



Fundació
Autònoma Solidària

UAB CAMPUS



ACTIVITIES REPORT

2013-2014

The mission of the **Solidarity Autonomous Foundation (FAS)** is to contribute to the construction of a more supportive university with a greater commitment to the social situation, through voluntary participation by the university community as an instrument for the integration of groups at risk of exclusion.

FAS ANNUAL REPORT 2013-2014

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“ We are pleased to present this annual report of the Solidarity Autonomous Foundation (FAS) for the 2013-2014 academic year with the satisfaction of having achieved some good results.

In this document we have tried to reflect two of the elements that we are most proud of: the impact we have and the people we work with. We outline with special emphasis the scope of the FAS activities, which reach many places both close to the UAB and also developing countries; we also work closely with many public and private institutions as well as research groups, lecturers and services within the UAB. We have also managed to maintain our presence in the media. This is the impact we wanted to show through the maps and graphs in this document.

We also wanted to show that everything we do is possible thanks to a number of specific people and it makes sense because it reaches children, people and adults in a number of different situations of vulnerability. We would therefore like to represent the voices of the collaborators and beneficiaries who have offered us their experiences. Without them the FAS would not be possible or, simply, would make no sense. To everyone, from the board of trustees and professional team to the students, interns and volunteers, not forgetting the funders and, obviously, the beneficiaries, we would like to take this opportunity to offer our thanks for another successful year.

All of this has happened at a time when the supposed end of the financial crisis in our country has nothing more than highlight an increasingly unequal society, where the role of the conscious and responsible citizen has to find in higher education a place for education and living which allows the generation of new future scenarios for people and the environment.

As we have mentioned, we have come to the end of another year with satisfaction and gratitude and that is what helps to keep the challenge alive of continuing to work for a university committed to the region and most vulnerable groups of people. That is just what we will continue to do and we encourage you to join us.”



Sílvia Carrasco, Chair of the FAS and Vice-Rector for Students and Cooperation at the UAB



Jordi Prat, Director of the FAS

1. Who are we



The Solidarity Autonomous Foundation is a non-profit organisation created in 1999, which works for the application of social policies, solidarity, cooperation for development and equality of opportunity at the Autonomous University of Barcelona.

The FAS forms part of the FUAB, an institution created by the UAB which brings together and manages its functions. We want a university that offers students a comprehensive education so that they can train not just as professionals but also as citizens. We promote participation in voluntary activities for the community and in training activities aimed at encouraging the capacity for analysis and reflection on situations of inequality. We work with groups at risk of exclusion, people in prison centres and youth centres and people who are receiving treatment in centres and hospitals.



Our values

COMMITMENT

RESPONSIBILITY

EQUALITY FOR ALL
PEOPLE AND DEFENCE
OF THEIR RIGHTS

EFFICIENT, QUALITY, TRANSPARENT
AND EQUITABLE WORK

ACTION IN
SITUATIONS OF INJUSTICE AND
SOCIAL INEQUALITY

Technical team (2013-2014)

Technical team > 14



Jordi Prat (Director),
Júlia Betrian, **Elsa Espinosa**,
Montserrat Fernández,
Olga Herrero, **Eva Maria León**,
Carla Marimon, **Sara Martínez**,
Andrés Morodo, **Marta Neila**,
Judit Oliver, **Estel Peix**,
Clara Romaguera i **Montserrat Zahonero**.

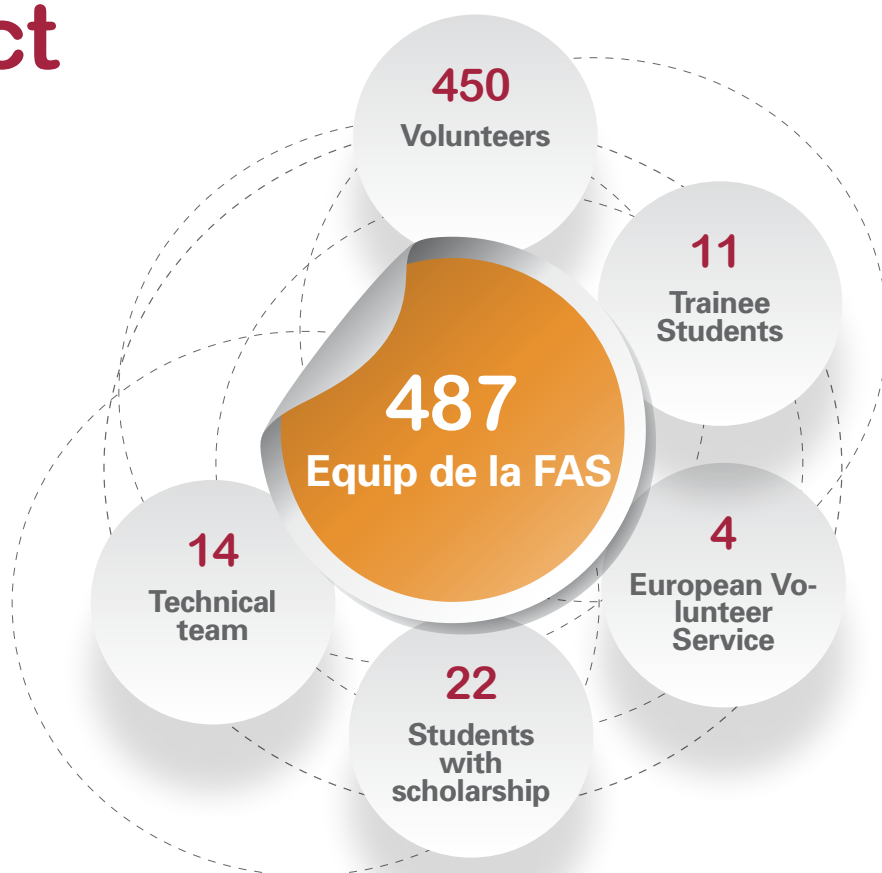
Board of trustees (September 2014)



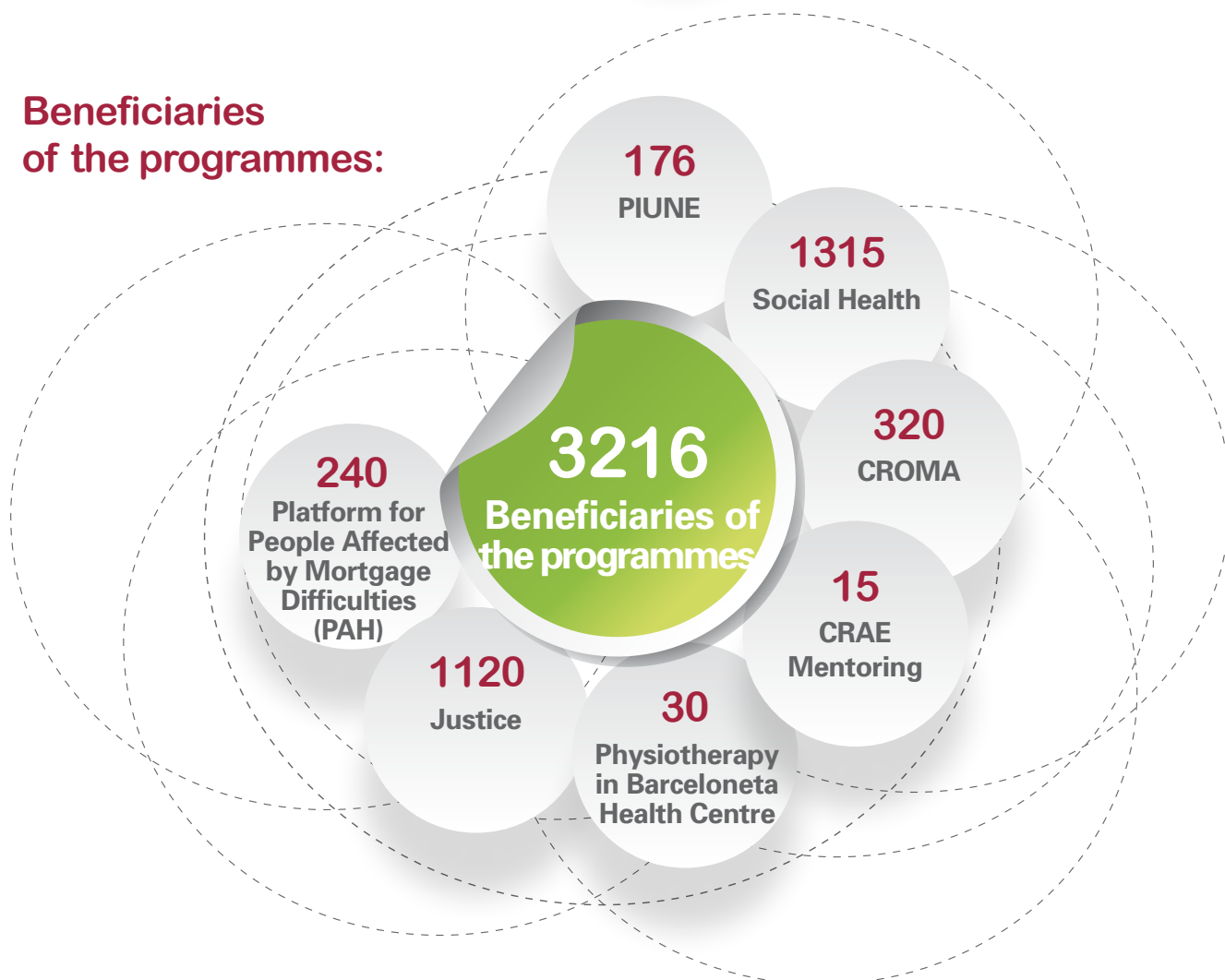
Silvia Carrasco Pons (Vice-rector for Students and Cooperation), Chair.
Montserrat Balagueró (Assistant Executive Administrator for the FUAB), member.
Joan Botella Corral (Dean of the Faculty of Political Science and Sociology), member.
Sònia Hernández (Executive Secretary), member.
Montserrat Rifà Valls (Director of the Observatory for Equality), vocal.
Daniel Furlan (Representative of the Board of Trustees), member.
M. Rosa Català (Legal Director of the FUAB), secretary of the Board.

