

**Practicum**

Code: 102552  
ECTS Credits: 9

Degree	Type	Year	Semester
2502443 Psychology	OB	3	A

**Contact**

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**Use of Languages**

Principal working language: catalan (cat)  
Some groups entirely in English: No  
Some groups entirely in Catalan: Yes  
Some groups entirely in Spanish: No

**Teachers**

Tomas Blasco Blasco  
Jaume Cruz Feliu  
Susana Pallarés Parejo  
Dolores Sáiz Roca  
José Ignacio Garrido Garcia  
Joaquim Puntí Vidal  
Remedios Rubio Garcia

**Prerequisites**

There is no prerequisite

**Objectives and Contextualisation**

The subject called PRACTICUM, undertaken in the third year on the current course in Psychology at the Universitat Autònoma de Barcelona, aims at imparting an understanding of the various activities, professional opportunities and opportunities for specialization for Psychologists in our current society. That is, an understanding of the different areas where the psychologist can practice professionally.

This general objective is focused on participatory activities to improve knowledge of the Psychologist's profession in various different fields of specialization.

It is, therefore essential that students have experiential knowledge with concrete examples of specialized activity in all fields, in order to facilitate his/her decision about where to direct their own professional specialization:

- Psychology of Health
- Clinical Psychology of Childhood and Adolescence

- Adults Clinic Psychology
- Analysis and Intervention in Social Psychology
- Labor Psychology and Organizations
- Psychoeducational Analysis and Intervention

Apart from these routes, several participation activities will be programmed each year to get to know the professional profiles of psychologists who do not appear clearly reflected in the above routes. In this regard, this year we will review the following profiles:

- Psychology of Sport
- Legal Psychology
- Biopsychological Research

## Competences

- Analyse the demands and needs of people, groups and organisations in different contexts.
- Identify and recognise the different methods of treatment and intervention in the different applied areas of psychology.
- Recognise the deontological code and act ethically.
- Recognise the determinants and risk factors for health and also the interaction between people and their physical and social environment.

## Learning Outcomes

1. Identify situations for groups and organizations that require an intervention whose purpose is to improve the quality of life of individuals.
2. Identify the main techniques for psychological intervention in different areas such as work, health, sport, education, social, clinical psychology, etc.
3. Recognise the deontological code and act ethically.
4. Reflect on the need and relevance of the different demands that originate in the applied areas of the discipline.
5. Take into consideration the personal and family situation of the patient as well as their general state of health as part of the necessary information for making a diagnosis, planning treatment and issuing a prognosis for evolution.

## Content

The subject is structured in lectures and round tables or workshops that are organized following the routes / profiles of the Degree Program. It is intended that the students should learn about:

1. The professional fields.
2. The main functions undertaken in each field.
3. The methods, techniques, tasks and activities linked to each field.

Round tables or workshops programmed by faculty may be related to:

1. Deontological issues and legal aspects in the practice of psychology.
2. New specializations and professional opportunities.
3. Recent topics that may be of interest to the future specialist in psychology.

## Methodology

This subject is structured in lectures and roundtables or workshops

lectures to give a panoramic view of the profession.

Different departments of the faculty and the deanship aim to bring the student closer to the reality of the profession based on the testimony of professionals working in the different applied fields of Psychology. With this type of teaching, students will be able to get to know the various activities, professional activities and opportunities for specialization for psychologists in our current society.

Information about lectures

The lectures are related to the presentation of the following areas of intervention:

- The professional in the Psychology of Health
- The professional in Clinical Psychology of Children and Adolescents
- The professional in the Clinical Psychology of Adults
- The professional in Social Psychology
- The professional in Labor Psychology and Organizations
- The professional in Educational Psychology
- The professional the Psychology of Sport
- The professional in Legal Psychology
- The professional in Psychobiology

Observation: The lectures will be listed in the schedule assigned to each group during the first semester and part of the second.

