

Urban biodiversity and human health. A systematic review of the evidence.

A growing body of scientific evidence showcases urban green as a potential source of benefits for urban dwellers. Different authors have studied the association between urban green and reduced exposure to environmental hazards, improved mental health or increased physical activity. However, some potential underlying mechanisms remain underexplored. The potential role of **urban biodiversity** is one of them. While there is a small body of literature analyzing the potential benefits of urban biodiversity on mental wellbeing, the effects on health remain almost unexplored.

This master thesis aims to systematically review the existing literature regarding the health benefits of urban biodiversity, potentially showcasing its importance and setting the stage for future research.

NOTE:

If you are interested in one of these calls or have any question, please do not hesitate to reach Roser Maneja (roser.maneja@uab.cat) and Pablo Knobel (pablo.knobel.uab@gmail.com).