2. Impact

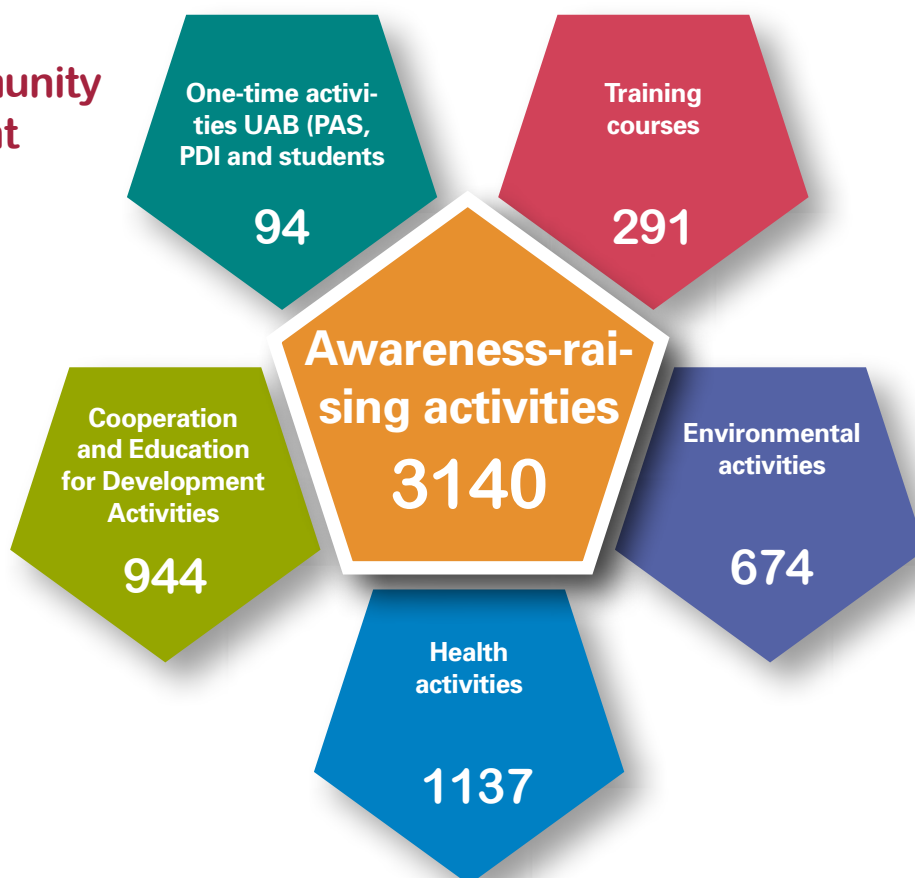
FAS Team:



Beneficiaries of the programmes:



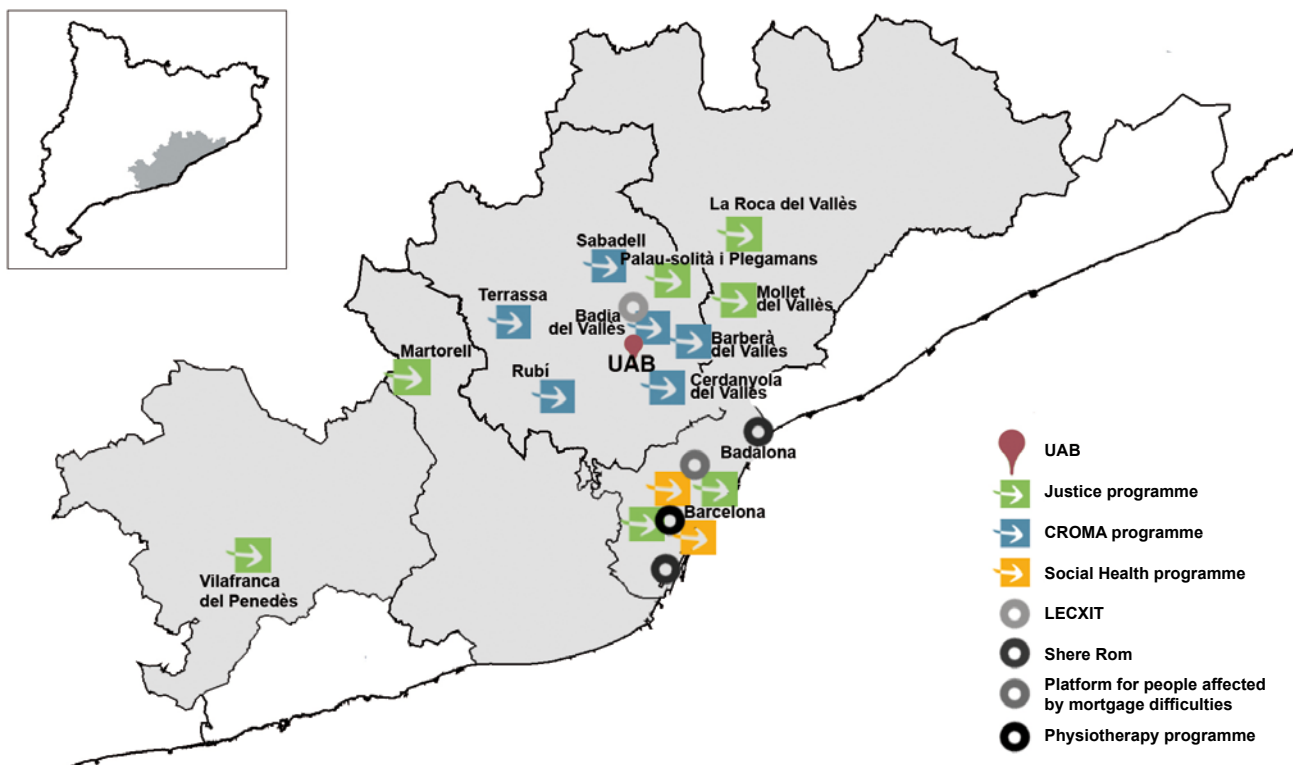
**Participation
of UAB community
in the different
activities:**



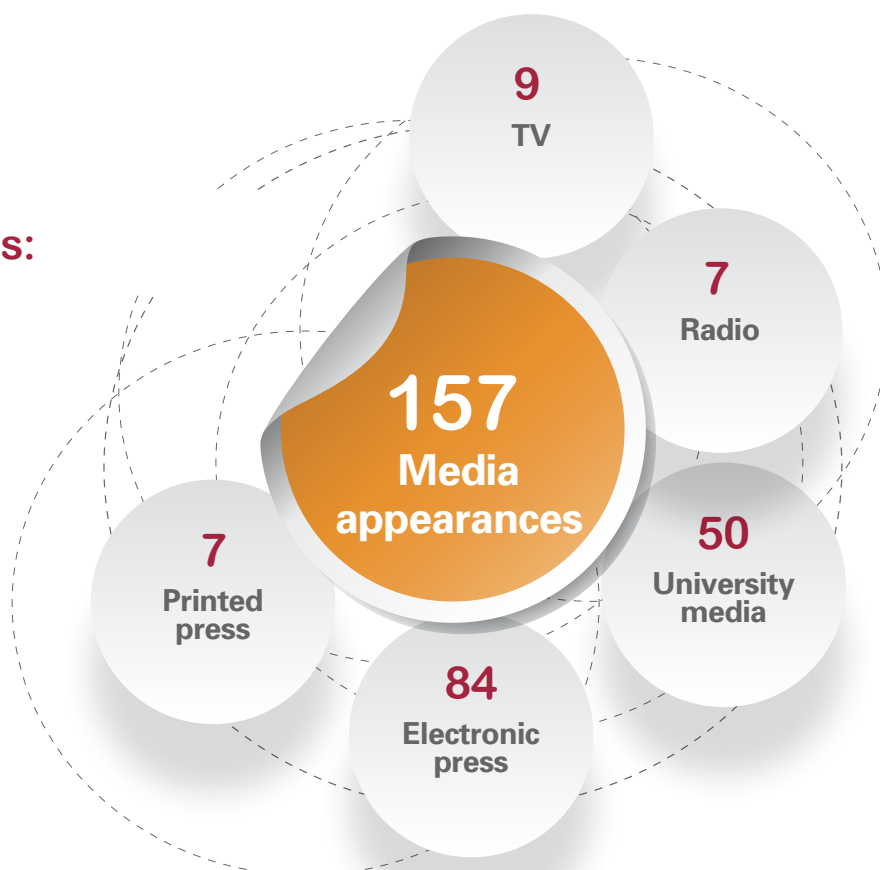
**Training activities
with recognition
of academic credits:**



Regional impact:



Media appearances:





TV3, March 2014



TV documentaries, December de 2013

Diari de Terrassa

EL DIARI

Època IV. Año VII, Núm. 8.669 Miércoles, 5 de febrero de 2014 Precio: 1,30 €

El paro vuelve a crecer

El número de desempleados aumentó en enero en un total de 102 personas

Se ha registrado el menor incremento en el primer mes del año de los últimos siete