The list of round tables or workshops is the following:

Round Table: The Professional in Social Psychology

Round Table: The Professional in Labor Psychology and Organizations

Round Table: The Professional in Educational Psychology

Round Table: The professional in Clinical Psychology of Children and Adolescents

Round Table: The professional in Clinical Psychology Adults

Round Table: The professional in Legal Psychology

Round Table: The professional in Sport Psychology

Each of these workshops and round tables will be undertaken by all groups at the same time. Approximately half these workshops will be held in the morning and the other half in the afternoon.

## Activities

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Title	Hours	ECTS	Learning Outcomes
Type: Directed			
Master lectures and round tables	42.5	1.7	5, 3
Type: Supervised			
Tutoring tracking group work	1	0.04	1, 4
Tutoring tracking individual works	7	0.28	5
Workshops	14	0.56	1, 4
Type: Autonomous			
Elaboration individual works	30.5	1.22	
Elaboration work and group presentation	61	2.44	
Read	20	0.8	
Search documentation	25	1	
Work field	18	0.72	

## Assessment

Code Evidence	Denomination	Weight	Format (oral, written or both)	Authority (individual, collective or both)	Via (attendend, virtual or both)
EV1	Individual written assessment on the profiles: adult clinical psychology, child clinical psychology and health psychology and other profiles to determine9	30	written test	Both	face to face (week. 17-17 first semester)
EV2	Individual written test about the other unbalanced profiles, workshops and round tables	40	written test	Individual	face to face (week. 18-19 second semester)
EV3	Defense of a conference of a specific profile and a press release	30	Vurtyak talk	group	face (week 16 second semester)

### Description of the assessments:

#### 1: Assessment 1 (written test)

Exam type on the contents of the lectures attended during the first semester.

This assessment will be undertaken in the weeks scheduled for exams at the end of the first semester.

## 2. Assessment 2 (written test)

Exam type on the contents of the rest of lectures that have been undertaken throughout the second semester and on the contents studied in the workshops.

This assessment will be undertaken in the second period of weeks scheduled for exams of the second semester.

## 3. Assessment 3: VIRTUAL TALK

Objective: Prepare a small VIRTUAL talk, which must be presented in class.

Assessment 3 will be undertaken in groups of 5 people. Each group will be assigned to a field to carry out assessment 3. Within this field you must develop a professional profile within a specific area of work. For example, adult clinic in a day center.

The talk to be prepared is aimed at non-expert audiences (for students of a secondary school, older people...). The talk should be simple, accessible, fun, shocking and, above all, very creative.

What to do: Prepare one visual document. This can be a short video (no more than five minutes), an Animated "Power-point", a scientific poster, etc.,

You will present this visual document in front of the lecturer in charge of one of the fields.

In addition, each group will have to present a press release of the work undertaken in this assessment.

This assessment will be undertaken on Wednesday of week 16 of the second semester.

Observation: VERY IMPORTANT. All documents that are submitted via the virtual classroom (assessment 3). The names and surnames and NIU of all the students must be included in the work. Once submitted you may not add a member that has not previously been included

To pass the course, the student must obtain a minimum score of 5 points in the sum of the grand total of assessments.

Resits are only available to the students who have taken at least two tests and have a continuous assessment grade greater than or equal to 3.5 points, but less than 5.

This resit test will consist of written questions corresponding to any of the three assessments. The note obtained in this test will be the one that will appear in the final results with a maximum of 6.9. The resit test will take place in the 19/20 week of the second semester.

A student who has submitted assessments whose sum is less than 4 points (40%) will be considered as Not assessable.

The link to the document published on the faculty website is:

<https://www.uab.cat/web/estudiar/graus/graus/avaluacions-1345722525858.html>

## Assessment Activities

Title	Weighting	Hours	ECTS	Learning Outcomes
Ev.1: Individual written evidence on profiles: adult clinical psychology, child clinical psychology and health psychology	30	2	0.08	2, 5, 4
Ev.2: Written test on the rest of profiles, workshops and round tables	40	2	0.08	1, 3, 4
Ev.3: Virtual presentation of a conference with a specific profile and press	30	2	0.08	1, 4

## **Bibliography**

Throughout the course, teachers will have a specific bibliography of different profiles.