

## **What is urban green and what is not? A systematic review.**

A growing body of scientific evidence showcases urban green as a potential source of benefits for urban dwellers. Different authors have studied the association between urban green and reduced exposure to environmental hazards, improved mental health or increased physical activity. As many different fields of expertise converge into this research, different languages and lexicons are used to refer to the same things. Words like urban green, greenspace, urban nature, or public space appear across the literature. Although they could be interpreted as direct synonyms, each one could encapsulate its subtle differences.

This master thesis aims to systematically review the existing literature regarding urban green health benefits and analyze how they **define urban green**, both conceptually and practically.

### **NOTE:**

If you are interested in one of these calls or have any question, please do not hesitate to reach Roser Maneja ([roser.maneja@uab.cat](mailto:roser.maneja@uab.cat)) and Pablo Knobel ([pablo.knobel.uab@gmail.com](mailto:pablo.knobel.uab@gmail.com)).