23.187 son los terrasenses que a finales de enero estaban en situación de paro

El paro en el mes de enero volvió a crecer en Terrassa, en concreto en 102 personas, situándose en un total de 23.187 desempleados. La subida es de un 0,4%, inferior al 0,5% registrado en la comarca, en que el número de personas sin trabajo subió en el primer mes del año en 527. En tasa interanual, en los últimos doce meses, el paro se ha reducido en Terrassa en 905 personas. Este mes de enero, a pesar de la subida, ha ofrecido el mejor comportamiento en los últimos siete años, registrando el menor ascenso. **FIGURAS DE T. 33**

Voluntariado para mejorar el éxito escolar

El programa Lema de voluntariado de la Fundación Autónoma Solidaria (FAS) de la UIC de talleres de refuerzo para mejorar el éxito escolar llega este curso a Terrassa tras la firma de un convenio entre la fundación y el Ayuntamiento. Las actividades se desarrollarán en las escuelas Antoni Obach, Font de l'Alba y Sant Lluis, y beneficiarán a unos sesenta alumnos de primaria. El programa presenta como particularidad que los talleres están a cargo de estudiantes universitarios. Desde la fundación han explicado que el proyecto socioeducativo cuenta con larga trayectoria y muy exitosa, en la medida que los alumnos que participan se sienten muy motivados al tiempo que los tutores crecen en valores. Este curso, el programa Comen acogió a 265 alumnos de 14 centros de primaria repartidos en cinco municipios villasanos que son Badal del Vallès, Rubí, Cardener de Noya, Sant Sadurn de Noya y la ciudad de Terrassa. **FIGURAS DE T. 33**

Diana Cayuela, delegada para la UPC

La doctora en Ciencias Químicas e investigadora en el interior Diana Cayuela ha sido nombrada presidenta del Consell de Ciutadania de la Universitat Politècnica de Catalunya (UPC) en Terrassa. Cayuela asume las funciones de delegada del rector, una figura que asumió Francisco Antón. **FIGURA 7**

El Festival de Jazz tendrá "Concerts del Tricentenari"

El Festival de Jazz de Terrassa se recupera a los "Concerts del Tricentenari", programa conmemorativo de los hechos del año 1714. Un foco con las actuaciones de dos artistas de primera fila: el pianista argentino Marco Mezquida y la contrabajista catalana Giulia Vulliamy. Ambos están previstos inicialmente para el 29 de marzo del festival se desarrollará entre los días 15 y 30. Por otra parte, la organización presentó ayer el cartel de la edición de este año. En una obra de Miquel Àngel, que este pintor terrasense fallecido el pasado agosto, a la edad de 38 años, donó al Club de Jazz de Amics de les Arts. Muestra la visión "onírica y surrealista" de un pianista. Su obra tiene carácter de homenaje a este artista anónimo. **FIGURA 8**

SANT CUGAT

Juzgarán al ex alcalde Joan Aymerich

El que fue alcalde de Sant Cugat entre 1987 y 1995, Joan Aymerich (EUP), será juzgado de un presunto delito de prevaricación por no puestamente favorecer el crecimiento de la empresa Eudalinger Ingeniería en el municipio a finales de la década de los 90. **FIGURA 14**

La contrabajista Giulia Vulliamy, que volverá a actuar en Terrassa este año.

3. PIUNE

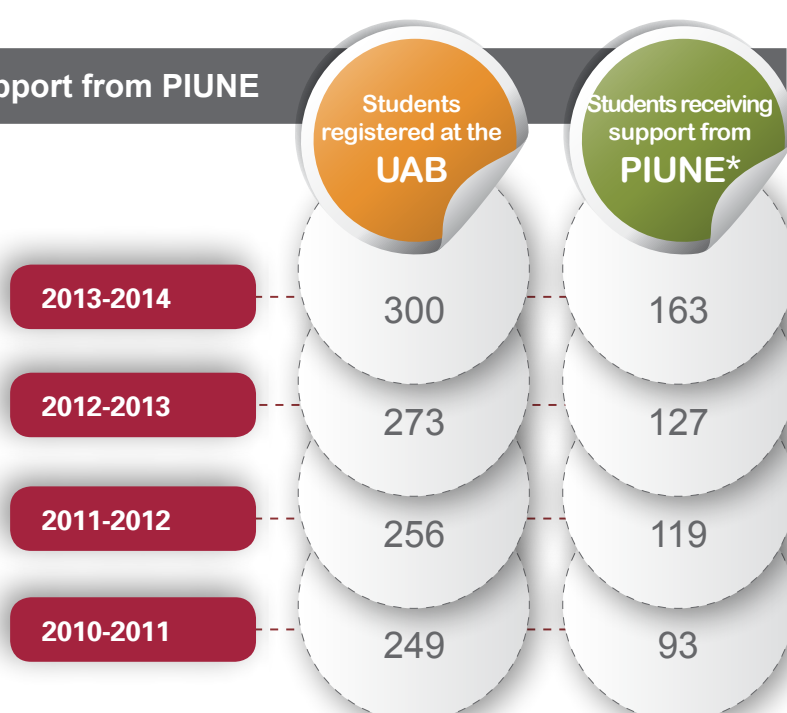
Disability Service

PIUNE works to guarantee that anyone, independently of their disability, can gain access to higher education courses with equality of opportunity and enjoy a full and autonomous academic and social life at university, the same as their colleagues. We offer **advice and support to students with disabilities** according to

their individual needs and coordination with teaching staff to enable them to continue their studies successfully. We also work with other members of the university to improve access on the UAB campuses and make available to students with disabilities adapted information and communication technologies.

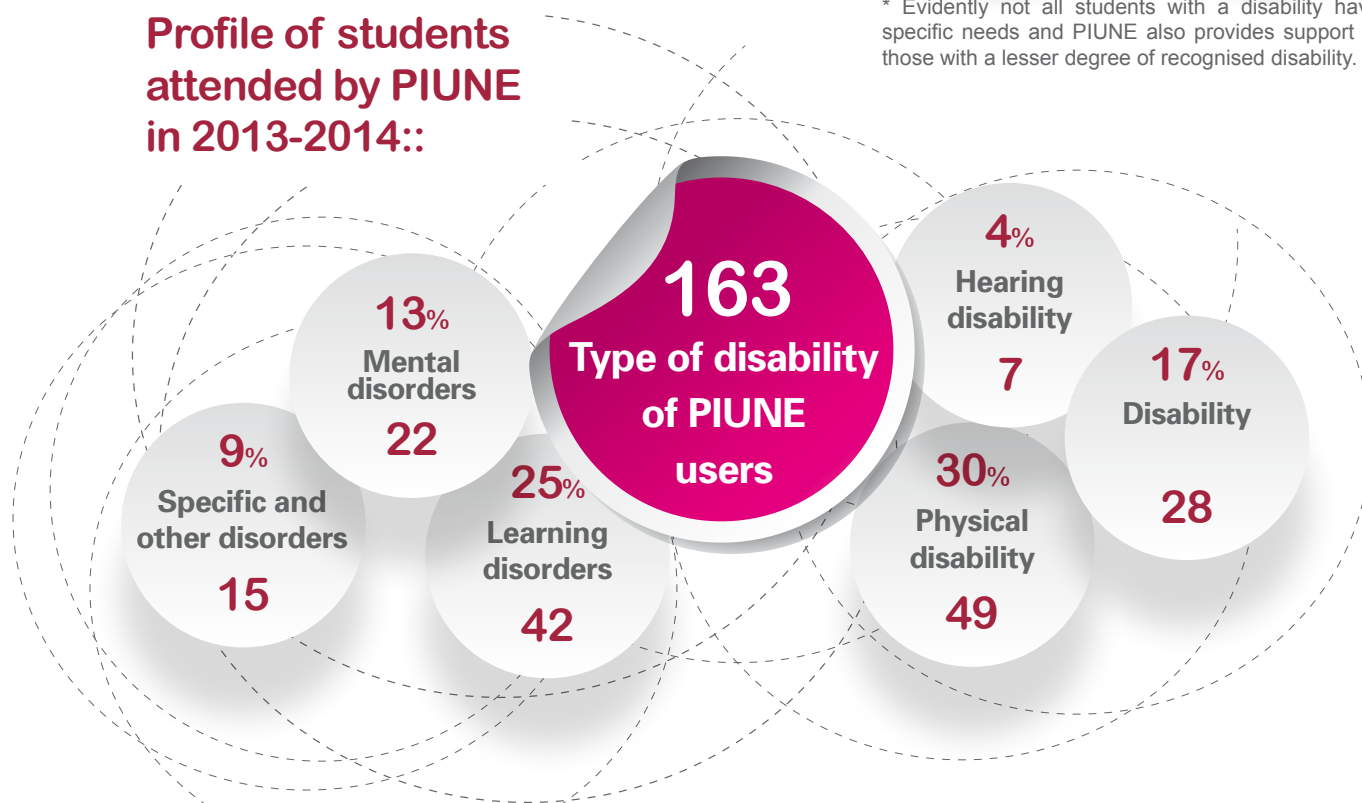
Figures for students receiving support from PIUNE

PIUNE attended 163 students with a disability and/or learning disorders, 76 of whom were new students. Following the trend of previous years the numbers of new students in the service increased from 127 to 163. According to a census by the university's Office for Information Management and Documentation (OGID), this year 300 students registered a disability of greater than 33%.



Profile of students attended by PIUNE in 2013-2014::

* Evidently not all students with a disability have specific needs and PIUNE also provides support to those with a lesser degree of recognised disability.





