name: Nikos

Last Name: Comoutos

Position: Departmental Coordinator

Email: nzourba@pe.uth.gr

Phone number: +30 2431047027

- **Receiving Administrative Contact Person**

Name: Nikoletta

Last Name: TROUGKAKOU

Position: Administrative Coordinator

Email: ntrougkakou@uth.gr

Phone number: +302410684722

Proposed Mobility Programme

- **Planned start of the mobility**: 25/1/2027
- **Planned end of the mobility**: 30/1/2027
- **The main language of instruction at the Receiving Institution**: English
- **The level of language competence**: B2
- **Component title or description at the Receiving Institution**: Sport and Exercise Psychology Intensive Course
- **Component Code**: 2025-1-EL01-KA131-HED-000311748-2
- **Number of ECTS credits to be recognized by the Sending Institution**: 3

- **Short description of the virtual component**:

Title: Sport psychology in Europe: Profession and Careers

The lecture will provide students with the opportunity to gain knowledge and understanding of different aspects revolving around the profession of sport psychologist (the delivery of sport psychology services) across Europe, and discuss and exchange about the development of a career within this area of practice. More precisely, we will firstly review the current state of the arts of the profession of sport psychologist in different European countries, by considering the different existing legislations and registrations across Europe revolving around the delivery of sport psychology services. Secondly, we will discuss the different aspects one may consider when developing a career in applied sport psychology, and we will provide room for students to share and discuss their career prospects, ambitions, and dreams.