Educational, pedagogical and technological assessment and monitoring

PIUNE has established directives for specific educational needs deriving from a disability. The main actions that it has carried out are (information for the 2103-2014 academic year):

- Drawing up and implementing **individual attention plans based on the needs of the 163 students**. Each plan includes orientation, recommendations and actions to facilitate access to studies for the students.
- 442 individual tutorials for students with a disability.
- 416 actions for adaptation of evaluation systems for the 61 students who requested it.
- 69 actions for assessment and training of 28 students and 8 lecturers on Technology for improving access to information and communication as well as making general technological resources available to students.
- Management of signing service for students who require it for their classes. The service has been provided by the APSO cooperative. The total number of hours' support with the signing interpreter was 733 hours.
- **Support Students Programme Management.** Support students for study is a resource aimed at students who experience difficulty taking notes or who need help to carry out some of the classroom activities, such as laboratory practicals or bibliographic searches.

Tutorials for students with special educational needs

Meetings have been held with the Vice-Dean's Offices for Students at the different centres of the UAB to ensure that every faculty has a designated tutor for stu-

dents with a disability. This will become effective from the 2014-2015 academic year.

Support for mobility and removal of barriers

We work to guarantee that the buildings, installations and services at the UAB are accessible to the entire population and that no member of the community should find any impediment to moving around the campus.

We manage an adapted transport service (minibus) and accompany students with physical disabilities and reduced mobility. 37 people benefited from the service and 1047 journeys were made.

Impulse grants

The FAS opened the fifth call for Applications for **Impulse grants**, with the collaboration of companies and the **Social Council of the UAB**. The funding is aimed at students with a disability who require personal assistance and/or help with mobility. 9 students received the grant which totalled €15,433. Individual grants ranged from €465 to €3,000. To evaluate the impact of the grants the Vice-rector's office for Students and Cooperation, two representatives of the Board of Trustees, the Director of the FAS and the PIUNE technician held meetings with students in June to hear the opini-



ons of the beneficiaries, assess the situation and make suggestions for improvements. Over the last five years €114,944 has been destined to the Impulse grants and 24 students from the UAB have received them.

“ The grants not only provide an impulse for a life project but also another step towards inclusion in society. ”

Cristian,
PhD Student in Psychology

International mobility without borders

Almost 1,200 students from the UAB took part last year in one of the three programmes offered by the university. Among the academic students were some with di-

sabilities who received support from PIUNE, either to study abroad or to come to the UAB.



“ The problems I found there were the same as anyone would find: papers, timetables, registration, flatmates... and what I learned was also the same: independence, growing, knowing and discovering. ”

Elsa Martínez, a Criminology student with a disability and reduced mobility describes her experience at the University of Lausanne (Switzerland).

Employment

We believe that entry into the employment market should be the final objective of the academic process for all university students. That is why it has always been one of PIUNE's lines of action. In June, the UAB with the support of the **Universia Foundation** embarked on the first Employment programme for students with a disability, carried out jointly by the PIUNE and Treball Campus.

The programme carries out actions for UAB students and graduates with a disability and with companies. Students and graduates who were eligible to do work placements or accept employment offers were interviewed and oriented in terms of improving their CV or getting through a job interview. The development of this new project for employment is hoped to increase the chances of employment in companies for graduates with a disability according to their qualifications and skills.

4. Cooperation and Education for Development

The Area of Cooperation and Education for Development of the FAS promotes action, training and research in the area of university cooperation for development in the UAB community. In order to advance towards overcoming inequalities and achieve social, economic and environmental justice in the world we believe it is necessary to promote critical knowledge

and active citizenship, especially in the university so that it is prepared to demand these changes and take part in the construction of new models while also promoting higher education in poor countries through the cooperation and strengthening of alliances with universities and civil society allowing them to play a central part in their development processes.

UAB Solidarity Fund



The **UAB Solidarity Fund** supports initiatives by the university community in the area of cooperation for development and awareness-raising. It is made up of two grants – one from teaching and research staff (PDI) and service staff (PAS) and the other from the students of the UAB. .

0.7% Campaign

PAS and PDI donators made a contribution of de €10,601.55 and 1,618 students ticked the 0.7% box when they registered thereby contributing 15 euros to the activities carried out in the area of cooperation. Together these amount to a total contribution of €24,270..

Grants

The 31st call for application from PAS and PDI resulted in **12 projects** being approved worth €71,281 to be carried out in 9 different countries. The E2013-2014 competition for UAB students to promote their participation in university cooperation projects in developing countries, preferably linked to programmes, actions or lines of cooperation and research by the UAB, resulted in €5,387.90 with the approval of **6 projects presented to be carried out in 5 different countries.**

UAB Solidarity Fund Project Map.



The Peruvian Amazon project receives funding

The Peruvian Amazon was another project that received funding from the Solidarity Fund through an action by the Department of Animal Health and Anatomy, which is working to combat the exploitation of the area as an economic strategy of the State and businesses.

Pedro Mayor, lecturer in the Faculty of Veterinary Medicine, explained that the resources have been channelled, firstly, to improving health conditions in the indigenous Amazon communities that are endangered by exploitation and secondly, making the use of resources by companies more sustainable.

Sara Mingorria, one of the students beneficiaries of the Fund is doing a PhD in Environmental Science on the impact of agroindustry on the q'eqchis communities in Guatemala. After three years of field work and three years writing, she states: "the knowledge obtained will not only be theoretical, fixed in publications, but will become something useful for finding alternatives to current development".

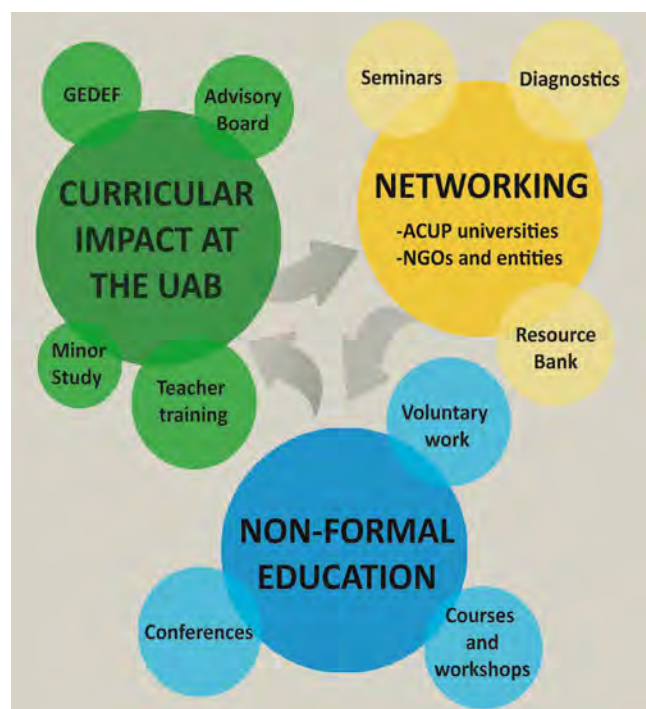
Education for sustainable development (ESD)

This year saw the launch of the **"Promoting education for sustainable development in the university"** project, with the support of **Barcelona City Council** and the **Catalan Agency for Development Cooperation** to promote a transversal focus of education for development in university degree courses to strengthen the role of the university in generating critical knowledge and forming active and committed citizens who act in cases of social injustice on a local and global scale. It supports the introduction of different processes that allow means of inclusion in education for development to be designed and articulated in the study plans, linking them to awareness-raising, training, research and advocacy in non-formal education to accompany and strengthen this task. The project takes place on the Bellaterra Campus of the



UAB using a networking strategy that brings together university centres, teaching staff, the cooperation offices of the **Catalan Association of Public Universities** and experts in ESD, among others.

Accions:



Minor in Sustainable Development and Global Citizenship

This year we have worked to create this minor, which now forms part of the UAB offer of courses for 2014-2015. It is of a transversal and interfaculty nature and is based on two main lines of content: economic, soci-

al and sustainable development, and governance, human rights and global citizenship. It is made up of nine subjects from six different qualifications and for the first year it is anticipated that 15 places will be offered. The Faculty of Political Science and Sociology has undertaken the academic coordination and administrative management of the course.

Creation of Faculty Groups for Education for Development (GEDEF)

Two Faculty Groups for Education for Development have been created. They are of a mixed a stable nature. One of the groups works for curricular integration of **social economics and solidarity** (ESS) in the courses at the Faculty of Economics and Business Studies (4 qualifications) and the other to include food sovereignty in courses at the Faculty of Veterinary Medicine (2 qualifications). The GEDEFs which have the support of the FAS are made up of between 15 and 20 members among which are members of the team of the dean's office, teaching staff, students and representatives of social organisation, ESS initiatives and the rural sector.

Social Economics and Solidarity Seminars

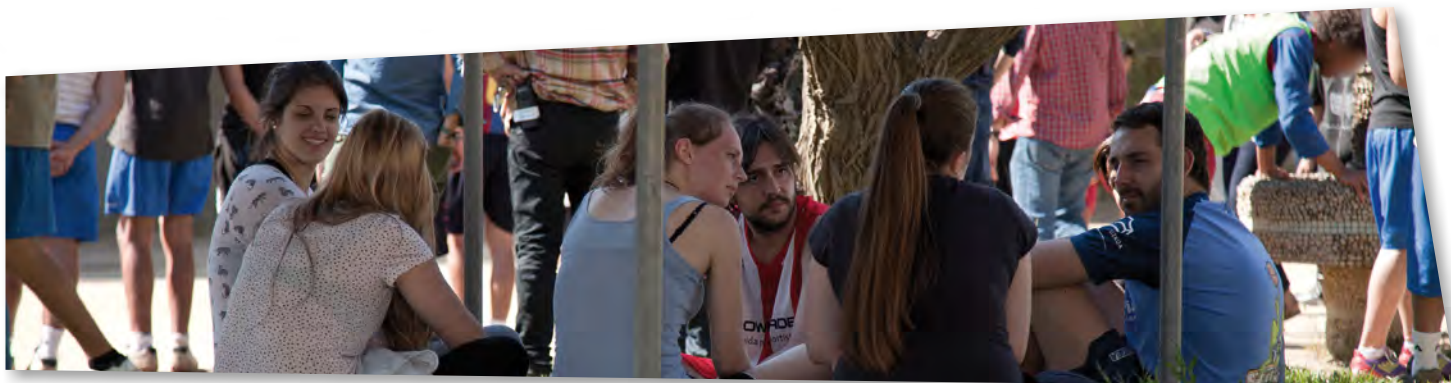
Over a hundred people took part in the **ESS Seminars** which centred on a criticism of capitalism and proposals for fairer alternative economic models. 22 speakers from 15 organisations in the areas of social economics and solidarity took part in the round tables, talks and workshops. van formar part de les taules rodones, les conferències i els tallers participatius.



5. Volunteer programmes, groups and projects

The FAS promotes student participation in university volunteer activities. In order to offer an integrated education to its students the UAB offers a unique opportunity to take part in a volunteer programme and have an experience based on the values of cooperation, solidarity, participative democracy, effective relations, justice and active citizenship. The programmes that

have taken place this year can be divided into different areas: social (prisons, social and health matters and social and educational matters) which seek to improve the situation of groups at risk of social exclusion, the environment, promotion of health and cooperation for development.



Prisons area

Justice programme

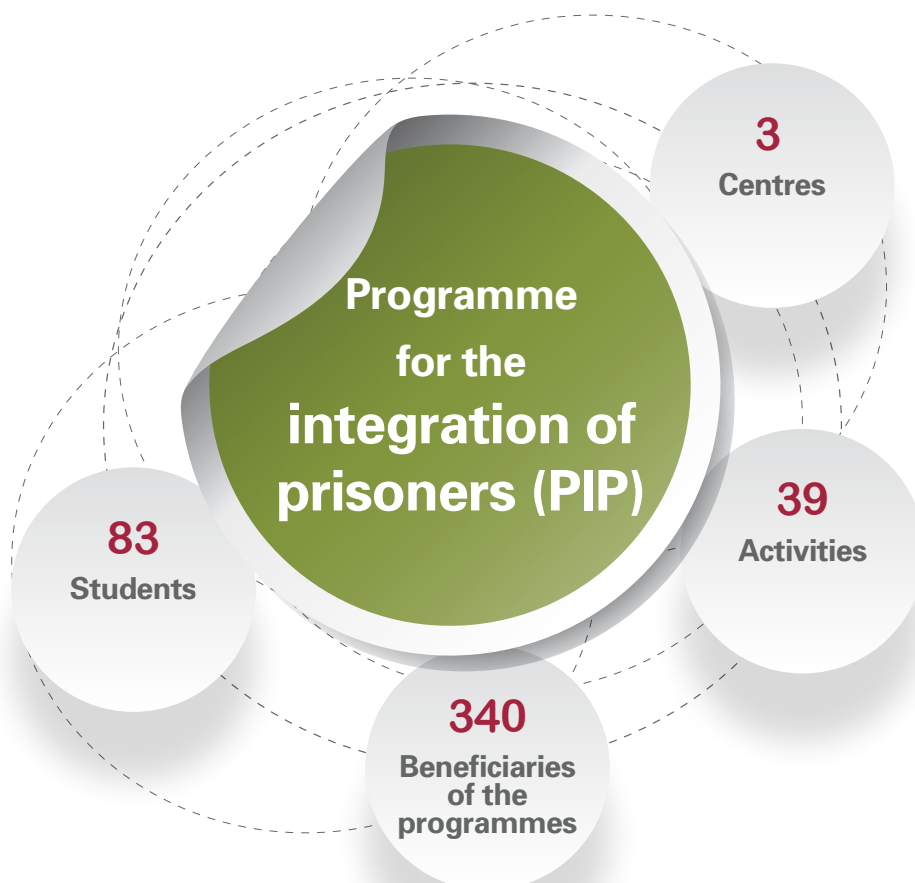
The FAS Justice programme contributes to **social integration and the reinsertion of people who have had their liberty restricted** through voluntary activities which promote the active participation of university students and make it possible for previously imprisoned people to progressively re-enter society. The volunteers carry out academic activities (school, university or language support) and social activities (chess, batuka, salsa, reading club, computing and relaxation, among

others). This project, which is carried out in coordination with the Department of Justice of the Generalitat de Catalunya, is divided into two sub-programmes: the Programme for the Integration of the Prisoners (PIP) and the Programme for the educational centres of youth custody. The PIP is carried out in Brians I Penitentiary Centre and the Women's Penitentiary Centre of Barcelona. This year for the first time activities are also carried out in Quatre Camins. The educational centres in which we work are L'Alzina, Els Til·lers and Can Llupà and, for the first time this year in Oriol Badia.

“ Volunteering allows social barriers to be broken down. ”



Àlex Prats,
Volunteer a Can Llupà



Promotion of art and culture

To promote involvement and social commitment and networking with other UAB services, the FAS coordinates with the **Cultura en Viu** service of the UAB to carry out different cultural and artistic activities in its centres.

The Music Room works with the CE Can Llupià to produce a Christmas concert and this year it was attended by 120 people from the centre including inmates, educators and professionals. The UAB Combo also offered a funk jazz workshop. In June the Dance Group brought contemporary dance to

the Women's Penitentiary Centre and the event was considered a great success as a result of the high level of participation by inmates. It is a luxury for both the centres and the inmates to be able to enjoy this level of artistic creativity.

This year for the first time we also held a creative painting workshop where a lecturer from the UAB gave young people at Can Llupià the opportunity to share creativity and artistic expression using different techniques such as drawing, collage, etc.

“The social dimension of cultural activities has become more important throughout the years, and the UAB is not an exception. Music and dance activities are the result of good team work and networking: finally music and dance groups, which are the support for artistic creation at the UAB, are at the same time a very valued social tool.”



David Sirvent,
Head of Cultura en Viu live events

Socio educational area

CROMA programme

The **CROMA Socio educational programme** accompanies children and young people, with the support of volunteers, who as a result of their sociocultural or personal circumstances are not achieving their educational goals. This programme aims to reduce school dropout and failure and **promote continuity and the transition between the different educational stages** for people who are educationally disadvantaged. Volunteers carry out study workshops at schools to support children and young people in their schoolwork and activities to develop their social habits. Volunteers also acquire values of understanding and solidarity as a result of their experiences.

One of the factors that makes **CROMA** a success is the adaptation of workshops and methodologies to the teaching and learning goals of centres during school hours. The coordination and daily monitoring of the

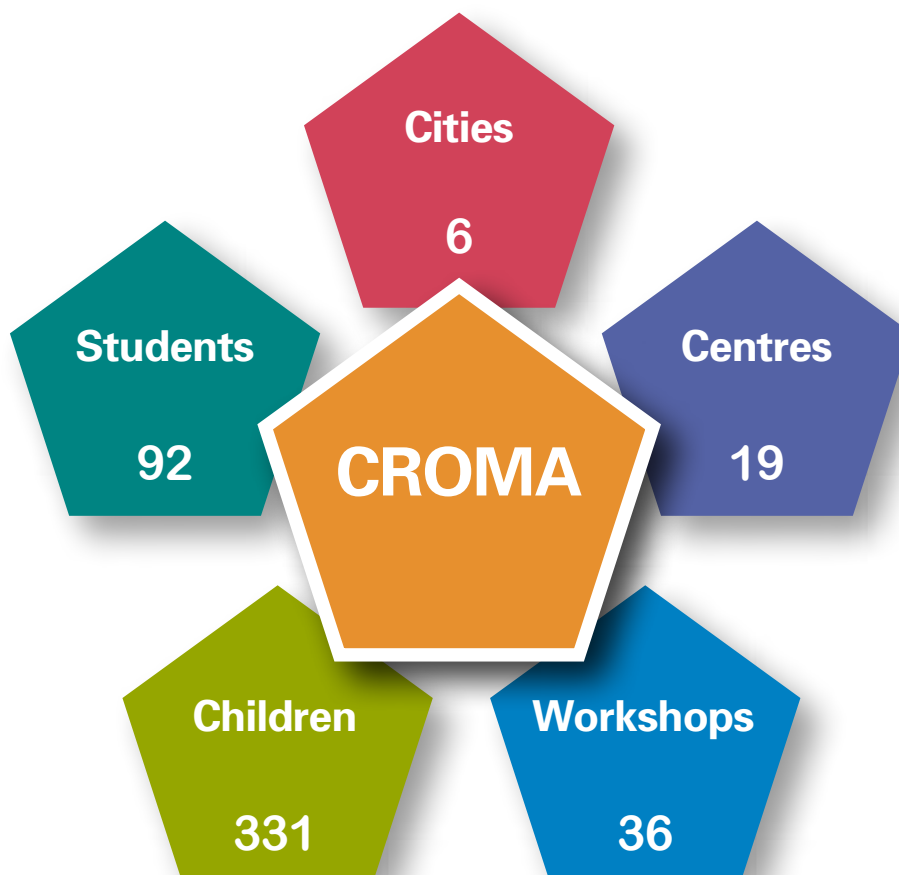


students by tutors, councils and the centres themselves also contribute towards its success.

This year **CROMA** has reached out to **Terrassa, Badia and Barberà del Vallès**, and has offered more workshops and therefore accompanied more children. To carry out these activities the programme relies of the support of over eighty students volunteering one day a week.

School by municipality: Cerdanyola del Vallès (Les Fontetes, Xarau and Sant Martí), Sabadell (Arraona, Juan Ramón Jiménez and Floresta), Rubí (Pau Calsals, Maria Montessori and Ramon Llull), Badia (La

Muñeira, Las Seguidillas, La Sardana, La Jota), Terrassa (Font de l'Alba, Sant Llorenç, Antoni Ubach), Barberà del Vallès (Can Serra, Miquel Martí i Pol, and Del Bosc).



The UAB meets the promoters of the CROMA programme

On 16 January there was a presentation of the CROMA programme at the UAB involving forty **people connected with the programme meeting for the first time**: students, representatives of educational centres, council officers and staff, regional officers and representatives of the Department for Education and members of the General Directorate for Immigration of the Generalitat de Catalunya and Barcelona County Council.

The director of the FAS, Jordi Prat, and the vice-rector for Students and Cooperation at the UAB, Silvia Carasco, presented CROMA and talked about the school model as an instrument for social change and the impact of the programme on generating positive intercultural exchange. The meeting also encouraged participants to get to know each other and share impressions, making CROMA an example of successful networking.





300 children from CROMA get to know the UAB

Children from schools in the Vallès area where there are CROMA projects visited the UAB to take part in activities organised by the faculties, department and groups at the university. The workshops enabled the children to get to know the university better and to put themselves in the

place of the students. Some of the most popular activities included in the day were presenting a television programme, attending a court case, finding out about waste and learning that liquid nitrogen is capable of lifting up a train.

Young University Students and Tutores Young people project

This project involved young female residents of an educational action centre (CRAE) managed by the **Su-ara Cooperative** and 12 students from the Faculty of Education of the UAB. The idea came from the **IARS Research Group** the UAB for Children and Young People at Social Risk, which is basically dedicated to helping young people gain employment and a place in society. The project offers a non-professional mentor to pairs so that the universities can help teenager's

resident at the CRAE to improve different aspects in which they are lacking skills (self-respect, emotional stability, broadening their social network). At the same time the Education students who are volunteering learn the values of developing skills such as listening and accompanying the young people. .

“ It is a dream come true to be able to take part in this volunteer activity because it means an opportunity to do something you like. ”



Rabia Aselman,
Volunteer with young residents

Shere Rom programme

This is a socio educational activity which takes place in contexts of social diversity. It has been carried out in different schools in Barcelona and Badalona with children belonging to ethnic minorities and at risk of social exclusion. **Two volunteers from the Department of Pedagogy** took part. One through an interactive digital platform with educational games to promote inclusion, and the other worked with junior school children in Bon Pastor to create a digital story based on their motivations to encourage collaborative work.

Lecxit programme

Eight students from the University Within Reach programme of the UAB for the over-50s managed by the Institute of Educational Science (ICE) volunteered on the **LECXIT Educational Programme**, originally a project of the **Jaume Bofill Foundation**. The FAS volunteers carried out a workshop in Badia del Vallès for improving reading skills among junior school children. The workshops entailed active listening and play skills as essential factors for involving the children in reading activities.



“Being able to spend time sharing knowledge of language is very satisfying, since you are repaid with all the energy and vitality of the children.”

Manel Castelló,
Volunteer for LECXIT and Student of the University Within Reach

Programme for support to teachers and children with special needs

To attend to the diversity of students in the classroom, **Ca N'Alzamora school** in Rubí and the SINTE seminar (Interuniversity Seminar for Research into Teaching Strategies) have started a new project where

7 students from Primary Education have volunteered to support their teachers in attending the diversity of children in the classroom, especially in cases of pupils with special needs.

Social and Health area

Social Health programme

The **Social Health programme** of the FAS aims to **improve the quality of life of people in hospital as well as their families through emotional support to encourage their complete recovery**. It aims to make the long waiting periods in hospital time for unwinding and entertainment so that the illness takes second place.

The volunteers bring an added value that could not be provided by the other professionals since they

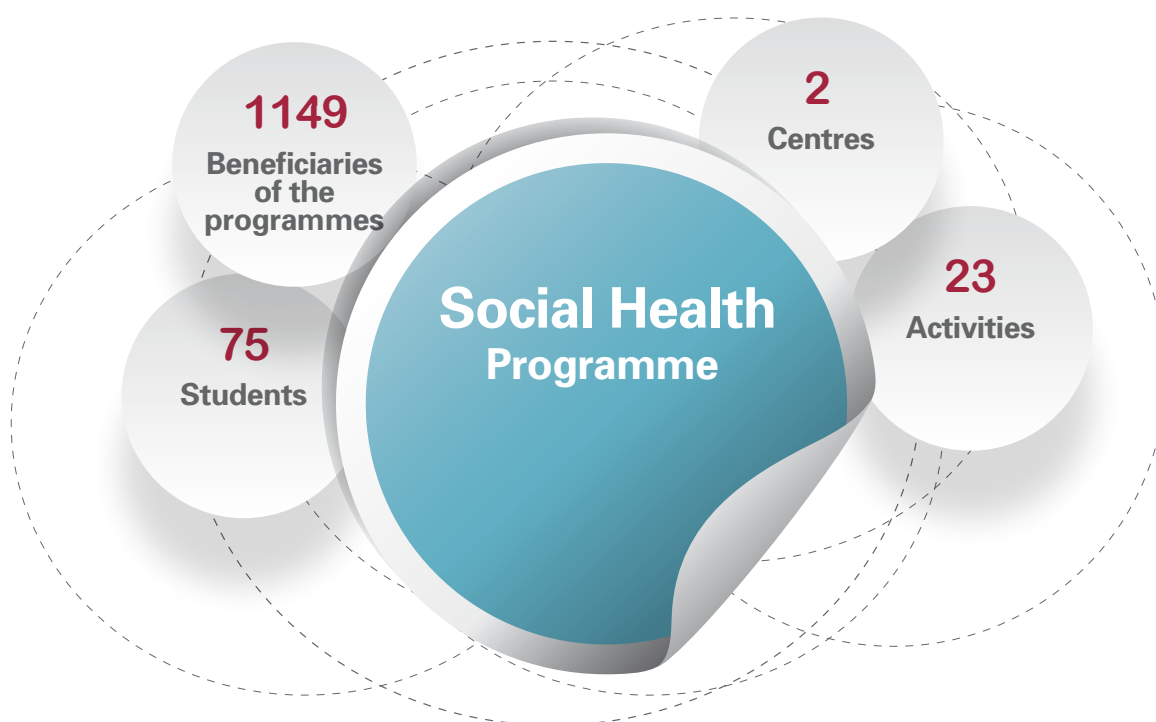
selflessly offer company to people at an often difficult stage in their lives. They also help to strengthen the relationships **between generations and those between children, the elderly and young university students** – contacts that are profoundly mutually enriching. The activities are carried out at the Hospital Vall d'Hebron and the Centre Fòrum-Maresme and consist of a games room, storytelling, singing, emotions workshops and metal agility, etc.



“ The activities carried out have definitely helped me when I have had to work with people with similar characteristic to those in the Centre Fòrum, for example, interacting with them or animating the group according to what they are doing. ”



Amilcar Carpinter,
Volunteer at the Centre Fòrum



Physiotherapy programme

Last year the FAS began working with the UAB Degree in Physiotherapy, the Barceloneta Health Centre and the Physical Medicine and Rehabilitation Unit of the Parc de Salut Mar to carry out a joint programme of

activities designed to improve the physical condition of some of the Health centre users. It began in March with the participation of 6 volunteer students.

Social area

Volunteers on the Platform for people affected by mortgage difficulties (PAH)

Once again this year we have managed a volunteer programme at the **PAH in Barcelona** involving 4 students of Social and Cultural Anthropology at the UAB. The volunteers carried out the primary interviews with people who contacted the PAH to explain their cases

of eviction and seek help. The fact of having people almost solely dedicated to this has enabled the PAH to **provide more** and higher quality information.

Environmental area

Environment volunteer group

This group, composed of 21 students this year, carried out awareness-raising activities on the UAB campus about more sustainable, healthier and more ecological ways of living.

The group contributed to the nesting box project, making and hanging the boxes and then monitoring the chicks.

One of the most innovative initiatives and one which attracted most media attention was the “Oh my got!” campaign for making people aware of the misuse of resources such as plastic cups from vending machines. The campaign aimed to encourage people who use the machines to use their own cup to reduce the waste generated every day.



Health area

Health on the UAB campus

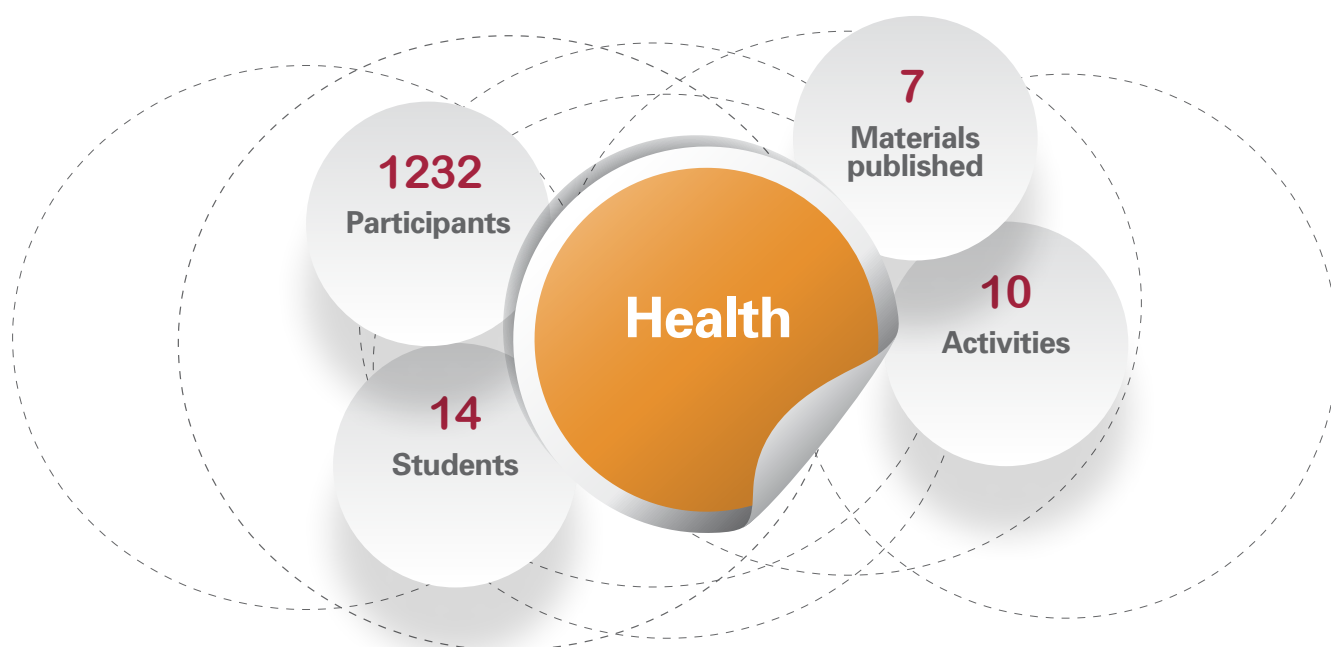
The **FAS Health programme** promotes healthy lifestyles among the UAB students. The areas of work are problematic use of drugs and risky sexual practices which could lead to viruses or diseases, especially HIV. We promote responsible drug use and healthy sexual and emotional practices. We encourage young university students to get the information they need to be able to make responsible decisions about their lifestyles and to be aware of the advice which is available to them.

One of the main activities in this programme is the **El Xiringu** – a travelling advice and information point for questions of health and for distributing materials for prevention of bad practices around the campus, available to all students. Volunteers and interns on the programme, who have received previous training as health advisors, offer face to face information (student to student). This year **15 Xiringus** were held in different places around the campus and were attended by 500 students.

Health volunteer activities

The Fas Health team organised activities for World AIDS Day, International Women's Day and Healthy and Sustainable Week at the UAB. On 1 December it took part in the "HIV: heading towards zero" campaign for the prevention and Distribution of information about AIDS and STDs. 10 students took a quick AIDS test in collaboration with the NGO **Actua Vallès**. Women's Day was celebrated in collaboration with the **Observatory for Equality** in a campaign against sexist expressions and to fight against the imposed aesthetic model. During the whole year the campus was also informed by the **#Res-Ser** campaign by the **Table for Dialogue for the Prevention of Eating Disorders**.

Another innovation this year was the first **Erotic Stories Competition**, celebrated as part of Sant Jordi, which received 44 entries and aimed to encourage reflection on sexuality and make space to talk openly without taboos, complexes or prejudice. As part of the **5th Healthy and Sustainable Week at the UAB** the Health group organised a treasure hunt "What's your party?" and the surgery with Dr. Love and the Informative Cigarette, with more than 40 participants. The volunteer group also took part in a competition organised by CESIDA "HIV Think Thank" to fight against the stigma of people with HIV.



Cooperation for Development area

«We choose ethical banking» reaches the students of the UAB

The group of cooperation volunteers of the FAS carried out the «We choose ethical banking» campaign to raise awareness among the university community of the negative impact of the neoliberal economic model and conventional banking, while promoting alternatives such as economic and social solidarity and ethical financing. They carried out the activity «Money as a tool for change», where students were invited to answer questions such as: 'what do the banks do with your money?' using games..



Projects

Xarxanet Portal

The Xarxanet portal (www.xarxanet.org), set up by the Generalitat de Catalunya, is focussed on associations, volunteering and civic behaviour and solidarity

in Catalonia. For more than 10 years FAS has actively promoted Xarxanet along with other organisations in the volunteering sector.



Youth in Action

The FAS takes is a member of the European Volunteer Service for the Youth in Action programme of the European Commission, as an organisation for sending and receiving volunteers. This year it received **four young people from Germany, Greece and Portugal** who joined volunteer programmes and the Disability Service. The FAS also gave information and orientation about the programme to students of the UAB and sent one student to the Foundation Rapatac, Gävle (Sweden).

University volunteers at the FAS



Volunteers by programme

FAS programmes

CROMA	98
Programme for the integration of prisoners (PIP)	80
Social health programme	74
Programme of educational centres and youth justice	45
Environment	21
Cooperation	11
Health	10

Collaboration programmes with UAB faculties

Young university students and tutored students programme/ Faculty of Education	12
SINTE / Faculty of Education	7
Physiotherapy Student volunteers at the Barceloneta medical centre/ Physiotherapy	6
Shere Rom / Psychology	2

Programmes with external organisations

LECXIT – Jaume Bofill Foundation	6
Platform for People Affected by Mortgage Difficulties (PAH)	4

Others

Temporary volunteers for the UAB Fun Run and Sant Jordi Solidarity Lunch	85
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Faculties with most volunteers

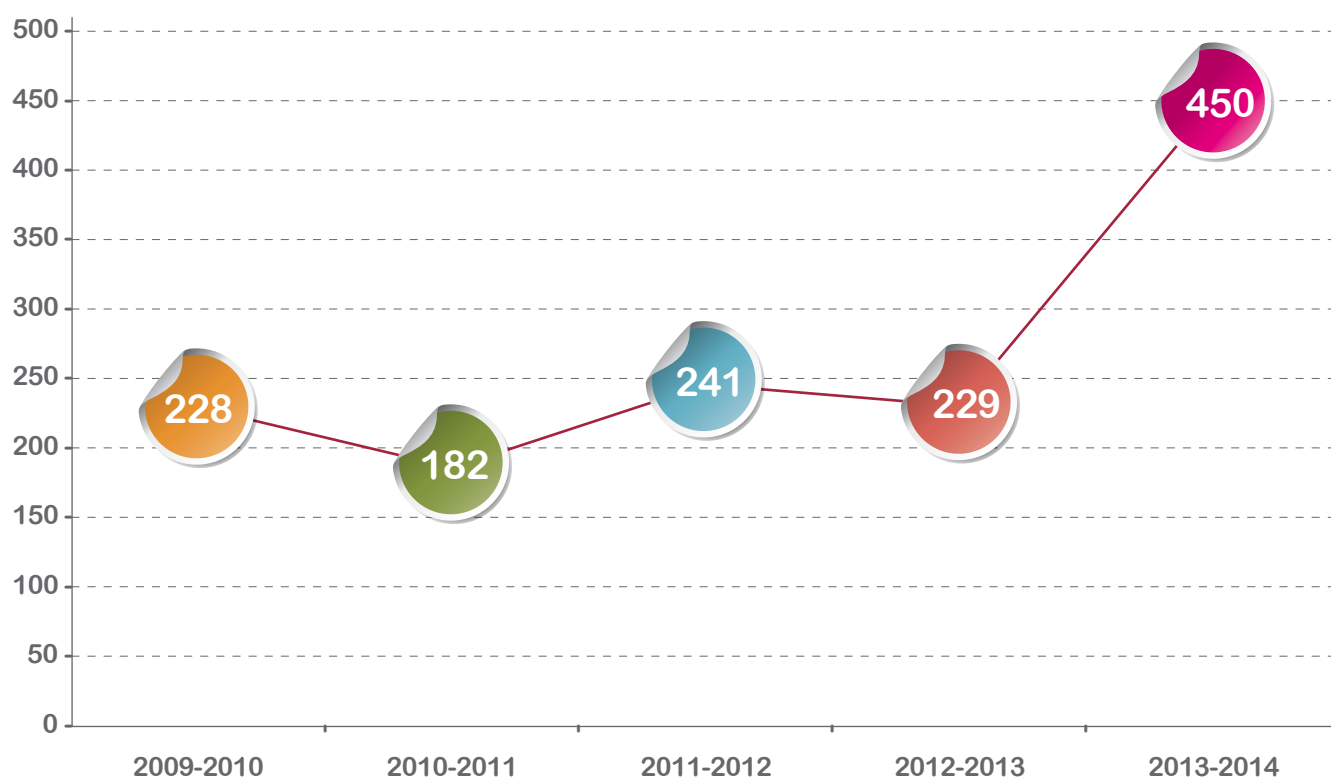
Faculty

Percentage compared with total number of volunteers

(occasional volunteers not included)

Education	22,74 %
Psychology	14,79 %
Law	14,52 %
Philosophy and Arts	9,31 %
Translation and Interpreting	5,21 %
Communication Studies	4,66 %
Biosciences	4,26 %
Others	13,42 %
Unspecified	10,68 %
Total	100 %

Evolution of FAS volunteers over the last five academic years



6. Main activities

Crisis and social struggle. Social action – the drive for global change

On 4 November an event was organised to launch the FAS volunteer training course. Arcadi Oliveres and Ada Colau were guest speakers with a talk entitled “Crisis and social struggle. Social action – the drive for global change” with 160 people attending.

Ada Colau, activist and spokeswoman for the PAH focussed her talk on the role of civil society when it comes to offering solutions in favour of social and political change; and Arcadi Oliveres, professor of Applied Economics and president of Justice and Peace approached the subject of global crisis to try to understand the consequences.



Volunteer training courses: Nostrum



This year there were two training courses for volunteers, Nostrum: one on **16 December** and the other on **15 March**. Up to 150 people took part in one of the two courses, including students with grants or internships with the Foundation, since Nostrum represents yet another space for knowledge and exchange of experiences. Several workshops were held: creativity; methodologies for participation; social exclusion; activism; music and motivation; and assertiveness and active listening.

The FAS supports a sustainable and risk-free annual party

During the UAB annual party in 2013 we proposed several activities in which over 800 students took part. They were centred on the promotion of volunteering, sustainability, health and risk prevention in relation to the consumption of alcohol and safe driving. A team of volunteers from the FAS based in the Plaça Cívica organised play workshops such as «What are you doing

to party?» and Fotodigues – photo opportunities using words such as “Peace” and «Cooperation».

In the Rambla Nord 300 strings were provided so that students could hang up their plastic cups and thereby ensure a sustainable party. A mobile team handed out alcohol meters to encourage safe driving.



The FAS receives the UAB Group Prize



On 14 November the UAB Friends' Association held its annual party in the Casa Convalescència where it awarded the FAS with the UAB Group Prize. Jordi Prat, director of the FAS received the award and commented on the involvement, mobilisation and participation of over 5000 students of the UAB in the activities of the FAS since its creation. He also described some of the actions that have been carried out during that time. In his speech he highlighted that the FAS complements the students' degree education by including values and therefore producing committed citizens and future professionals.

A hundred volunteers make the UAB Fun Run possible

The FAS was responsible for coordinating the hundred or so volunteers for the Solidarity Fun Run which was organised to raise money for the TV3 Marató. Volunteers organised and handed out bibs, monitors and other material and were situated at different points along

the route to offer support and have everything ready to make the event a success. 2,144 people took part in the Fun Run which managed to raise €9,000 for scientific research into neurodegenerative diseases.



We closed the year listening to the main participants

On 21 May the closing ceremony of the FAS year was held and attended by 118 people who had been able to take part in the activities and see the results. We wanted to highlight the actions of some of the people who made the activities possible and supported the task of

the FAS. A number of volunteers described their experiences and videos were projected of interviews with some of the beneficiaries of the programmes. The media repercussion of some of the campaigns was also shown.



7. Networking

Networking with external organisations

The Committee for Internationalisation and Cooperation (CICUE) which belongs to the Conference of Spanish University Rectors (CRUE); the Cooperation for Development Committee of the Association of Catalan Public Universities (ACUP); the Committee for Solidarity and International Cooperation of the Vives University Network; the Disability Committee of Cerdanyola del Vallès Council; the UNIDISCAT Committee of the national Interuniversity Council of Catalonia; the Catalan Foundation Coordinator; the 1st December Committee; the National Youth Council of Catalonia; Catalan Entities for Social Action (ECAS); the Catalan Foundation for Social Volunteering; Universia Foundation; Social Participation Table, Xarxanet.org; the Network for Assis-



tance to People with Disabilities at university (SAPDU) of the University Network for Student Affairs (RUNAE).

Socially Committed Universities meeting

From 24 to 26 March a meeting took place at the UAB between European universities working for socially committed universities within the framework of the **ECIU network** (European Consortium of Innovative Universities). The FAS is one of the leaders of this pro-



ject for the creation of a group of socially committed universities to promote exchange, cooperation and improvement in training in this field.

The main objective of the meeting was to improve strategies for encouraging the participation of young volunteers in university settings. Representatives of the following universities took part: Universitat d'Aveiro (Portugal), University of Łódź (Poland) and the University of Stavanger (Norway), and different working models were compared for participants volunteering at universities. Related to this meeting the PIUNE technician attended the **Erasmus Staff Training Week «Working with students with special educational needs»** which took place at the University of Łódź in June.

The University of Puerto Rico invites us to share its volunteering experiences

In April the director of the FAS, Jordi Prat, visited the University of Puerto Rico to find out and exchange experiences for the promotion of voluntary activity in the university setting. During his visit he gave a talk at the CAUCE centre on the relationship between universiti-

es and local communities and another at the University Institute for Community Development (UPR-Mayagüez), in which the issue of how to link internships and volunteering was discussed along with interest in promoting volunteer exchanges between universities.

Networking at the UAB



Area of Participation

The FAS forms part of the participation project of the UAB with which it promotes cultural initiatives, student representation, volunteers, solidarity, equality, exchange, etc. under the umbrella of participation. The organisations and programmes that promote this project and share some of the working spaces in Block R are **Cul-**

tura en Viu (live cultural events), the Observatory for Equality, FAS and Community Involvement. We carry out activities and initiatives in a network which, among other things, allows us to reach a more people in the university community and have a greater impact with each of our actions.

“The university should promote volunteering from a number of fronts: it should become a subject of study so that it is known by future professionals in the social, education and health fields; it should also be the object of research to find out in greater depth what the benefits are, to increase the quality and to give it more prestige and presence in the scientific world, and it should also enjoy stable relations with organisations in the different areas of volunteering that surround it in order to channel the interest of students in committing themselves to a cause, in addition to the university’s own projects.”



Ramon Terrassa, Director General of Civic and Community Action, Department of Social and Family Welfare of the Generalitat de Catalunya

8. Annual accounts

The Solidarity Autonomous Foundation managed the resources provided by different agents to support its various lines of work during 2013. To ensure transparency and appropriate management of resources, the

Solidarity Autonomous Foundation has submitted its accounts for an external audit carried out by **Blázquez, Planas i Associats SL**.

Income 2013

Financial summary for 2013 by type of funding

Universitat Autònoma de Barcelona	369.109,53
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Area of Cooperation for Development	80.140,00
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Solidarity Autonomous Foundation	165.747,20
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PIUNE	80.640,00
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Adapted transport, PIUNE	4.783,33
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Board of Trustees, Impulse grants	37.799,00
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Subsidies	251.669,24
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Generalitat de Catalunya	133.973,95
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Central government	49.617,57
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Local governments	17.931,35
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Private entities and others	50.146,37
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Fixed assets subsidies	30.938,92
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Courses and services	25.215,00
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Donations	79.134,23
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Altres ingressos	160,99
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TOTAL	756.227,91
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Grants and funding awarded	143.130,47
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Operating expenditure	234.711,82
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Personnel expenditure	371.593,39
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TOTAL	749.435,68
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Expenditure 2013

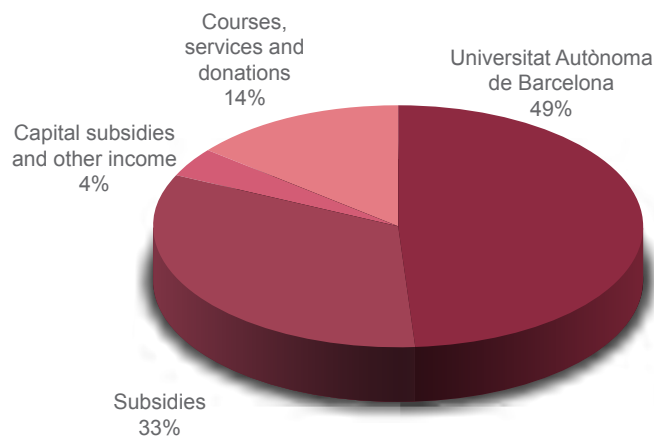
BALANCE for 2013

6.792,23

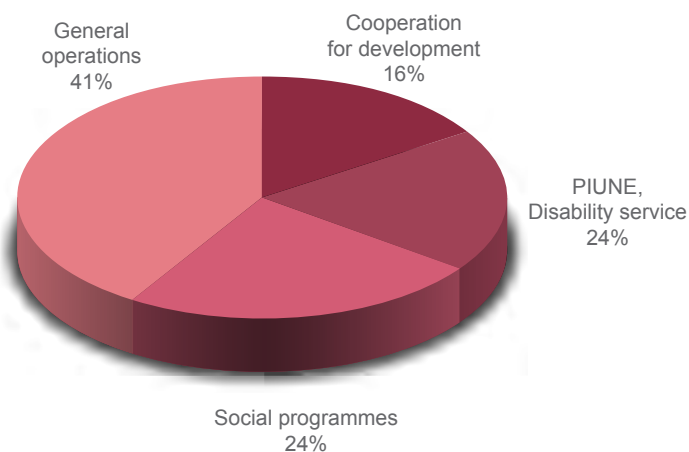


Cooperation for development	117.536,51
PIUNE, Disability service	141.322,98
Social programmes	178.454,54
General operations	312.121,65
TOTAL	749.435,68

Distribution of income by type of funding



Expenditure by areas



Financers 2013

- **Barcelona City Council**
- **Cerdanyola del Vallès City Council**
- **Barcelona County Council (Diputació)**
- **Government of Catalonia (Generalitat de Catalunya)**
 - Department of Social and Family Welfare
 - General Directorate for Civic and Community Action
 - General Directorate for Young people
 - General Directorate for immigration
 - Catalan Institute for Social Assistance and Services
 - Department of Justice
 - Department of Health
- **La Caixa Foundation**
- **La Marató de TV3 Foundation**
- **Fundació Universitat Autònoma de Barcelona (FUAB)**
- **Government of Spain**
 - Ministry for Health, Social Services and Equality
 - General Directorate for Services to Families and Children
 - Youth Institute
- **La Caixa**
- **Universitat Autònoma de Barcelona**
 - Board of Trustees
 - Libraries Service
 - UNIDISCAT

“We would like to thank all financers for their contributions which have made the activity of the Foundation possible. We would also like to mention the individual donators (members of the teaching and research staff and the service staff) as well as the students who contributed on registration by giving support to the UAB Solidarity Fund.”



**Fundació
Autònoma Solidària**

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